CLEVELAND IN A NUTSHELL

Cleveland Clinic House Staff Spouses Association

The House Staff Spouse Association (HSSA) would like to welcome all new Cleveland Clinic residents, fellows, and their families to Cleveland. We are here to help make this move and new phase of your life a little easier. Cleveland in a Nutshell is a resource we hope you will find useful! The information in this booklet is a compilation of information gathered by past and current Cleveland Clinic spouses. It will help you during your relocation to Cleveland and once you're settled in your new home.

After you arrive in Cleveland, the HSSA is a great way to meet new friends and take part in fun events. Our volunteer group is subsidized by the Cleveland Clinic and organizes affordable social functions for residents, fellows, and their families. From discount sporting event tickets to play dates, we are a social and support network. Membership is free and there are no commitments, except to have fun!

Look for our monthly meetings and events in our monthly HSSA newsletter — *The Stethoscoop.* In addition to the newsletter, we also have an online community through Yahoo groups, where the Stethoscoop can be downloaded! There are over 300 members, and we encourage you to join and become an active member in our community. Please go to http://groups.yahoo.com/group/ccfhssa for more details and to register to receive our emails. And join us on Facebook: Cleveland Clinic HSSA at https://www.facebook.com/groups/1652923751627217/. If you have any questions before you arrive, please don't hesitate to contact one of our officers:

President – Chayal Fernando Vice-President – Kristin Gentry Stethoscoop Editor – Robin Taylor Membership Secretary – Jennifer Abelson chayal.patel@gmail.com kristinmgentry@gmail.com roberunies@aol.com jennifer.abelson@gmail.com

PLEASE NOTE: The information presented here is a compilation of information from past and current CCF spouses. We review it to the best of our ability for accuracy (last updated 2/2017). *Cleveland in a Nutshell* should not be considered an exhaustive listing, but simply a list of people and places we have experience with. Also, keep in mind things frequently change between the publication date and when you are reading this. When in doubt, send us an email. If you are aware of something that should be added to or removed from this publication, we would appreciate your letting us know. Please note, only business recommended by a current member are able to be added – please do not contact us directly to add your business or services. Thank you!

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A. CLEVELAND HISTORY/INFORMATION

The city of Cleveland was founded in 1796 and is located in northeastern Ohio on the southern shore of Lake Erie, which is about 60 miles west of the Pennsylvania border. Cleveland is located in Cuyahoga County, which is the most populous county in the state. As of the 2010 U.S. Census, the population of Cleveland was 396,815, which makes it the 2nd largest city in Ohio and the 45th largest city in the United States. The racial makeup of the city was 53.3% African American, 37.3% White, 1.8% Asian, 0.3% Native American, 4.4% from other races, and 2.8% from two or more races. Hispanic or Latino of any race made up 10% of the population. Cleveland has four distinct seasons, with summer typically being hot and humid and winter being cold and snowy. Snowfall is variable, with the East Side of town and the eastern suburbs normally receiving more snow than the West Side of town and its suburbs. July is typically the warmest month, with an average high of 83°F and an average low of 64°F. January is typically the coldest month, with an average high of 34°F and an average low of 22°F. Cleveland has more cloudy days than sunny days, with an average of 202 days of the year being considered cloudy (55%), 97 days being partly cloudy (27%), and 66 days being sunny and clear (18%). So, when the sun comes out, enjoy! Manufacturing has traditionally been the primary industry of Northeast Ohio and continues to be today. Cleveland is also the main headquarters for many large companies, including Applied Industrial Technologies, Cliffs Natural Resources, Forest City Enterprises, KeyCorp, NACCO Industries, and Sherwin-Williams Co. One of the largest law firms in the United States, Jones Day, also originated in Cleveland. The Cleveland Clinic is the city's largest private employer.

B. FINDING A PLACE TO LIVE

Your first priority will probably be finding a place to live. Most people find the cost of both renting living spaces and buying houses very affordable. We STRONGLY recommend you plan a visit to Cleveland in the late winter or early spring (bring warm clothing) to look at properties and drive to the areas directly around where you would like to live. A long weekend with at least one weekday is desirable. If you cannot get here until June, relax, you will still be able to find somewhere to live. Come prepared with a clear understanding of what you want, what you can afford, and what your priorities are.

The winding <u>Cuyahoga River</u> geographically <u>divides the city of Cleveland</u> into two areas: <u>the East and West</u> sides.

<u>The East Side suburbs</u>, which are closer to the Cleveland Clinic's main campus, University Circle, and many of the cultural institutions, offer historical charm and nice, affordable housing. **This is where most fellows and residents choose to live.**

<u>The West Side suburbs</u> are closer to downtown, have easier access to freeways, receive fewer inches of snow, and generally offer more modern and less expensive housing options.

The Downtown area has newly renovated apartments for those who want urban living arrangements.

See the annual "Rating the Suburbs" article in the June issue of <u>Cleveland Magazine</u> for area statistics and demographic information. The electronic version is available for a fee through their web site at www.clevelandmagazine.com. If you would like an opinion on an area to live, please e-mail one of the HSSA officers listed above.



The most frequently lived-in East Side suburbs (listed alphabetically) are the following:

SUBURB	TRAVEL TIME TO CCF
Beachwood	20-25 minutes
Cleveland Heights	10-15 minutes
Lyndhurst	20-25 minutes
Mayfield Heights	25-30 minutes
Shaker Heights	15-20 minutes
South Euclid	20-25 minutes
University Heights	15-20 minutes

The most frequently lived in West Side suburbs (listed alphabetically) are the following:

SUBURB	TRAVEL TIME TO CCF
Bay Village	25-30 minutes
Fairview Park	20-25 minutes
Lakewood	15-20 minutes
Parma	20-25 minutes
Rocky River	20-25 minutes
Westlake	25-30 minutes

For those working in specialties that can take call from home, be sure to check with your CCF department for any travel time requirements.

The types of housing you will find available include:

- Traditional apartment complexes
- Single family homes
- Duplex: A home featuring two living quarters side by side, mostly available in Cleveland Heights. You share the front entrance, yard, and garage, but everything else is private.
- Doubles/Two-family home: has a common front entrance, one family has the first floor, and another family has the second floor +/- the third floor. These are mostly available in Shaker Heights, Cleveland Heights, and Lakewood.

Things to Consider When Renting:

- Read a copy of the Ohio Landlord-Tenant Law. codes.ohio.gov/orc/5321
- Use a relocation/housing service (see listings below).
- Consider hiring a real estate agent. They can show you areas that do not have relocation services.
- Get everything in writing.
- Talk to current tenants, who are the best source of information about the landlord, the property, and the neighborhood.
- Families with only one vehicle should consider living within walking distance of the RTA public transportation system. Housing along or near Van Aken Blvd. and Shaker Blvd. is convenient for the RTA trains. Connecting bus lines are also available. Please see www.riderta.com for more information.
- Having a garage in which to park your car can save snow-cleaning time during the winter months.
- Remember, Cleveland has four distinct seasons so be sure to consider this as you select housing. The seasons can be extreme so this will affect your utility bills, whether you want a garage to park your car, how you commute into work, etc.

C. How to Start Your Search

Rental Advertisements

The Apartment Guide (free, published monthly). www.apartmentguide.com
The Cleveland Plain Dealer. 1-800-362-0727 or www.plaindealer.com
Sun Press (a local, east side newspaper www.cleveland.com/sunpress/
Websites to checkout include: www.cleveland.com, www.rent.com, www.rent.com, www.apartmentfinder.com.

Relocation Services & Rentals

Capital Properties Management, LTD. (216) 991-3057 or info@cpm-ltd.com www.cpm-ltd.com
Owns and manages a number of apartment communities in Cleveland, Cleveland Heights, Shaker
Heights, Mayfield Heights, and Copley. Properties feature both unfurnished and furnished renovated studio, 1BDR and 2BDR suites and offer onsite parking. Flexible lease terms available.

Cleveland Heights Relocation Services. (216) 291-4444 www.clevelandheights.com

A free Rental Relocation Service is offered to people moving to the area from outside of Cuyahoga County. Current listings are kept for available single and two-family homes and apartments for rent. Renters can take a free tour of the city, including available units and points of interest. For prospective home buyers, Relocation Services offers information regarding homes in Cleveland Heights currently on the market via real-estate agencies or by owner. Buyers are referred to a list of Preferred Realty Office Agents (PROs). Names of contact people in different neighborhoods and schools are available to prospective buyers. Home Buying Seminars are offered annually in the spring and are open to the public.

Shaker Heights Relocation Services. http://www.shakeronline.com/city-services/moving-to-shaker
The service is FREE and will provide a guided tour of the Shaker Heights area and neighborhood schools, recreational facilities, libraries and shopping centers. Call for a relocation packet or to schedule a tour.

Private Lodgings, LLC. (216) 291-1209 www.privatelodgings.com or email: info@privatelodgings.com Offering a wide range of accommodations from short term, fully furnished home shares with your own room and bath in a private home, to fully furnished apartments and homes. Unfurnished, longer term options range from apartments to single and double family homes. These pre-screened properties are in comfortable neighborhoods that are convenient to shopping and entertainment. They are also chosen for

their proximity to the hospital for an easy commute.

Park Lane Villa - University Circle. (866) 677-0039. www.parklanevilla.com

Park Lane Villa is a luxury hotel-style apartment residence located with-in walking distance to the Clinic. We offer 96 suites with 43 unique floor plans to assure maximum amenities for today's healthcare professional lifestyle. 5-Star amenities include: Concierge service, Total Fitness Center, covered parking, personal shopping and delivery, catering services, washer & dryer in each suite, high-speed internet in our common areas and sophisticated CCTV security monitoring system with controlled access.

Parkside Dwellings - University Circle. (855) 833-3224. www.parksidedwellings.com

Parkside Dwellings was built in 1909 and is a designated Cleveland landmark. Close to Case Western University's quad and at the heart of University Circle, the building is set in a park like environment. There are 8 studios in total,15 one bedroom suites and one two-bedroom penthouse with a rooftop deck. Parkside offers free heat and water, intercom with buzzer access, laundry facilities and cable TV and multiple phone lines included.

Easthaven at the Village - Beachwood. (888) 907-2546. www.easthavenatthevillage.com

24-Hour manned gated community. Amenities include indoor & outdoor pool, hot tub, fitness center, tennis and racquetball courts, and guest suites. Various specials offered, no application fee, and a minimal security deposit required. Furnished apartments available for short-term lease through corporate housing provider partners. Call for more information and a FREE personal tour of the community. (Be sure to ask them about renters insurance here- you will definitely want it.)

The Coral Company Development Group www.thecoralcompany.com has several developments for sale or rent that are popular with CCF employees:

(216) 932-8822 for information on properties for sale

THE COURTYARDS (Cleveland Heights – For Sale)

COVENTRY ROAD APARTMENTS (Cleveland Heights - Rental)

PARKLAND APARTMENTS (Shaker Heights - Rental)

1900 EUCLID AVENUE LOFTS (Downtown Cleveland – Rental)

W.T. GRANT LOFTS (Downtown Cleveland – Rental)

UNIVERSITY LOFTS (Downtown Cleveland – Rental)

Buying Contacts

Home Financing

First Federal of Lakewood: Specialized home loan/mortgage program for residents/fellows/physicians. (216)529-2700. Contact page found at https://www.ffl.net/contact

Tower Mortgage: Specialized home loan/mortgage program for residents/fellows/physicians. (800) 918-5400. www.towermortgagecorp.com

Realtors

Elena Abramovich - Cleveland Property Management Group Reality

Office: (440) 461-0050, Cell: (440) 221-4813, elena.regroup@gmail.com,

www.clevelandpropertymanagement.com

Natalie Antosh - Keller Williams, Greater Cleveland Northeast

Cell: (440) 364-4663, natalieantosh@gmail.com www.NatalieAntosh.com

Nancy Bass, ABR, SRES - Re/Max Traditions

Cell: (216) 389-2783, nancyabass@gmail.com, www.nancyabass.remaxagent.com

Jenny Chin - Howard Hanna

Office: (216) 831-9310, Cell: (216) 323-1216, jennychin@howardhann.com

http://www.howardhanna.com/agent/AgentDetail.asp?CEQ_AgentCode=4359

Jackie Collesi - Howard Hanna Smythe Cramer

Office: (216) 780-8607, jackiecollesi@howardhanna.com

http://www.jackiecollesi.howardhanna.com/Agent/Detail/Jackie-Collesi/6798

Silvana DiBiase - Coldwell Banker Hunter Realty

Office: (216) 347-9990, silvana.dibiase@cbhunter.com www.cbhunter.com/silvana.dibiase

Marilyn Kahn - Howard Hanna

Cell: (216) 751-8550, marilynkahn@howardhanna.com

http://marilynkahn.howardhanna.com/Agent/Detail/Marilyn-Kahn/602A

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Jan Kasper - Russell Realty

Office: (440) 379-1109, Cell: (216) 789-5256 http://jkasper.russellrealty.com/agents/Jan+Kasper

Brian Salem - Keller Williams, Greater Cleveland West

Direct: (216) 244-2549, brian@thesalemteam.com, http://www.thesalemteam.com/

Tari Torch Sweeney - RE/MAX Traditions

Phone: (216) 319-4493, taritorchsweeney@gmail.com www.taritorchsweeney.remaxagent.com

Helpful Websites for House Hunting:

www.realtor.com and www.zillow.com These websites advertise homes from many different real estate agencies.

Home Inspectors:

When purchasing your new home and before closing the deal, you'll want to get a general home inspection. A home inspector will provide a professional opinion of the overall condition of the dwelling and will identify major defects. Both the interior and exterior of the property will be inspected. Buyers are advised to accompany the inspector to ask questions but it's not required. You will receive an impartial objective report of the property. General home inspections help you avoid "surprises" later on. Ask your realtor for a qualified Home Inspector. If you are purchasing a home in "the heights" (Shaker, University or Cleveland), be sure your home inspector is familiar with the specific code violations for each area.

Bearmark Home Inspection: PO Box 0233, Chesterland, OH 44026 (866) 317-9027,

steve@bearmarkhomeinspection.com

Nemastil, Inc. (216) 387-2918. www.nemastilhomeinspections.com. Basic home inspections. Also provide Radon and Lead inspections.

Other Things to Consider When Buying a Home:

Wage Taxes - Most of the suburban townships have regional wage taxes. Check the Regional Income Tax Agency web site for listings at http://www.rita.to/

Property Taxes - The property tax rates vary widely from township to township. You will want to take these costs into consideration before making a final purchase decision.

Property Inspections & Point Of Sale Inspection - Some townships have property inspections that occur at the time of sale and also yearly. Any items found by inspectors that warrant repair will be cited for violation and must be fixed. Be sure to understand this and review it with your real estate agent. Ask questions before you buy or you could get stuck with costly repairs.

MOVING COMPANIES/SERVICES D.

Whether you choose to move with a professional moving company or do-it-yourself, our best advice is to plan ahead as early as possible (check your city of origin's phone book/internet for telephone numbers).

Full Service:

Allied Van Lines Bekins Van Lines Mayflower Transit Company Corlett Movers/Wheaton Worldwide Moving (216) 641-0443 or (800) 875-6677 Brickman Movers, Ron Brickman. 216-215-8886. Do-It-Yourself Service: Hertz/Penske Truck Rental Ryder Truck Rental U-Haul

WHERE TO STAY WHILE HOUSE HUNTING

From our experience, the hotels/motels listed below offer affordable rates and we suggest that you always inquire whether they offer a discount for Cleveland Clinic residents/fellows. The hotels marked with an "*" are more expensive so make sure you ask about the price. AAA cardholders can receive discounts at some hotels.

West Side:

Candlewood Suites – North Olmsted (440) 716-0584

Courtyard by Marriott – Westlake (440) 871-3756

Fairfield Inn by Marriott – Avon (440) 934-7445

Hampton Inn – Westlake (440) 892-0333

Holiday Inn – Westlake (440) 871-6000

Radisson Inn - North Olmsted(440) 734-5060

Red Roof Inn – Westlake (440) 892-7920

Residence Inn - Westlake (440) 892-2254

East Side:

*Intercontinental Suites Hotel – Cleveland (216) 707-4300. Conveniently located on the main campus of Cleveland Clinic. See website below.

www.ichotelsgroup.com/intercontinental/hotels/gb/en/cleveland/clehb/hoteldetail

Clarion Hotel – Beachwood (216) 831-5150

*Cleveland Hilton East – Beachwood (216) 464-5950

*Embassy Suites Hotel - Beachwood (216) 765-8066

Hampton Inn and Suites - Beachwood (216) 831-3735

Holiday Inn - Mayfield (440) 461-2900

*Radisson Hotels - Beachwood and Downtown (800) 967-9033

*Renaissance Cleveland Hotel – Downtown (216) 696-5600

South and/or near the Airport:

*Cleveland Airport Marriott - Airport. (216) 252-5333.

Holiday Inn - Airport. (216) 252-7700.

Holiday Inn – Independence. (216) 524-8050.

Red Roof Inn - Independence. (216) 447-0030.

*Residence Inn by Marriott – Middleburg Heights (Complimentary Airport Shuttle). (440) 234-6688.

*Sheraton Hotel - Airport. (216) 267-1500.

F. Transportation

Main airport: Cleveland Hopkins International Airport (CLE).

Alternative Airport: Akron-Canton Regional (CAK). Sometimes carries cheaper fares.

Car rentals: Avis (216) 265-3700

Budget (216) 433-4434 Hertz (216) 267-8900 National (216) 912-3917 Thrifty (877) 283-0898

Taxicabs: Yellow Cab (216) 623-1550

Americab (216) 881-1111

Ridesharing Services: Uber https://www.uber.com or download the Uber app (Apple App Store, Google Play,

Microsoft)

Lyft https://www.lyft.com or download the Lyft app (Apple App Store, Google Play)

Amtrak: (800) 872-7245, 1-800-USA-RAIL

Regional Transit Authority (RTA) (bus/train) (216) 621-9500 **Greyhound Bus Line:** (216) 781-0520 or (800) 231-2222

G. ESTABLISHING UTILITIES AND NEWSPAPERS

Some utilities may be set up before you arrive:

Electricity: The Illuminating Company (800)589-3101

https://www.firstenergycorp.com/content/customer/illuminating company.html

Gas: Dominion East Ohio (800)362-7557 www.dom.com

(offer a monthly budget program)

Telephone: AT&T (800)660-1000 www.att.com

Cable TV/Internet: Time Warner (877)772-2253 www.timewarnercable.com

AT&T (800)660-1000 www.att.com
Wide Open West (WOW) (866)496-9669 www.wowway.com
Cox (866)961-0027 www.cox.com/cleveland
Direct TV (888)777-2454 www.directty.com

WOW http://wowway.net/

Newspapers: Cleveland Plain Dealer (800)362-0727 <u>www.plaindealer.com</u>

Sun Press (community-specific paper) www.cleveland.com/sunpress/

H. SCHOOL INFORMATION AND CHILDCARE

School Information

Education for grades kindergarten through twelve is free in the Ohio Public School System. You may have to pay for full-time kindergarten if your school offers only a half-day program. Each municipality (City of Cleveland Heights, Shaker Heights, Lakewood, etc.) has its own Board of Education, which administers education matters within its district. Some adjoining cities share a combined school system such as Cleveland Heights / University Heights and South Euclid/ Lyndhurst. The Ohio Department of Education website, http://education.ohio.gov/, provides district and school profile information and publishes the results of the state proficiency tests and school district report cards. Before you start your housing search, it is worthwhile to compare the performance of each school district and evaluate individual schools within a district. Copies of the report cards can be ordered online, or call toll-free Ohio Dept. of Education. (877) 644-6338. Contact the Board in your area as soon as possible for specific information.

The starting age for children varies, but in general, a child must turn 5 on or before September 30th to be eligible to attend kindergarten. Generally, a child must be at least 6 years of age to start first grade. Some school districts allow underage children to start school after satisfactory completion of ability and preparedness tests. The school year and hours vary; however, the typical enrollment month for private schools is January, so look into schools as soon as possible as there are occasionally waiting lists. Some schools provide orientation sessions for parents and children in August.

NOTE: Call the *NAEYC-National Association for the Education of Young Children* to obtain a list of accredited schools in your area. (800) 424-2460 or www.naeyc.org.

Specific registration procedures vary, but in general, the following are necessary:

- Birth Certificate or Baptismal Certificate
- Current medical certificate from physician
- Medical history and documentation of all U.S. required immunizations
- Proof of residence (utility bill, driver's license, etc.)
- Legal custody papers, in case of divorce
- School records for secondary levels, report cards, unofficial school transcripts

Preschools/Co-ops/Nurseries

For those with young children, finding and choosing childcare is likely to be one of the most stressful parts of your move. We suggest you start your search as EARLY as possible. Many centers fill fast and have very long waiting lists (typically a year for newborns). Consider a preliminary search by telephone months before arriving in Cleveland and apply to the wait list of centers you like (a fee generally is required with each application). Many of us have children and are happy to answer questions to help you narrow your search. Generally Co-ops are less expensive than traditional pre-schools, but require parent volunteer time. Some of the more selective facilities (Music Settlement, Carol's Nursery School, Ruffing Montessori, Hathaway Brown) will require an interview with your child as well. Below is a list of some of the pre-schools and daycare facilities in the area.

