

Florida Focus

News for benefactors and friends of Cleveland Clinic Florida



Expanding Access for Residents
of the Treasure Coast

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A Letter from the CEO and President

Dear Friends:

The transformation underway at Cleveland Clinic in Florida is astounding. We are going through a dynamic period of growth, and your support has been and will continue to be invaluable.

We recently welcomed Martin Health System and Indian River Medical Center as full members of the Cleveland Clinic Health System, bringing together our organizations to form a unified team focused on compassionate care, collaboration, and innovation. The Cleveland Clinic Florida region, which now encompasses all of southeast Florida, includes nearly 10,000 caregivers with five hospitals and extensive outpatient facilities.

Cleveland Clinic's expansion has been driven by a desire to enhance access to the highest quality care, improve outcomes, and increase efficiencies. To help us attain these goals, we are establishing local and regional teams to lead us through a thoughtful integration process to create a premier academic health system in Florida.

One of our first local appointments was naming Rodolfo J. Bandon, MD, MBA, President of Cleveland Clinic Weston, overseeing all our facilities and staff in Broward and Palm Beach counties. Dr. Bandon has been part of the Cleveland Clinic family since 2001. He has played an instrumental role in our recent expansion in Broward and will continue to guide our growth and expansion in South Florida.

We have two equally talented leaders appointed to guide our Martin and Indian River teams and direct integration efforts. Greg Rosencrance, MD, formerly Chair of Cleveland Clinic's Medicine Institute in Ohio, now serves as President of Cleveland Clinic Indian River Hospital. Robert Lord, who was named President of Martin Health System in 2015, continues his leadership role serving as President of Cleveland Clinic Martin Health.

Cleveland Clinic's growth and clinical excellence are rooted in our Patients First. Because of that philosophy, we were able to achieve significant growth in 2018 while delivering world-class care.

All we have accomplished together this past year has made the celebration of Cleveland Clinic's 30th anniversary in Florida so much more meaningful. Thank you for your continued support of our mission.

With warm regards,



Wael Barsoum, MD
CEO and President,
Cleveland Clinic Florida



Expanding Access for Residents of the Treasure Coast

On January 1, 2019, Martin Health System and Indian River Medical Center officially joined the Cleveland Clinic Health System, becoming Cleveland Clinic Martin Health and Cleveland Clinic Indian River Hospital. Our goal is to combine the clinical expertise and resources of our three organizations to advance healthcare across southeast Florida.

“We are honored to work with both Indian River and Martin Health, two organizations with long-standing histories of caring for their communities,” said Wael Barsoum, MD, CEO and President of Cleveland Clinic Florida. “This is a defining moment for us all and the patients and communities we serve in the Treasure Coast and throughout the region.”

Early evidence of the benefits of our combined strengths was demonstrated when Cleveland Clinic’s Heart and Vascular Institute launched an affiliation in January 2018 with The Frances Langford Heart Center at Martin Health, which has been providing nationally recognized cardiovascular care since it opened in 2006.

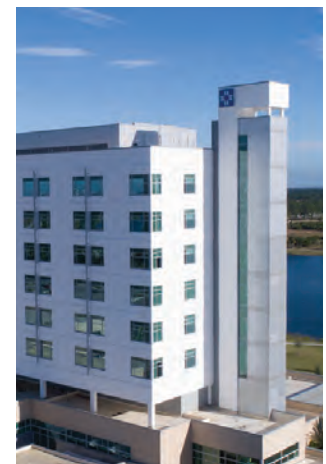
That successful partnership revealed a common mission, vision, and culture, which led to exploring other opportunities to work more closely with the not-for-profit, community-based healthcare organization that has served Martin and St. Lucie counties for more than 75 years.

A shared commitment to quality care, safety, and patient satisfaction also led Cleveland Clinic to join forces with Indian River Medical Center to build on their great foundation of care, which spans more than 85 years serving the Treasure Coast.

By uniting our organizations, we have formed a regional powerhouse consisting of five hospitals with a combined 1,054 beds, more than 30 outpatient facilities and nearly 10,000 caregivers. We can now work together to provide better care of the sick, investigation into their problems, and further education of those who serve, while continuing to focus on the needs of the individual communities we serve throughout the region.

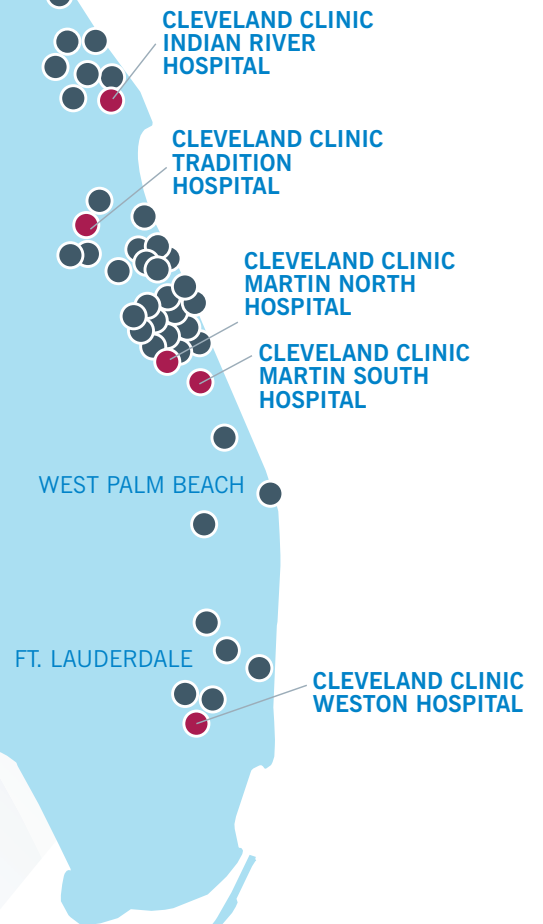


Robert Lord with Wael Barsoum, MD, and Tom Mihaljevic, MD, as they unveil the new logos for Cleveland Clinic Martin Health



CLEVELAND CLINIC FLORIDA LOCATIONS

- REGIONAL HOSPITAL
- OUTPATIENT CENTER



FIRST 100 DAYS

Looking back on the first 100 days of integration, there has been tremendous progress in creating a new regional health system to serve southeast Florida. We have laid a strong foundation built on a shared Patients First philosophy, a mutual respect for the work we do, and a desire to learn from one another.

