IMPORTANT INFORMATION BEFORE YOUR EGD

Please carefully read through this information about how to get ready for your EGD.

Call your doctor's office if you have any questions or concerns. Thank you!



Driving

You MUST have a responsible adult to drive you home after the EGD. Do not plan on using a taxi, bus or other transportation service.



Nutrition

If you are on tube feedings

■ STOP tube feedings 2 hours before your EGD and flush with at least 30 mL of free water after you stop the tube feeds.



If you are taking food by mouth

- DO NOT eat anything for 8 hours before your EGD.
- You may have <u>clear liquids only until 2 hours before your EGD</u>. These include water, black coffee, black or green tea, apple or white grape juice, clear broth, ginger ale, clear sports drinks and clear gelatin.



If you are diabetic

Call the doctor who manages your diabetes one (1) week before your EGD. You may need to make changes to your diabetes medication(s) because of changes to your nutrition schedule before your EGD.



If you need to reschedule or cancel your EGD

Call 216.445.6860 as soon as possible.



Please carefully read the back of this handout for important information about making changes to your anticoagulant medication ("blood thinners")



If you take anticoagulant medication ("blood thinners"), please ask your doctor about when to stop taking your medication. You may need to follow a different schedule than those listed below

STOP	Two Weeks (14 DAYS) Before Your EGD
	Ticlid (ticlopidine)
STOP	One Week (7 DAYS) Before Your EGD
	Aspirin, Aggrenox (dipyridamole), Effient (prasugrel)
STOP	Five (5) Days Before Your EGD
	Brilinta (ticagrelor), Coumadin (warfarin), Plavix (clopidogrel), Pradaxa (dabigatran)
STOP	Three (3) Days Before Your EGD
	Bevyxxa (bretrixaban), Eliquis (apixaban), Persantine (dipyridamole), Pletal (cilostazol), Savaysa (edoxaban), Xarelto (rivaroxaban)
STOP	Two (2) Days Before Your EGD
	Arixtra (fondaparinux)
610	Ask Your Doctor
ASK your doctor when you should stop taking these medications.	Fragmin (dalteparin), Lovenox (enoxaparin), Heparin

Please call your doctor's office if you have any questions about making changes to your medications.

This information is not intended to replace the medical advice of your doctor or healthcare provider. Please consult your healthcare provider for advice about a specific medical condition.



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