Putting on Your
Personal Protective Equipment

1. Clean your hands with hand sanitizer

2. Put on a gown. Tie the straps in the back.
   (do not wrap around to the front)

3. Take a mask and place the elastic loops over your ears

• Make sure your mouth and nose are fully covered

• Push down on the metal band to snugly fit over your nose

4. Place eye protection over face and adjust to fit

5. Put gloves on both hands, pulling them over the cuffs of the gown to cover your wrists completely

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Removing Your Personal Protective Equipment

This should be removed in the doorway before exiting the patient room.

1. Remove your gloves and place in trash can. Clean your hands with hand sanitizer.

2. Remove your gown.
   - If it is disposable place in trash can
   - If it is reusable place in soiled linen hamper
   - Clean your hands with hand sanitizer

3. Remove your eye protection and place in trash can. Clean your hands with hand sanitizer.

4. Remove your mask and place in trash can.

5. Clean your hands with hand sanitizer. Put on a clean mask.