The newly formed regional leadership team is collaborating with work teams to develop an informed, comprehensive integration plan. This includes establishing priorities that leverage our individual strengths in clinical excellence, quality, innovation and research, as well as our long-standing community relationships. Some of the early results of this formative period include:

Implementation of Cleveland Clinic's tiered huddle process across the region to support caregivers and equip leaders with key information to manage daily operations

Physical security assessments and enhancements

Team approach to patient care resulting in heart transplant case

Collaborative approach to pharmacy medication shortage

Building community outreach programs through patient panels and community physician outreach to serve our communities by tailoring care to meet their unique needs

Quality improvement initiatives

Integration planning efforts

Creation of a new board governance structure, regional leadership structure and integration plan alignment

Facilities condition assessments and prioritization



Greg Rosencrance, MD, and Wayne Hockmeyer unveil the Indian River logo



Leadership team members John Loewenberg (Martin Health), Robert Lord (Martin Health), Wael Barsoum, MD, Tom Mihaljevic, MD, Greg Rosencrance, MD, (Indian River) and Wayne Hockmeyer (Indian River)

Regional Strategic Priorities

Cleveland Clinic has been a part of the South Florida community for the past 30 years and is recognized for our unique, quality-driven approach to healthcare. As a result of our success and strong demand for broader access to Cleveland Clinic's primary and specialty care and inpatient services, we developed an intensive strategic plan to expand our footprint in Florida.

Five years later, with the addition of Martin Health and Indian River, we are building a Florida health system poised to enhance patient care, recruit new scientific and clinical talent, and provide every resource needed to deliver world-class care in each of the communities we serve.

In this time of great opportunity, our ability to take the significant strides envisioned and to create a bright future for patients still depends upon the generosity and foresight of our benefactors. Philanthropists who share our vision of improving therapies and providing the best possible comprehensive patient care remain of critical importance to our success.

Cleveland Clinic is committed to exceptional, innovative care and donors help fuel the collaboration and commitment to results that will help us deliver the best care in the region. Our Strategic Priorities Fund fosters this spirit of innovation, a Cleveland Clinic hallmark.

Your gift to the Strategic Priorities Fund will provide immediate support for Cleveland Clinic's leadership in Florida, under CEO and President Wael Barsoum, MD, to mobilize on our mission of education, research, and improved patient care and outcomes. Your support helps Cleveland Clinic in Florida fulfill the inherent promise of its guiding principles of providing the best care, investigation of the most promising research, and education of the brightest medical minds in the world, while working to help the most vulnerable in our communities.



Greg Rosencrance, MD

President, Cleveland Clinic Indian River Hospital



1 You had a pivotal leadership role at Cleveland Clinic as Chair of the Medicine Institute. Why did you choose to come to Indian River?

The opportunity to integrate Indian River into the Florida Region and entire Cleveland Clinic enterprise is an incredibly exciting undertaking. It is a once-in-a-lifetime opportunity to be part of integrating this hospital with the best healthcare system in the world, improving the health of our patients and the communities we serve.

2 What do you see as Cleveland Clinic Indian River's greatest assets?

The greatest assets that Cleveland Clinic Indian River has are the amazing and talented caregivers that care for our patients daily. The passion, dedication to quality and patient safety, empathy and teamwork that I see every day are phenomenal and are the key to meeting the healthcare expectations and needs of our patients and communities.

3 How would you describe Cleveland Clinic's plan for Indian River Hospital?

We are committed to building, strengthening and growing existing service lines at Cleveland Clinic Indian River Hospital. In addition, future plans include identifying additional services that will benefit our patients and community.

4 How quickly should the community expect to see benefits of being part of the Cleveland Clinic system?

The benefit of having Cleveland Clinic as a part of the community is already apparent. Specific examples include quickly resolving issues and providing additional supplies and resources when gaps are identified as a part of our daily huddle process. The benefit of being part of a larger system has already been on display in terms of leveraging local, regional and national clinical resources for our patients.

5 What do you think everyone should know about Cleveland Clinic?

Our North Star is Patients First. When we are faced with challenging decisions we are guided by asking "What is in the best interest of the patient?" We also treat our patients and fellow caregivers as family and treat the institution and communities we serve as our home.

6 If you could speak individually to members of the community, what would you say?

First and foremost, I would like to say thank you for the tremendously warm welcome for my wife Jackie and me, here in Vero Beach and Indian River County. I would also thank the community for the ongoing support of the Cleveland Clinic Indian River Hospital with both the volunteer efforts and philanthropy. Both of these continue to be vital to the ongoing success of the Cleveland Clinic Indian River Hospital.

7 If you had three extra hours in a given day, how would you spend that time?

I would spend additional quality time connecting with our caregivers, my family and friends, exercising, reading and reflecting on our progress and next steps in our integration journey with Cleveland Clinic.

8 If someone were to go to your office, what would they see that might surprise them?

There is a small, full-glass Coca-Cola® bottle that I have had in my office for over 20 years. It was given to me by a former patient and his family. He was terminally ill at the time. Feeling uncertain about what I could really do for him, I asked him if there was anything I could get for him. He responded by saying that he would like a six-pack of small glass Coca-Cola® bottles that he had enjoyed as a child. We obtained a carton and ensured that they were chilled on ice. He finished all but one prior to his death and his family gave me the last bottle which I have displayed in my office ever since. It reminds me every day that the little things matter a great deal to our patients and their families.

"The benefit of having Cleveland Clinic as a part of the community is already apparent."

Indian River Foundation Season Kickoff

Each November, as seasonal residents return to Vero Beach, the Foundation hosts a kick-off event for leadership-level philanthropy volunteers and members of The Malloy Society. Great energy filled the ballroom at John's Island Golf Club for the November 12, 2018 event featuring Wael Barsoum, MD, CEO and President of Cleveland Clinic Florida, and Ayman Gheith, MD, Indian River Interventional Neurologist.



Mac Donley (left) and his father Terry Donley, a member of the Foundation's Leadership Committee in the Moorings community, greet Wael Barsoum, MD, Cleveland Clinic Florida CEO and President at the Indian River Foundation Season Kickoff.