Beachwood: Fundamentals Children's Center KinderCare Mandel Jewish Community Center (JCC)	(216) 839-6679 (216) 378-1590 (216) 593-6262	www.kindercare.com www.mandeljcc.org
Cleveland: KinderCare Learning Center The Montessori School at Holy Rosary The Music Settlement School	(216) 229-1655 (216) 421-0700 (216) 421-5806	www.cclc.com http://clevelandmontessori.org/ www.thecmss.org
Cleveland Heights: Church of the Savior Co-op Nursery School Children's Center at First Baptist Church Fairmount Church Cooperative Nursery Scho Fairmount Temple Preschool Horizon Montessori Ruffing Montessori Saint Paul Co-op Nursery School	(216) 371-9394	t. 247www.coopnurseryschool.org www.firstbaptistcleveland.org www.fairmountcoop.org www.fairmounttemple.org www.horizonmontessori.com www.ruffingmontessori.net www.stpaulscooppreschool.com
Lakewood: Haynes Nursery School Lakewood Community Care Center	(216) 256-1578 (216) 226-0080 <u>h</u>	www.haynesnurseryschool.com http://www.lakewoodcommunitycare.com/programs/
Lyndhurst: Faith Church Preschool Lyndhurst Childhood Enrichment Center The Ratner School—Montessori	(216) 382-7010 <u>htt</u> (440) 442-2333 (216) 464-0033	ps://sites.google.com/site/faithchurchpreschool575/ www.lcpc-cec.org www.theratnerschool.org/
Mayfield Heights: Kindercare	(440) 684-0683	www.kindercare.com
Middleburg Heights: Little Acorn Child Care Center	(440) 243-7030	http://oldoakslittleacorns.com/
Parma: Parma Co-Op Preschool Parma Montessori	(440) 845-3725 (216) 898-9520	https://sites.google.com/site/parmacooppre/ http://creativeplayrooms.com/
Rocky River: Rocky River Presbyterian Nursery School West Shore Child Care Center	(440) 895-5437 (440) 333-2040	www.riverpres.org www.wschildcare.org
Shaker Heights: Carol Nursery School Early Childhood Enrichment Center Hanna Perkins School Hathaway Brown Early Childhood Program JDN Early Childhood Center Laurel School Early Childhood Center Parent's Day Out at Plymouth Church The Shaker Heights Cooperative Preschool	(216) 991-3449 (216) 991-9761 (216) 991-4472 (216) 932-4214 (216) 320-8489 (216) 464-1441 (216) 991-1961 (216) 751-2593	www.carolnurseryschool.org ececshaker.org www.hannaperkins.org www.hb.edu www.bellefairejcb.org www.laurelschool.org www.plymouthchurchucc.org www.shakerpreschool.com

Babysitters/Nannies

***The best way to find a reliable sitter is to ask other HSSA members for recommendations. Many of the attending physicians' daughters babysit at a reasonable rate. If you live on the East Side, the John Carroll University students are fantastic!

Alexandria School –Trains and places professional nannies and newborn care specialists. Have opportunities for practicum and host families. Student nannies come in to your home for practical experience. Free of charge-certain requirements to qualify, please see website. alexandria-school.com

CONCERN Cleveland Clinic Employee Assistance Program: (216) 445-6970This is the Cleveland Clinic referral service. They maintain lists of in-home childcare providers, daycare centers, and nanny services. They will mail a printout from their database of providers. http://concerneap.org/

English Nanny & Governess School. (440) 247-0600 or (800) 733-1984. 37 South Franklin St., Chagrin Falls. Trains individuals as nannies with a basis in early childhood education. In the past, the school has offered a FREE practicum service which sends a governess or nanny student each Friday for 12 weeks if you have a newborn and toddler. Contact them directly for an application. www.nanny-governess.com

Online services. <u>www.sittercity.com</u> and <u>www.care.com</u> allow you to search for local babysitters and nannies looking for work. Interview applicants carefully!

Additional Resources for Parents

Dolly Parton's Imagination Library: Supported by the Heights Family Foundation, children from birth to age 5 living in Cleveland Heights, East Cleveland, Euclid, Shaker Heights, and University Heights, and in Cleveland neighborhoods with zip codes 44106, 44119, and 44120, can receive an age-appropriate book in the mail once a month. Registration can be completed by mail or online at www.heightsfamily.org or www.heightsfamily.org or www.heightsfamily.org or

Parent & Family Centers: There are several parent and family centers located in the Cleveland area. They are non-profit organizations that offer educational, social, and/or recreational programs for families with young children of all abilities.

Family Connections-Cleveland Heights (Formerly The Heights Parent Center): 2843 Washington Boulevard, Cleveland Heights, OH 44118, (216)-321-0079, www.familyconnections1.org. An excellent resource for families with children. They offer many programs on site (playgroups, an indoor gym for young children, parenting seminars – a per visit charge is required or you can purchase a pass) as well as Little Heights which is a popular FREE playgroup at the Cleveland Heights Library on Lee Road on Monday mornings and Thursday afternoons, which is a wonderful way to meet families with young children in the area.

Family Connections-Shaker Heights (Located in the Shaker Family Center): 19824 Sussex Road, Shaker Heights, OH 44122, (216) 921-2023, www.familyconnections1.org They offer programs at the Family Center as well as the Play and Learn Station at the Shaker Heights Public Library.

Lakewood Family Room: 15700 Detroit Ave., Lakewood, OH (inside the Lakewood United Methodist Church). (216) 529-5018. They have an activity room for families and offer parent education activities. http://www.onelakewood.com/accordions/lakewood-family-room-programs/

I. CAR REGISTRATION/DRIVER'S LICENSE INFORMATION:

Registering your vehicle and obtaining a driver's license can be a TIME CONSUMING PROCESS. Listed below are the steps you will need to take to obtain all necessary items. We strongly recommend finishing all of these tasks during your first days of moving. This information was obtained from: http://www.bmv.ohio.gov and http://www.oplates.com/. More information, such as current listings of Title Offices can be found on these

websites. The Ohio BMV publishes a New Ohio Residents Guide available here: http://publicsafety.ohio.gov/links/bmv3741.pdf

Driver's License

Once you are an Ohio resident, you need to become an official Ohio driver as soon as possible. You are considered an Ohio resident once you: take a job, sign a lease, buy a home, register to vote, or enroll children in school.

You first need to get a booklet, "Digest of Ohio Motor Vehicle Laws." This booklet is available from the Ohio Department of Public Safety (614-466-4344) or a local license agency. Look in your yellow pages under "License Services" for the license agency nearest you. All the information you need to study for an Ohio driver license test is in the Digest of Ohio Motor Vehicle Laws booklet.

After you've studied the Digest, you're ready to take the test. Go to the nearest State Highway Patrol Examination Station for a written test and vision screening. The list of locations is in the back of the Digest. No appointment is necessary, but be sure to check which days and hours the nearest station is open.

The driving test is usually waived for new residents who have a valid out-of-state license. The examiner may require one for someone who may need a license restriction.

If your old driver license has expired or you are a first-time driver, you'll have to purchase a temporary permit packet from a license agency for \$22.00. Proof of Social Security number and a certified birth certificate are required for this packet.

If you have an international driver's license, you must make an appointment with the Highway Patrol Examination Station (216) 787-5880 using your Social Security number, to take the vision, written and road tests. The written test is available in many languages, however, you must be able to understand directions and read traffic signs printed in English.

Upon passing all tests, you have 60 days to take your "examination passed" to a Deputy Registrar or Auto and Driver's License Bureau (see State Government section of the Blue Pages for locations) to obtain your license. You will need proof of your current address such as a lease or official mail, i.e. credit card statement. If your spouse is not on the lease – take your marriage certificate to prove your address is the same.

Title/Registration/License Plates

Step One: Out-of-State Inspection. If you purchased your vehicle out-of-state or it is registered out-of-state, you must take it to a License Bureau for a vehicle inspection. You will need the paper work from this inspection to obtain an Ohio Title. All license agencies offer this service and many, but not all, new car dealers do also, so call ahead to be sure. Ask for the service department at the car dealership. The inspection of your vehicle will verify the make, model, body type, and manufacturer's serial number or vehicle identification number (VIN). You will be given the completed inspection form. This takes about five minutes. There is a \$3.50 fee to the dealer or license agency and a \$1.50 fee to be collected at your next stop, the auto title office (fees as of 2017).

<u>Step Two:</u> Obtain an Ohio Title. Title Transfer is done at a Title Bureau (See County Government Section of the Phone Book, under "Clerk of Courts, Auto Title Department"). **East Side:** Golden Gate Plaza in Mayfield Heights. **West Side:** Great Northern Mall in North Olmstead.

- If your vehicle has two owners, both of you have to handle this unless you get a notarized power of attorney for the one who can't come.
- If you have a lien on your car (i.e. you are making loan payments to an institution, bank, etc.), you will have to request that your original title be sent directly to the title office so the lien can be recorded on the Ohio title as well as supply an original or copy of the loan papers. It may take some time for your lien institution to send the papers, so be prepared.

- You will need to phone the Clerk of Courts to determine the charge for your title transfer. If sales tax is due, it will be collected before the title is issued. The title transfer must be paid for in cash.
- If you lease a car, contact your leasing agency to find out how they want you to handle the title transfer. It varies from company to company.
- Now it's off to the license agency to get your new license plates. To register your vehicle in Ohio, you must present your new Ohio title (or memorandum of title, if your car has a lien).

Step Three: Emissions Testing. For e-check locations, visit Guide that can be found here: visit http://www.ohioecheck.info/location/search or call 1-800-CAR-TEST (1-800-227-8378).

Step Four: Obtain License Plates and Registration. To obtain license plates, go to a Deputy Registrar's Office or License Bureau (see License Services in the Yellow Pages). You will need your Ohio title, your "passing" e-test certificate and your driver's license. You may complete a multi-year registration or renew on your birthday each year. The license agency will collect the proper registration fees depending on when you purchase your tags, what taxing district you reside in, and when your birthday is. For passenger vehicles and non-commercial trucks, the cost will range from \$35 to \$105. The legal owners must apply in person or you must have a notarized Power of Attorney for the person who cannot come.

REMINDER: Don't leave home without:

- Your vehicle's original title (see above for instructions on how to obtain the original title if you are still making payments on/do not own your vehicle)
- A notarized Power of Attorney if the actual owner of the vehicle cannot be there in person (Must use Bureau's form)
- A picture ID (a current driver's license or passport) and one other ID with your Social Security number on it
- Proof of Social Security number and birth certificate if your Social Security number is not on your current driver's license
- Proof of current address (lease with your name, official piece of mail) and a marriage certificate if your spouse is not on the lease.

The lines can be very, very long and difficult. If you have children, try to leave them at home.

Car Insurance

Under Ohio law, you are required to carry adequate car insurance. No one can operate a motor vehicle without proof of insurance. To comply with the law, liability coverage of \$25,000 for personal injury or death and \$25,000 for property damage is required. The "Ohio Shopper's Guide to Automobile Insurance" is provided by the Ohio Department of Insurance and is available here:

http://www.insurance.ohio.gov/Consumer/OCS/CompleteGuides/CompleteAutoGuide web.pdf . This guide provides rate information, explanations of terms and coverage and other information to help you choose an insurance company.

Please consider joining the **Ohio Motorists Association - AAA**. They provide roadside assistance as well as maps, tour guides, travel shop and travel agency services.

- East Side: 5356 Mayfield Road, Lyndhurst, 44124, (440) 473-0700 (in Power Plaza)
- West Side: 30235 Detroit Rd., Westlake, 44145, (440) 788-3102 (Promenade at Westgate)

Safety laws

Ohio law requires all children who are under the age of 4 who weigh less than 40 pounds (18 kilograms), and those who are ages 4-7 and under 4'9" tall be restrained in an approved child safety seat. Drivers and front seat passengers MUST wear safety belts. Open containers of alcohol are not permitted inside a vehicle. Many

municipalities now prohibit the use of hand held cell phones while driving.

Purchasing a Vehicle

The purchase of a vehicle may be from a car dealer (see Yellow Pages or local newspapers) or directly from the previous owner (see the *Automobile Trading Times*, which is published weekly, or the *Plain Dealer*, also try www.carsoup.com which lists vehicles for sale by both dealers and individuals). Also check Craigslist for used cars. You may also consider leasing a vehicle if you will be here only a year or two. After purchase, all vehicles must pass the emisions testing as previously described – there is no law that mandates the car must pass BEFORE you purchase it. Use caution when purchasing from an individual.

Call the AAA for recommended garages to check your second-hand vehicle for mechanical defects before you purchase it. Some garages are listed on page 29 under Automotive Care.

J. CCF RELATED INFORMATION

CCF Graduate Education Home Page contains lots of information for residents and spouses. http://portals.clevelandclinic.org/gme/

Academic Meetings

Clinical trainees at a PGY 2 and above can be reimbursed for a maximum of \$1,200 to present at one meeting per year.

Dental Insurance

Dental insurance is provided to clinical residents and clinical fellows, postdoctoral research fellows and research fellows as well as their eligible dependents <u>after one year of service at no cost to you</u>. The plan takes effect on the first of the month following your anniversary date. You have a choice of 3 plans: the Traditional Dental Plan, the Preventive Dental Plan or the Dental HMO. Each has a different level of benefits. Most residents and fellows select the Traditional Dental Plan. You may purchase the dental plan during your first year and the cost will be deducted from your paycheck. After one year of service, Cleveland Clinic pays for your dental insurance.

Disability Insurance Coverage

The Cleveland Clinic provides and fully pays for a group long-term disability policy for all clinical trainees appointed through the Graduate Medical Education Department. The plan covers 70% of salary to a maximum of \$3,000 Monthly Benefit. The insurance is provided at no cost to the clinical trainees; premiums are paid by Cleveland Clinic. Enrollment in the program is automatic and coverage begins on the first day of employment. When you leave the Cleveland Clinic training program, the policy is portable. That is, as long as the necessary paperwork is completed you can continue coverage on your own. For more information or for an individual meeting to discuss your particular needs, please contact a program representative.

Amy P. Dickenson DICKENSON GROUP LLC Office Phone: 440-505-6007 Cell Phone: 216-375-2437

amy@dickensoninsurance.com

Rory Bixel Lough Arthur J. Gallager & Co. Office Phone: 440-974-4040 Cell Phone: 440-567-8949 https://www.ajg.com/

Emergency Loan

Interest-free loans for up to \$1,200 per year are available to residents and fellows through the GME

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Department.

Fidelity Savings and Investment Plan

Starting on your first day of service you may participate in the Savings and Investment 403(b) Plan and defer some of your pay on a pre-tax basis. Newly hired trainees will be automatically enrolled 30 days after being hired by Cleveland Clinic, at a pre-tax contribution rate of 3%, unless they contact Fidelity Investments and choose not to participate. You are always 100% vested in your contributions.

If you are not interested in participating in the Fidelity SIP, you must contact Fidelity (no earlier than 10 days from your start date to assure you are in their database). You can do this by calling 1.888.388.2247 or by completing the "opt out" form that will be mailed to your home.

If you have questions, please call or visit Fidelity online.

Note: Residents do not have 401k matching.

iPhone

Residents and Fellows of the Cleveland Clinic are given an iPhone. These do not replace pagers, but it gives secure access to MyPractice (through IRIS), Cleveland Clinic email and MedHub. The iPhones come with unlimited data, text message, mulitmedia message, voicemail systems, mobile to mobile calling and mobile to Cleveland Clinic numbers and nights (9pm-6am) and weekends. For more information on the Mobile Device Guidelines, visit: http://portals.ccf.org/Portals/17/documents/Mobile-Device-User-Guidelines-v2.pdf or for specific questions regarding the Resident iPhone Project, email residentphoneproject@ccf.org.

Life Insurance

Cleveland Clinic provides no-cost term life insurance coverage of \$25,000 after 30 days of employment.

Making a Primary Care Doctor's Appointment (adult and pediatrics)

When you call to make an appointment, you will be required to give the receptionist the 8-digit CCF number of the patient. Each person in your family has his/her own number, and they are assigned at your first appointment. You can also give them the patient's name, date of birth, address, and social security number and that will bring up the health record. When attending your first appointment, you will need to show up about 1/2-hour early to apply for this number. Applications are taken directly in Primary Care.

- Routine Adult Primary Care Appointments: (216) 444-5665
- Urgent Adult Primary Care Appointments: (216) 444-2538
- Routine Pediatric Appointments: (216) 444-(KIDS) 5437
- · Urgent Pediatric Appointments: (216) 444-2932

Malpractice Insurance

Cleveland Clinic provides professional liability coverage for all residents and fellows while working within the confines of Cleveland Clinic's teaching programs. This includes outside rotations that are part of your training program. Elective rotations outside of Cleveland Clinic are NOT covered by Cleveland Clinic insurance. Upon completion of your training program, this coverage remains in effect for any litigation that may arise from incidents while you were in training. You do not have to purchase "tail" coverage after you leave Cleveland Clinic.

Maternity/Paternity Leave

Six weeks of fully paid leave are given for maternity (eight weeks for a C-section). Time may have to be made Copyright 2017 Cleveland Clinic House Staff Spouse Association

up depending on board requirements. Two weeks (10 working days) of paid paternity leave are offered to male residents and fellows by the clinic; however, some specialities will require that the time be made up at the completion of the program. PLEASE CHECK WITH YOUR PROGRAM DIRECTOR ABOUT THE SPECIFIC AMOUNT OF LEAVE YOU CAN TAKE.

Medical Insurance

Cleveland Clinic offers an excellent comprehensive health plan that covers residents and fellows as well as your immediate family members (spouse and eligible children) at 50% of the healthcare premium that all other Cleveland Clinic caregivers pay. Trainees are covered as of their actual start date as long as they complete online enrollment within 31 days of their start date. It is helpful to bring a marriage certificate and children's birth certificates to orientation to complete the enrollment process.

While the health plan includes a two-tier network of providers, you will receive the maximum level of coverage by using Tier 1 Cleveland Clinic network providers. Tier 1 coverage includes:

- No pre-existing condition clause and 100 percent coverage for primary care office visits.
- No referral is needed for specialist office visits that require a \$35 co-payment per visit.
- Pediatrics, Gynecology and Obstetrics are considered primary care. Related services are covered at 100 percent. Maternity care requires a one-time \$50 co-payment.
- Inpatient and outpatient hospital services are covered at 100 percent.
- Routine vision exams are covered at 100 percent after a \$35 co-payment.
- Emergency care at any Cleveland Clinic or non-Cleveland Clinic hospital is covered 100 percent after a \$50 co-payment.

Tier 2 providers include the following three provider networks: Cleveland Health Network (regional), Medical Mutual Traditional Network (within the state of Ohio), and USA Managed Care Organization (outside the state of Ohio). Tier 2 coverage has a \$500 individual and \$1,500 family annual deductible. After the deductible is met, Tier 2 coverage includes:

- No pre-existing condition clause and 70 percent coverage after a \$25 co-payment for primary care office visits (including Pediatrics, Gynecology and Obstetrics).
- No referral is needed for specialist office visits that are covered at 70 percent after a \$50 co-payment.
- Maternity care is covered at 70 percent after a one-time \$100 co-payment.
- Inpatient and outpatient hospital services are covered at 70 percent.
- Routine vision exams are not covered by Tier 2 providers.

The health plan also includes a prescription drug benefit.

- When purchased through Cleveland Clinic Pharmacies, prescription drugs are covered at 85 percent for generic, 75 percent for preferred brands (formulary), 55 percent for non-preferred brands (nonformulary) and 80 percent for high-technology drugs with prior authorization.
 - The minimum co-payment is \$3 per month and the maximum is \$50 per month for generic and preferred brands. There is no minimum or maximum co-payment for non-preferred brands, and high-technology drugs have a \$75 per month maximum co-payment.
 - Mail-order prescriptions for up to a 90-day supply are available, with a \$15 per 90-day supply minimum and \$150 per 90-day supply maximum co-payment (\$300 per 90-day supply maximum for high-technology drugs).

- The \$100 individual/\$300 family annual deductible is waived for generic prescription drugs if they are obtained from a Cleveland Clinic Pharmacy.
- When purchased through a non-Cleveland Clinic retail pharmacy and after the deductible is met, prescription drugs are covered at 80 percent for generic, 70 percent for preferred brand (formulary), 50 percent for non-preferred brands (non-formulary) and 80 percent for high-technology drugs with prior authorization.
 - The minimum co-payment is \$5 per month and the maximum is \$50 per month for generic and preferred brands.
 - There is no minimum or maximum for non-preferred brands or high-technology drugs.

