

OUTCOMES 2008

Division of Medicine Department of Geriatrics



Cleveland Clinic
Florida



About Cleveland Clinic Florida

Cleveland Clinic Florida's medical staff are dedicated physicians who have joined the clinic as salaried doctors to practice a different kind of medicine: Where commitment to patients, providing expert innovative care, and involvement in medical education are the goals.

We work as a team, access the same electronic medical records, and cooperate to give our patients the best care.

Providing excellent care to our patients is why we are here.

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Staff

Jerry O Ciocon, MD, Chairman
Diana J Galindo, MD
Erwin Loquias, MD
Shibu Varughese, MD
June Axe, LPN,
Maria Kenia Perrett, LPN
Milagros Formoso,
Research Coordinator
Miriam Jarvis & Ataya Faniel,
Coordinators



We are all getting older and providing the care for older and frail adults with multiple challenging health and social issues is a great opportunity.

My vision is to deliver the best care and optimize our patients' health status by providing comprehensive geriatric assessment and management.

Our goal is to provide the best care in outpatient, inpatient, rehabilitation and skilled nursing care for frail & older persons.

We are committed to improving the care of the elderly through evidence-based, outcomes driven practice, and to expand geriatric knowledge through research and education.

We strive to have one of the best Geriatric Fellowship training programs in South Florida.

Jerry O Ciocon, MD

Chairman, Geriatric Medicine Department

Programs

GERIATRIC RESEARCH

- NIH SUPPORTED RESEARCH on cognitive dysfunction.
- NIH SPONSORED FOCUS TRIAL (Functional Out comes In Cardiovascular Patients Undergoing Surgical Hip Fracture Repair) on Hip fractures, anemia
- Industry supported clinical research (Ortho McNeil Pharmaceuticals, Inc) on "A prospective, multi-center, observational study involving patients hospitalized with complicated skin and soft tissue infections (CSSTI) for IV antibiotic therapy Site"
- Clinical Outcome on fractures & intervention provided to prevent recurrence of fracture (to be initiated soon).

Geriatric Research Projects to be initiated.

- Correlation of hip fracture to bone density in older adults
- Clinical outcome on older patients getting inpatient rehabilitation
- Functional status of older persons who had hip fracture surgical repair (to be started by incoming fellow)
- How to simplify multiple medications in older adults

Services Integrated Practice

- Inpatient consultation services including Palliative/ Hospice Care
- Outpatient Geriatric Assessment and primary geriatric medicine care and outpatient consultations
- Rehabilitation care (HealthSouth Rehabilitation Hospital)
- Skilled nursing home care
- Long term nursing homes (Sunrise Health & Rehabilitation Center and Regency Skilled Nursing facility) and home care components.

INPATIENT CONSULTATION

- Consult on frail and older persons admitted for an acute medical or surgical disorder
- Provide guidance for older persons who need Palliative and /or hospice care
- Render opinion for older persons who might need intensive rehabilitation or home care services
- Be a bridge between acute hospital care and out patient geriatric services

Outpatient Geriatric Assessment and Primary Geriatric Care

- Provide comprehensive geriatric assessment
- Consulting for frail and older persons requiring other medical or surgical services
- Render primary geriatric medicine care

Rehabilitation Services

- Consultation services for older person requiring intensive inpatient rehabilitation at HealthSouth Rehabilitation Hospital (Sunrise, FL) or at the Skilled Nursing Rehabilitation at the Sunrise Health and Rehabilitation Center & the Regency Skilled Nursing Facility

Skilled Nursing Home care and Long Term Care

- Provide skilled nursing home care at Sunrise Health Rehabilitation Center
- Follow older persons who need long term care at the same facility
- Provide end of life, Palliative and Hospice care at the same facility.

Programs

Home Care Services

- Frail and older persons who need assistance at home with physical, occupational, speech therapist, nursing care will be followed weekly by our Geriatric Medicine fellow and staff
- Care of home care patients will be supervised by our staff and fellow in Geriatric Medicine

Common Geriatric Medicine Services Provided

- Correlation of hip fracture to bone density in older adults
- Gait and Balance assessment
- Assessment of Dementia and Depression
- Management of Polypharmacy
- Pain management
- Urinary incontinence management
- Optimization of functional decline
- Management of the frail and older person in home setting

Jerry O Ciocon, MD

- 2009 Educator of the Year at Cleveland Clinic Florida
- 2005 Educator of the Year, Awarded by the University of the Philippines Medical Alumni Association of America, Inc
- 2005 - 2009 One of top Doctors in America
- 2002 - 2009 Top Doctors of South Florida

Diana J. Galindo, MD

- 2008 - Top 100 Filipino Women in the US awarded by the Filipino Women's Network (given in Washington DC)
- 2008 -Past President, American Medical Women's Association
- 2005 - 2009 One of top Doctors in America
- 2002 - 2009 Top Doctors of South Florida