Dr. Barsoum spoke about the historical, current and future importance of philanthropy to Cleveland Clinic, and praised Cleveland Clinic Indian River for its vision and progress toward advanced stroke care. Dr. Gheith shared examples of lives saved and remarkable recoveries now possible at Indian River and explained plans to become a Comprehensive Stroke Center, with support from the Foundation.

Advocates in the ED

A trip to the emergency department can be a frightening experience, but at Cleveland Clinic Indian River Hospital, Patient Advocates provide comfort and nonclinical support to the 57,000-plus patients and their loved ones who find themselves in the ED each year.

Advocates assist with simple things like providing warm blankets, delivering coffee or TV remotes, and arranging for a patient's ride home. They help with unexpected challenges such as contacting relatives, arranging a pet sitter, or canceling appointments in the event a patient is admitted. They're also on hand to ease patients' stress when there's a difficult diagnosis.

"Everyone on our staff likes to feel that they are making a difference in patients' lives by assisting them throughout their ED visit," says Patient Advocate Program Manager Kathryn Lindsey, who brings 30 years of experience as a victim advocate to her role. "Whether we're helping a family member order lunch or just sitting and talking with patients and their families, the advocates provide a friendly, compassionate shoulder to lean on during a difficult time."

Often, patients who come to the ED via ambulance don't have their cellphones and don't know their stored numbers, Ms. Lindsey adds. "If we need to contact friends, relatives or neighbors, it takes a bit of sleuthing, but we're generally successful and everyone is grateful."

Funded entirely through gifts to Cleveland Clinic Indian River Foundation, the Patient Advocate Program started in 2005 with just two paid caregivers and has grown to include nine specially trained advocates on duty 24 hours a day, 7 days a week, 365 days a year.



If you would like to join in supporting the Patient Advocate program, visit <http://www.clevelandclinicindianrivergivetoday.org>.

Community Events

Cleveland Clinic Indian River, Campaign for Comprehensive Stroke Care Events

In seven Vero Beach communities, dedicated volunteers serve on Cleveland Clinic Indian River Foundation Leadership Committees to engage neighbors and friends in philanthropic support of the hospital. Throughout the winter-spring season, they host a variety of informational events featuring hospital leaders and physicians to promote funding priorities.

Orchid Island Golf & Beach Club Medical Forum February 18, 2019



Hosted by the Foundation Leadership Committee, presenters delivered vital information on strokes, the foundation's current campaign for Comprehensive Stroke Care, and an introduction to Cleveland Clinic. Afterward, hospital President Greg Rosencrance, MD, (left), event moderator and retired urologist Richard Milsten, MD, and interventional neurologist Ayman Gheith MD, discussed positive response from the capacity crowd.

Town Hall Forum at Windsor January 22, 2019



Hosted by members of the Cleveland Clinic Indian River Foundation Leadership Committee, Indian River Medical Associates president Charles Mackett, MD, (left) and Dr. Rosencrance, connected with new Eagle Society member Christian Hammarkjold.

Illumination Celebration

To commemorate the start of Indian River's bright future with Cleveland Clinic, the *Illumination Celebration* took place February 2, 2019. Many thanks to Presenting Sponsors JoAnne and Donald Houpt for a magical evening that began with a reception under the stars in the gardens of Scully-Welsh Cancer Center. Dining, dancing and a musical show followed, featuring Jersey Boys-style entertainment sponsored by Anne and Herb Gullquist. Proceeds from the gala benefit the Campaign for Comprehensive Stroke Care.



Gala Presenting Sponsors JoAnne and Donald Houpt

Advancing Stroke Care in Indian River Medical Forum February 6, 2019



Nick Hopkins, MD, (right), a John's Island resident and recognized leader in the field of cerebral microvascular-neuroendovascular surgery, endorsed the local program and encouraged support, speaking afterward with Mario Manzano, Interventional Neuroscience Director, and Malloy Society member Bob Gibb.



Interventional neurologists Ayman Gheith, MD, (left) and Vikas Gupta, MD, (right) responded to inquiries from Eagle Society members Peter Coxhead and Tom Bain (center left to right) who joined fellow members of the John's Island Golf Club for the event, hosted by Foundation Leadership Committee members.

Moorings Yacht and Country Club Medical Forum January 22, 2019



Introduced to the community at The Moorings Yacht and Country Club, Greg Rosencrance, MD, (left) Cleveland Clinic Indian River Hospital president, visited with Jack Weisbaum, former Indian River Medical Center Treasurer and Cleveland Clinic Indian River Foundation Leadership Committee member.



Interventional neurologist Akram Shhadeh, MD, presented vital information on advancing stroke care at Indian River, followed by an update on the Campaign for Comprehensive Stroke Care, hosted by the Foundation Leadership Committee at The Moorings Yacht and Country Club.



Sally and Tony Woodruff, Cleveland Clinic Indian River Foundation Chair, (left) with Lara Kalafatis, Philanthropy Institute Chair, and Wael Barsoum, MD, CEO and President, Cleveland Clinic Florida



Entertainment Sponsors Anne and Herb Gullquist

Building a Comprehensive Stroke Center

Last year, Indian River's award-winning Primary Stroke Center moved closer toward its goal of becoming a Comprehensive Stroke Center when it added a highly skilled interventional neurology team. Now, as the volume of advanced lifesaving stroke procedures performed at Cleveland Clinic Indian River Hospital increases, plans are underway to create a leading-edge regional stroke facility with the latest equipment, technology and top clinical talent to assess and treat the most complex strokes, aneurysms, arteriovenous malformations, and other cerebrovascular diseases.

To make that goal a reality, Cleveland Clinic Indian River Foundation has launched a \$10.5 million Comprehensive Stroke Care campaign aimed at improving access to lifesaving stroke care.

Improving Access to Stroke Care

Stroke is the fifth leading cause of death in Indian River County and an event that occurs every 40 seconds in the United States.

Nearly 87 percent of strokes are ischemic, caused by a blood clot that blocks the flow of blood to portions of the brain. The standard course of treatment for ischemic stroke is a clot-dissolving drug called tPA, which must be administered within three hours from the onset of the patient's symptoms. Beyond the three-hour window, or in instances when the onset of symptoms is unknown or the clot is too big to dissolve, patients may be candidates for thrombectomy, in which clots are removed via catheter.

