

# Patient Services

Located on the 1<sup>st</sup> floor of the Braathen Center

Class schedule available on the reverse side of this flyer and in the Patient Resource Center.

For more information on any of the services listed please call 954.659.5840, unless otherwise indicated.

ClevelandClinicFlorida.org

#### **Patient Resource Center**

The Braathen Center Patient Resource Area provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging.

#### 4th Angel Mentoring Program

Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin. 866.520.3197, 4thangel.org | 4thangel@ccf.org

#### **Psychological Services**

Individual and family therapy for patients and caregivers. Therapy will focus on developing techniques and strategies to help manage and cope with substantial stress, mood difficulties, and cancer-related threats to health. This counseling service is provided through insurance coverage. Possible co-payment.

Call 954.659.5840 to find out more and schedule an appointment.

#### **American Cancer Society**

Transportation and lodging assistance. Call 800.227.2345.

#### Art Therapy

Individual, family and group-oriented sessions geared to engage in active, therapeutic art making, the creative process, and respective reflection, insight-oriented discussion in/through all stages of treatment. No art background necessary. All materials provided and complimentary to service. 954.659.5840

#### **Beauty/Body Image Services**

An oncology esthetician can help to calm and hydrate the skin from side effects of chemotherapy and radiation, as well as assist with personal image recovery. Available every Tuesday and Wednesday. Call 954.659.5840 for scheduling.

#### Beauty in the Face of Cancer

A program designed for cancer patients recently diagnosed or currently going through chemotherapy and/or radiation whom are facing challenges with their skin and image. Learn about ingredients, skin care routine, eyebrow and eyelash recreation and the do's and dont's before, during and after treatment. Every 3rd Wednesday from 5:00 p.m. – 7 p.m. 954.487.2918 for reservations.

#### **Breast Cancer Book Club**

Every other month Email bejunev@ccf.org for reservations.

#### Massage Therapy

Complimentary one hour light massage that gently manipulates the soft tissues to release muscle tension and pain, ease anxiety, increase circulation, and help improve body function. Available Mondays, Thursdays and Fridays. 954.659.5840

#### Men's Support

Forum for men with cancer to provide group support and education, 954,389,2496.

#### **Music Therapy Services**

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. No musical background required. 954.659.5840

#### **Nutrition Services**

Individual and group sessions available for patients and families to discuss nutrition needs before, during, and after treatment. 954.659.5840

#### **Social Work Services**

Assistance with resources including financial and emotional/social support. 954.659.5840

#### Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our patients actively undergoing treatment. Monday – Friday, 8:00 a.m. – 4:30 p.m. You can ask your nurse or social worker for more information.



## **Cancer Center**

# November 2021

For information on any of the services listed call the Patient Resource Center at 954-659-5840.

### Monthly events

Next Steps – Patient Orientation, Every Wednesday, 10–11:00 a.m., **Virtual Microsoft Teams Meeting**, Pre-register by emailing <a href="mailto:nyenbrl@ccf.org">nyenbrl@ccf.org</a> Spanish Version available upon request

Beauty in the Face of Cancer Program, Every 3<sup>rd</sup> Wednesday, 5-7 p.m., **Virtual Teams Meeting**, Pre-register by calling (954) 487-2918

Blood Cancer Support Group, Every 3<sup>rd</sup> Tuesday, 12-1 p.m., **Virtual Zoom Meeting**, Pre-register by calling the <u>LLS at (954-744-5310)</u>

Virtual "Surviving and Thriving" Support Group, Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday, 12-1 p.m. Pre-register by email <u>santoss2@ccf.org</u>

Virtual "Living Long Term with Breast Cancer" Support Group, Every 3<sup>rd</sup> Wednesday, 5:30-6:30 p.m. Pre-register by email <a href="mailto:santoss2@ccf.org">santoss2@ccf.org</a>

\*\*Breast Cancer Book Club (Virtual)
Book- "Nine Perfect Strangers" by Liane Moriarty
Email: Clarkc7@ccf.org for more information

\*\*Leukemia and Lymphoma Society, Light the Night (Virtual)

Email: Specind@ccf.org for more information

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 11 a.m12 p.m. VIrtual Art Therapy Open Studio	3 10-11 a.m. Virtual New Pt Orientation	4	5	6
7	8	9 11 a.m12 p.m. Virtual Art Therapy Open Studio	10-11 a.m.Virtual New pt Orientation 5:30pm Breast Cancer Book Club	11	12	13
14	15	11 a.m12 p.m. Virtual Art Therapy Open Studio 12-1 p.m. Blood Cancer Support Group	10-11 a.m. Virtual New pt Orientation 5-7 p.m. Beauty in the Face of Cancer 5:30-6:30p.m. Living Long Term with Breast Cancer Support Group	18 **6-8 p.m. LLS Light The Night	19	20
21	22	23 11 a.m12 p.m. Virtual Art Therapy Open Studio	10-11 a.m. Virtual New pt Orientation	*CLINIC CLOSED HAPPY THANKSGIVING*	26	27
28	29	30 11 a.m12 p.m. Virtual Art Therapy Open Studio				