

# COVID-19 Caregiver Support Resources

**[Enterprise COVID-19 Community](#)**: To share latest information, clinical guidelines & internal communications on COVID-19

## Communication with Patients & Visitors

**[Empathic Messaging of COVID-19 Policies and Procedures](#)**:

Resources for caregivers to provide empathic explanations for procedural changes such as screening guidelines and suspending visitation

## Emotional Support for Caregivers

**[Caring for Caregivers](#)**: Offering confidential services that preserve, restore & enhance wellbeing of Cleveland Clinic caregivers

## Self-Care and Well-Being

**[ONECLICK Well-Being](#)**: All resources for emotional, physical, spiritual and social well-being in one place

**[OPSA ONECLICK to Well-Being](#)**: Well-being information and resources for staff

**[Connect Today/Learner Connect](#)**: Resiliency resources to help caregivers manage complex, changing times (virtual meetings, change & stress management, and communication)

**[Workplace Wellness](#)**: Tool for collaboration to start discussions, share materials, ask questions & connect with colleagues

## Gratitude & Appreciation

**[Gifts of Gratitude Portal](#)**: Pausing to show a “Gifts of Gratitude” to another caregiver could mean the world to him or her

**[Caregiver Celebrations](#)**: Send recognition to fellow caregivers based on Cleveland Clinic’s values

**[Caregiver Experience Wellness Portal](#)**: Disconnect, unwind or say thank you virtually

## Moral Distress

**[Moral Distress Resources](#)**: To share resources to support caregivers experiencing moral distress, enable peers and leaders to identify moral distress and provide general education

**[Moral Distress Reflective Debriefs and Dialogues \(MDRD\)](#)**: Provides a safe forum for individuals and teams experiencing moral distress. **To request an MDRD, e-mail Georgina Morley at [morleyg@ccf.org](mailto:morleyg@ccf.org)**

**[Ethics Consultation Services \(ECS\) Flyer](#)**: Provides information about the Ethics Consultation Service and how to request an ethics consult