Last July, Ayman Gheith, MD, Vikas Gupta, MD, and Akram Shshadeh, MD,—three neurology specialists with combined fellowship training in neurocritical care, vascular neurology, interventional neurology, and endovascular surgical neuroradiology—began treating ischemic stroke patients

at Indian River using mechanical thrombectomy, an advanced technique that has revolutionized stroke care in the U.S. While not an option for all patients, research shows the

procedure has positive results for one of every three patients if treated within 24 hours. This dramatically increases a patient's chances of returning to his or her pre-stroke health following the procedure.

"Every minute a stroke patient goes without treatment, 1.9 million neurons in the brain die," Dr. Gheith says. "In five minutes, you could lose the ability to speak and understand, the ability to swallow, or the memory of your grandchild. Getting immediate intervention could mean the difference between being permanently impaired, or worse, and returning home as if nothing happened."

"This elevated level of 24/7 stroke care is a life-changer for the nearly 350 patients diagnosed with stroke at Cleveland Clinic Indian River Hospital each year," Dr. Gheith says. "And it is added assurance for more than one million residents of the Treasure Coast."

Campaign for Comprehensive Stroke Care

"Cleveland Clinic Indian River Hospital is the region's most trusted and experienced provider of complex stroke and

cerebrovascular care," observes Gregory Rosencrance, MD, President of Cleveland Clinic Indian River. "We have the clinical expertise and patient care need. Now, our \$10.5 million capital campaign will help fund the facilities, infrastructure and technology enhancements needed to become recognized as a Comprehensive Stroke Center."

The campaign will fund a neuro-interventional suite, equipped with bi-plane angiography; an eight-bed pre-

Longtime supporters and Vero Beach philanthropists Lorne and Heidi Waxlax generously gave the first \$1 million gift helping to launch the \$10.5 million Comprehensive Stroke Center Campaign underway at Cleveland Clinic Indian River Hospital. Over the years, the Waxlaxes have provided pivotal funding for several of the community's most pressing healthcare needs, including The Waxlax Recovery Room, a major component of the medical center's master facility plan. As Cleveland Clinic Indian River Hospital Foundation Malloy Society and Legacy Society members, they are committed to ensuring that enhanced facilities, advanced technologies and an elevated level of patient care are available for current and future generations of Treasure Coast residents.

As much as they do for Cleveland Clinic Indian River Hospital, the Waxlaxes also have been generous supporters throughout the Vero Beach community they've called home for 25 years, following their personal motto, "Give where you live."



Lorne and Heidi Waxlax

and post-procedure unit; a physician/clinic office; neuro-ICU and neuro-diagnostic equipment; and a 128-slice CT scanner. Many longtime supporters have stepped forward to support this important project. To date, \$7.5 million in commitments have been received.

“We are so very fortunate to have a community of donors who consistently and enthusiastically invest in world-class healthcare close to home,” says Tony Woodruff, Chair, Cleveland Clinic Indian River Foundation.



Ayman Gheith, MD, and Brianna Parker, ARPN, reviewing CT scans of a stroke alert patient.

If you'd like to learn more about the Campaign for Comprehensive Stroke Care, please call 772.226.4960.

Caregivers Honoring Caregivers

Each year, 10 caregivers at Cleveland Clinic Indian River Hospital receive the ultimate compliment from their co-workers—a Clinical Excellence Award.

The distinguished recognition is awarded annually to nine nurses and patient service caregivers and one support caregiver. Nominated anonymously by their peers, honored caregivers are recognized for their professional commitment, positive communication skills, teamwork and expertise. Award recipients are announced at the Clinical Excellence Award Ceremony in May and each receives a \$1,500 stipend, made possible by an endowment established by The Laraja Foundation, Inc.

Joseph G. Laraja, a generous benefactor, helped create the Clinical Excellence Awards in 1999 to recognize and reward outstanding nurses, patient care services caregivers, and support staff for their outstanding commitment to excellence in patient care. Upon his 2005 passing, an endowment was made by the Laraja Foundation, Inc., to honor deserving direct care providers.

When asked what the Clinical Excellence Award meant to him, Don Willems, RN, a 2015 Clinical Excellence Award winner, responded, “It’s validation and a well-appreciated recognition by my peers that challenges me to this day to continue living up to. I feel a responsibility to remain at the top of my game, be a good steward of the nursing profession, make changes where they are needed, and take new nurses under my wing.”

2018 Clinical Excellence Award Winner Matthew Weese, RN

“This RN’s skills make him the perfect role model for others,” wrote one colleague when nominating 2018 Clinical Excellence Award Winner Matthew Weese, RN. “In addition to effectively maintaining the delivery of excellent nursing care, he promotes a positive work place through collaboration, respect and support of his colleagues...A patient recently commented with tears flowing, ‘You saved my life. I gave up on living and I really had no more hope. After you talked to me, I realized life was worth fighting for.’...He takes that extra step to make sure his patients and family members are cared for in a way that makes us all proud.”



Senior Vice President and Chief Nursing Officer Linda Walton congratulates 2018 Clinical Excellence Award Winner Matthew Weese, RN.



Robert Lord

President, Cleveland Clinic Martin Health



1 You've had more than 20 years of leadership and caregiving experience at Cleveland Clinic Martin Health System. What do you think makes us unique?

I would say that our uniqueness lies in how much we care for each other. We are genuinely like a family and we really do have each others' backs. I have heard Cleveland Clinic CEO and President, Tom Mihaljevic, MD, say many times that we should treat each other like family and treat our hospital like our home. And indeed, that's the concept we've had at this institution for as long as I have been associated with it. That's the culture I've seen at Cleveland Clinic, too, and I believe this cultural alignment is critically important as we move forward with the process of integration.

2 Cleveland Clinic Martin Health has had many great accomplishments over the years. Which one of them is top of mind for you?

To be honest, I am most proud of the fact that our health system was so good that Cleveland Clinic — one of this country's greatest, if not the greatest, healthcare organizations — decided that we were the best fit to partner with their organization. I believe that together we can do something very special in Florida. I'm proud that I was able to facilitate the creation of Tradition Medical Center in St. Lucie County, and I'm very proud of what we've done in all our service lines. We have a great heart program. We've saved so many lives and greatly improved the quality of life in our community.