On-Call Meals

When you are on call in-house overnight, Cleveland Clinic uses a debit card system for on-call meal allowances.

Paging Your Spouse

To page someone from a CCF house phone: dial 14 (beep...); dial the 5 digit pager number (beep, beep...), dial last five digits of the in house phone number and the pound (#) sign; hang up and wait for your call. Example: 14, 22200, 41234#.

To page someone from an outside phone: dial (216) 444-4000 or toll free (866) 487-5548 (beep...); dial 5 digit pager number (beep, beep...); dial the 10 digit phone number where you want the person to return your call and the pound (#) sign; hang up and wait for the return call. Example: (216) 444-4000, 55555, (555) 555-5555#.

If it is an emergency and you need your spouse to call you back ASAP, you can add 911 after your phone number and before the pound sign. Example: (216) 444-4000, 55555, (555) 555-5555911#.

If you need to reach your spouse and you are calling from a phone where he/she can't call back, simply dial the CCF operator (216) 444-2200 or (800) CCF-CARE and ask to have your spouse paged. You will hold on the line while the operator makes the page and your spouse will be connected directly to you relatively quickly. This is called a "meet-me line".

Parking

Bring your parking ticket to the GME Office on the second floor of the Lerner Education Building for free validation anytime you visit the main campus during normal business hours (8am-5pm, M-F). This benefit is only available for spouses of residents and fellows at the Cleveland Clinic.

If your spouse has a rotation that is off campus and they will not be needing to park in the garages at the main campus, you can make a request by writing to the parking department to put the parking permit on hold. This will save you the monthly charges.

Paydays

All residents/fellows get paid twice a month - on the 15th and on the last day of the month. If these days were to fall on the weekend (Saturday or Sunday), the previous Friday is the surrogate payday. Paychecks are administered via direct deposit.

Uniforms

Monogrammed Lab coats are provided and laundered by Cleveland Clinic.

Vacation

Residents and fellows receive three weeks (15 working days) of vacation per academic year. In addition, residents and fellows in clinical programs may be given two days to take the USMLE exam and up to five interview days during the appropriate year when applying for fellowship or practice positions.

Complete Summary of Benefits can be found at:

http://portals.clevelandclinic.org/gme/BenefitsFinances/BenefitHighlights/tabid/8942/Default.aspx

K. INTERNATIONAL SECTION - TIPS FOR THOSE ARRIVING FROM ABROAD

Yes, you can do it! You can arrive here jet-lagged, tired, upset children in tow, only a few days before your spouse starts work, and organize a house, car, schools and furniture. If you have any problems or questions before or after you arrive, please do not hesitate to contact the **HSSA** and we will do our best to help (our names and phone numbers are listed in the *Stethoscoop*). We know how difficult and frustrating it can be. From our experience, the first month is the worst, so don't give up!

Applying for a Social Security Number

A Social Security number is an important piece of identification in the U.S. You will be asked to provide a social security number when you set up your utilities, apply for a driver's license, open a bank account, almost anything! The Social Security website http://www.socialsecurity.gov/ssnumber gives lots of detailed information; this section should be particularly helpful: http://www.socialsecurity.gov/immigration/.

The office at 11601 Shaker Blvd. Cleveland, OH 44120 is close to CCF. You can also call them at 1-800-772-1213 for additional information.

When you go to the Social Security office, bring your passport, any immigration or work permit documents, plus original or notarized copies of your birth certificate or other documents that prove your identity, age, and work authorization or immigration status.

Two days after you have applied, you can go back to the office (with your passport) and get an official printout so you can do all of the things mentioned above. The official Social Security card takes about 2 weeks to arrive.

Make sure to keep your Social Security card safe at home—don't carry it around in your wallet, just memorize the number. If this number is stolen or lost the finder can use it to open bank accounts, apply for credit, etc. This may ruin your credit.

Car

You will find it very difficult to achieve anything without a car, including traveling to some of your spouse's rotations/clinics, so we recommend that you rent one until you can buy one. Leasing a car is not an option, as you do not have a credit rating in the U.S. You will have to rent a car from one of the big companies because the smaller (cheaper) companies will not rent you a car if you do not have your own insurance. Beware of hidden costs when renting. Most rental companies will try to sell you full comprehensive insurance, which may be costly and not be required. Many international residents/fellows find the best luck with buying from a private seller; just make sure you have the cash on hand for the purchase. You may see notices about cars for sale at the Cleveland Clinic. Doctors sometimes place ads on bulletin boards. You may also want to look on www.craigslist.com. Beware though, not all people have good intentions on this website — some cars may have

significant mechanical problems the seller may try to hide from you, but you may find a good deal.

After you buy a car you must get the title transferred, register the car, and get a driver's license. Check out http://www.bmv.ohio.gov/ for more information. Next, you will need to get automobile insurance. Your driving history in your country of origin may be relevant, so have a copy of your *No Claims Bonus* from your previous insurer available. Be sure to shop around for the lowest insurance rates. Companies can vary by hundreds of dollars. Reputable companies include Progressive Insurance, State Farm, Liberty Mutual, and All State. Auto insurance is required by law in Ohio.

**Canadians: Cars brought into the US require a letter from the car's manufacturer to cross the border. This letter must verify that your vehicle meets US Environmental Protection and Vehicle Safety Standards. Without this letter, you cannot bring your car across the border.

More information: http://www.epa.gov/otag/imports/canadian.htm

Credit Cards

Once you have established a local bank account, you should be eligible to receive a credit card. However, we suggest that you bring your VISA/Mastercard with you from your country of origin and arrange to have the bills paid at home until you receive your new cards. If you are having trouble with getting a credit card due to no credit history, ask your bank to give you a 'secured' credit card, based on money which you have set aside (eg. if you have \$1000 in the bank which you can afford to not touch, the bank will give you a line of credit against that \$1000.) This should help build your credit history, as long as you still pay the balance on time.

English Lessons

You can find free English classes in some locations. One option is the Tri-C ABLE program, <u>www.tri-c.edu/ged/Pages/esol.aspx</u> (216) 371-7138 which offers various courses each season.

Furniture

You can try to buy a house load of furniture from someone who is leaving CCF (highly recommended; see if your CCF department can help with leads), you can attend garage/house sales and buy what you need (tedious and time-consuming), or you can go to a large second-hand furniture store. You can buy some of the things in less expensive stores such as K-Mart, Target, and Wal-Mart, but the quality will be poor. If you are looking for higher quality and delivery, Pottery Barn, Levin Furniture, Fish Furniture, Value City Furniture and Restoration Hardware are local. Other low cost options are www.craigslist.com, St. Vincent De Paul second-hand store, Goodwill or The Salvation Army. Try Old Time Pottery, 7011 W 130th St in Parma Heights for good, cheap household goods. Furniture can also be rented – See Furniture Renting in the Yellow Pages.

Housing

See page 4 for more information. Be sure to call at least 2 weeks before you arrive to schedule appointments to view housing. If you will need a mortgage, ask your real estate agent to recommend a mortgage company that has experience with non-nationals.

The Internet

Many people shop through the Internet for clothing, toys, linen, furniture, etc. The reputable companies have good, quality items and they are easily returnable if not suitable. The advantages to this method of ordering are that you have access to a wide range of goods from your home, you can place your order over the phone with helpful, knowledgeable operators or on-line when the children are in bed. Examples of popular U.S. online shopping are: JCrew (www.jcrew.com), Gap (www.gap.com), Lands End (www.landsend.com), L.L. Bean (www.llbean.com), Ikea (www.ikea.com), and Amazon (www.amazon.com). Major department stores like Macy's, Sears, Nordstrom, Dillard's, and JC Penny also offer online shopping.

Making a phone call abroad and in the U.S.

Dial '011' then the country code; for example, to call the UK: '011 44 1932 55 55'. The regular international long distance rates through your phone company will be very high. Consider signing up for an international calling plan with your phone company, or purchase phone cards focused on your country of origin—ask other

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internationals for help. Definitely shop around.

To make a phone call within the U.S., but outside the area code, dial '1' then the number, area code first.

Prescription Medications

Prescriptions from outside the US cannot be transferred to a pharmacy within the US. Bring enough medication to last until you are able to see a physician in Cleveland. It may take a month or longer to receive your medical insurance and prescription cards and associated information. Be patient, and expect the wait—however if an emergency arises, you should be able to still see a doctor within the Cleveland Clinic—just explain your situation.

Social Groups

Every month the HSA Newsletter, *The Pulse*, will be emailed to your spouses' CCF email. Once you join the House Staff Spouses Association (HSSA), our monthly newsletter, *The Stethoscoop*, will be emailed directly to you on the first of each month. The Stethoscoop is published by the same group, the HSSA, which compiled this publication. You will find great discounts for entertainment and you will be informed of all the dates the group meets for various events. It's a very nice group to enjoy and make friends.

In order to join HSSA, you will have to email the membership secretary Jennifer Abelson (jennifer.abelson@gmail.com) with the following information: your first & last name, your spouse/significant other's first & last name, the program your spouse is doing at the clinic and whether it's a residency or fellowship, what year your spouse started at the clinic and year he/she intends to graduate. Once you email her that info, she will then email you back an invitation via yahoo to join the group to receive our newsletter and member emails.

Supermarkets

You may find supermarkets difficult because everything is packaged differently and is displayed in a different section. At some markets, you may not be allowed to take your cart (trolley) to the car, there will be a designated spot to leave it and it will be labeled with a number when you drive up to the pickup area. A person will load your groceries into your trunk (boot) – some grocery stores discourage tipping (Heinen's). You will also be asked at the checkout if you want your groceries packed in "paper or plastic" bags. Many people bring their own cloth bags or return their used paper/plastic bags to aid in the recycling effort.

For those willing to travel a little farther, 'big box' stores like Costco and Sam's Club offer great bargains on bulk shopping (food, clothing, household items, and furniture). These stores require an annual membership fee (for example, Costco is \$55), but may be well worth the drive and fee, especially if you are setting up house from scratch or have a family. They also have furniture at a discount as well.

Taxes

Multiple taxes will be deducted from your spouse's paycheck: U.S. Government (federal) taxes, State of Ohio taxes, and City of Cleveland taxes. In addition, you may have to pay a tax for your city of residence (if it is other than the city of Cleveland) when it comes time to file your annual income tax returns- (Regional Income Tax Agency or R.I.T.A.)

Most of us live in Cuyahoga County where the county tax is 8% on all items except food. Although you do not pay food tax at the Supermarket, you will most likely pay a tax when shopping or dining out at restaurants—it will not be called a food tax, but it works the same way. The tax varies slightly in other counties and some cities may also impose a city tax. The price listed on an item in the shop does not include tax; this will be added at the register.

Television

The system here is not PAL, the one you probably have in your country of origin. There is no "TV tax" here; basic TV channels are free. A good high definintion antennae will work to pick up many local stations for free. Local cable/satellite companies include: www.timewarner.com, www.att.com, http://www.wowway.com, and

www.directv.com. Be careful, cable companies often advertise free installation or low rates only to add on other charges. Ask for a breakdown of what your monthly bill will be before siging up for service. Ask your real estate agent or landlord for other suggestions/options. The Cleveland Heights/University Heights and Shakers Heights libraries are a great resource for free rental of DVDs/videos—be sure to bring proof of your address (usually a drivers license and household bill) in order to receive a library membership card.

Tipping

In general, people in the service industry are paid at or below minimum wage. Tipping is customary and the usual tip is 15% to 20% for anyone who does a service for you (waitress, hairdresser, etc.) and \$1 per bag for anyone who carries your luggage.

Travelers' Cheques

Travelers' cheques are not always the easiest way to bring money with you from outside the country. Although they are accepted in most large department stores, and banks will accept them to open an account, it is often difficult to cash more than \$100 at a time at a bank. So, we suggest either bringing more cash with you or depositing your travelers' cheques immediately in a bank account. Remember that it will take at least 2 working days to Telegraphic Transfer money from outside the U.S.

Other Helpful Information

A good thing to do when you arrive is to buy a map of Greater Cleveland. You can find these maps in any drugstore, bookstore, or gas station and you will use it a lot while you are here. GPS apps for your phone, such as Googlemaps, will also help you navigate your new city.

• To change from *Fahrenheit* to *Celsius*, subtract 32 and then divide by 9/5.

Celsius	Fahrenheit
-18	0
0	32
20	68
37	98.6

- One mile is a little over two kilometers; multiply kilometers by 0.6 to get the miles.
- One pound is approximately one-half kilogram; a kilogram is actually 2.2 pounds.
- One yard is just short of a meter, which is 11/10 of a yard. The U.S. yard is 91 centimeters. One U.S. foot is 12 inches, which is 30.4 centimeters. One inch is about 3 centimeters (a centimeter is 3/10 of an inch).
- One quart is almost the size of a liter (the liter is 11/10 of a quart). Gasoline is sold by the gallon which is four quarts.
- An ounce is approximately 30 grams. There are 16 ounces in a pound. For measures smaller than an ounce Americans divide the ounce: 1/2 ounce, 1/4 ounce, etc.

II. SHOPPING/SERVICES

A. GROCERY STORES (Be sure to apply for a Preferred Customer Card!)

- Aldi Discount groceries. Several locations on East and West sides. www.aldi.us
- Dave's Markets Various locations throughout Cleveland. www.davesmarkets.com
- Giant Eagle Several locations throughout East and West sides of Cleveland. www.gianteagle.com
- **Heinen's** A higher end, locally owned store. Several locations throughout East and West sides of Cleveland. www.heinens.com
- Miles Supermarket- 4127 E. 131st St, Cleveland. (216)283-4171.
- **Trader Joe's** 28699 Chagrin Blvd, Woodmere Village in The Eton Collection near I-271, and on the West side at Crocker Park just off I-90 and Crocker Road. www.traderjoes.com
- Whole Foods 13998 Cedar Road, University Hts., (216) 932-3918 and Chagrin Blvd near I-271 in Village Square. Another location in Rocky River. www.wholefoodsmarket.com
- Zagara Food Market Locally owned, good produce. 2040 Lee Rd., Cleveland Hts. (216) 321-7917. www.zmp1936.com

B. SPECIALTY MARKETS—check out www.moderncleveland.com for a complete listing of specialty markets and shops.

- Café Avalaun . 4640 Richmond Rd, #200, Warrensville Heights. (216) 245-6666. Gluten Free café. http://www.cafeavalaun.com/
- Campbell's Popcorn Shop. 1979 West 25th Street, Cleveland (West Side Market). (216) 574-2899. Sweet and savory gournet popcorn, hand dipped chocolates, and Grandma's fresh baked cupcakes.
- Cleveland Asia Market. 21200 Miles Rd., Cleveland. (216) 518-1600.
- **Galucci's Italian Foods.** Imported cheese and other foods weekly. Own brand of olive oil. Close to CCF at 6610 Euclid Ave., (216) 881-0045. www.tasteitaly.com
- Honey Baked Ham Company. East and West side locations, see www.honeybakedham.com
- **J. Pistone Market and Gathering Place.** 3245 Warrensville Center Road, Shaker Hts 216-283-3663 Delicious! Also does catering. www.jpistone.com
- Murray Hill Market. 2072 Murray Hill Rd., Cleveland, OH 44106. (216)-791-1900. Small grocery store with a lot of prepared food options. http://murrayhillmarket.net
- Omaha Steaks. 21645-A Center Ridge Road, Rocky River. www.omahasteaks.com
- Rumi's Market. Has a large selection of international and mediterranean dishes as well as a great prepared food counter, deli, and eating area. 8225 Carnegie Ave., Cleveland (216) 229-7864
- West Point Market. 1711 W. Market Street, Akron. Worth the drive to Akron's West Side. In addition to an eat-in area, West Point offers a nice selection of gourmet foods, including meats, cheeses, produce, pasta and wine. (330) 864-2151. www.westpointmarket.com

C. FARMERS' MARKETS

- Miles Farmers' Market. 28560 Miles Road, Solon. (440) 248-5222. Excellent farm fresh produce, cheeses, meats and bakery in a pleasant indoor market setting. Offers special seasonal items such as pumpkins and Christmas trees. Open daily. www.milesfarmersmarket.com
- Shaker Square Farmers' Market. Shaker Boulevard in Shaker Square, Shaker Heights. Seasonal farmers' market which runs summer through fall on Saturdays until 12:00 PM.
- West Side Market. Corner of W. 25th and Lorain Avenue, Cleveland. (216) 664-3386.. A traditional European-style market with fresh produce (pick up your own, do not allow the sellers to select it for you or you will get nearly rotten pieces), cheeses, meats and baked goods. Partly outdoors during summer months. Check website for hours closed several days during the week. (This is one of the best markets in Cleveland-it is a must-see!) www.westsidemarket.org

D. DISCOUNT VARIETY STORES

- **BJ's.** 4365 Richmond Road. (216) 360-0700. Discount warehouse super store carries everything from bulk food and dry goods to electronics to furniture. There is a yearly membership fee. www.bjs.com
- **Costco** located in Mayfield Heights, Strongsville, and Avon. Discount warehouse super store. Extensive variety of items such as bulk foods (dry, fresh & frozen), toiletries, clothing, furniture, electronics, tires, etc. There is a yearly membership fee. www.costco.com
- GFS Marketplace. East and west side locations. No Membership fee. www.gfs.com
- K-Mart, Target and Wal-Mart. Chain discount super store with a variety of locations.
- Kohl's. Discount clothes, shoes, housewares & toys. Locations on East and West sides.
- **Marc's.** Great prices, many locations on east and west side. Check out lines can be long and timely, and they ONLY accept cash or check as form of payment. www.marcs.com
- Marshalls. East side locations: at Severance Center, off Mayfield Road and South Taylor Rd., and on Chagrin Blvd in Pavillion Mall, and on the West side at Avon Commons. www.marshallsonline.com
- Sam's Club. Discount warehouse super store carries everything from bulk food and dry goods to electronics to furniture. There is a yearly membership fee. East and West side locations. www.samsclub.com
- Stouffer Foods Thrift Store. 5750 Harper Road, Solon. (440)248-2070. Sells Stouffer foods at discounted prices. Cases of food available, party sizes for sale too. Open 9:00 am 5:00 p.m. on weekdays and 9:00 am 1 pm on Saturdays.
- **TJ Maxx.** Name brand clothes, shoes, household items & toys. East and West side locations. www.tjmaxx.com
- **TJ Maxx 'n' More./ HomeGoods** University Square. Carries all the products of a TJ Maxx as well as more home accessories and large rugs at discounted prices. East and West side locations.
- Warehouse Beverage. Beer and wine. Mayfield Rd. near Green.

