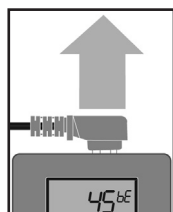


LOOP RECORDER CARDIAC EVENT RECORDER

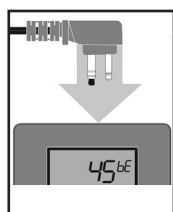
How do I turn on the loop recorder?

- Insert the leadset plug into the leadset jack on the top of the recorder.
- The recorder will beep, pause and beep again. Then, after a pause of up to 75 seconds, the recorder will beep twice.



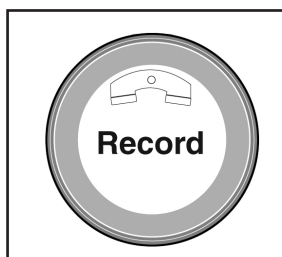
How do I turn it off?

- Remove the leadset plug from the leadset jack. The recorder will beep once.
- Turn off the recorder:
 - Before you send ECG data
 - Before you change the batteries
 - Before you take a bath or shower
 - To stop beeping for “memory full” or “low battery” warnings



How do I record an ECG?

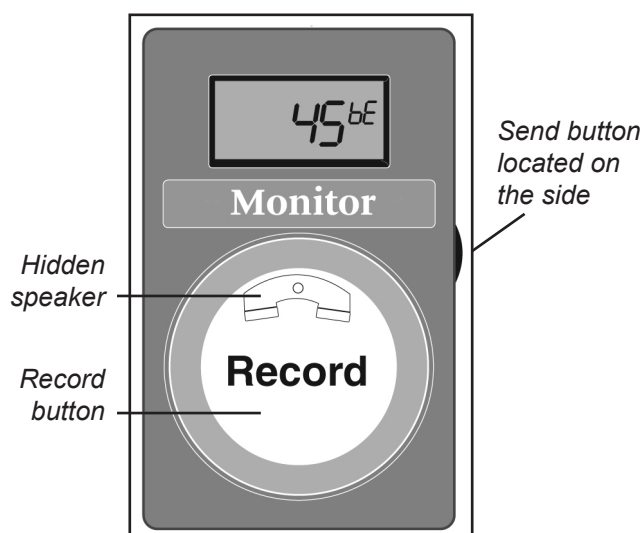
- Press the Record button.
- Remain quiet and still; breathe normally.
- **If the speaker is on**, you will hear a constant tone that changes as your heart beats.
- **If the speaker is off**, you will not hear anything as the ECG is recorded.
- Follow the instructions you got about recording the ECG/event in your patient diary.
- Send your ECG to the transmission line.




What if I press the Record button by mistake?

If you notice right away that you have pressed the Record button, unplug the leadset. An event will not be recorded.

If you don't notice, or can't reach the leadset plug in time, it is OK. An “event” will be recorded, but your doctor will be able to see that your heartbeat was normal.



How do I send my ECGs?

- Unplug the leadset plug from the leadset jack. The recorder will beep once.
- Place the recorder face up on a flat surface. Call 216.444.5062 or 800.603.7169 and identify yourself.
- The clinician will tell you to press and hold the Send button. The recorder will display a  symbol, and you will hear a tone in about 2 seconds.
Then...
- Release the Send button.

- Place the mouthpiece of the telephone over the Record button.
- The recorder automatically sends your stored ECG data. This can take up to 5 minutes. The tone will stop when the information has been sent.
- Pick up the phone and make sure that the data was received.

You can send the data as many times as needed before you reinsert the leadset plug. Reinserting it automatically erases the ECG recordings.

Note: All ECGs must be transmitted before the memory can be erased.

How do I wear the recorder?

You can clip the recorder to your belt, put it in your shirt pocket, or wear it around your neck with the cord that comes with it. It does not matter, as long as you can reach the Record button.

Can I wear the recorder in the shower or bath?

No - do not get the recorder wet or expose it to moisture.

It is OK to keep the electrodes on after you detach them from the wires, but do not let the water hit them directly or soak them.

Information about electrodes

- Do not use electrodes if the gel on them is dry.
- Replace any loose electrodes right away.

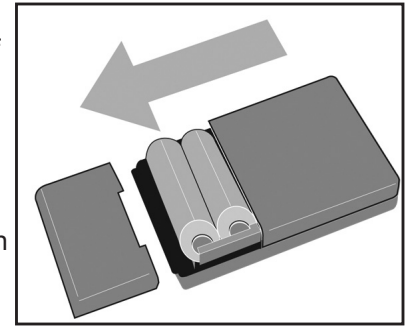
To replace electrodes:

- Wash and completely dry your skin.
- Do not use powder or lotion.
- Rub your skin briskly with a dry cloth.
- Place the electrodes in the correct spots.

How do I change the batteries?

- Remove the leadset plug from the jack and belt clip (if you're using it).
- Place the recorder face down on a flat surface.

- Slide the battery compartment door off the back of the recorder.
- Remove the old batteries. You can loosen them with a coin or other blunt, flat object, if needed.



- **IMPORTANT: Use only high-quality alkaline batteries such as Eveready E92.**
- **Replace all of the batteries - not just one.**
- Insert the new batteries, paying attention to + and - markings.
- Slide the compartment door closed. Make sure it snaps shut.

What do the warning beeps mean?

When you hear...



Single beep

Leadset plug has been removed or plugged in.



Double beep

Entering scanning mode.



Single beep (if programmed on; repeats about every minute)

Auto-recorded event alert. Send the ECGs. Unplug to cancel, then replug leadset back into jack.



(every 3 minutes)

Memory full. Send the ECGs.



(every 3 minutes)

Low battery warning. Change the batteries as soon as possible.

Unplug the leadset to stop the recorder from beeping.

What do the display messages mean?

Most of the information in the status window does not need attention. But some displays are important.

Routine display:

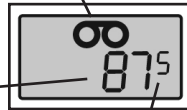
This symbol means the **recorder is active**

Flashing = scanning

Steady = recording

Your heart rate

(only displayed if this option is programmed on)

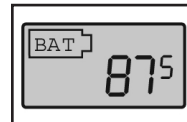


Number of events that can be recorded before the memory is full

Display that needs attention:



The memory is full.
Send the ECGs.



The batteries are low.
Change the batteries.

When should I record an ECG?

If you have a medical emergency, call 911 or have someone drive you to your local hospital emergency department right away!

Press the button to record an ECG if you have:

- A fast heart rate
- Signs of an abnormal heart rhythm (palpitations or feeling like your heart is pounding or fluttering)
- Dizziness, lightheadedness, blurred vision or headache
- A loss of balance or feel like you may — or do — faint
- Pain, pressure/squeezing or tight feeling in your chest, jaw, back or arm
- Trouble breathing or feel short of breath
- Sudden sweating or feel “clammy”
- Any other symptoms your doctor wants you to be aware of and document
- An implanted device and it delivers therapy

If you need to take nitroglycerin or other types of heart medicine to control any symptoms, take the medicine as soon as symptoms start, and make a note of how well they worked.

Transmission Line

216.444.5062 or 800.603.7169

**Baseline transmissions and routine rhythm transmissions:
please call between 8:30 a.m. and 5:00 p.m.**

URGENT transmissions only after 5:00 p.m. and on weekends and holidays