3 What inspired you to become President of Cleveland Clinic Martin Health?

I'm passionate about what we do, I love the community I live in and I have a strategic vision for the future. Cleveland Clinic Martin Health caregivers have a reputation for caring, for showing compassion and for being extremely knowledgeable in their fields. We provide high-quality services in a way that lets our patients and their family members know we truly care about the patients we serve. We have an incredible opportunity to create a healthcare system that is second to none, and I am honored to be leading that journey.

4 Technology plays a key role in healthcare. Describe how technology is shaping healthcare at Cleveland Clinic Martin Health.

Surgery has always been a precise science requiring extreme talent and skill. Today at Cleveland Clinic Martin Health, our fine surgeons have improved their techniques to provide a better patient experience and faster recovery times by using minimally invasive procedures. I am most amazed by how commonplace these innovative surgical techniques are today. Now we have things like minimally invasive heart valve replacement and intraoperative radiation therapy. Advancements like that dramatically improve the quality of life for patients and allow them to recover so much faster. It makes you wonder what the next 50 years will hold in medicine.

5 You have served on a number of legislative boards and local/state committees during your career. Can you describe your experience and what you have accomplished?

I am a Fellow of the American College of Healthcare Executives and have had the privilege of serving for a couple of years on the board of the Florida Hospital Association (FHA). As a trustee of the FHA board, I helped transform the policy bylaws and successfully advocated for changes in legislation that benefited our entire healthcare system. And beginning this month, I will be chair of the FHA Advocacy Committee and will continue to promote public policy issues at the state and federal levels.

Locally, I've served on the boards of the Hibiscus Children's Center, the American Heart Association and United Way. I'm a trustee for the Martin County Chamber of Commerce and, for several years, I've helped lead the St. Lucie County Economic Development Council. I will begin a term as chair of that council this summer. I'm excited to help improve that community and grow its economic base.

6 What do you love most about your job?

I love the people I work with. Sometimes I think the most important job I do is to surround myself with great people, empower them to do their jobs and make sure they know that what they think and do is important.

"I believe that together we can do something very special in Florida."

At Cleveland Clinic Martin Health, Your Heart is in Capable and Experienced Hands

Internationally renowned Cleveland Clinic cardiologist and long-time Martin County resident, Mehdi Razavi, MD, recently sat down to welcome Cleveland Clinic Martin Health's newest cardiothoracic surgeon, Brett Beecher, MD. The cardiothoracic team at Cleveland Clinic Martin Health is led by Edward Savage, MD, medical director of Cardiothoracic Surgical Services. Dr. Beecher joins us from University Hospital, Augusta, GA.

After spending 56 years at the forefront of cardiology, Dr. Razavi has retired from practicing medicine. He is still lending his extraordinary personal touch as a volunteer physician for Volunteers In Medicine based in Stuart.

Cleveland Clinic Martin Health offers exceptional care at their Frances Langford Heart Center and is fortunate to have the combined expertise of these great surgeons.



Mehdi Razavi, MD, and Brett Beecher, MD

Patsy and George Conrades Bequeath Generous Gift to the New Martin Health Emergency Department

Patsy and George Conrades are no strangers to hospitals. In their busy life of raising five children while traveling the country and the world — George estimates they've lived in 10 different locations, from Ohio to Boston to Japan and now Florida — they have been in and out of several emergency departments.

"Your first introduction to any hospital is often through its ED," notes Patsy, who at 77 is a registered nurse and president of Stuart, Florida's, Friends of Volunteers in Medicine Clinic.

"If you don't have a fabulous emergency department that runs well, provides great service and has all the different facilities you need, I don't care how glamorous your hospital is. You need to provide that great first impression."

Both Patsy and her husband, who have been fulltime residents of Martin County for the last five years, have passed through the emergency department (ED) of Cleveland Clinic Martin North Hospital as patients. The care they received was excellent, and their personal experience has led them to make a generous bequest to help support the ED's renovation. And thanks to their generosity, the ambitious \$20 million project is fully funded, which means the ED will double in size, patient privacy will be enhanced, wait time will dramatically improve,

and the hospital will be able to add the latest equipment and technology.



Patsy and George Conrades

The Conradeses, who have been married for 56 years, are long-time philanthropists who primarily support healthcare, education and church through their giving. In 2016, they created a scholarship fund that helps local caregivers pursue nursing degrees and other advanced training in the healthcare field.

"Every hospital we've been associated with in our lives, we've been able to gift continuing education for the nurses," says George. "We are very excited that Martin Health System has become Cleveland Clinic Martin Health and look forward to being part of the exciting healthcare transformation happening in South Florida."

Errant Pacemaker Leads Patient to Lifesaving Intervention at Cleveland Clinic Martin Health

When Dan Lugosch went in for what he thought would be routine prep work for an upcoming back surgery, he received some startling news.

"In the course of all these tests, they told me I had a slow resting heart rate and at some point in the future I would need to get a pacemaker," he recalls.

Not one to take that sort of news lightly, Mr. Lugosch decided to be proactive and schedule his pacemaker before any medical emergency necessitated its implementation. So on November 7, 2018, he underwent what he believed to be a fairly normal cardiac procedure.

"One of the risks they tell you about is that the lead of a pacemaker can puncture your heart during installation," Mr. Lugosch explains. "They know about it, it's a bad thing, but it doesn't happen very often and if it does, you're in the operating room so they can fix it. So it didn't seem like a big deal to me."

Everything seemed fine after the procedure, Mr. Lugosch says, and when he was cleared by his physicians to start hitting the gym again — 80 days past the implant date — he showed up bright and early on January 1, 2019 for a light workout.

As it turns out, that workout did more harm than good. The morning after his visit to the gym, Mr. Lugosch was awakened with mild chest pains. "Nothing too ugly, but they were enough to wake me and get me out of bed," he says.

"It seemed illogical to me that after all those cardiac tests, I'd be having a heart attack, but I went very quickly from having minor pain to having real pain."

His wife drove him to the emergency department at Cleveland Clinic Martin North Hospital, where it was discovered that his pacemaker had actually punctured his heart.

