



## Do you have Type 2 Diabetes?

The Cleveland Clinic is recruiting adults with Type 2 Diabetes to participate in a research study to determine if a Functional Medicine approach to diabetes management enhances standard care practices regarding the treatment of diabetes. This study will compare the addition of a Functional Medicine approach to treating your diabetes with the usual care that you would receive by your physician and a diabetes specialist.

### People who participate in this 2 year research study may:

- Potentially see their diabetes control improve
- Receive nutrition therapy
- Receive supplements / medication
- Provide information that may help other people who have diabetes in the future

### You may qualify for this study if you:

- Are between the ages of  $21 \leq 75$  years
- Are a current Cleveland Clinic Endocrinology patient
- Are diagnosed with Type 2 Diabetes
- Have been on insulin treatment for at least 12 months, but for less than 96 months
- Have a total daily insulin dose of 150 units or less

If you have any questions or if you would like to consider participating in this study, please contact:

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