

OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 9am – 11am Blood Pressure checks	3	4	5	6
7	11:30am- 1:30pm Art Therapy Free and open to everyone!	9 9am – 11am Blood Pressure checks	10	11	12	13
14	15	16	17	18	19	20
	National Health Education Week					
		9am – 11am Blood Pressure checks				
21	11:30am- 1:30pm Art Therapy Free and open to everyone!	9am – 11am Blood Pressure checks	24	25	26	27
28	29	9am – 11am Blood Pressure checks	31 Halloween	National Breast Canc	er Awareness Month	