How do I get started?
Just follow the footsteps to your health…

1. ✔ Attend Information Session
2. ☐ Appointment with surgeon
   Meeting with insurance specialist
3. ☐ Make appointment for pre-op nutrition class
   and begin medically supervised diet
4. ☐ Pre-op consults and clearances
5. ☐ Pre-op testing
6. ☐ Patient calls nurses when all consults and testing are complete
7. ☐ Insurance authorization
   Can take up to 6 weeks
8. ☐ Office coordinator calls patient with surgery date
   after insurance authorization
9. ☐ Pre-op appointment with primary care physician
   Must be within 30 days of surgery date
10. ☐ Pre-op appointment at Clinic
    Patient will see anesthesiology and receive all pre-op
    instructions
    Liquid diet begins
11. ☐ Office coordinator will call patient the day before surgery
    with arrival time
12. ☐ Pre-op clinic will call the day before surgery to begin
    pre-hospitalization assessment
13. ☐ **SURGERY DAY**
14. ☐ First post-op visit:
    10 days to 2 weeks
    Please call to schedule
15. ☐ 2-month post-op visit
    Please call to schedule
16. ☐ 6-month post-op visit
    Please call to schedule
17. ☐ 1-year post-op visit
    Please call to schedule
18. ☐ Annual visit to surgeon and blood work for life

Bariatric & Metabolic Institute • 2950 Cleveland Clinic Blvd. • Weston, FL 33331 • 954.659.5239 • clevelandclinicflorida.org
Quick reference

Bariatric Surgery

- Appointments: 877.463.2010
- Office Coordinator: 954.659.5239
- Nurses: 954.659.5239
- Dietitians: 954.659.5874
- Insurance Specialist: 954.659.6195
- Hospital Coordinator: 954.689.5806
- In case of an emergency, ask for your doctor by calling: 954.689.5000

Call your insurance company to confirm that Bariatric Surgery is a covered procedure.