E. Shopping Centers/Malls

East Side

- Beachwood Place. Cedar and Richmond Roads (west of 1-271), Beachwood. (216) 464-9460.
 115 high quality specialty stores with a lower-level food court. Department stores: Saks Fifth Avenue, Dillards and Nordstrom's. www.beachwoodplace.com
- **Cedar Center.** Cedar and Warrensville Center Road, University Heights. Outdoor strip of retail business and small restaurants, discount stores (Tuesday Morning), Whole Foods.
- **Cedar-Fairmount Area.** Corner of Cedar Road and Fairmount Blvd., Cleveland Heights. Dave's grocery store, specialty shops and bookstores, and a variety of restaurants.
- **Coventry Village.** Coventry Road between Euclid Heights Blvd. and Mayfield Road, Cleveland Heights. An interesting mix of gift shops, and coffee shops.
- **Eastgate.** 1421 SOM Center Road, Mayfield Heights. A large complex of shops, including MicroCenter, Babies R Us/Toys R Us, Michaels, Bed Bath and Beyond, Old Navy, Target, and restaurants.
- Eton Chagrin Boulevard. 28699 Chagrin Blvd, Woodmere. These stores offer sophisticated men's, women's and children's fashions and eclectic gifts in elegant surroundings, and awesome restaurants. Tiffany's, Lululemon, The Apple Store, Barnes and Noble, North Face, Sur La Table, The B Spot, Trader Joe's and others! www.etonchagrinblvd.com
- Golden Gate Plaza. Mayfield Road, just west of 1-271. Mayfield Heights. Very large variety of discount stores from fashions, shoes and linens to crafts. Bureau of Motor Vehicles and Title Transfer Offices are located here.
- Great Lakes Mall. 7850 Mentor Avenue, Mentor. (440) 255-6900. Department stores: Dillards, Macy's, JC Penney, Sears. www.simon.com/mall/great-lakes-mall
- **Harvard Park.** Corner of Richmond Rd and Harvard Rd. DSW, Bed Bath & Beyond, Buy Buy Baby, Lay-Z-Boy Furniture, as well as restaurants.
- La Place. 26300 Cedar Road next to Beachwood Place. (216) 831-3198. Featuring Peet's Coffee, Williams-Sonoma, several restaurants and the only Pottery Barn Kids in Ohio!
- Landerwood Plaza. Pinetree Road at Chagrin Blvd. Circle, Pepper Pike. Knuth Shoes great shop for

- unique shoes. Excellent upscale shopping for children's clothes and toys. Heinen's and Playmatters.
- Legacy Village. Corner of Cedar Rd and Richmond Rd. Upscale shops and restaurants in an outdoor area Crate and Barrel, Cheesecake Factory, Melting Pot, Ladies and Gentleman Spa, Nordstrom Rack, and lots of others. www.legacy-village.com
- **Loehmann's Plaza.** 27617 Chardon Rd. at Bishop Road, Willoughby Hills. Strip mall featuring Sam's Club, Marc's, Cinemark Dollar Movie Theater, Giant Eagle, furniture shop and discount shopping stores.
- Pavillion. 24055 Chagrin Blvd. between Green and Richmond Roads, Beachwood. (216) 292-7765. Very nice mall Marshall's, Steinmart, Giant Eagle Supermarket.
- Richmond Mall. Richmond and Wilson Mills Roads, Richmond Heights. (440) 449-3201. Department stores: JC Penney, Macy's, and Sears. Indoor rides for kids and an attached Regal Cinema. www.simon.com/mall/richmond-townsqure
- Severance Town Center. Mayfield and South Taylor Roads, Cleveland Heights. (216) 381-5762. Home Depot, Marshalls, Dave's market. A post office as well as several restaurants can be found here, but it is a declining shopping area.
- **Shaker Square.** Shaker and Van Aken Blvds., Shaker Heights. One of the earliest shopping centers in America built in a classical architectural style. Features several Dave's market, restaurants, and a movie theater. There is an RTA train/bus stop location.
- Shaker Towne Center. Chagrin Blvd. and Lee Road, Shaker Heights. Features Dave's market, several restaurants (Fire, SASA, & Yours Truly) and Shaker Square Cinema that serves beer and wine during the movie. There is an RTA train/bus stop location.
- University Square. Cedar and Warrensville Center Road, University Heights. Target (a CityTarget), TJMaxx, Macy's, Foot Locker, Famous Footwear, Verizon Wireless, GameStop, Applebees, Coldstone Creamery.

West Side

- **Avon Commons.** Everything from Ethan Allen furniture and Marshalls to Target, World Market, Heinens, and Pier One Imports. Also features a Ben and Jerry's ice cream store and Red Robin restaurant. Lots of shopping and eating. Located in Avon Lake just off I-90.
- Beachcliff Market Square. 19300 Detroit Road, Rocky River. (440) 333-2335. Upscale specialty shops and restaurants.
- Crocker Park. 159 Crocker Park Blvd. Westlake, <u>www.crockerpark.com</u> Excellent up-scale shopping, dining, fitness center, and a stadium 16 IMAX Teater. It also has a Trader Joe's with ample garage parking.
- Great Northern Mall. 4999 Great Northern Blvd. near Brookpark Road, North Olmstead. (440) 734-6300. Department stores: Dillards, Macy's, JC Penney and Sears. Also has the only Disney Store in Cleveland as well as many shops and restaurants around the perimeter of the mall. Bureau of Motor Vehicles and Title Transfer Offices are located here also.
- The Promenade. Detroit and Crocker/Bassett Roads, Westlake. www.shoppromenade.com Wonderful mall containing specialty shops, many good restaurants, and a theater movie complex with a full bar and reserved seating in leather recliners.
- **The Shoppes at Parma.** 8253 West Ridgewood Drive, Parma. Mix of retail shops including Gordman's, J.C. Penny, Walmart, Ulta, and Dick's Sporting Goods.
- SouthPark Mall. 500 Southpark Center, Strongsville. www.shoppingsouthparkmall.com Features Dillards, JCPenney, Macy's, Sears, and over 140 specialty shops, numerous restaurants, and a movie theater.
- **Steelyard Commons**. 3347 Steelyard Dr., Cleveland <u>www.steelyardcommons.com</u> Home Depot, Target, Famous Footwear, Walmart Supercenter, Old Navy, and other stores and resturants.

Downtown

- **The Arcade.** 401 Euclid Avenue, Cleveland. <u>www.theclevelandarcade.com</u> Specialty shops in a restored 19th Century architectural building.
- The Avenue at Tower City Center. Public Square, Cleveland. <u>www.towercitycenter.com</u> Great shopping and a fun trip downtown for everyone to enjoy. Features mall stores, specialty shops,

restaurants like Hard Rock Café, Houlihan's Restaurant and Bar, and Morton's Steakhouse, also a food court and movie theaters. RTA train station in the basement of complex. Ample undercover parking.

Factory Outlets

- Aurora Farms Premium Outlets. 1 mile South of Route 82 and Route 43, Aurora. 70 factory outlet stores. Outdoor playground for kids. www.premiumoutlets.com
- Lodi Station Outlet. I-71 and Route 83, Exit 204, Lodi. Over 65 outlet stores. Ride on two custom-made classic trains during your shopping adventure. www.lodistation.com
- **Grove City Premium Outlets.** Upscale shopping at stores like Coach, Banana Republic, and others. Located in Grove City, PA. Just a short hour and a half drive, and NO SALES TAX! www.premiumoutlets.com/outlets/outlet.asp?id=85

F. OTHER SPECIALTY STORES

Antiques

- **Avon.** Several shops with quality antiques, folk art and country decor located on Route 254 between Route 83 and Route 611.
- Hartville. Huge, year-round indoor flea market (Mondays). Also a few antique stores.
- Lakewood. 15 antique stores mainly located on Detroit Avenue between Lakeland and Webb Streets.
- Larchmere Blvd., Shaker Heights. Many delightful shops with good quality antiques.
- Lorain Avenue. Nicknamed "Antique Row" from West 35th to West 135th.
- Medina Antique Mall. 2797 Medina Road, Medina. (330) 722-0017.
- Ravenna. 9 antique stores all within walking distance in this quaint, historic town.

Appliances

- **B&B Appliance.** 24470 Lakeland Blvd., Euclid (216) 261-5600. 6800 Pearl Rd., Middleberg Heights (440-842-5600. www.bbappliance.com
- Snow Brothers. 5528 Mayfield Rd. Lyndhurst. (440) 449-2650. www.snowappliance.com
- HH Gregg, Mayfield Heights, Parma, Mentor and North Olmsted locations, See www.hhgregg.com.
- Sears. See the aforementioned "Shopping Centers/Malls" for locations, www.sears.com
- Home Depot. Numerous East and West side locations. www.homedepot.com

Beer and Wine

- La Cave Du Vin. 2785 Euclid Heights Blvd. SE Lower Level, Cleveland Heights. (216) 932-6411. Rated one of the top beer and wine stores (#25) in the WORLD!
- Lizardville Beer Store and Whiskey Bar. 25380 Miles Rd., Bedford. (216) 364-2337. Beer store with an extensive selection. They will immediately chill anything you want to buy! There is also a location on the West Side in Lakewood.
- **The Wine Spot.** 2271 Lee Road, Cleveland Heights. (216) 342-3623. Good beer and wine selection. Fun place to grab a drink with friends or pick up something to take home.

Books

- Appletree Books. 12419 Cedar Road, Cleveland Heights. (216) 791-2665.
- Barnes & Noble. Eton Chagrin Boulevard, Woodmere. (216)765-7520., Crocker Park (440) 250-9233.
- Case Western Reserve University Medical Book Store. (216) 368-2650.
- Cleveland State University Textbook Store. 2400 Euclid Ave. (216) 687-2128.
- half.com. Great online source for used books. You can sell your books on this site too.
- Horizontal Books. 1921 W. 25th St., Cleveland. (216) 2298-4411.
- Macs Backs Paperbacks. 1820 Coventry Rd. (216) 321-2665.
- Matthew's Cleveland Clinic Bookstore. Medical Books. 9451 Euclid Ave. across from CCF.

Children

Clothing

- **Carter's**. Located in Golden Gate Plaza in Mayfield Heights, Aurora Premium Outlets, and Lodi Station Outlet. Affordable children's clothing in newborn to size 7.
- Children's Place. Located in Beachwood Place Mall, The Avenue at Tower City Center, Great Lakes Mall, Aurora Farms Premium Outlets, and Parmatown Mall. Children's clothing size newborn to 14.
- **Crazy 8.** Located in Legacy Village, Great Northern Mall, and SouthPark Mall. Owned by Gymboree. Affordable children's clothing in newborn to size 14.
- **Gymboree.** Located in Legacy Village, Great Northern Mall, Hudson, Crocker Park, SouthPark Mall, Aurora Farms Premium Outlets, Lodi Station Outlet, and SouthPark Mall. Great, quality children's clothing from newborn to size 12.
- **Gap.** Located in Beachwood Place Mall, Hudson, Crocker Park, Aurora Farms Premium Outlets, Lodi Station Outlet, and Southpark Mall. Terrific, high-quality clothing from newborn to teenage sizes.
- **Hannah Anderson.** Located in Beachwood Place Mall. High-end children's clothing in layette to teenage sizes.
- Janie and Jack. Located in Legacy Village. Owned by Gymboree. High-end children's clothing layette to size 12.
- **Justice.** Located in Legacy Village, Beachwood Place Mall, Macedonia Commons, Great Lakes Mall, Westgate Mall, Aurora Farms Premium Outlets, Great Northern Mall, and SouthPark Mall. Fashionable girls clothes size 6-20.
- Old Navy. Locations in Eastgate Plaza in Mayfield Heights, Solon, Cleveland, Mentor, and Strongsville. Gap-style clothing at discounted prices. Newborn to teenage sizes.
- OshGosh. Located in Aurora Farms Premium Outlets and Lodi Station Outlet. Sizes newborn-12.
- **Pinwheel Kids.** 3469 Fairmount Blvd. (216) 397-3929. A locally owned botique store with a variety of goods and clothing.

Resale Children's Stores (gently worn clothes, equipment and toys)

- Once Upon a Child Mentor. 7537 Mentor Avenue. (440) 951-7222 and Westlake. 25028 Center Ridge Road. (440) 899-1100. www.onceuponachild.com
- Grow Out's. 12200 Larchmere Blvd., Cleveland (216) 229-7500 A children's resale boutique nice owner. www.growouts.com

Toy Stores

- Playmatters. Shaker Square. (216) 752-3595. Pepper Pike (216) 464-2424, Uptown Solon (440) 542-7200, Mentor (440) 266-1909. Locally owned and operated toy store. www.playmatterstoys.com
- Toys R Us. Check phone book for locations. Toys, books, bikes, games, and baby equipment. www.toysrus.com

Baby Furniture and Equipment (ask about delivery policy and assembly)

- Baby Depot at Burlington Coat Factory. Locations in Cleveland and Euclid. www.burlingtoncoatfactory.com/babydepot/Default.aspx
- Baby's R Us. Locations in Mayfield Heights, Mentor, Aurora, and North Olmsted. www.babiesrus.com
- Berg's Baby and Teen Furniture. 5694 Mayfield Rd., Lyndhurst, OH 44124. (440) 442-2229 or www.bergsbaby.com
- BuyBuyBaby. 4045 Richmond Rd, Warrensville Heights, OH 44122. (216) 591-1537

Crafts

- **JoAnn Fabrics.** Locations in Mayfield Heights, Solon, North Olmsted, Middleburg Heights, and Mentor. Everything for the home sewer, including fabrics, notions, patterns, and accessories. See www.joann.com for more information.
- Hands on Pottery. 5660 Mayfield Rd. (216)-292-4844. Paint your own pottery.
- Michaels. Locations in Beachwood, Mayfield Heights, Aurora, Mentor, Brooklyn, Cuyahoga Falls,
 Fairlawn, and Avon Lake. A large craft store featuring materials for floral, needlework, framing,
 fabrics, and seasonal decorations. Also offers many fun craft classes. See www.michaels.com for more

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information.

- Pat Catan's. Multiple locations on the East and West sides-see www.patcatans.com- and great prices.
- Schindler's Fabrics and Upholstery Inc. 9933 Lorain Ave, Cleveland. (216) 281-8244. Great buys on drapery and upholstery fabrics. Also window shades and blinds.
- Wool and Willow Needlepoint Shop 475 Fairmount Blvd., Cleveland Heights. http://www.woolandwillow.com/dev/

Gifts .

- Big Fun. 1814 Coventry Rd, Cleveland Heights. (216) 371-4386. 11512 Clifton Blvd, Cleveland (216) 631-4386. bigfunbigfun.com
- Gali's Florist and Garden Center. 21301 Chagrin Blvd., Beachwood, OH. (216)921-1100 www.galisgardencenter.com
- **Mulholland and Sachs.** Located in Eton shopping center in Woodmere, OH off of Chagrin Blvd. www.mulhollandsachs.com
- Spiegel & Son Jewelers Incorporated Locally owned. Located at 23611 Chagrin Blvd., #350, Beachwood, OH. (216) 514-3355. www.spiegelandson.com
- Things Remembered. 24647 Cedar Rd., Lyndhurst, in Legacy Village. (216)382-5916. www.thingsremembered.com

Home Improvement

- Ace Heights Hardware 1792 Coventry Rd. (216) 321-4701. www.heightshardware.com
- **Home Depot** East and West side locations. <u>www.homedepot.com</u>
- Lowe's. East and West side locations. www.lowes.com
- Petitti Garden Centers. East and West side locations. www.petittigardencenter.com
- Shaker Hardware. 17111 Chagrin Blvd. (216) 921-1244.
- South Euclid Hardware. 4442 Mayfield Rd. (216) 382-4466. <u>www.southeuclidhardware.com</u>. Excellent with plumbing and wiring.

Household Goods

- Bed, Bath & Beyond. 4031 Richmond Rd, Warrensville (216) 593-0320, The Promenade in Westlake, I-90 and Crocker Road (440) 899-3192. Plus other locations, check online at www.bedbathandbeyond.com
- Crate and Barrel. Legacy Village in Beachwood. (216) 297-3500.
- The Glass Asylum. 22 W. Orange St. Ste. 101, Chagrin Falls. (440) 394-8483. They produce hand crafted glass and light fixtures. They also teach glass-blowing classes- these make a fun date night! www.theglassasylum.com
- Old Time Pottery. 7011 West 130st., Cleveland. (440) 842-1244.
- **Pier 1 Imports.** Legacy Village in Lyndhurst (216)297-0931, Uptown Solon Shopping Center in Solon (440) 542-9271, Mentor (440)975-9214, North Olmsted (440) 686-1290, and Strongsville (440) 238-0070.
- Target. S.O.M Center Rd. in Eastgate Plaza in Mayfield Heights. Warrensville Center Rd. & Cedar Rd. in University Heights. Avon Commons at I-90 and Avon Lake. Rocky River at Center Ridge Road.
- Tuesday Morning. 13908 Cedar Road, University Hts. (216) 371-8520.
- Walmart. Supercenters located on Warrensville Center Road in South Euclid, Avon Lake at I-90 in Avon Lake, Brookpark at I-480 and Tiedeman Road. Traditional Walmart on Mayfield Rd. just off I-271in Mayfield Heights.
- World Market. 1565 Golden Gate Plaza. Mayfield Road. (440) 449-9297. 35822 Detroit Rd. at Avon Commons at I-90 in Avon Lake, (440) 937-2100.

Men's Specialty Stores

- Brooks Brothers. Eaton (216) 292-8760, Tower City Downtown (216) 781-9800
- Joseph A. Banks Clothiers. 20040 Van Aken, Shaker Heights. (216)921-6600. Legacy Village (216)382-9055
- The Men's Warehouse. See phone book for listings. Golden Gate Plaza in Mayfield Heights.

• Ticknor's. Beachwood Place.

Sporting Goods

- Backpacker's Shop Ohio Canoe. 5128 Colorado Ave., Sheffield Village. (440) 934-5345
- Dick's Sporting Goods. 6235 Wilson Mills. (440) 449-9199. Legacy Village in Beachwood. (216) 706-9400. Great Northern Mall, I-480 and Great Northern Blvd., Crocker Park, Westlake. (440) 835-3723.

Women's Specialty Stores

Accessories

- Amy's Shoes. 28610 Chagrin Blvd., Woodmere. (216) 292-0120. 19134 Old Detroit Road, Rocky River. (440) 409-0120
- Knuth's. 30619 Pinetree Rd., Pepper Pike. (216) 831-1116. Sells women's clothing, shoes, and accessories.

Maternity

- Destination Maternity. Legacy Village in Lyndhurst, Crocker Park in Westlake.
- Motherhood Maternity. Great Lakes Mall in Mentor. Also in various Macy's across the area.
- Old Navy Maternity Avon Commons Old Navy, I-90 and Avon Lake.
- Target S.O.M Center Rd. in Eastgate Plaza in Mayfield Heights and Warrensville Center Rd. & Cedar Rd. in University Heights. Avon Commons at I-90 and Avon Lake. Rocky River at Center Ridge Road.

G. SERVICES

Accountants

- Howard, Wershbale & Co. Four Commerce Park Square, 23240 Chagrin Blvd. #700 Cleveland, OH. (216) 831-1200. Please call to check for possible tax preparation-discounts for Cleveland Clinic Residents & Fellows. www.hwco.com
- Meaden & Moore. Two locations: 25700 Science Park Drive, Suite 280, Beachwood. (216) 593-0900 and 1100 Superior Avenure Suite 1100 Cleveland, OH 44114 (866) 752-4651. General tax preparation. Eric Rieke and Jon Green. www.meadenmoore.com

Alterations

- Alterations Express. Alterations while you wait (pants). 2 locations nearby: 27083 Chagrin Blvd. (216) 896-9331 and 1629 Golden Gate Plaza (440) 460-1073. www.alterations-express.com
- Nuran Tailoring. 2288 South Green Rd., Beachwood. (216) 691-9006.
- Roses Tailoring. 2167 South Green Rd., Cleveland. (216) 382-7465.
- Shaker Square Dry Cleaning and Tailoring. 13107 Shaker Square, Cleveland. (216) 751-3500. Offers a full range of high quality services with continued customer satisfaction. www.shaersquarecleaners.com

Automotive Care

***The following are independent locations that previous HSSA members have used and recommended. Dealerships for all makes and models can be found around Cleveland, but they are typically more expensive.

- **AAMCO Transmission Repair**. Several locations. 3984 Mayfield Rd., Cleveland Heights (216) 381-7730. Excellent service. 48 Northfield Rd., Bedford (216) 459-8933. www.aamco.com
- Alternative Solutions. 3203 Mayfield Road, Cleveland Heights. (216) 371-0801. Great for Toyotas and Hondas.
- The Lusty Wrench. 2120 Lee Road. Cleveland Heights. (216) 371-8150. Sam gets great reviews and is very honest-used by lots of members. www.lustywrench.com
- Mac's Marathon Service. 1828 Taylor Rd., Cleveland Heights. (216) 321-3113. The shop itself is not upscale, but honest people and helpful service.
- Masterworks Automotive. 1789 South Taylor Road, Cleveland Heights. (216) 321-3134.
 www.masterworksautomotive.com
- **Putka Brothers Automotive.** 3746 Lee Road, Shaker Heights. (216) 283-1666. Very honest, 40 years in the business. Comprehensive service for foreign and domestics.

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- Shaker Quality Auto Body. 12916 Larchmere Blvd., Cleveland. (216) 229-7846. Body work repairs, general mechanical repairs and service. Friendly, great work, and gets the job done quickly. www.shakerqualityauto.com
- Simon's Auto Service. 1830 Lee Rd., Cleveland Heights. (216) 371-2354. http://simonsautoservice.com/
- Swedish Solutions. 1815 South Taylor Rd., Cleveland Heights. (216) 371-5100 & 27999 Miles Rd. Orange Village, OH (440)248-1022 www.swedishsolution.com
- Washington & Lee Service. 2080 Lee Road, Cleveland Heights. (216) 371-2850. Complete service foreign and domestic. AAA approved repairs. www.washingtonleeservice.com

Banks ATM machines on the CCF campus are primarily Key Bank

- Bank of America. There are no branches located in Ohio, but there is 1 ATM located at 27599 Chagrin Blvd. Woodmere.
- Fifth Third Bank. www.53.com (multiple locations)
- Huntington Bank. www.huntington.com (multiple locations)
- Key Bank. www.Keybank.com (multiple locations)
- PNC Bank. www.pnc.com (multiple locations)

Dry Cleaning

- Budget Dry Cleaners. 16222 Chagrin Blvd., Shaker Heights-located next to Walgreens (216)921-3888. 1917 S. Taylor Rd., Cleveland Heights (216) 932-1280. 5218 Wilson Mills Rd., Richmond Heights (440) 442-9670. www.bdc99.com
- **D.O. Summers.** Multiple locations around Cleveland. See www.dosummers.com for specific locations and hours. Uses the "Green Earth Cleaning" system. Same day service available. Free pick-up & delivery offered. Lots of coupon offers online.
- Fairmount Cleaners. 2163 S. Taylor Road, Cleveland Heights. (216) 371-1241. "Green" dry cleaners, pick-up and delivery, same day service available. www.fairmountcleaners.com
- London Cleaners (Discount Dry Cleaners). 3597 Lee Rd. Cleveland. (216) 283-2795. Quick service, discounted rates with quality care. Tailoring also available.
- Shaker Square Dry Cleaning and Tailoring. 13107 Shaker Square, Cleveland. (216) 751-3500. Offers a full range of high quality services with continued customer satisfaction. www.shakersquarecleaners.com

Dentists

***Please call the office prior to your visit to discuss insurance & payments. Many dentists will take the Cigna Dental Insurance offered by the Clinic, but are NOT listed on the Cigna website. There are many dentists in the area, and the following have been recently recommended by HSSA members.