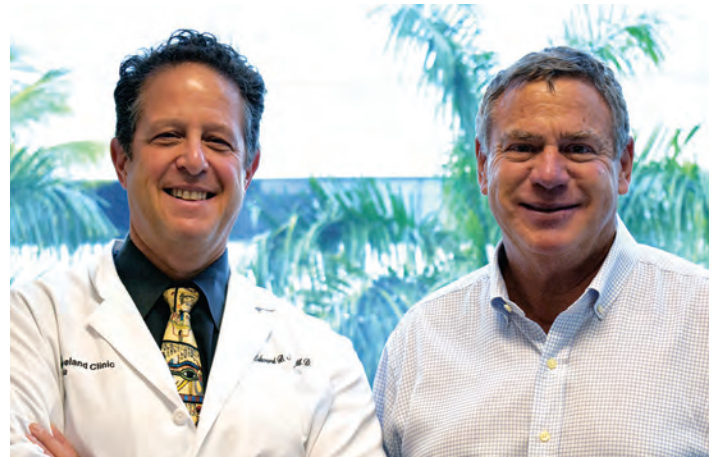
"It had eroded through the tip of his heart and into his lung, and he was bleeding quite a bit around the pacemaker lead," says Edward Savage, MD, cardiothoracic surgeon and medical director of Cardiothoracic Surgical Services at Cleveland Clinic Martin Health. "I have been in this line of work for 24 years and I've only seen this happen twice. It's highly unusual."

After an MRI revealed the source of Mr. Lugosch's pain, Dr. Savage and his team were able to use a minimally invasive surgical technique to fix the errant pacemaker lead.

"We were able to insert a small camera between his ribs and the team pulled the lead back into position," Dr. Savage recounts. "The bleeding stopped and we didn't have to open him up to do the repair."

Mr. Lugosch is extremely grateful to Dr. Savage and his dedicated clinical team for both the successful outcome and the expedited recovery time he experienced thanks to the innovative medical procedure.

"I was in the ICU for three days, but everything is good now," says Mr. Lugosch. "I had great care, I'm back in one piece, and I'm very glad to be here."



Edward Savage, MD, and Dan Lugosch

Mr. Lugosch is extremely grateful to Dr. Savage and his dedicated clinical team for both the successful outcome and the expedited recovery time he experienced thanks to the innovative medical procedure.

Grateful Patient Makes Donation to Support Neuroscience Center for the Treasure Coast

One week away from embarking on a cruise with his wife, a Treasure Coast resident began to experience crippling back pain.

"I went from feeling fine one day to not being able to walk five feet without pain a few days later," says the resident, who has chosen to remain anonymous. "And then I had to crawl up the stairs to my bedroom."

"I knew I needed medical help, and my neighbor told me that if I wanted to see the doctor who all the doctors see when they have back pain, I should go see Dr. John Robinson."

John Robinson, MD, a board-certified neurosurgeon with training from Cleveland Clinic, made time to see the new patient for over an hour, starting at 4:45 p.m. the next day. A thorough exam revealed that in addition to a lower back problem, the patient was experiencing some issues stemming from a neck condition.

"We discovered during our initial exam that he was experiencing some abnormal reflexes on one side," Dr. Robinson says. "We did an MRI on his neck and found some spinal cord compression from a disc herniation pinching the spinal cord."

The treatment for such a condition is surgery, something the patient was initially reluctant to pursue. "In my mind, 'neck surgery' is an oxymoron," the patient says. "But Dr. Robinson convinced me over time that this is a good option, that he has done more than 6,000 of these procedures, and it works really well."

The outcome of the surgery was equally successful for this patient, who says he felt completely restored before he even got home.

"I didn't take a single pain pill or any other pill that day," the patient marvels. "Not because I'm a hero, but because I didn't have any pain. Zero."

Grateful for the positive result, the patient and his wife have made a generous gift to the Cleveland Clinic Martin Health Foundation to help support the comprehensive, innovative neuroscience center.

Dr. Robinson and his colleagues at the Back and Spine Center of Cleveland Clinic Martin Health look forward to watching this center develop into a regional hub for the Treasure Coast and beyond.

"The neuroscience center is not just about surgery, it's about the management of patients with chronic disease," Dr. Robinson says. "We are very excited to build a program here like the one we have in Cleveland. It's an amazing process."



John Robinson, MD



Rodolfo J. Bandon, MD, MBA
President, Cleveland Clinic Weston



1 You've worked at Cleveland Clinic Florida for over 19 years. What do you think makes it unique?

What makes Cleveland Clinic unique is the delivery model of medicine. We are a multi-specialty group of physicians and caregivers all providing world-class care and putting patients first.

2 What are some of the organization's accomplishments that you are most proud of?

Some of the major accomplishments have been the new advanced facilities and programs that we have built providing greater access to care and improving the patient experience.

The new Weston hospital tower offers a leading-edge emergency department, intensive care units and all new private rooms for patients. Just a couple of years old, the Egil and Pauline Braathen Center offers outstanding cancer and neurological care in a beautiful environment.

The addition of our transplant program (liver, kidney and heart) and our designation as a comprehensive stroke program are making a tremendous difference in our community and saving patients' lives.

3 What inspired you to become a physician and specialize in interventional radiology?

I wanted to help others at their most vulnerable moments. I became fascinated with the rapidly changing specialty of minimally invasive interventional radiology procedures, in which I specialize.

4 What exactly is an interventional radiologist?

An interventional radiologist is a physician trained to perform minimally invasive diagnostic and therapeutic procedures throughout the body using image guidance such as fluoroscopy, ultrasound and computer tomography (CT). Interventional radiologists treat and diagnose arterial and venous vascular diseases and treat cancers by directing chemotherapy and radioactive beads into the vascular supply.

5 Which technological advancement in healthcare has amazed you the most?

I am amazed at the continuous advances in imaging that have enhanced visualization of anatomic structures using CT and magnetic resonance imaging (MRI). This has led to more precise diagnosis with subsequent treatments. In CT, we can now evaluate vascular structures in a 3-D fashion. For instance, the anatomic details using 3 Tesla MRI helps us to determine the origin of epilepsy that can later be treated surgically.

