ELECTROPHYSIOLOGY LABORATORY Patient Instructions

(desk)
(date)
(time)

Please follow these important instructions to prepare for your appointment.

Preparing for your procedure

- Please mark down your procedure date and other information in the box above.
- The time you are told to come in for your procedure is the **check-in time** and not the actual time of the procedure. The extra time is used to get you ready for your procedure.

■ Please ask your doctor or nurse for specific guidelines about taking prescription and over-the-counter medications on the day of the procedure.

Emergency situations and unexpected delays or changes in procedure times may cause your procedure to be delayed or possibly cancelled.

We are committed to providing the best care to every patient. We will do our best to make sure you and your visitors are as comfortable as possible during your stay.

Eating and Drinking

Eat a normal meal the evening before your procedure. **DO NOT** eat, drink or chew anything **after 12 midnight.** This includes gum, mints, water, etc.

We will let you know if there are any changes to the procedure schedule. If you need to cancel the procedure for any reason, please call us as soon as possible.
To reach your doctor, please call:
Doctor's Name:
Doctor's Phone:

Phone Numbers

The Day of the Procedure **NOTES** DO NOT swallow any water when you brush your teeth. DO NOT wear makeup or nail polish. DO NOT wear or bring jewelry, including wedding rings, or valuables/money. DO NOT use deodorant, powder, cream or lotion. DO Bring a one-day supply of your prescription medications with you. DO bring a responsible adult to drive you home after the procedure. The medication used during the procedure will make you drowsy. You cannot drive for 24 hours after the procedure. DO wear comfortable, easy-to-fold clothing. Female patients of childbearing age, will be asked for a urine sample for a pregnancy test before the procedure. If you are spending the night in the hospital after your procedure, bring an overnight bag with your clothes, medications, and toiletries. Please make arrangements in advance to have a



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This information is not intended to replace the medical advice of your doctor or healthcare provider. Please consult your healthcare provider for advice about a specific medical condition.

driver take you home.

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