

Cath Lab Guide

Checking in for Cath Lab

- You will be escorted to the Cath Lab prep area while your family members will wait in the surgical waiting area on the 1st floor.
- A registered nurse will begin preparing you for your procedure by asking a few admission questions and starting your intravenous line (IV).
- Once you have been prepared for the procedure, the nurse will bring your family member back to stay with you until you are taken into the Cath lab.
- Family members will be responsible for any valuable belongings for safekeeping until you are discharged from the recovery area.

Procedure and Cath Lab

Procedure Updates

 Your physician will update your family members when your procedure is completed.

Cath Lab Recovery Room

 Once the patient is in Cath Lab Recovery, it may be up to two hours before family members are allowed to see the patient due to the patient recovering from anesthesia/sedation and the procedure.

- Family member visitation is dependent on the patient's condition and the activity in Cath Lab.
- Only one person will be allowed in the Cath Lab area for safety and privacy reasons.
- Family members will be updated by phone call once the patient is settled safely in the recovery area.

Discharge Readiness

- Once you are awake and alert, you will be provided with liquids. The nurse must witness that you are able to use the restroom prior to you being discharged.
- The nurse will review with you, and one of your family members, the discharge instructions.
- Prior to discharging your designated adult will be asked to go to the pharmacy and secure any prescription medications the doctor has ordered for you.
- Due to the sedation you were given, you are required to have a designated adult with you upon discharge for your safety.
- Once you have met the discharge criteria, the nurse will contact your loved ones and you will be escorted out by wheelchair to the front of the hospital, Building D, where your designated adult can wait to pick you up.

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