

GENOVA TOXIC ELEMENT CLEARANCE INSTRUCTIONS

STEPS	INSTRUCTIONS
Cost:	Cost is \$_____ out of pocket and is an out of pocket expense not covered by insurance.
Billing and Invoicing Questions:	<ul style="list-style-type: none"> • Contact Genova at 1-800-522-4762 (option 2) • If you are mailed a Yellow invoice: Disregard • If you are mailed a Blue invoice: Contact Genova
1) PREPARATION <i>(prior to collection)</i>	<ul style="list-style-type: none"> ✓ Please note specimens can ONLY be shipped Monday through Friday. ✓ NOTE: FOLLOW INSTRUCTIONS FOR RANDOM/TIMES COLLECTION ONLY as your collection will be for a 6-8 hour period. ✓ If you are taking any probiotics please refer to your Patient Instruction Sheet for specific instructions on whether to stop prior to completing testing. ✓ Continue taking all other medications as prescribed.
2) DAY of COLLECTION	<ul style="list-style-type: none"> ✓ Do not collect 1st morning urine. ✓ After 1st morning urine take the 3 tablets (prescription was sent to your pharmacy). ✓ Collect each urination and transfer into the blue collection jug and recap the jug. ✓ Do not rinse the collection cup with tap water or clean cup with cloth or paper. Keep the lid on the collection cup between urinations. Refrigerate jug(s) through collection period.
3) PREPARATION of SPECIMIN for SHIPMENT	<ul style="list-style-type: none"> ✓ Once collection is complete tighten the lid on the jug(s). If urine collected exceeds one jug, put on the disposable gloves and mix the urine together by pouring back and forth between the jugs. When thoroughly mixed, select either jug for this step. ✓ Use the pipette to transfer urine to fill both tubes. Cap the tubes securely. Discard the remaining urine, large collection jug(s) and gloves. Put tubes in fridge. ✓ Ship the specimen and Requisition form to the lab.
4) SHIPMENT of COLLECTION	<ul style="list-style-type: none"> ✓ Ship specimen within 24 hours of collection. ✓ Call Fedex at 800-463-3339 to schedule pick-up time, or prepare to drop the package at a Fedex shipping center. ✓ Place specimen in collection box and in the provided pre-labeled, prepaid Fedex package and ship.

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Results:	<ul style="list-style-type: none"> You can access results by going to gdx.net. Do not be alarmed if some test results are high or low. Your physician will address the findings at the time of your next appointment. * Please note: lab results cannot be interpreted via MyChart.