



► The [perfect tool](#) for all of your sports health needs.

▮▮▮▮▮ ➔ *Dedicated to your entire family's sports health*

Whether you want to boost your performance for that upcoming 5K or your son tears his ACL during football practice, Cleveland Clinic Florida Sports Health can help.

Our experts treat athletes in all sports, all ages and skill levels. This means your entire family will have access to South Florida's top-ranked orthopaedic care - the same specialists who treat South Florida's professional sports teams.

Why should we see a sports health specialist?

Our center brings together all of the experts you'll need to keep you and your family in the game.

Together, they'll work to keep you at the top of your game or recover as quickly and safely as possible from any injuries that may happen.





World class care right in your neighborhood!

The Coral Springs Family Health Center offers comprehensive sports health and orthopaedic care. Physical therapy services are available just a few minutes away at our Parkland location.

Our Services

Whatever your need, Cleveland Clinic Florida Sports Health has you covered. Our comprehensive services include:

- ▮▮▮ **Sports and exercise medicine** – Help for acute and overuse injuries, injury prevention, return-to-play decisions, concussion evaluation and management, playing with chronic conditions or acute illnesses, nutrition and healthy lifestyle evaluation
- ▮▮▮ **Orthopaedic surgery** – Easy access to our surgical team to treat torn ligaments, broken bones or damaged cartilage using minimally-invasive techniques, whenever possible, to reduce pain, scarring and recovery time
- ▮▮▮ **Rehab and sports therapy** – One-on-one help from our highly trained therapists to develop individualized plans to effectively restore function and reduce the risk of re-injury
- ▮▮▮ **Performance training services** – Individual and small group options to help athletes reach their unique goals, such as improving strength and speed – without overtraining
- ▮▮▮ **Specialty programs** – sports nutrition, concussion evaluation and management, women's sports health, regenerative medicine and early arthritis prevention

Making an Appointment

To schedule an appointment with a sports health specialist call **800.597.2037** or visit **ClevelandClinicFlorida.org/SportsHealth** to schedule online. Same-day appointments are available for urgent sports injuries.



2950 Cleveland Clinic Blvd.
Weston, FL 33331



Why choose Cleveland Clinic Florida?

At the Orthopaedic & Rheumatologic Center, we offer the most advanced care for your entire family's sports health needs. Our center brings all of the experts you'll need together under one roof, including orthopaedic surgeons, sports and exercise medicine physicians, physician assistants, physical therapists, athletic trainers, registered dietitians, radiologists, nurse practitioners, chiropractors and exercise physiologists.

Cleveland Clinic Florida is ranked No. 1 in the Miami-Fort Lauderdale metropolitan area and the top-ranked orthopaedic care in South Florida by *U.S. News & World Report*.



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