

Please have this sheet and a pen in-hand to fill in the information below  
when we call you the day before your procedure.

1. \_\_\_\_\_ AM/PM. Go to **Desk J1-1** — the Admitting & Registration Desk, located on the first floor of the J Building, near the main lobby.



**If you need to be seen in the outpatient department (OPD) first:**

- Go to **Desk J1-1** — the Admitting & Registration Desk, located on the first floor of the J Building, near the main lobby.
- Next, go to **Desk J1-4** — the lab, located on the first floor of the J Building, near the J East elevators. Here, you will have labwork, an electrocardiograph (EKG) and chest X-ray.
- After you are done at the lab, go to Desk \_\_\_\_\_ to see the doctor and have an exam.
- Then, go to **J2-1** — the Cath Lab Desk, located on the second floor of the J Building. Take the J East elevators to the second floor.

**Eating before your procedure: Only one (4 or 5) will apply**

4. \_\_\_\_\_ **Do not eat anything after midnight** before your procedure. You may have sips of water and take your medications after midnight.



**OR**

5. \_\_\_\_\_ **Before 7:00 a.m.** — You may have a small glass of juice and one piece of toast. **Do not** have any coffee, tea (regular or decaf) or anything else that contains caffeine.

**Medication Information**



\_\_\_\_\_ **Aspirin/Plavix:** Take as directed. Tylenol, Advil and ibuprofen are NOT aspirin.

\_\_\_\_\_ **Diabetes Medications (insulin and oral medications):** Take as directed by your doctor. If you did not get instructions, we will let you know how to take these medications when you call for your arrival time.

\_\_\_\_\_ **Anticoagulants (“blood thinners”): Coumadin:** Stop taking the medication 3 days before your procedure. **If you have a left ventricular assist device (LVAD),** do not stop taking Coumadin. **Xarelto, Eliquis, Pradaxa:** Stop taking the medication 48 hours before your procedure.

\_\_\_\_\_ **Diuretics (“water pills”): DO NOT** take diuretics the day of your procedure unless your doctor tells you to. **If you are having a right heart catheterization,** do not stop taking your diuretics so we can tell how well your medications are working.

\_\_\_\_\_ **Allergy:** If you are allergic to iodine (IVP dye), you will need to take a steroid medication (prednisone) the night before and the morning of your procedure. Please make sure your doctor orders this medication for you.