6 What was the first decision you made as president of Cleveland Clinic Weston?

I worked with our facilities team to complete a safety assessment of our campus, focusing on the safety of both patients and caregivers.

7 If you had three extra hours in a given day, how would you spend it?

I would always choose to spend it with my family enjoying time at the pool, shopping, and delicious meals.

8 In just two words, how would you describe the caregivers at Cleveland Clinic Weston?

Kind and engaged.

9 If someone were to go to your office, what would they see that might surprise them?

The pictures of my three daughters ranging in age from 2 years to 21 years.

10 What do you love most about your job?

I love the excellent team of caregivers I work with side by side every day. The collaborative and collegial team of caregivers makes working at Cleveland Clinic a pleasure. Everyone is committed to our mission of taking care of the sick, investigation into their problems and further education of those who serve.

"The collaborative and collegial team of caregivers makes working at Cleveland Clinic a pleasure."

Cleveland Clinic Florida Ball: A Night in Monte Carlo

The glamour and panache of the French Riviera enveloped The Breakers Palm Beach on February 23, when guests spent *A Night in Monte Carlo*, the theme of the 11th annual Cleveland Clinic Florida Ball.

Chairs of the annual benefit were longtime Cleveland Clinic supporters Milly and Patrick Park, Nancy and Bill Rollnick, and Kathryn and Leo Vecellio. Honorary Chairs included Julie and Mike Connors and Mary and Tom Gilbane. Paula Butler, Connie Frankino, Beth Lang, Diann Scaravilli and Laurie Silvers served as Vice Chairs.

Sydell L. Miller was the Grand Honorary Chairwoman. A highlight of the evening was the presentation of the 2019 Sydell L. Miller Award, established in 2011 to honor individual dedication to our mission of providing world-class care to patients. Nancy and Gene Beard received the award for their longtime support of Cleveland Clinic Florida. As lifelong learners who are passionate about education, the Beards have funded several educational community outreach programs and medical education initiatives for physicians, nurses and other medical professionals.

Proceeds from the ball, which raised \$1.4 million, will support new priorities at the Tomsich Health and Medical Center in Palm Beach. These include the addition of nuclear medicine and stress echocardiograms service lines, increasing the current capacity of the infusion suite by expanding the number of exam rooms from four to eight bays, and an upgrade of the existing pharmacy.



From left, Gene, Gregory and Nancy Beard



From left, Sean and Beth Lang and guests



From left, Tom Mihaljevic, MD, CEO and President of Cleveland Clinic, with Ball Chairmen Bill and Nancy Rollnick, Milly Park, Kathryn and Leo Vecellio, and Wael Barsoum, MD, CEO and President of Cleveland Clinic Florida



From left, Wael Barsoum, MD, Foundation Trustees Gordon Latz and Steve Mehallis, and Eric Weiss, MD, Chief Academic Officer

The Harry T. Mangurian, Jr. Simulation Lab Opens at the Weston Campus

Named after the late benefactor, The Harry T. Mangurian, Jr. Simulation Lab ribbon cutting ceremony took place on March 19, 2019 at the Weston Campus. The “Lab” will be a center that will provide learning opportunities for medical caregivers and the medical community. In attendance, were special guests and Foundation Trustees Gordon Latz and Steve Mehallis and Cleveland Clinic caregivers.

Cleveland Clinic Florida Celebrates 30th Anniversary

Four hundred patients, supporters, caregivers and community members turned out for *Celebrate!* on November 9, 2018, marking Cleveland Clinic Florida's 30th anniversary. The event at the Marriott Harbor Beach Hotel in Fort Lauderdale also recognized five physicians who were designated Master Clinicians in a separate ceremony earlier that evening.

Wael Barsoum, MD, CEO and President, Cleveland Clinic Florida, noted that 2018 was a milestone year for many reasons, including launching the Concierge Medicine Program, opening a medical office, unveiling the Coral Springs Family Health Center and expanding the Weston campus.



Chase Sweers, pictured with his mother and breast cancer survivor Kim Sweers, committed to raising \$10,000 to support breast cancer patients and research

"It's been a year filled with unprecedented growth and access to our world-class care across southeast Florida," he said at the event. "None of this would be possible without you. Every guest here tonight has contributed in some way. Each of you is part of the growth and success of our organization, which is shaping the future of

healthcare. I am always inspired by the things that set us apart – our mission, our values and our Patients First philosophy."

Lauding Master Clinicians, Viviane Connor, MD; John Donohue, MD; Dalia McCoy, MD; Preetesh Patel, MD; and Raul Rosenthal, MD, Dr. Barsoum said, "Tonight, we most certainly celebrate you, and we thank you for your unwavering dedication and clinical excellence."

The physicians were honored for their commitment to providing exceptional patient care, educating the next generation of physicians, and collaborating with colleagues on behalf of patients.

"They are role models, scholars and lifelong learners," Dr. Barsoum said. "These talented and trusted medical specialists represent the best in high-quality, collaborative and compassionate care."

Funds raised from the celebration will benefit the Lozick Women's Center, which will be dedicated to breast health and the screening, diagnosis and treatment of breast cancer. It is scheduled to open in the fall of 2020.



Master Clinician honoree Dalia McCoy, MD, with her husband Sean and their daughters Daphney and Daisy



From left, Michael Sprague, MD, and Master Clinician honoree Viviane Connor, MD, with her husband Bob



From left, Emanuele Lo Menzo, MD, George and Betsy Matthews, Christian Chiarelli, PA, and Master Clinician honoree Raul Rosenthal, MD



Master Clinician honoree Pre Patel, MD, with fellow orthopaedic caregivers



From left, Hossam Elzawawy, MD, Jessica Padin, Master Clinician honoree John Donohue, MD, Gloria Villalta, and Catherine Crochetiere

Customers' Spare Change Adds Up at Panera Bread Cafés

Last year, Panera Bread cafés continued their support of the AutoNation Cancer Care Fund at the Maroon Cancer Center at Cleveland Clinic Florida, providing a generous gift of \$19,760 raised through the company's Community Breadbox program.

Panera encouraged customers to drop their spare change in boxes at select stores across Broward County. All proceeds benefited the Cancer Care Fund, which is used to provide complimentary services to patients undergoing cancer treatment, including a patient resource center; art, speech and music therapy; individual counseling; and wigs, caps, facials, yoga, Reiki and massage therapy.