Erwin Loquias, MD

- 2009 -Won 2nd Prize for Poster Presentation at the Cleveland Clinic Florida (also to be presented at the upcoming Florida Medical Directors Association meeting in Orlando, FL on October 2009)
- Passed Boards in Family Practice
- Joined our staff on July 1, 2009

Shibu Varughese, MD (incoming fellow July 2009)

- Won First Prize for Oral presentation on clinical research in 2009 at the Cleveland Clinic Florida (same paper presented at a National Meeting in Chicago, IL May 31, 2009)
- Incoming Fellow on our Geriatric Medicine Fellowship Program

Milagros Formoso

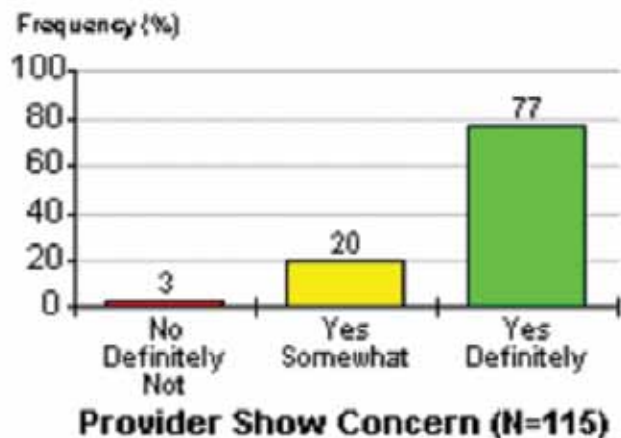
- Our Research Coordinator since 2001
- Had handled industry sponsored and several NIH (National Institute of Health) supported clinical trials

Patient Satisfaction Summary

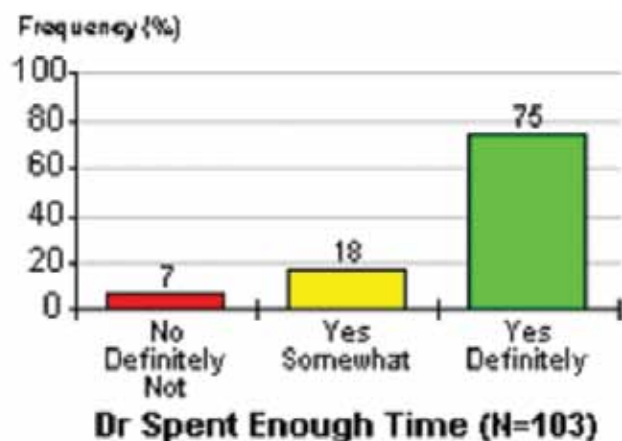
The patient survey results in the Geriatric Medicine department showed that most of our patients are satisfied or very satisfied with us, and most will recommend us to their family and friends.

The patient survey results in Geriatric Medicine department showed that most of our patients were satisfied 2008

Our patient are extremely satisfied with the care they receive at our Clinic: 2008



The patient survey result in Geriatric Medicine department showed that most of our patients are satisfied 2008

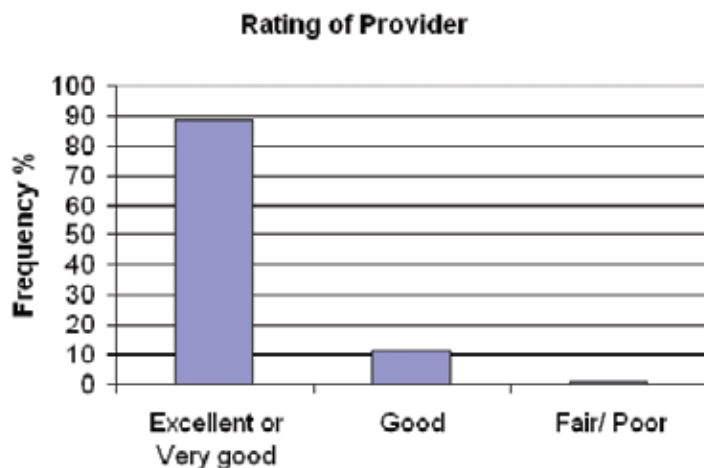


Patient Satisfaction Summary

Review of a sample of patients from our outpatient service from July to December 2008 and compared to national statistics.

| CMS Performance Measure | Florida top 10% Hospitals | Geriatrics, Cleveland Clinic FL |
|------------------------------------|---------------------------|---------------------------------|
| Pneumococcal Vaccination | 87% | 93% |
| Flu vaccination | 80% | 90% |
| Dementia assessment | 10 % | 82% |
| Gait and balance assessment | 9 % | 72% |
| Review of medications | 40% | 100% |
| Assessment of urinary incontinence | 7% | 88% |

On recent survey from a sample of our patient population, the majority of our patients rated our services as good to excellent 2008



Grants and Donations

- Several NIH funded clinical research projects
- 2 Million dollar donations from John & Margaret Krupa
- Other donations from other patients

Support Groups

- Florida Medical Directors Association
- Florida Geriatrics Society
- American Geriatrics Society