Pediatric Dentists

- Laura Adelman, DMD. 9964 Vail Dr., Twinsburg. (330) 425-1885. www.drlaurasmiles.com. Highly regarded WELL worth the drive. Very friendly, knowledgeable, and helpful staff in a pediatric specific practice will see emergencies. Games, toys, and an environment that makes your children enjoy their dental experience.
- Merle Frankel, DDS. 29001 Cedar Rd., Suite #600, Cleveland (440) 995-3000.
- Trista Onesti, DMD. 5255 Mayfield Rd. Lyndhurst. (440) 459-2100. www.drtristasmiles.com. Dr. Trista is a Board-Certified Pediatric Dentist. She is very friendly, knowledgeable, and has a helpful staff in a pediatric specific practice. And she will see emergencies. Games, toys, and an environment that makes your children enjoy their dental experience.
- Rebecca Robbins, DDS. 1220 Som Center Rd., Mayfield Heights. (440) 442-5437. Highly recommended by local pediatricians.
 - Minda Rudnick, DDS. 3641 Lander Rd., Pepper Pike. (216) 464-7654.

Family Dentists

• Lisa Browning, DDS. 24300 Chagrin Blvd. #104, Beachwood. (216) 342-4388. Quick appointments, clean office, caring staff, and professional care. Many HSSA members see her. www.lisabrowningdds.com

- Case Western Dental School. (216) 368-8730-adult, (216)368-6185-pediatric. Takes time (2 appointments), but can save you money if you do not have the CCF dental insurance. dental.case.edu
- Gregory Cook, DDS. 3365 Richmond Road, Beachwood. (216) 831-1816. www.drgregcook.com
- Seth Greenfield, DDS, FAGD. 9510 Diamond Centre Drive, Mentor. (440) 357-1222. www.erieviewdental.com
- **James Potocnik, DDS** (of Potocnik & Schermer). 6801 Mayfield Rd. #534, Mayfield Heights. (440) 473-5202. Very good and thorough!
- Paul Rosenblitt, DDS. 526 Superior Ave., Suite 1550, Cleveland. (216) 781-2444. www.rosenblittdental.com

Orthodontists

• Wenger Orthodontics. Landerbrook Dental Professional Building. 5825 Landerbrook Dr., Suite 224, Mayfield Heights. (440) 565-5462. www.wengerortho.com. Sees both children and adults. New Aurora location has been added, see website for details.

Hair Stylists

East Side

- 8 Senses Salon and Spa. 24700 Chagrin Blvd., Suite 101, Beachwood. (216) 292-6969.
- Adam's Barbershop. 2245 Warrensville Center Rd., University Heights. (216) 321-8100.al's barber
- Al's Barber Shop. 2845 Noble Rd., Cleveland. Located just North of Mayfield. (216) 382-8400.
- Best Cuts. 2477 S. Green, South Euclid. (216) 381-5655, plus several other locations. Inexpensive. Great for kids. www.bestcuts.com
- **Dino Palmieri.** Located at Beachwood Place (216) 595-4880 & La Place (216) 765-1400 in Beachwood, Solon Uptown in Solon (440) 248-8810, West 6th St. in Cleveland (216) 344-3200, and Eton Chagrin Boulevard in Woodmere (216) 464-7900. Other locations available at: www.dinopalmierisalon.com
- Eddy's on Coventry. 1785 Coventry Rd., Cleveland Heights. (216) 320-9811. Very reasonable prices and popular with the guys! Ladies haircuts too.
- Full Circle Studio-A Scott Metzger Salon. 3628 Walnut Hills Ave., Suite 114 Beachwood. (216) 464-8822
- The Hair Loft at the Hamptons (Le Salon). 27040 Cedar Rd. Suite 121, Beachwood. (216) 831-2415. David A.-great for kids
- **Joe Sgro Barber Shop.** 3237 Warrensville Center Rd., Shaker Heights. (216) 295-1092. Great for men and boys. www.sgrosbarbershop.com
- Ladies and Gentlemen Salon and Spa (Aveda Salon). Legacy Village (877) 888-9670. A non-tipping Aveda Salon! Excellent men's, women's, and kid's hair cuts also a full service nail salon, massages, and waxing. Also have a Mentor location (440) 255-5572 www.ladiesgentlemen.com
- Laura Lee Salon 5441 Mayfield Rd, Lyndhurst. (440) 995-5000 Great cuts for men, women and children. <u>www.lauraleesalon.com</u>
- Leeza Salon. 21825 Chagrin Blvd, Ste 340, Beachwood. (216) 561-2514. Small out of the way salon, great waxing at a great price...hair, nails, facials, everything! www.leezasalon.com
- Michael Christopher (Aveda Salon). 6255 Wilson Mills Rd., Highland Heights. (440) 449-0999. www.michaelchristophersalon.com
- Quintana's Barber & Dream Spa. 2200 S. Taylor Rd., Cleveland Heights. (216) 321-7889. Great for men's cuts & spa services. Lots of Cleveland Clinic customers. Online appt. booking on website. www.qbds.net
- The Scott Savoca Salon. The Green's of Lyndhurst. 5676 Mayfield Rd., Lyndhurst. (440) 461-0711. www.scottsavoca.com
- Studio Taylor on Fairmount. 3463 Fairmount Blvd., Cleveland Heights. (216) 397-9643.

West Side

- Alto Capelli. 17921 Detroit, Lakewood. (216) 228-0606.
- Bella Capelli Sanctuario (Aveda Salon). 24350 Center Ridge Rd., Westlake. (440) 899-1225. www.bellacapelli.com
- **Dino Palmieri.** Great Northern Mall, North Olmsted (440) 779-1600 & South Park Mall, Strongsville (440) 846-1444. www.dinopalmierisalon.com

- Rometrics Salon and Spa (Aveda Salon). 26155 Detroit Rd., Westlake. (440) 808-1391. www.rometrics.com
- Snip-It's. 216-9 Center Ridge Rd., Rocky River (440) 333-2226. A kids-only salon. www.snipits.com
- TCG Haircutting & Design. 17100 Lorain Ave., Cleveland. (216) 228-6555.

Home Care

Air Duct Cleaning & Chimney Sweeps.

- Chim-Chim-Cher-Ee Professional Chimney Sweep. 731 Beta Dr. Suite D, Mayfield Village. (216) 381-8524. Efficient and clean
- Chimney Guys. (216) 322-3554. http://www.chimneyguysohio.com, Really nice and professional. Rebuilding, repairs, and inspections.
- Clean Air America. (216) 389-3110. <u>www.cleanairamerica.com</u>. High-quality work and excellent customer service.

Professional Chimney and Air Duct Cleaning Service, Inc. 71 Santin Circle, Bedford. (216) 402-9151. BBB member, about \$150 each chimney.

<u>Contractors</u>. (to fix all of those code violations)

- Cleveland's Best Construction Remodeling Company. Jeff Cohn. (440) 666-6810.
- Reilly Painting and Contracting. 1899 S. Taylor Rd., Cleveland Heights. (216) 371-6013. www.reillypainting.com

Electrician.

- **B to Z.** Geri Braun. 2927 Ludlow Rd., Shaker Squre. (216) 991-1056. Husband and wife electrician team. Honest and skilled work—specially trained in the older housing stock typical of the "Heights" area. Call them and they will call you back after 5.
- Blue Sky Energy Systems. Gary Cole. (216) 544-9001. www.blueisgreen.com
- **DLF Electric.** Donald Friedland. Willoughby, OH. Cell: (440) 478-8705 & Business: (440) 942-2912. Reasonable prices. Goes above and beyond. www.dlfelectric.com

Handyman/Carpentry.

- **Jim Francois.** (216) 798-0115.
- **Henderson Construction.** Clarence (owner) does carpentry and other handyman work. Excellent work and prices (216) 376-5845.
- Sergey's Affordable Home Improvement. Sergey Kistol. (440) 520-4032.

Garage Doors.

• **Precision Garage Door.** (216) 273-6733 for Greater Cleveland area, (440) 389-4446 for Beachwood. Other locations available on website. Quick, slightly pricey, but highly rated. Multiple HSSA families have used them. www.clevelandgaragedoors.net

Heating (gas and electric), Cooling, and Hot Water Tanks.

- P.K. Wadsworth Heating & Cooling, Inc. (440) 248-2110. www.pkwadsworth.com. Frank T. great.
- Slife HVAC. (216) 221-0310. <u>www.slife-hvac.com</u>

Landscaping & Snow Removal.

- Acosta Landscaping, 28018 Sites Rd., Bay Village, (440) 808-8174. Hector.
- Baron Landscaping. http://www.baronlandscaping.com. (216) 276-4282. Very nice masonry and landscape design.
- **CLE Landscaping Co.** (216) 438-3253. http://www.clelandscaping.com. Year-round lawn care, including leaf and snow removal services. Very professional.
- Eastside Landscaping. (216) 381-0070. Great rates for snowplowing. <u>www.eastside-landscaping.com</u>
- **Ken's Four Seasons Service Inc.** 2208 Barrington Rd., University Heights. (216) 371-5992. Plows multiple times per day, very reliable.
- Landscaping by Mark. (440) 442-9725. Lawn maintenance and snow removal.

Painting.

- Bob VanGunten. (216) 321-2488. Very good and reasonably priced. www.vanguntenpainting.com
- Curb Appeal Painting. (216) 291-2422. Highly rated on Angie's List. www.curbappealpainting.com
- William Dalton & Son. (216) 381-6575. Nice job, reasonably priced.

Plumber.

- Approved Plumbing. (440) 526-2905. Very professional. Slightly pricey. www.approvedplumbing.com
- Bill Conti Plumbing. (440) 341-5777. Located in Chardon, but serves Cuyahoga, Lake, and Geauga Copyright 2017 Cleveland Clinic House Staff Spouse Association

- counties. Excellent customer service and quality work!
- Bliss Plumbing. Matt Bliss. 2021 Richland Ave., Lakewood. (216) 410-0382. Kind, prompt, nice work, great price.
- **Dunrite Plumbing Co.** Rich Kmetz. (216) 586-5220. Fast service.
- **Preferred Plumbing.** (216) 592-8730.
- The Plumbing Source. (877) 768-7239. www.plumbingsource.net 24 hour emergencies and routine care.

Remodeling.

- Jones Remodeling. Rob Jones, Shaker Heights Resident. Cell (216) 650-2699.
- Kitchen Design Center. (216) 524-9100. www.kdc-ohio.com
- WTS Home Improvement. Contact Bill Sholtis. 13401 Chippewa Trail, Middleburg Heights. (216) 408-1372

Roofing.

- **Absolute Roofing.** (216) 898-1563. Reasonable costs, monitor to keep on time, also does gutters. www.absoluteroofinginc.com
- C & C Roofing. (440) 951-1920. Reasonable cost. <u>www.cc-roofing.com</u>
- The Durable Slate Company. (216) 751-0151. <u>www.durableslate.com</u>

Tree Service.

- **Bole Tree Service.** Eric Bole. (216) 539-1243.
- Davey Tree Services. (440) 220-4180. www.davey.com
- Vancuren Tree Service, Inc. (440) 338-5005.

Pets

All dogs 3 months and older are required to have a dog license. Your pet needs to be current on their rabies vaccine! The cost is \$20 and you can purchase them online at http://fiscalofficer.cuyahogacounty.us/en-US/Dog-License.aspx

Veterinarians:

- MetroPet Veterinary Clinic. 298 N. Rocky River Dr., Berea. (440) 826-1520. Dr. Alice Toriello sees dogs, cats, birds, ferrets, & other exotics. Grooming & boarding available. Nice practice, reasonable cost, worth the drive! Free first exam with coupon on website. www.metropetvet.com
- Shaker Animal Clinic. 3612 Lee Rd. (216) 561-7387. www.shakeranimalclinic.com

Emergency Veterinarian & Specialists:

- Ohio State University Veterinary Teaching Hospital. 1900 Coffey Rd., Columbus. (614) 292-1171. For referral cases long wait, long drive, but EXCELLENT care. One of the top veterinary schools in the country, you will receive care from students and attending veterinarians. Every speciality (from radiation oncology to orthopedic and soft tissue surgery) can be accessed for small animals, large animals, and exotics.
- VCA Great Lakes Veterinary Specialists. 5035 Richmond Rd., Bedford Heights. (216) 831-6789. Expensive but thorough open when you have an emergency at 2 am. <u>www.vcaspecialtyvets.com</u>

Boarding/Kennels: Call early for holidays - they fill up fast. Check vaccine requirements!

- A-1 Bed and Biscuit Kennels. 11299 Hosford Rd., Chardon. (440) 286-8686. www.a1bedbandbiscuit.com
- Alador Kennels. 9432 E. Washington St., Chagrin Falls. (440) 543-9697. www.aladorpetresort.com
- Ardenbarry Kennels. 7393 Chagrin Rd., Chagrin Falls. (440) 247-7563. www.ardenbarrykennels.com
- Barkley Pet Hotel and Day Spa. 27349 Miles Rd., Chagrin Falls. (440) 248-2275. www.thebarkleypethotelcom
- Bridge Creek Kennels. 10323 E. Washington St., Chagrin Falls. (440) 543-2621. http://www.bridgecreekkennel.com/
- Cleveland MetroBark Daycare. 216-881-DOG <u>www.metrobark.com</u>
- MetroPet Veterinary Clinic. 298 N. Rocky River Dr., Berea. (440) 826-1520. Veterinary clinic boarding great for elderly pets on medications!
- The Petsitter. Doggy daycare and pet sitting. She also walks dogs. Cleveland Heights. (216) 246-

Behavior/Training:

- **ASPCA Virtual Pet Behaviorist**. Free advice on your computer. http://www.aspca.org/Pet-care/virtual-pet-behaviorist
- The Behavior Clinic. 9680 Columbia Road, Olmsted Falls. (440) 334-8534. Dr. Elizabeth Feltes is a veterinarian that specializes in animal behavior. She treats dogs, cats, birds, and horses with problem behaviors. The clinic also offers classes, including one to help your pet adjust to a new baby. www.thebehaviorclinic.com
- Christy Paxton, Hand in Paw. (440) 263-2314. Preferred trainer of the Cleveland APL, positive reinforcement reward based system. Group, individual, & at home training available. Canine Good Citizen Evaluator. Christy@cp-hipdogs.com
- Cleveland All Breed Training Club. 210 Hayes Dr., Brooklyn Heights. (216) 398-1118. www.cabtc.org
- Rescue Village Behavior Hotline. 15463 Chillicothe Rd., Russell Twp, OH. (440) 338-4819 ext. 12. Leave a detailed message and a staff member will contact you. A service of the Geauga County Humane Society. Group dog training classes are also available at their facility. www.geaugahumane.org/#behavior-hotline/cznu

III. THINGS TO DO

A. ACTIVITY RESOURCES AND INFORMATION

- **CCF** House Staff Spouses Association. Our monthly newsletter of events will come to your spouse via email. Or join HSSA's Yahoo Group and receive the newsletter directly go to http://groups.yahoo.com/group/ccfhssa to register! We sponsor adult social events, sporting events, family fun activities, playgroups, volunteer opportunities, and much more!
- Cleveland Convention and Visitors' Bureau. 334 Euclid Ave., Cleveland, OH 44114. (800)321-1001. Call to receive an excellent, free publication titled "*The Cleveland Official Visitors' Guide*" or check them out online at http://www.thisiscleveland.com/contact/publications/visitors-guide/. Also check out the website http://www.thisiscleveland.com for Cleveland restaurants, events and things to do.
- New to Cleveland: A Guide to Rediscovering the City is a book by Justin Glanville (2011). This is your complete guide to discovering the city of Cleveland with great information on neighborhoods, restaurants, real-estate, and more!
- "Friday!" section of the Friday *Plain Dealer* newspaper. Excellent resource for upcoming events, family activities, storytimes, nightlife, festivals, concerts, etc. in the Cleveland area. They are online at www.cleveland.com.
- Local community/recreation centers. Call and request seasonal recreational brochures. Classes are offered for toddlers to adults and include many topics such as: cooking, fitness, sports, computers, crafts, summer camps, language, business, etc.
- Macaroni Kids. Cleveland East and West-is a great resource for families with children to find local
 activities. There is a website you can subscribe to for email updates and a facebook page.
 www.clevelandeast.macaronikid.com or www.clevelandwest.macaronikid.com
- Ohio Motorists Association AAA. AAA provides maps and tour guide books for camping and sightseeing, as well as travel agent services. Check them out at www.aaa.com. Check local listings for more offices.
 - East Side: 5356 Mayfield Road, Lyndhurst, 44124, (440) 473-0700 (in Power Plaza).
 - West Side: 149 Market St., Westlake, (440) 788-3102.
- **Ohio Travel Information.** Check out the website to receive several free pamphlets on travel throughout Ohio, http://ohio.gov/tourism/.
- University Circle. (216) 791-3900. www.universitycircle.org. Publishes a calendar of events. Must do events include: June Parade the Circle Celebration and December University Circle Fest. Try a picnic by the lagoon.

B. SIGHTSEEING TOURS

- Goodtime Cruise Line, Inc. 825 E. 9th Street Pier, Cleveland, (216) 861-5110. www.goodtimeiii.com. The Goodtime III cruises the Cuyahoga River and Lake Erie from June through September. It is the largest triple-deck 1,000 passenger luxury ship on the Great Lakes. Daily trips are offered Monday through Sunday and last approximately two hours. Luncheon, dinner and specialty cruises are also available. Features include: catering, air-conditioned/heated main deck, lounge and pub, custom arrangements for your event.
- Nautica Queen. 1153 Main Avenue, Cleveland, (216) 696-8888. www.nauticaqueen.com. Experience a view of Cleveland's skyline aboard this ship. Offers special Easter Sunday and New Year's Eve cruises. Full lunch, brunch and dinner menus. Amenities similar to the Goodtime III.
- Trolley Tours of Cleveland. 2000 Sycamore Street, (216) 771-4484. www.lollytrolley.com. "Lolly the Trolley" will take you on a fun tour of Cleveland and almost anything else you want to see. Tours last one or two hours and depart from the Powerhouse in the Flats. Special tours for children.

C. AMUSEMENT PARKS: Check with the CCF Hospital Cashier's Office for possible discount tickets.

Cedar Point Amusement Park. Sandusky, OH (1-1/2 hours west). (419) 627-2350.
 www.cedarpoint.com. Rated best amusement park in the world. Located on Lake Erie beach featuring
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- 71 rides (including 16 roller coasters), live shows, and other attractions. Large children's area with 15 rides. Adjacent is Cedar Point Shores and Castaway Bay Indoor Waterpark Resort. The park is open May through October.
- Dave and Busters. Westlake at I-90 and Columbia, 25735 1st St, Westlake. (440) 892-1415. www.daveandbusters.com. This is an adult-arcade and game center with bars and restaurants. Very fun!
- **Fun-N-Stuff.** 661 E. Highland Road, Macedonia. (330) 467-0820. <u>www.fun-n-stuff.com</u>. Roller skating, miniature golf, game arcade, laser tag, Kids World, etc. Open year round.
- Idlewild Park & Soak Zone. 2574 US-30. Ligonier, Pennsylvania (3-1/2 hours east). (724) 238-3666. www.idlewild.com. This family amusement park is located 50 miles east of Pittsburgh and well worth the drive. Admission includes entrance to Mr. Roger's Neighborhood, storybook forest, a water park, playground and lots of great rides for all ages. Open May October.
- IX Center Indoor Amusement Park. (near the Cleveland Airport). (216) 265-7000. www.ixindooramusementpark.com. Rides for kids of all ages, video arcades, petting zoo and a miniature golf course are among the parks popular attractions. Open for 3-4 weeks each spring (usually March or April). The dates for 2017 are March 24-April 17. Note: This is an HSSA activity in 2017.
- Memphis Kiddie Park. 10340 Memphis Avenue, Brooklyn. (216) 941-5995. <u>www.memphiskiddiepark.com</u>. Small amusement park, specifically for young kids. Open mid-April through mid-September.
- **Swings-N-Things.** 8501 Stearns Road, Olmstead Township. (440) 235 4420. http://www.sntfun.com/ Popular destination for older school-age kids. Both indoor and outdoor activities. Open year round.
- Waldameer & Water World. 1 Waldameer Road (main entrance) 220 Peninsula Drive (seasonal entrance), Erie, PA 16505. www.waldameer.com Family-owned and family-friendly amusement park with over seventy-five rides, slides, and attractions. Waldameer is home to the Ravine Flyer II Coaster, voted the 7th Best Wood Roller Coaster in the World. The park is open from May through September. You can purchase all-day wristbands or pay per ride with tickets. Includes free parking.