Zeina Nahleh, MD (center), Maroon Cancer Center Director, with Panera Bread representatives Dena Chislak (left) and Kelly Eppy (right)

Health Matters Luncheon and Lecture

Sponsored by the Nancy and Gene Beard Palm Beach County Education and Leadership Fund, the annual Health Matters Luncheon was held December 13, 2018 at the Eau Palm Beach Resort and Spa. Featured speakers Viviana Navas, MD, Medical Director of the Heart Transplant program; Carlos Higuera-Rueda, MD, Director of the Orthopaedic and Rheumatologic Center; and Jason Vanatta, MD, Surgical Director of Abdominal Transplantation, presented on the latest medical innovations available to patients today.



From left, Gene Beard, Viviana Navas, MD, Carlos Higuera-Rueda, MD, Jason Vanatta, MD, Viviane Connor, MD, and Nancy Beard

Athletic Training Residency Program Receives Funding

Grateful for the care they received from Brian Leo, MD, orthopaedic surgeon, and his athletic trainer, Kelsey Moreno, Terrie and Lucius B. McKelvey made a multi-year commitment to aid in the funding of the Athletic Training Residency Program. The 12 month program splits time between the sports medicine clinical practice in our Coral Springs location and the orthopaedic surgical practices. "We thank the McKelveys for their investment in our future—getting us closer to our goal of making the Coral Springs facility the sports medicine hub in South Florida," Dr. Leo says.



From left, Kelsey Moreno, Terrie McKelvey, Brian Leo, MD, and Lucius B. McKelvey

With Good Healthcare in Mind, Businessman Supports Heart and Vascular Research

"Recruit the best and let them lead" has been Donald Sussman's philosophy throughout his successful business career. And that is what he has helped Cleveland Clinic Florida do with his generous gift to the Heart & Vascular Center. Mr. Sussman, Founder and Chief Investment Officer of the Paloma Fund, gave \$2 million to create the S. Donald Sussman Distinguished Chair in Heart and Vascular Research.

"I am thrilled to be able to make this gift and even more thrilled with Cleveland Clinic's worldwide reputation for research and expertise in cardiac care," Mr. Sussman says.

Jose L. Navia, MD, FACC, is the inaugural holder of the S. Donald Sussman Distinguished Chair and will take on the role of Chairman of the Heart & Vascular Center this spring. Dr. Navia's expertise as a cardiothoracic surgeon and his leadership in innovation will enhance Cleveland Clinic's world-renowned heart and vascular program in Florida.

"Mr. Sussman's remarkable generosity will provide needed funding to enrich our medical education and research into advanced and transformational technology, such as minimally invasive, catheter-based options for mitral valves," Dr. Navia says. "We are very grateful that we have the opportunity to continue to move forward in this important work."



S. Donald Sussman

Mr. Sussman, 72, was inspired to support the program when the South Florida native moved back to the area in 2014 after being away for almost 50 years. Mr. Sussman says that good healthcare tends to be on your mind as you age. So, he wanted to do something to support this.

"It's really wonderful to see the quality of people Cleveland Clinic has attracted," he says. "I want to support them to continue to recruit the best and also provide the resources to support their research. I am the support person. They are the leaders."

He adds that he hopes his gift will inspire others to come forward and give to Cleveland Clinic where there is a need.

Since 1998, Jose Navia, MD, FACC, has served as a cardiothoracic surgeon within the Sydell and Arnold Miller Family Heart & Vascular Institute at Cleveland Clinic's main campus in Ohio. Dr. Navia is an international leader and pioneer in cardiothoracic surgical techniques and devices. He received the prestigious Cleveland Clinic Innovator of the Year Award for 12 consecutive years (2004-2016) for his groundbreaking research. In 2017, he received both the Leadership in Innovation Award for Cleveland Clinic's Heart & Vascular Institute and the Outstanding Innovation in Medical Device Award at Cleveland Clinic.

A native of Argentina, Dr. Navia earned his medical degree from the School of Medicine at the National University of La Plata in Buenos Aires, Argentina. He completed his internships and residencies in general surgery, cardiovascular surgery and cardiothoracic surgery in Argentinian hospitals, and completed fellowship training at Cleveland Clinic.



Jose Navia, MD, FACC

Lozick Women's Center to Open Fall 2020

Currently under construction at the Weston campus, the Lozick Women's Center will be dedicated to breast health and the screening, diagnosis and treatment of breast cancer. Scheduled to open in the fall of 2020 and funded entirely through philanthropy, the center will provide unparalleled support services and a seamless, holistic experience for patients in a 6,800-square-foot space on our Weston campus.

The Lozick Women's Center will foster care team collaboration and provide patients with access to the most advanced technology in a comfortable and supportive environment. Patients will be cared for by a multi-specialty team of Cleveland Clinic Florida breast surgeons, medical oncologists, radiation oncologists, breast radiologists, plastic surgeons, breast pathologists, physician assistants, nurses and a certified breast patient navigator.

Because of this team's efforts, Cleveland Clinic Florida is a designated Breast Center of Excellence and an Accredited Cancer Program by the American College of Surgeons, as well as a Breast Imaging Center of Excellence by the American College of Radiology. Demand for this high-quality care is growing, and the new women's center will be there to meet it.

Patient care and support of the Lozick Women's Center will include:

- A patient resource and education center with information on prevention, early detection, outreach and support.
- Complementary medicine services including massage therapy, Reiki, yoga, nutrition education, art therapy, and a wig boutique.
- Comprehensive psychotherapy services including both traditional and nontraditional therapies, such as heart-centered meditation and guided imagery.
- Genetic counseling for cancer risk assessment and treatment planning.
- Support programs that will help patients navigate the changes and challenges associated with breast cancer.

FUNDED ENTIRELY THROUGH PHILANTHROPY



Top row: Jomarie Cortes, MD, Maria Artze, MD, Margaret Thompson, MD, Cara Kondaki, LCSW, Bottom row: Zeina Nahleh, MD, Maroon Cancer Center Director, Cassann Blake, MD, and Elizabeth Stone, MD.



Cleveland Clinic supporter, Debbie Menten with Zeina Nahleh, MD, FACP



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