Criteria for COVID-19 Positive Skilled Nursing Facility Patient Transfer and Admission to Acute Hospital

Clinical Criteria:

1) Clinical history or physical exam concerning for:
   - Acute myocardial or bowel ischemia
   - Acute CVA
   - Rapid internal bleeding
   - Sepsis with or without hemodynamic instability
   - Respiratory distress
   - Severe azotemia that may require dialysis or significant IV hydration
   - New acute neurological symptoms
   - Acute unexplained agitation
   - Status epilepticus or recurrent seizures
   - Mental obtundation with inability to protect airway
   - Chest pain
   - Acute pleurisy
   - Sudden collapse/syncope

2) Vitals:
   - Temp (°F): <95 or >104
   - SBP (mmHg): <90 or >180
   - HR (per/min): <50 or >110
   - RR (per/min): <14 or >22
   - Pulse ox (%): < 90% on RA for oxygen naïve patients.
   - Oxygen needs: >4L unless at baseline O2 needs
   - Vital Sign change >25% of baseline

3) Labs (if available):
   - WBC: <1K or >20K
   - Hemoglobin: < 7 gm or with recent drop of > 2gm in past 12 hours
     - Active internal bleeding with anticoagulants, coagulopathy or antiplatelet agents on board
   - Platelets: < 20K with active bleeding
   - INR: >2 with active bleeding
   - Elevated cardiac enzymes
   - Electrolytes:
- Serum K+ <3
- Serum Ca++ < 7
- Severe hyponatremia, Na < 120 (or <125 if symptomatic or sudden unexplained drop)
- Symptomatic hypernatremia Na > 150
  - Elevated BUN in ESLD suggesting GI bleed
  - Labs consistent with
    - DIC
    - Fulminant hepatitis
    - Severe hypoxia/hypercapnea
  - Azotemia

**Reporting Checklist to Accepting Acute Hospital:**

1) Vitals:
   - Current and trend of BP, HR, Temp, RR and Pulse ox
2) Respiratory Needs: O2
   - Nasal cannula
   - BiPAP/CPAP
   - Chronic Ventilator
3) Most recent labs and radiology:
   - CBC, BMP
   - EKG
   - Radiology exam reports
4) Medications
   - Current PO medications
   - IVs/drips
   - Respiratory treatments
5) Resuscitation Status; Discussion of Hospice if occurred – verify patient wants hospital transfer
6) Baseline Mental Status and Current Mental Status
7) Isolation status
Criteria for COVID-19 Positive Acute Hospital Patient Discharge to Skilled Nursing Facility

Clinical Criteria:

1) Clinical Resolution or Stabilization of above conditions
2) Vital Sign Stabilization
   - Temp(°F): >95 or <100
   - SBP (mmHg): >90 or <160
   - HR (per/min): >50 or <110
   - RR (per/min): >14 or <22
   - Pulse ox (%): >92% on RA for oxygen naïve patients.
   - Oxygen needs <4L unless at baseline O2 needs
3) Mental status at baseline or stable for > 24 hours
   - Excluding behavioral concerns that impair ability to isolate
   - Sitter free x 24 hours
4) Resolution of above laboratory abnormalities

Reporting Checklist to Accepting Skilled Nursing Facility:

1) Vitals:
   - Current and trend of BP, HR, Temp, RR and Pulse ox
2) Respiratory Needs: O2
   - Nasal cannula
   - BiPAP/CPAP
   - Consider change from nebulizer treatments to MDI
3) Most recent labs and radiology:
   - CBC, BMP
   - EKG
   - Radiology exam reports
4) Medications
   - Current PO/IV medications
5) Goals of Care / Code Status; Discussion of Hospice
6) Baseline Mental Status and Current Mental Status
7) Isolation status