D. INDOOR PLAYGROUNDS

- The Jumpyard and Jumpyard Jr. 13700 York Rd. North Royalton, OH 44133. (440)237-8100. Bounce equipment for older kids and a play area for younger children. Open play times and birthday parties offered. www.jumpyardcleveland.com
- Playground World. 4400 Renaissance Parkway, Warrensville Heights, OH 44128.
- (440) 729 0909. Indoor play on fun playground equipment and trampolines during free play times. Birthday parties offered too. www.pgworld.com
- **Pump It Up**. 7007 Engle Road, Suite C., Middleburg Heights, OH 44120. (440) 234-7867. This inflatable fun zone is for kids of ALL ages! Birthday parties, open bounce, and more. www.pumpitupparty.com
- Sky Zone. Indoor tramploline park. Several locations in cleveland area. http://www.skyzone.com.

E. WATER PARKS

- Brainard Splash Park. 1840 Brainard Rd., Lyndhurst, OH. (440) 442-5777. Call if the weather is cool, sometimes they close. Non-Pass Holder Resident: \$3. Non-Pass Holder Non-Resident \$6. A great local splash park.
- Cedar Point Shores. (complete information above)
- Goldfish Swim School. 4670 Richmond Road, Suite 100, Warrensville Heights. (216)364-9090. www.goldfishswimschool.com. Indoor pool that offers swim lessons for infants and toddlers as well as family swim times. The water is always heated to 90 degrees and changing rooms, hair driers, and a small snack stand are available. A wonderful local swimming spot and the lessons are fantastic ages 4 months and up.
- Great Wolf Lodge. 4600 Milan Road (US 250), Sandusky, OH. (419) 609-6000 www.greatwolf.com/sandusky/waterpark Indoor waterpark for kids of all ages with a toddler area, hotel, and restaurant on site. Frequent Groupons!

- Kalahari. 7000 Kalahari Drive, Sandusky. (419) 433-7200 www.kalahariresorts.com/ohio. Indoor and outdoor waterpark, wildlife safari, rock climbing, and zip line. Hotel and restaurant on site.
- **Pioneer Waterland.** 10661 Kile Road, Chardon. (440) 285-0910. <u>www.pioneerwaterland.com</u>. Open June to September.
- Quarry Splash Park. 4101 Monticello Blvd., South Euclid, OH (NE corner of Monticello & S. Belvoir). Great for the little kids. Open from 12-6pm Wednesday through Sunday.
- Splash Lagoon Indoor Water Park. 8091 Peach St., Erie, PA 16509. www.splashlagoon.com
 Open year-round. Includes a wave pool, ropes course, water slides, lazy river, and little-kid friendly areas. Admission prices change based on the season and child's age. Hotels and restaurants are all within walking distance.

F. NATURE/OUTDOOR RECREATION

"Cleveland on Foot" by Patience Cameron Hoskins is an excellent resource detailing area Metroparks, nature preserves and historic neighborhoods.

Cuyahoga Valley National Park. Brecksville (1/2 hour south). (330) 657-2752. www.nps.gov/cuva 22 miles of park land between Cleveland and Akron. Multi-use trails, picnic areas, children's playgrounds, lectures, and special events. A popular summer event is the Cuyahoga Valley Festival in August. Visitors may want to begin at either the Happy Day Visitors Center or the Canal Visitors Center.

Cleveland Metroparks System. (216) 635-3200. http://www.clevelandmetroparks.com/Main/Home.aspx. Open year round. The Metroparks System was established in 1917 to ensure public access to open spaces and conserve the many natural valleys of this area. More than 23,000 acres of 18 reservations surround Cleveland like an "Emerald Necklace". Recreational, educational and historical activities are available to suit people of all ages. Maps and Metropark events are available at any nature center or by mail. These parks are definitely worth discovering.

- Nature Centers: Brecksville, Garfield Park, Rocky River, North Chagrin and CanalWay Reservations.
- **Golf:** Cleveland Metroparks has eight courses located conveniently throughout Cuyahoga County. The golf courses vary from a sporting par three at Shawnee Hills to championship layouts at Manakiki and Sleepy Hollow, which challenge even the best golfers. Online tee reservations are available.
- Swimming: Edgewater Beach, Wallace Lake, Hinckley Lake, Huntington Beach, Villa Angela and Ledge Pool.
- Cross Country Skiing: Cross Country skiing is permitted on hiking, bridle, and all purpose trails (that have not been plowed). As well as the fairways and rough areas of Big Met, Little Met, Shawnee Hills, Senecca, Mastick Woods and Sleepy Hollow golf courses with a four-inch snow base. When conditions are favorable, cross-country ski trails are groomed at Big Met and Seneca gold courses. For cross-country ski conditions, call (216) 635-3270, 24 hours a day, 7 days a week. Cross-country ski rentals are available at Big Met Golf Course in Rocky River Reservation when there is a four-inch snow base. For hours, call (440) 331-1070.
- Tobogganing: The Chalet at Mill Stream Reservation

Holden Arboretum. 9500 Sperry Road, Kirtland. (440) 946-4400. www.holdenarb.org. Open year round. This is the largest arboretum in the United States with over 3,100 acres of natural woodlands, display gardens, ponds, and a new canopy walk. Enjoy beautiful plant collections, spectacular fall color, winter splendor, and observe the production of maple syrup.

Lake Erie Nature and Science Center. 28728 Wolf Rd., Bay Village (Huntington Reservation). www.lensc.org. Terrific exhibits, planetarium, outdoor animal area and trails. Year round nature programs for children and adults. Open every day from 10am-5pm.

The Nature Center at Shaker Lakes. 2600 South Park Rd., Shaker Heights. (216) 321-5935. An excellent oasis in the city for a short hike with the family. Offers outstanding children's programs and camps, ages 2 1/2 to 10, year round. Classes fill rapidly. Call for details. www.shakerlakes.org

Beaches. (lifeguards on duty daily in season): Most of these beach areas have fishing, playgrounds, picnic

areas, and special events. Call or go online at www.dnr.state.oh.us for more information.

- Edgewater Park. Cleveland. (216) 881-8141.
- Headlands Beach State Park. Mentor. (216) 881-8141.
- Fairport Harbor. (800) 227-PARK.
- **Huntington Beach.** Bay Village, just off Lake Blvd. Has picnic areas and life-guarded beach as well as the Honey Hut ice cream stand.

G. WINTER RECREATION

Downhill skiing/snowboarding

- Alpine Valley Ski Area. Chesterland. (440) 285-2211. Six trails, snow making ability, rentals, and lessons for ages 4 and up. <u>www.alpinevalleyohio.com</u>.
- Boston Mills / Brandywine Ski Areas. 7100 Riverview Road, Peninsula, OH/ 1146 W. Highland Road, Sagamore Hills, OH (800) 875-4241. They have 18 trails, snow making ability, rentals and lessons for ages 3 and up. www.bmbw.com.

Cross Country skiing

- All Cleveland Metroparks. (216) 351-6300. www.clemetparks.com. Cross-country skiing is permitted on hiking, bridle, and all purpose trails (that have not been plowed). As well as the fairways and rough areas of Big Met, Little Met, Shawnee Hills, Seneca, Mastick Woods and Sleepy Hollow golf courses with a four-inch snow base. When conditions are favorable, cross-country ski trails are groomed at Big Met and Seneca golf courses. For cross-country ski conditions call (216) 635-3270, 24 hours a day, 7 days a week. Cross-country ski rentals are available at Big Met Golf Course in Rocky River Reservation when there is a four-inch snow base. For hours call, (440) 331-1070.
 - Cuyahoga Valley National Recreation Area. (330) 657-2752 Kendall Lake Shelter. Must have at least 6" of snow. Recommended areas and trails on their website. They rent cross-country skis and snow shoes. www.nps.gov/cuva/planyourvisit/winter-sports.htm
 - **Punderson State Park.** 11755 Kinsman Road, Newbury. (440) 564-2279. Cross-country skiing trails and other winter recreation. http://parks.ohiodnr.gov/punderson

Tobogganing

• The Chalet at Mill Stream Run Reservation. (440) 572-9990. Two refrigerated 700 foot ice chutes guarantee a day of fun and thrills. Chutes operate with or without snow from late November through mid-March (weather permitting). Facility nearby with fireplaces, snacks, TV and gathering room. Children must be accompanied by an adult and be at least 42" tall to ride. Gloves/mittens required. www.clevelandmetroparks.com/Main/Recreation/Tobogganing-21.aspx

Sledding

- **Metroparks.** (216) 635-3200. See website for sledding hills and information, including an interactive map. http://www.clevelandmetroparks.com/Main/Recreation/Sledding-16.aspx
- **Polar Blast Tubing Park.** 1146 W. Highland Road, Sagamore Hills, OH (next to Brandywine Ski Resort). (800) 875-4241. Offers snow tubing Friday through Sunday.

H. DAY TRIPS

- Amish Trips -
 - Amish Country-Berlin, Sugar Creek and Walnut Creek. (1-1/2 hours southwest of Cleveland). The largest Amish population in the U.S. is here in Ohio where visitors can see the Amish way of life, producing most of what they need without the benefit of electricity or modern machinery. Tour Amish farms, visitor shops, bakeries and cheese factories. Very crowded during the summer months. Most things are closed on Sundays. To receive information visit www.visitamishcountry.com
 - o **Burton Village**. East of Cleveland on Route 87. (440) 834-4204. A major point of interest for special events, including the Geauga County Fair in September, an outdoor antique flea market in

- June and September, and the Maple Sugar Festival, usually in April. This festival is great fun and we are told the best pancakes are at the high school. Burton town square is home to a few antique stores, specialty shops, and restauarants. Stop by the log cabin for information. www.burtonchamberofcommerce.org
- Middlefield. Home to America's third largest Amish community. So while in Burton, drive a little further to Route 608 and catch a glimpse of Amish horse and buggies. Also a cheese factory, Amish bakery and antique store. www.experience-ohio-amish-country.com/middlefield-ohio.html
- Yoder's Amish Home. 6050 Route 515, Millersburg. (330) 893-2541. Buggy ride tour gives overview of the Amish life. www.yodersamishhome.com
- Chagrin Falls. Follow Chagrin Blvd. east from I-271 (30 minutes southeast). A quaint community with interesting shops, parks, and excellent restaurants. Site of the Chagrin River Waterfall. This is a popular and lively place, not to be missed! Do not miss the Hot Air Balloon Festival over Memorial Day weekend! Check out Chagrin Falls Inn for a romantic weekend get away.
- Cleveland Metroparks Zoo. 3900 Wildlife Way, Cleveland. (216) 661-6500. www.clemetzoo.com One of the oldest zoos in the country. Open daily from 10am 4pm except December 25 and January 1. Has a wonderful Rainforest building with more than 600 animals in realistic habitats. Free on Mondays from 9:00 am 12:00 noon for Cuyahoga County residents (bring proof-observed holidays excepted) and the Rainforest is at a discounted price. Admission: adults \$14.25, children ages 2-11 \$10.25, children under 2 are free. Memberships available!
- Cuyahoga Scenic Railroad. (330) 439-5708 or (800) 468-4070. www.cvsr.com Offers scenic rides on historic diesel locomotives through the Cuyahoga Valley. There are several routes to choose from. Among the most popular are the fall color train in October and the Polar Express in November/ December. Make your reservations early for the tickets sell out quickly. Runs late April through December.
- Geneva, OH. <u>www.genevaohio.com/</u> 45 minutes drive up I-90. Check out Ferrante's Winery-good food and wine. <u>www.ferrantewinery.com</u>
- Hale Farm and Village. Bath, OH. (45 minutes southwest). (330) 666-3711 or (800) 589-9703 http://www.wrhs.org/plan-your-visit/hale-farm/ A working farm and village, depicting life in the mid 1800's. Displays of candle making, blacksmiths, steam saw mill, etc. Open June through October. Call for hours, admission charges and off-season events (maple sugaring in February/March, spring fair in May).
- **Hudson.** (45 minutes south). A small, picturesque New England-style town with a rich history including as a recognized stop on the Underground Railroad. Main Street is quaint and lined with several specialty stores, including a drug store which has an old-fashioned lunch counter serving ice cream. First and Main shopping mall is here as well. http://destinationhudson.com
- Lake Erie Islands. (1 1/2 to 2 hours west). A favorite vacation and recreational spot for locals. The islands feature unique stores, bike riding, fine dining, museums, bird watching, parks, wineries and exciting nightlife. Most attractions are seasonal (May October). For more information call: *Kelley's Island*, (800) 255-3743. (Erie County Visitors Bureau). *Put-in-Bay/Middle Bass Islands*, (800) 441-1271. (Ottawa County Visitors Bureau). *Pelee Island*, Remote, quiet island in Ontario, Canada. www.shoresandislands.com, http://www.pelee.org/
- Lake Metroparks Farmpark. 8800 Chardon Road (Route 6), Kirtland. (45 minutes east). (800) 366-FARM or www.lakemetroparks.com. Open year round Tuesday-Sunday 9am to 5pm. This 235-acre farm makes a wonderful family outing to see animals and exhibits about life on the farm. There are several special events year round. Admission: adults \$8, children ages 2-11 \$6, children under 2 are free. Memberships available for purchase.
- Mapleside Farms. 294 Pearl Road, Brunswick. (330) 225-5576 or www.mapleside.com. This 4,000 tree apple orchard surrounds a 300-seat restaurant, apple house, bakery and ice cream parlor. Tours of apple packing and grading, storage and cider mill available. No admission charge, open year round, closed Mondays.
- Marblehead. Best known for its photogenic lighthouse and a lakefront full of artists studios and intriguing shops. Nearby is scenic downtown Port Clinton, one of the areas most popular fishing ports. www.themarbleheadpeninsula.com.
- Patterson Fruit Farm. 11414 Caves Road, Chesterland. (30 minute northeast). (440) 729-1964 or www.pattersonfarm.com. Pick your own fruit: strawberries in June, apples in September/October, and try the pumpkin patch in October. While you are there, stop in the bakery for delicious donuts and pies. Family Fun-Fest during October which makes a great outing with the kids.

- Presque Isle State Park. 1 Peninsula Dr., Erie, PA 16505. (90 minutes east on I-90) www.dcnr.state.pa.us/stateparks/findapark/presqueisle/index.htm Presque Isle State Park is a 3,200-acre sandy peninsula that arches into Lake Erie. The peninsula is flat with sandy life-guarded beaches and paved paths for walking, biking, rollerblading, etc. There are many picnic areas and boat ramps. Admission is free. The park closes at dusk.
- Rosby Bros. Greenhouse and Berry Farm. 42 East Schaaf Rd., Brooklyn Heights. (216) 661-6102 or www.rosbycompanies.com. Pick your own fruit including red raspberries (until first hard frost) and strawberries in June.
- **Summer Festivals.** Ohio has tons of summer festivals around the state. Visit the Ohio Festivals and Events Association website http://ohiofestivals.net/schedule/ for a complete list and schedule.
- **Terminal Tower Observation Deck.** 50 Public Square, Downtown Cleveland. (216)-736-7646. Open April-December. Open noon-5pm on Saturdays, noon-4pm on Sundays. This observation deck offers a spectacular 360 degree view of the city. Fun to do on a clear day. Admission: adults \$5, children 5 and under are free.
- Thorncreek Winery and Gardens. 155 Treat Rd., Aurora. (330) 562-9245. Open Thursday through Saturday. Weekly live music and various events year round. Excellent wines. Outdoor barbecues in the summer. www.thorncreekwinery.com

I. LONG WEEKEND TRIPS

AAA is a good place to obtain maps and tour books. We recommend you keep a map of Cleveland and the state of Ohio in each car for handy reference. Also call 1-800-BUCKEYE for visitor/tourist information statewide.

- **Ann Arbor, Michigan.** About 3 hours west. Visit University of Michigan, shopping and restaurants. Try Zingerman's Deli: 422 Detroit Street/ Kerrytown Ann Arbor, MI 48104. 734-663-3354.
- Chautauqua County, New York. 140 miles away. <u>www.tourchautauqua.com</u>. All season recreational paradise and resort/area. Jazz fest in September and Wineries.
- Columbus, Ohio. 150 miles south. State capital-various state buildings to visit. Shopping: Easton Town Center, Polaris Fashion Place, Mall at Tuttle Crossing. Kids: Columbus Zoo & Aquarium, Zoombezi Bay Waterpark (next door to the zoo), COSI (EXCELLENT science center for children), Ohio State Fair (end of July, early August), the Quarter Horse Congress. Sports: Ohio State University Athletics, Columbus Crew (MLS), Columbus Blue Jackets (NHL). www.experiencecolumbus.com
- Dayton, Ohio. 220 miles away. Sunwatch Indian Village/Archaeological Park (937)268-8199,
 www.sunwatch.org. 2301 W River Rd/ Dayton, OH 45417. Casillion Historical Park explores Dayton's history from founding in 1796 to WWII.
- Frankenmuth, Michigan. A Bavarian-themed town with various shops and restaurants. One of the most famous shops is Bronner's Christmas www.bronners.com, which is 5.5 football fields long, and full of over 50,000 holiday items that include Christmas ornaments, artificial Christmas trees, Christmas lights, Nativity scenes, Christmas decorations, collectables, and more. Open 361 days/year and hours are seasonal, but extended during the holiday season. A great place to get into the holiday spirit.
- Hocking Hills, Ohio. 200 miles away. www.hockinghills.com/hhcabins/ 13178 State Route South/
 Logan, OH 43138. Beautiful area, great for hiking. Various companies will rent cabins complete with small full kitchen, front porch, fireplace, and hot-tub beginning at about \$100 per night. Check out Inn at Cedar Falls for cabin, cottage, and hotel rooms--all Bed& Breakfast---fantastic location with fine inn quality service (800) 462-5464, www.innatcedarfalls.com
- Niagara Falls, New York. 220 miles away, about 3 ½ hours NE. Recommend staying on the Canadian side of the Falls (more scenic, more to do and less expensive accommodations). (800) 338-7890. While you live here in Cleveland, this is definitely worth a weekend visit! Groupons are frequently offered for great hotels. Also check out Niagara-on-the-Lake which is about 15 miles from the Falls (quaint town) and the Butterfly Conservatory at the Niagara Parks Botanical Garden (905) 358-0025. 2565 Niagara Parkway/ Nigara Falls, Ontario Canada. The "Maid of the Mist" boat tour is considered one of the MUST DO things in the world. Be sure to bring your proof of U.S. residency (green card/visa) or citizenship (passport required) for the U.S. border crossing. Hotels may offer good packages off-season/winter. http://www.niagaraparks.com/, http://www.infoniagara.com/

- Ohiopyle State Park, Ohiopyle, Pennsylvania. 195 miles away. www.laurelhighlands.org, (724)238-5661. Offers natural waterslides and hiking.
- **Pittsburgh, Pennsylvania**. About 2 hours east. Carnegie Science Center, Kennywood Amusement Park, Station Square, the Ikea Furniture Store, and the Andy Warhol Museum.
- State Parks. Over 72 parks offering hiking, fishing, camping, boating and cold weather activities.
- Toronto, Canada. About 5 hours away. Great shopping, markets, lively nightlife and theater.

