



Criteria for COVID-19 Positive Skilled Nursing Facility Patient Transfer and Admission to Acute Hospital

Clinical Criteria:

- 1) Clinical history or physical exam concerning for:
 - Acute myocardial or bowel ischemia
 - Acute CVA
 - Rapid internal bleeding
 - Sepsis with or without hemodynamic instability
 - Respiratory distress
 - Severe azotemia that may require dialysis or significant IV hydration
 - New acute neurological symptoms
 - Acute unexplained agitation
 - Status epilepticus or recurrent seizures
 - Mental obtundation with inability to protect airway
 - Chest pain
 - Acute pleurisy
 - Sudden collapse/syncope

- 2) Vitals:
 - Temp (°F): <95 or >104
 - SBP (mmHg): <90 or >180
 - HR (per/min) : <50 or >110
 - RR (per/min): <14 or >22
 - Pulse ox (%): < 90% on RA for oxygen naïve patients.
 - Oxygen needs: >4L unless at baseline O2 needs
 - Vital Sign change >25% of baseline

- 3) Labs (if available):
 - WBC: <1K or >20K
 - Hemoglobin: < 7 gm or with recent drop of > 2gm in past 12 hours
 - Active internal bleeding with anticoagulants, coagulopathy or antiplatelet agents on board
 - Platelets: < 20K with active bleeding
 - INR: >2 with active bleeding
 - Elevated cardiac enzymes
 - Electrolytes:

- Serum K+ <3
- Serum Ca++ < 7
- Severe hyponatremia, Na < 120 (or <125 if symptomatic or sudden unexplained drop)
- Symptomatic hypernatremia Na > 150
- Elevated BUN in ESLD suggesting GI bleed
- Labs consistent with
 - DIC
 - Fulminant hepatitis
 - Severe hypoxia/hypercapnea
- Azotemia

Reporting Checklist to Accepting Acute Hospital:

- 1) Vitals:
 - Current and trend of BP, HR, Temp, RR and Pulse ox
- 2) Respiratory Needs: O2
 - Nasal cannula
 - BiPAP/CPAP
 - Chronic Ventilator
- 3) Most recent labs and radiology:
 - CBC, BMP
 - EKG
 - Radiology exam reports
- 4) Medications
 - Current PO medications
 - IVs/drips
 - Respiratory treatments
- 5) Resuscitation Status; Discussion of Hospice if occurred – verify patient wants hospital transfer
- 6) Baseline Mental Status and Current Mental Status
- 7) Isolation status



Criteria for COVID-19 Positive Acute Hospital Patient Discharge to Skilled Nursing Facility

Clinical Criteria:

- 1) Clinical Resolution or Stabilization of above conditions
- 2) Vital Sign Stabilization
 - Temp(°F): >95 or <100
 - SBP (mmHg): >90 or <160
 - HR (per/min): >50 or <110
 - RR (per/min): >14 or <22
 - Pulse ox (%): >92% on RA for oxygen naïve patients.
 - Oxygen needs <4L unless at baseline O2 needs
- 3) Mental status at baseline or stable for > 24 hours
 - Excluding behavioral concerns that impair ability to isolate
 - Sitter free x 24 hours
- 4) Resolution of above laboratory abnormalities

Reporting Checklist to Accepting Skilled Nursing Facility:

- 1) Vitals:
 - Current and trend of BP, HR, Temp, RR and Pulse ox
- 2) Respiratory Needs: O2
 - Nasal cannula
 - BiPAP/CPAP
 - Consider change from nebulizer treatments to MDI
- 3) Most recent labs and radiology:
 - CBC, BMP
 - EKG
 - Radiology exam reports
- 4) Medications
 - Current PO/IV medications
- 5) Goals of Care / Code Status; Discussion of Hospice
- 6) Baseline Mental Status and Current Mental Status
- 7) Isolation status