

Diabetes Education Classes

Department of Endocrinology

American Diabetes Association (ADA) Accredited Classes

Why attend?

There is a lot to learn about your Diabetes. The classes provide 10 hours of valuable information. Classes are important because all of this information can not be learned in your regular clinic appointments.

Who should attend?

Whether you have a new diagnosis of diabetes or if you have had diabetes for many years; everyone benefits from learning the most reliable, up-to-date, evidence-based education. So whether you want to start off right, or up date your knowledge- Everyone benefits!

Who teaches the classes?

Classes are led by Phyllis Bruno MS, RN, CDE. The different areas (e.g. nutrition, exercise, etc) are taught by qualified health professionals in their respected areas of expertise.

What is the Cost?

Classes are generally covered by insurance. You must verify your benefits with your insurance company and you pay your co-pay.

When are classes held?

Class dates will vary. Dates are subject to change. Class times are 8 am -12 pm. Classes during the week are typically on Monday and Tuesday mornings. Saturday classes are offered during a few months out of the year. Follow-up classes are 2 hours and will vary in time based on if you attend on a weekday or weekend. You will have to register for classes with the scheduling department and they can inform you of available class dates. Scheduling Department: 954.659.5124.