J. Museums

- Children's Museum of Cleveland. 3813 Euclid Ave. (216) 791-7114. Planning underway for future home in Midtown. Anticipated opening of Phase I in late 2017. This museum offers a multi-sensory, creative learning environment with permanent and changing exhibits. A fun place to play during the winter months! Recommended for ages 1-8. Check website for planned opening later this year! www.clevelandchildrensmuseum.org
- Cleveland Botanical Gardens. 11030 East Boulevard, University Circle. (216) 721-1600. The Botanical Gardens are a complex of beautiful flower and herb gardens with fountains, including the Hershey Children's Garden, surrounding a building which houses an extensive book and video library, exhibition halls, and a lovely gift shop. There are frequent talks, luncheons, children's activities, and special displays. The Center may give gardening and landscaping advice over the phone, or send a professional to your home. Hours: Tuesday, Thursday, Friday, Saturday 10am-5 pm; Wednesday 10am 9pm, Sunday 12-5pm; Closed Mondays. Admission: adults \$11, children ages 3-12 \$6, children under 3 are free. A year long pass is great for families especially the winter time. www.cbgarden.org
- The Cleveland Museum of Art. 11150 East Boulevard, University Circle. (216) 421-7350. This internationally known museum offers an extensive permanent collection of masterpieces from all cultures and periods. Traveling exhibitions, music recitals, and dance performances are also regularly featured. When you're finished browsing the extensive collection, grab a bit to eat at the delicious Provenance Café (reservations are available). The museum is free of charge to visit. Closed on Mondays. www.clevelandart.org
- The Cleveland Museum of Natural History. 1 Wade Oval, University Circle. (216) 231-4600. This museum features the history of mankind and the natural world, a Planetarium, and an all new wildlife center showcasing live animals indigenous to the area. The museum houses many terrific, visiting exhibitions and a large gift shop. Open: Monday-Saturday 10am-5pm; Wednesday, 10am-10 pm; Sunday 12-5pm. Admission: adults \$15 (\$8 after 5pm on Wednesdays), seniors \$10, children ages 3-18 \$10, children 2 and under are free. www.cmnh.org
- The Great Lakes Science Center. 601 Erieside Ave., Downtown. (216) 694-2000. The GLSC is America's ninth largest interactive science museum. Offers over 400 exciting, hands-on exhibits, the Omni Max theater (tickets cost extra to do this), the Polymer Funhouse play area for children ages 7 and under, The Science Store, and a cafe. Open daily (closed Thanksgiving and Christmas Day) 10am-5pm (hours subject to change). General Admission: adults \$15, children ages 2-12 \$12, children under 2 are free. www.glsc.org
- Museum of Contemporary Art Cleveland (MOCA). 11400 Euclid Ave., Cleveland. (216) 421-8671. Located in the Uptown District, just north of University Circle, at the corner of Euclid Ave. and Mayfield Rd. Hours: Tuesday-Sunday 11am-6pm. Open late Fridays until 9 pm. Closed Mondays. General Admission- adults \$9.50, seniors 65 and over \$6 for seniors, students (with valid ID)\$5, children 5 and under are free. First Saturday of the month is free admission. www.mocacleveland.org
- National Inventors Hall of Fame. 221 South Broadway St., Akron. (234) 678-6692. This museum celebrates the inventors who created the things that shape our everyday lives. Discover the inventor in you through interactive exhibits that will stimulate your imagination and creativity. Open: Tuesday Friday, 10am-4:30pm. Admission is free. www.invent.org
- **Pro Football Hall of Fame.** 2121 George Halas Dr., Canton. (330) 456-8207. This is a large Hall of Fame complex consisting of twin enshrinement halls, fan-activated devices, a movie theater, and a store. Open: 9am-5pm every day except Thanksgiving and December 25. From Memorial Day-Labor Day, 9am-8pm. Admission: adults \$25, seniors 65 and over \$21, children ages 6-12 \$18, children 5 and under are free. www.profootballhof.com
- Rock and Roll Hall of Fame and Museum. 1100 Rock and Roll Blvd., Cleveland. (216) 781-7625.

Located at E. 9th St. and Erieside Ave., overlooking the Cleveland waterfront. Designed by I.M. Pei, this structure is hard to miss. Housed inside this huge glass pyramid are some of Rock and Roll's finest artifacts including clothing, instruments, music, and much more. The museum store sells music and memorabilia. There is a snack bar on the 3rd floor. Open: 7 days a week, 10am-5:30pm; Wednesdays and summer Saturdays until 9pm. Admission: adults \$23.50; seniors 65 and over \$21.25, children ages 9-12 \$13.75, children 8 and under are free with adult admission. Greater Cleveland residents with ID \$19. There are several paid parking lots within close walking distance. www.rockhall.com

- The Western Reserve Historical Society Museum. 10825 East Blvd., University Circle. (216) 721-5722 or www.wrhs.org. Founded in 1867, the Historical Society consists of several parts:
 - The *Crawford Auto/Aviation Museum* houses over 200 rare vehicles as well as a cobble-stoned street of mock turn-of-the-century shops. This is one of the finest auto museums in the world and a real treat for automobile lovers.
 - The *History Museum* houses American and European furnishings from the 18th century to the early 20th century. Also displayed are decorative arts, silver, and an extensive costume collection. Special and traveling exhibits occur.

The two museums are open: Tuesday through Saturday 10am-5pm, Sunday 12-5pm. Admission: adults \$10, seniors \$9, students \$5, children ages 3-12 \$5, children 2 and under are free.

• *Hale Farm* is a working farmstead and small village located at 2686 Oak Hill Road, Bath. Hours are seasonal, from late May through October; call 330-666-3711 for more information. Admission: adults \$10, seniors \$9, children ages 3-12 \$5; children 2 and under are free.

K. Music

Tickets may usually be purchased through: Tickets.com OR Ticketmaster (216) 241-6000 or (866) 488-7849, or www.ticketmaster.com

- Blossom Music Center. 1145 W. Steels Corners Road, Cuyahoga Falls. (330) 920-8040. (35 min. south). Blossom is the summer home of The Cleveland Orchestra and a superb venue for many popular music concerts. This complex is comprised of an outdoor pavilion (stage and covered seating) and a grand sloping lawn for seating up to 15,000 people. The acoustics at the facility are second to none and the surrounding environment (the Cuyahoga National Park) are exquisite. Take a picnic supper and enjoy a meal under the summer stars! A restaurant and several snack bars are also available. Wine and beer may be purchased as well. Children are welcome. Don't miss it! www.theblossommusiccenter.com
- Cain Park. 1823 Lee Road, Cleveland Heights. (216) 371-3000. This 22-acre facility has a park, toddler pool, art gallery, theater and amphitheater. Interesting and diverse programs are presented throughout the summer; all are affordable if not free. Plenty of free parking. www.cainpark.com
- Cleveland Institute of Music. 11021 East Blvd., University Circle. (216) 791-5000. This renowned conservatory provides outstanding music instruction to both children and adults, as well as a wide range of free concerts by conservatory students, professors, and visitors. www.cim.edu
- Cleveland Opera Theater. 500 Euclid Avenue, #1001 Cleveland. (216) 512-0268. The Cleveland Opera Theater performs professional mainstage productions to honor the legacy of opera. The company also has many FREE community outreach programs to build the current audience base and foster the arts in Cleveland. Educational programming opportunities are available to both adults and youth. www.clevelandoperatheater.org
- Cleveland Orchestra. Severance Hall. 11001 Euclid Ave., University Circle. (216) 231-1111. Cleveland has a world-renowned orchestra, which has been rated the best orchestra in the country by Time magazine. The program is always exceptional and Severance Hall has an elegant interior. Don't miss hearing the symphony while you are in Cleveland, either at Severance Hall or Blossom Music Center (see above). Many guest conductors and famous classical musicians grace the stage throughout the year. Special children's concerts are also performed at a very reasonable price. During the summer, children attend Blossom concerts for FREE with an adult ticket. Purchase tickets at the Severance Hall Box Office: (216) 231-1111 or (800) 686-1141, www.clevelandorchestra.com
- House of Blues. 3308 Euclid Ave., Cleveland. (216) 523 BLUE (2583). Great shows and a great atmosphere. www.houseofblues.com/cleveland
- The Music Settlement. 11125 Magnolia Dr., Cleveland. (216) 421-5806. The school is based in a

- historic mansion within University Circle, just a short drive from the Clinic. The Settlement provides music education for all ages (and a wide variety of instruments) and music therapy for those with special needs. Exciting recitals and concerts are also performed. They have outstanding children's program (music lessons start at birth) and a very highly ranked preschool and day school. www.themusicsettlement.org
- Quicken Loans Arena. One Center Court, Cleveland. (888) 894-9424. Locally known as "The Q," Cleveland's new Gund Arena is the host to many cultural and sports events (see next page) including Walt Disney's World on Ice, Ringling Brothers and Barnum and Bailey Circus, and varied musical performers. Features include a Sony Jumbotron, luxurious banquet rooms, a sports bar and a restaurant. Concession stands and souvenir shops are also in business. www.theqarena.com

L. SPORTS AND RECREATION

Sports Teams

- Baseball: Cleveland Indians A true Cleveland tradition enjoy a game with fireworks afterwards for a special family treat! Progressive Field 2401 Ontario St., Cleveland. (216) 420-4487. Tickets (216) 420-HITS. Season: March October. www.cleveland.indians.mlb.com
- Basketball: Cleveland Cavaliers The 2016 NBA Champions! Quicken Loans Arena 1 Center Ct, Cleveland. (216) 420-2000. Tickets (800) 820-CAVS (2287). Season: October April. www.nba.com/cavaliers
- **Football**: Cleveland Browns Winning or losing, the Browns have diehard fans. First Energy Stadium, 100 Alfred Lerner Way, Cleveland. Tickets (440) 824-3434. Season: August December. www.clevelandbrowns.com
- Hockey: Cleveland Monsters (formerly the Lake Erie Monsters) The 2016 Calder Cup Champions! Quicken Loans Arena 1 Center Court, Cleveland. Tickets (216) 420-2000. The Cleveland Monsters are Cleveland's professional ice hockey team in the American Hockey League (AHL). The are the AHL affiliate for the Columbus Blue Jackets in the National Hockey League (NHL). Season: October April. www.clevelandmonsters.com

Fitness Centers/ Children's Recreation

- Atma Center. 2319 Lee Road, Cleveland Heights. (216) 371-9760. An award-winning yoga center that practices Satyananda yoga, a style adapted to meet the needs of modern society. Classes available for all ages, including children. www.atmacenter.com
- Children's Museum of Cleveland & TRW Early Learning Center. Relocated and projected to reopen in 2017. www.clevelandchildrensmuseum.org
- Cleveland Clinic Fitness Center. Walker Center. 10524 Euclid Avenue. (216) 444-8765. FREE membership is open to anyone on CCF insurance. Membership applications must be completed Mon-Fri (5am-8pm) at the entrance desk. Identification card is acquired in building J. The center has multiple cardio rooms, pool, weight room and gym. Multiple group fitness classes are offered throughout the day. Parking is available in garage attached to the building with up to 3 hours of validation. Unfortunately, no childcare is provided.
- The Cleveland Heights Recreation Pavilion. 1 Monticello Blvd. (at Mayfield Rd.). (216) 691-7373. Recreation center offers gymnastics and karate classes. The facility has an ice rink and offers ice skating and hockey. Call for the weekly schedule and open skate times.
- Cleveland Heights-University Heights Public Library. 2345 Lee Road, Cleveland Heights. (216) 932-3600 (Main Branch). Multiple branches in Cleveland Heights and University Heights. The library offers great free classes for children of all ages daily story times, crafts, and even special shows are given regularly. A children's video library is also available. www.heightslibrary.org
- Cleveland Metroparks Zoo & Rainforest. 3900 Wildlife Way, Cleveland. (216) 661-6500. Open year round the Rainforest is an excellent way to spend an afternoon during the winter. On Mondays, the Zoo is free with proof of residency in Cuyahoga county, and the rainforest is discounted. Don't miss the opportunity to view surgeries and procedures on the animals at the veterinary building. Take a ride on the Circle of Wildlife Carousel which features 64 beautiful hand-carved wildlife figures. www.clevelandmetroparks.com/zoo

- Family Connections-Cleveland Heights (formerly The Heights Parent Center). 2843 Washington Boulevard, Cleveland Heights. (216) 321-0079. The center has a large playroom complete with a snack area and an indoor muscle room for more active play. Programs are available for children from birth to age 5. Fees are very reasonable you can pay per visit or buy a year pass. www.familyconnections1.org
- Family Connections-Shaker Heights (Located in the Shaker Family Center). 19824 Sussex Rd. Shaker Heights. (216) 921-2023. Features a large playroom, a muscle room, and gym hours. Payment options range from drop-in fee to annual pass. Other programs available. Open gym available Saturdays from October-April. www.familyconnections1.org
- Great Lakes Science Center. 601 Erieside Avenue, Cleveland. (216) 694-2000. This interactive science center offers over 300 exciting, "hands-on" exhibits, the Omni Max theater and 2 restaurants. www.greatscience.com
- **Gymboree Play & Music.** 4630 Richmond Road #180, Warrensville Heights. (216) 291-9969. Classes also in Westlake and Strongsville. Development through play and music from birth to age 5. www.gymboreeclasses.com
- Heights United Soccer. A community youth soccer club run by parent volunteers who are former soccer players to create greater developmental opportunities beyond recrational soccer. www.heightsunitedsoccer.com
- Heights Youth Theatre. Monticello Middle School. 3665 Monticello Blvd., Cleveland Heights. (216) 923-1583. Committed to providing quality children's theatre on the East Side of Cleveland. Shows change every 2 months. For children grades 1 12. www.heightsyouththeatre.com
- **JumpStart Gymnastics.** 23700 Mercantile Rd. Beachwood. (216) 896-0295. A great place for your little ones to burn energy, or begin training for more advanced gymnastics skills and competitions. During the winter, an open gym on Friday mornings let's you have access to a wide variety of equipment for only \$5. www.jsgymnastics.com
- **K.I.S.S. Aquatics.** Kids and Infants Safety & Survival (K.I.S.S.) is a unique style of baby swimming lessons to equip children with the necessary skills to survive in the water. Swim lessons offered at 5 locations in Northeast Ohio. (216) 469-6400. www.kissaquatics.com
- Lake Metroparks Farmpark. 8800 Euclid Chardon Road, Kirtland, (440) 256-2122. 235 acres filled with farm animals, wagon rides, "hands-on" activities, and food. Open year round. www.lakemetroparks.com/parks-trails/farmpark
- L.A. Fitness. Two locations: Legacy Village in Lyndhurst and at Crocker Park in Westlake. Offers childcare. Excellent classes (including spinning), lap pool, indoor track and beautiful equipment. (216) 291-8555 for Legacy location or (440) 892-4653 for Crocker Park location, www.lafitness.com
- Lakewood Early Childhood. 15700 Detroit Ave., Lakewood, OH (located in Lakewood United Methodist Church). (216) 529-5018. Lakewood Family Room: Drop-in play sessions, discussion groups, and Learn Through Play programs offered.
- www.onelakewood.com/findget/early-childhood-services/
- **Lifetime Fitness**. 3850 Richmond Rd., Beachwood. (216) 292-6844. Excellent facility with classes (including spinning), lap pool, indoor track and cardio equipment. Childcare available. www.lifetimefitness.com
- **The Little Gym.** 20707 Chagrin Blvd., Shaker Heights. (216) 752-9049. Classes for children to development their motor skills, for infants to age 12. www.thelittlegym.com
- Mandel Jewish Community Center (JCC). 26001 S. Woodland Rd., Beachwood. (216) 831-0700. New state-of-the-art fitness center and gym with swimming, offering a beautiful environment in which to exercise, take all kinds of classes, and/or enroll your children in preschool/daycare/summer camp. Many non-Jewish members; baby-sitting is available. CCF discounts available. Call for the extensive program guide. www.mandelicc.org
- Shaker Heights Public Library. Main Library: 16500 Van Aken Boulevard. (216) 991-2030. Bertram Woods Branch: 20600 Fayette Rd. 216-991-2421. Numerous adult and child programs available. www.shakerlibrary.org
- Westlake Recreation Center. 28995 Hilliard Blvd., Westlake (440) 808-5700. Facility includes extensive indoor water park with slides, tunnels, sprayers, and lazy river. As well as full lap pool, indoor basketball court, outdoor tennis courts, soccer and baseball fields, extensive walking/running trail, fishing pond, aerobics classes, yoga, full fitness/cardio center, and many fun children's activities.

- Outdoor facilities are open at no charge to the public. Classes are open to members and non-members with only a difference of fees paid. CCF discounts available. Call for details and the latest schedule. www.cityofwestlake.org/287/recreation
- YMCA. 1301 E. 9th St., Cleveland. (216) 344-7700. 5000 Mayfield Road, Lyndhurst. (216) 382-4300. Multiple locations across Cleveland suburbs including Lakewood, Lyndhurst, Warrensville Heights, and Westlake. Many offer childcare, summer camp programs, and excellent sporting facilities. www.clevelandymca.org
- Yoga Roots. 3459 Fairmount Blvd., Cleveland Heights. (216) 916-9286. Some classes offered on heated floors- perfect workout on a snowy day. http://yogaroots.com

M. THEATER AND DANCE

- The Agora: 5000 Euclid Avenue. #101. (216) 881-2221. Voted "best in Cleveland" for live music events. www.agoracleveland.com
- Cleveland Chamber Symphony. 11125 Magnolia Drive (216) 202-4227. Call for schedule and locations. www.clevelandchambersymphony.org
- The Cleveland Play House. 1407 Euclid Avenue. (216) 241-6000 Recipient of the 2015 Regional Theatre Tony Award and is American first professional regional theatre. CPH performs in three state of the art venues: The Allen, Helen, and Outcalt theatres. www.clevelandplayhouse.com
- Cleveland Public Theater. 6415 Detroit Avenue. (216) 631-2727. Alternative performances highlighting local artists from the Cleveland area. www.cptonline.org
- **DANCECleveland.** 13110 Shaker Blvd #106. (216) 991-9000. Formerly the Cleveland Modern Dance Group, this group performs contemporary to modern dance performances at either the Playhouse Square or on the Tri-C Eastern Campus. www.dancecleveland.org
- **Dobama Theater.** 2340 Lee Rd., Cleveland Heights. (216) 932-3396. An "off-Broadway" style theater with shows from September through May, attached to the Lee Library. www.dobama.org
- **Karamu House.** 2355 E. 89th Street, Cleveland. (216) 795-7070. This is a multi-racial metropolitan center for the arts a mixture of Black experience and contemporary drama in both adult and youth theater. An artist-in-residence performs with the non-professional actors. www.karamuhouse.org
- The Playhouse Square. 1501 Euclid Avenue (866) 546-1353. This magnificent complex includes four theaters, a gift shop, and a bar. The grouping has recently been renovated to its original splendor and is a definite must-see a variety of fantastic shows! www.playhousequare.org
- Great Lakes Theater. (216) 453-4453. Hanna Theatre: 2067 East 14th Street; Ohio Theatre: 1511 Euclid Avenue. Cleveland's Classic Company. Check of their FREE performances as part of their outreach program. See schedule online. www.greatlakestheater.org

IV. RESTAURANTS AND NIGHT SPOTS

A. RESTAURANTS

In addition to the restaurants listed below, there are several entertainment areas of the city we want to bring to your attention:

- *The Flats:* A concentrated collection of clubs, bars, restaurants, and nightspots. Located downtown along the river on the east and west banks. www.cleveland.com/flats
- *Little Italy:* Features a collection of authentic Italian cuisine and shops. Located on Mayfield Rd. between Murray Hill and Euclid. www.clevelandlittleitaly.com
- *Coventry Village:* Features a collection of local ethnic eateries and shops. Located between Mayfield Rd and Euclid Heights Blvd. <u>www.coventryvillage.org</u>
- *Tower City Center*: Features a retail shopping center, restaurants, movie theater and hotels. Located downtown in Cleveland's Public Square. www.towercitycenter.com

The following chain restaurants can also be found throughout the Cleveland Metropolitan Area (check your phone book/the internet for locations):

- Applebee's Bar & Grille
- Bar Louie
- Bruegger's Bagel Bakery
- Buffalo Wild Wings
- Carraba's Italian Food
- Chili's
- Chipotle
- Donato's Pizza
- Five Guys Burgers
- Macaroni Grille
- Olive Garden
- Outback Steakhouse
- Panera
- Qdoba
- Red Robin
- Starbucks
- TGI Friday's
- Winking Lizard Tavern

East Side

American

- Academy Tavern. 12800 Larchmere Blvd., just off Shaker Square, Shaker Heights. (216) 229-1171. Great place for snacks and hamburgers Friday night fish fry.
- **B Spot** 28699 Chagrin Boulevard. (216)292-5567. A Michael Symon (An Iron Chef) gourmet burger restaurant. Great beer and wine selection. Very family friendly.
- Café 56. Locations in Beachwood and Mayfield Heights. Eclectic Menu, cheap.
- California Pizza Kitchen. 25365 Cedar Road (Legacy Village). (216) 382-4097. Fun place with kid friendly food with great selections for the adults as well.
- Cheesecake Factory. 24265 Cedar Road (Legacy Village). (216) 691-3387. Eclectic and extensive menu. Known for vast cheesecake selection.
- Corky & Lenny's. 27091 Chagrin Blvd. (216) 464-3838. Popular delicatessen, fresh seafood and Kosher foods, extensive carryout.
- **Dewey's Pizza.** 2194 Lee Road. (216) 321-7355. A wonderful selection of gourmet American pizza, with Great Lakes Brewery on Tap. Delicious food, excellent service, and very family friendy. Watch as they make your pizza!
- Felice. 12502 Larchmere Blvd. (216) 791-0918. The food is spot on and happy hour is even better.

- There's a huge patio for outdoor summer dining.
- First Watch 13950 Cedar Rd. (216) 321-1075 Breakfast and brunch open from 6am-2pm.
- Gameskeeper's Taverne. 87 West Street, Chagrin Falls. (440) 247-7744. Excellent dining in a cozy, authentic coach house. Courtyard dining available during summer months. House specialties include wild game entrees.
- **Granite City.** 24519 Cedar Rd. (216) 297-4495. Great bar food with an excellent happy hour. Multiple beers are brewed on-site.
- Larchmere Tavern. 13051 Larchmere Blvd. (216) 721-1111. Great cuisine, great atmosphere, not to be missed.
- **Nighttown.** 12383 Cedar Road, Cleveland Heights. (216) 795-0550. Try it! Delicious lunch and dinner, Wonderful patio in the summer. Great jazz music.
- **Stone Oven Bakery.** 2245 Lee Road, and 28601 Chagrin Road. Good lunchtime spot for soup, salad, sandwiches. Delicious artisan bread, fresh pastries, cakes, and cookies.
- The Tavern Company. 2299 Lee Road. (216) 321-6001. Great local place.
- Yours Truly. Several locations around the city. Good food in a coffee shop-style setting, really good for families.

Italian

- Bravo Cucina Italiana. 28889 Chagrin Blvd. (216) 360-0099. Large selection, kid friendly!
- Brio's Tuscan Grille. 24325 Cedar Road (Legacy Village). (216) 297-9232. Upscale Italian, usually a wait, resevations recommended.
- Geraci's Restaurant. 2266 Warrensville Center Rd. (216) 371-5643. Delicious, reasonably priced Italian food. Child friendly. Cash only!
- J. Pistone. 3245 Warrensville Center Rd. (216) 283-3663. Prepared food for take-out.
- La Dolce Vita. 12112 Mayfield Rd., Little Italy. (216) 721-8155. Italian cuisine.
- M Italian, 22 West Orange Street, Chagrin Falls, (440) 247-7474, Cozy Italian.
- Mama Santa's. 12305 Mayfield Road, Little Italy. (216) 231-9567. Delicious Italian food and pizza, and reasonably priced, but there can be a lengthy wait.
- Maggiano's. 26300 Cedar Rd., Ste 1103 (Beachwood Mall). (216) 755-3000. Family style Italian.
- Pizzazz on the Circle. 20680 North Park Blvd. (216) 321-7272. Great pizza! Large menu.

Asian

- **BD's Mongolian Barbecue.** 1854 Coventry Road, Cleveland Heights. (216) 932-1185. Create your own all-you-can-eat stir-fry.
- Benihana. 23611 Chagrin Blvd. (216) 464-7575. Japanese Steakhouse.
- **Hunan Coventry.** 1800 Coventry Road, Cleveland Heights. (216) 371-0777. One of the best Chinese restaurants in Cleveland. Reservations recommended.
- **Hunan by the Falls.** 508 E. Washington Street, Chagrin Falls. (440) 247-0808. Tasty, reasonably priced Chinese.
- Lotus Thai House. 1918 Lee Road, Cleveland Heights. (216) 371-9575. Delicious and affordable Thai.
- SASA. 13120 Shaker Square. (216) 767-1111. Japanese. Intimate atmosphere, excellent quality.
- Number One PHO. 3120 Superior Ave., Cleveland. (216) 781-1176. Authentic Vietnamese cuisine. Excellent and inexpensive.
- Pacific East. 1763 Coventry Road, Cleveland Heights. (216) 320-2302, 28601 Chagrin Blvd #850, Beachwood. (216) 765-1305. Great Sushi as well as other asian inspired dishes.
- **Shuhei.** 23360 Chagrin Blvd., Beachwood. (216) 464-1720. Not to be missed tempura, fresh seafood and sushi; unique service and good prices.
- Siam Café. 3951 St. Clair Avenue. (216) 361-2323. Good Asian fusion.
- Stir Crazy. 25385 Cedar Road. (Legacy Village) (216) 381-7600. Make your own stir-fry as well as a delicious full menu.
- Wasabi. 3725 Orange Place. Beachwood. (216) 292-8866. Great sushi and japanese steak house.

Mexican

- Abuelos. 26100 Harvard Road, Warrensville Heights. (216) 360-9030 Big portions at a great price.
- El Charrito. 30560 Euclid Ave., Wickliffe. (440) 585-2530. Authentic Mexican cuisine in a relaxing

- atmosphere.
- **Lopez.** 2196 Lee Road, Cleveland Heights. (216) 932-9000. A new twist on Mexican food. Wonderful margaritas.

Ethnic

- Aladdin's Eatery. 12447 Cedar Road, Cleveland Heights. (216) 932-4333. Middle Eastern. Reasonably priced.
- Anatolia Café. 2270 Lee Rd, Cleveland Heights. (216) 321-4400. Turkish cuisine. A really nice outdoor seating area for the warmer months.
- Cafe Tandoor. 2096 S. Taylor Road, Cleveland Heights. (216) 371-8500. Moderately priced authentic Indian cuisine, including vegetarian dishes.
- Cleveland Tiffin. 4630 Warrensville Center Road, North Randall. (216) 220-7002. Homemade Indian food for takeout or delivery. You can get a week's worth of north Indian food delivered to your doorstep!
- Empress Taytu. 6125 St. Clair, Cleveland. (216) 391-9400. Ethiopian cuisine.
- Hot or Mild. 1446 Som Center Road, Mayfield Heights. (440) 446-8200. Indian food. Good food and a good price.
- Saffron Patch. 20600 Chagrin Blvd., Shaker Heights. (216) 295-0400. Indian cuisine. Good well-priced lunch buffet.

Finer Dining

- Cedar Creek Grille. 2101 Richmond Road, Beachwood. (216) 342-5177. Great food with amazing service.
- Edwins. 13101 Shaker Square, Shaker Heights. (216) 921-3333. Amazing food with great concept. Service is wonderful, be sure to make reservations!
- Giovanni's. 25550 Chagrin Blvd., Beachwood. (216) 831-8625. 4 star Italian restaurant.
- **Hyde Park.** 26300 Chagrin Blvd. (216) 464-0688. 123 W. Prospect, Downtown. (216) 344-2444. Claims to have the "best steak in the city" in elegant surroundings. Reservations recommended.
- The Melting Pot. 24741 Cedar Rd (Legacy Village). (216) 381-2700. Upscale fondue restaurant. Usually best to make reservations, and plan on spending time and money—well worth it for a special nite out.
- Moxie Restaurant. 3355 Richmond Road. (216) 831-5599. Wonderful American bistro style entrees. Expensive.
- Red, The Steakhouse. 3355 Richmond Road. (216) 831-2252. While you live in Cleveland, do not miss this amazing steakhouse! Expensive, but worth every penny, definitely a great place for a special night out. YOU NEED RESERVATIONS! It will be full, even at 5 on a Tuesday. Hidden behind Moxie, has a small door.
- Sara's Place. 1501 Chagrin River Rd., Gates Mill. (440) 423-1000. Good food, with excellent service.
- **Taste.** 2317 Lee Rd., Cleveland Heights. (216) 932-9100. "A place for food, wine and fun." Fine dining, extensive wine list and full bar.
- Washington Inn Place. 2203 Cornell Road (in Little Italy). (216) 791-6500. One of the best and most romantic restaurants in Cleveland. European cuisine served in a turn-of-the-century brownstone mansion. Expensive, but good! Reservations required. Show up in scrubs and get ½ off all small plates at the bar.
- XO Prime Steaks. 29425 Chagrin Blvd and 500 West St. Clair. Higher prices, but great food and service.

Vegetarian

- Johnny Mango. 3120 Bridge Ave, Cleveland. (216) 575-1919. Vegetarian.
- **Tommy's.** 1824 Coventry Road, Cleveland Heights. (216) 321-7757. Excellent and affordable health food, particularly sandwiches.

Breakfast

• Bialy's Bagels. 2267 Warrensville Center Rd., University Heights. (216) 371-1088. Yummy bagels. Do not accept credit cards, so bring cash.

• **Phoenix Coffee**. 2287 Lee Road, Cleveland Heights. (216) 932-8227. Locally roasted coffee, tea, and pastries.

Dessert

- A Cookie and a Cupcake. 13953 Cedar Road, Cleveland Heights. (216) 244-9433. Yummy cupcakes and treats. Vegan and gluten-free options available
- Mitchell's Ice Cream. 2101 Richmond Road, Beachwood. (216) 831-2722. Ice cream made with milk from local cows. Gluten-free and vegan options available. Several other locations in the Cleveland area.

West Side

- **Arrabiata's.** 600 Dover Center Road, Bay Village. (440) 835-9100. Italian food in an upscale setting, moderately priced in the heart of Bay Village.
- Bearden's. 19985 Lake Road, Rocky River. (440) 331-7850. Delicious hamburgers in a pleasant setting.
- Brio Tuscan Grille. 200 Crocker Park Blvd., Westlake. (440) 250-8630. Bistro-style Italian food. Great atmosphere.
- Bucci's Pizza & Restaurant. 19373 Hilliard Blvd, Rocky River. (440) 331-5157. Multiple locations. Yummy Italian Food.
- Borderline Café. 18510 Detroit Road, Lakewood. (216) 529-1949. Small Café taking cash only...excellent food! Call for hours. Closed on Monday and Tuesday.
- Buca di Beppo. 23575 Detroit Rd., Westlake. (440) 356-2276. Italian with vibrant décor.
- Café Tandoor. 30030 Detroit Rd., Westlake (440) 835-7999. Indian and Vegetarian food.
- Cabin Club. 30651 Detroit Rd., Westlake. (440) 899-7111. Very upscale American fusion restaurant. Has won multiple local and national awards for their inventive cuisine.
- Cravings Cafe. 19701 Lake Road, Rocky River. (440) 895-0098. Delicious coffee house and good food.
- **Danny Boys Pizza**. 20251 Lake Road, Rocky River. (440) 333-9595. Authentic Italian and pizza food in a unique setting.
- **Dave & Busters**. 25735 1st St., Westlake. (440) 892-1415. A fun, game-playing atmosphere to enjoy beer, burgers and sandwiches
- Deagan's Kitchen and Bar. 14810 Detroit Ave., Lakewood. (216) 767-5775. Good food at great prices!
- **Don's Lighthouse Grill.** 8905 Lake Avenue #1, Cleveland. (216) 961-6700. Prime rib and fresh seafood, including daily fresh fish specials. Early bird specials and entertainment nightly. Reservations suggested.
- El Rodeo. 23135 Lorain Rd, North Olmstead. (440) 686-1250. Awesome Mexican food, great prices, and great margaritas.
- El Tango Latin Grill. 14224 Madison Ave., Lakewood. (216) 226-9999. Award Winning authentic Mexican food inspired by the chefs culinary training in Brazil and Spain.
- **First Watch.** 168 Market Street, Westlake—at Crocker Park. (440) 808-1082, and 19340 Detroit Road Rocky River, 440-333-3529 Open 7am-2:30pm for great breakfasts and lunch in a cozy, café setting.
- Hibachi Japanese Steakhouse. 21699 Lorain Road, Fairview Park. 440-356-3033.
- Ironwood Café. 688 Dover Center, Westlake. (440)835-9900. Sports bar in a quaint setting.
- Le Bistro du Beaujolais. 8134 Columbia Road, Cleveland. (440) 235-8883. Delicious French cuisine.
- Mitchell's Tavern. 24282 Center Ridge Rd., Westlake. (440) 835-2415. Local bar and grille food in a great atmosphere.
- Mitchell's Ice Cream. 26161 Detroit Rd., Westlake. (440) 250-0952, also one in Rocky River on Detroit. Homemade ice cream and awesome sundaes and floats. It is the best ice cream you may ever try!
- Moosehead Saloon. 694 Dover Center Road, Westlake. (440) 871-7742. Quaint small restaurant with lots of character!
- Nuevo Acalpulco. 24409 Lorain Rd., North Olmstead. (440) 734-3100. Mexican food at reasonable prices.
- Pearl of the Orient. 19300 Detroit Rd., Rocky River. (440) 333-9902. Awesome Chinese and Sushi.
- Pier W. 12700 Lake Avenue, Lakewood. (216) 228-2250. Beautiful view of Lake Erie. Menu features
 many delicious seafood entrees. Voted best Sunday brunch and entertainment on weekends.
 Reservations needed.
- Players on Madison. 14523 Madison, Lakewood. (216) 226-5200. Great food in a quaint, romantic

- setting.
- Salmon Dave's Pacific Grille. 19015 Lake Rd., Rocky River. (440) 331-2739. Delicious seafood at fair prices.
- Stino Da Napoli. 19070 Detroit Road, Rocky River. (440) 331-3944. Delicious authentic Naples cuisine at great prices.
- The Harp. 4408 Detroit Road, Cleveland. (216) 939-0200. Irish food at great prices.
- White Oaks. 777 Cahoon Road, Westlake. (440) 835-3090. Delicious food in elegant surroundings (six fireplaces and scenic views).
- Yard House. 160 Union St., Westlake. (440) 808-8403. Good food and over 100 beers and ciders on tap.

Downtown

- Barrio. 503 Prospect. (216) 862-4652. Eclectic Mexican food. Make your own taco for \$3 each. Good service, good food, good margaritas.
- Blue Point Grill. 700 W. St. Clair Ave. (216) 875-7827. Seafood for a special night out.
- Brasa Grill Brazilian Steakhouse. 1300 West 9th, (216) 575-0699. A very good Brazilian-style grilled meat restaurant.
- Cleveland Chop House. 824 W. St. Clair Ave. (216) 623-0909. Great happy hour at this steakhouse.
- **Corner Alley, The.** 402 Euclid Avenue. (216) 298-4070. Martini bar and restaurant complete with its own bowling alley, always packed.
- Cowell & Hubbard. 1305 Euclid Ave. (216) 479-0555. A Zack Bruell which will not disappoint. Great food in a great environment. Grab a meal before hitting Playhouse Square.
- Greenhouse Tavern, 2038 E. 4th St., (216) 443-0511. Great place for drinks.
- Hodges's. 668 Euclid Avenue. (216) 771-4000. The restaurant puts an upscale touch on comfort food.
- House of Blues. 308 Euclid Avenue. (216) 523-2583. FUN! HOB Gospel Brunch is a great way to spend your Sunday.
- Hyde Park Prime Steakhouse, 123 West Prospect Ave, (216) 344-2444. A cute little steakhouse.
- **Johnny's Bistro.** 1400 West 6th. (216) 623-0055. Great upscale American/French fusion cooking featuring wonderful steaks and fresh seafood.
- Li Wah. 2999 Payne Ave #102, Downtown. (216) 589-9552. Excellent Chinese food.
- Lola. 2058 E. 4th St., (216) 621-5652. A Michael Symon's restaurant with excellent food pricey.
- Mallorca. 1390 West 9th, (216) 687-9494. Upscale Spanish cuisine.
- **Morton's Steakhouse.** 1600 West 2nd St. (216) 621-6200. A wonderful place for a thick, juicy steak, beautifully prepared and presented in plush surroundings.
- Nauti Mermaid. 1378 W. 6th St. (216) 771-6175. Reasonably priced seafood.
- Osteria Di Valerio & Al. 408 West St. Clair (216) 685-9490. Upscale authentic contemporary Italian cuisine. Great wines as well.
- Sans Souci. 24 Public Square (at the Renaissance Cleveland Hotel), Downtown. (216) 902-4095. Beautiful, delicious Mediterranean food in fabulous surroundings. The service and presentation are faultless and the cost about \$80 for two, including wine.
- Shooter's on the Water. 1148 Main Avenue, The Flats. (216) 861-6900. Lively restaurant and bar. Watch ships cruise by from outdoor patio during summer months.
- XO Prime Steaks, 500 West St. Clair (216) 861-1919. Steakhouse food and great martini's.
- **Zocalo**. 2071 E. 4th St., (216) 781-1420. Mexican Grill and Tequileria.

Tremont

Just east of the West Side Market off of I-90 and w.14th. Great local art galleries and great restaurants.

- Barrio. 806 Literary Road. (216) 999-7714. Eclectic Mexican food. Make your own taco for \$3 each. Good service, good food, good margaritas.
- Dante. 2247 Professor Ave. (216) 274-1200. Native Clevelander Dante Boccuzzi has worked all over the globe and has even cooked for Neil Young and Bruce Springsteen. Dante is now back and ready to rock your taste buds off with modern contemporary American cuisine. There is also a special Chef's Table that can be reserved for a 5, 7, 14, or 21 course dinner with wine pairings. All of this comes at a price but that is what moonlighting is for (if you're in a program with time for such a thing).

- **Fahrenheit**. 2417 Professor Ave. (216) 781-8858. Upscale fusion cooking with a menu that often changes with the season. Great wines as well.
- Flying Fig. 2523 Market Ave. (216) 241-4243. A farm-to-table restaurant serving upscale contemporary American Cuisine. Always an interesting menu with a great wine list. Now all you need is a day off (or two)!
- Lucky's Café. 777 Starkweather Ave. (216) 622-7773. Great breakfast / lunch spot with the Food Network's Diners, Drive-Ins, and Dives stamp of approval. The kitchen is open from 7am-5pm daily.
- **Tremont Tap House**. 2572 Scranton Road. (216) 298-4451. Cleveland's first gastropub serving upscale eats in a casual tavern setting. And oh boy is there beer. Best to come thirsty.
- Parallax Restaurant and Lounge. 2179 W. 11th Street. (216) 583-9999. A Zack Bruell bistro joint offering unpretentious fare. Menu options range from sushi, seafood, and bistro standards such as juicy grilled chicken and tarragon scented pommes frites.
- The South Side. 2207 W. 11th Street. (216) 937-2288. This indoor and outdoor dining hotspot boasts the nicest patio in Tremont. The appetizers, salads, sandwiches and entrees are all unique and all reasonably priced. The happy hours are long (similar to a 24-hour call) and lovely. Come for lunch and stay for dinner.

B. Breweries

- The Bottle House Brewing Company. 2050 Lee Road, Cleveland Heights. (216)214-2120. A small batch brewery with a big tasting room. There is some food available but you can also bring in your own. thebottlehousebrewingcompany.com
- Great Lakes Brewing Company Brew Pub and Restaurant. 2516 Market Avenue, Cleveland. (216) 771-4404. Delicious beer and tasty food. http://www.greatlakesbrewing.com
- Market Garden Brewery, Cleveland's First American Beer Garden. 1947 West 25th Street, Cleveland. (216)621-4000. More delicious beer and tasty food with a nice outside area. http://www.marketgardenbrewery.com
- *Rocky River Brewing Company*. 21290 Center Ridge Road, Rocky River. (440) 895-2739. Delicious beer and tasty food. Both kid and adult friendly. http://www.rockyriverbrewco.com
- *The Willoughby Brewing Company*. 4057 Erie Street, Willoughby. (440) 975-0202. Brewpub with cigar lounge area, a fireplace, and live music on the weekends. http://willoughbybrewing.com

C. MOVIE THEATERS (See The Plain Dealer Friday! Guide, Fandango.com, or the Flixster app for tickets and showtimes)

- AMC Ridge Park Square Cinema 8, 4788 Ridge Rd, Brooklyn.
- AMC Westwood Town Center Theaters, 21653 Center Ridge Rd, Rocky River.
- Atlas Cinemas Great Lakes Mall, 7860 Mentor Ave, Mentor.
- Capitol Theater, 1390 W. 65th St, Cleveland.
- Cedar-Lee Theater, 2163 Lee Rd. Cleveland Heights. Known for showing more independent films.
- Chagrin Cinema 14, 8200 E. Washington St, Chagrin Falls.
- Cinemark At Macedonia, 8161 Macedonia Commons, Macedonia.
- Cleveland Cinematheque, 11610 Euclid Ave, Cleveland. (independent/foreign film selections, in addition to classics)
- Regal Cinema 16, Crocker Park, 30147 Detroit Rd, Westlake.
- Richmond Town Square, 631 Richmond Rd, Richmond Heights (connected to a shopping mall).
- Shaker Square Cinemas, 13166 Shaker Square, Cleveland
- Tower City Cinemas, 230 Huron Rd, Downtown Cleveland

D. Comedy Clubs

- The Improv Comedy Club and Restaurant. 1148 Main Ave, Cleveland. (216) 696-4677.
- Pickwick & Frolic Comedy and Dinner Theater, 2035 E. 4th St, Cleveland. (216)241-7425