

Patient Services

Located on the
1st floor of the
Braathen Center

Class schedule
available on the
reverse side of this
flyer and in the Patient
Resource Center.

For more information
on any of the services
listed please call
954.659.5840, unless
otherwise indicated.

ClevelandClinicFlorida.org

Patient Resource Center

The Braathen Center Patient Resource Area provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging.

4th Angel Mentoring Program

Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin. 866.520.3197, 4thangel.org | 4thangel@ccf.org

Psychological Services

Individual and family therapy for patients and caregivers. Therapy will focus on developing techniques and strategies to help manage and cope with substantial stress, mood difficulties, and cancer-related threats to health. This counseling service is provided through insurance coverage. Possible co-payment. Call 954.659.5840 to find out more and schedule an appointment.

American Cancer Society

Transportation and lodging assistance. Call 800.227.2345.

Art Therapy

Therapeutic expression - lead by Art Therapist, Rachel Upton-Rice, MPS, ATR-BC, LCAT - using a variety of visual arts media including, but not limited to: drawing, painting, collage, and sculpture. 954.659.5840

Beauty/Body Image Services

An oncology esthetician can help to calm and hydrate the skin from side effects of chemotherapy and radiation, as well as assist with personal image recovery. Available every Tuesday & Wednesday on the third floor. 954.659.5840

Beauty in the Face of Cancer

A program designed for cancer patients recently diagnosed or currently going through chemotherapy and/or radiation whom are facing challenges with their skin and image. Learn about ingredients, skin care routine, eyebrow and eyelash recreation and the do's and don't's before, during and after treatment. Every 3rd Wednesday from 5:00 p.m. – 7 p.m. 954.659.5000, Ext 38012 for reservations

Breast Cancer Book Club

Every other month
Call 954.659.5604, for updated book selection

Massage Therapy

Complimentary one hour light massage that gently manipulates the soft tissues to release muscle tension and pain, ease anxiety, increase circulation, and help improve body function. 954.659.5840

Men's Support

Forum for men with cancer to provide group support and education. 954.389.2496.

Music Therapy

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. No musical background required. 954.659.5840

Nutrition Services

Individual and group sessions available for patients and families to discuss nutrition needs before, during, and after treatment. 954.659.5840

Social Work Services

Assistance with resources including financial and emotional/social support. 954.659.5840

Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our patients actively undergoing treatment. Monday – Friday, 8:00 a.m. – 4:30 p.m. You can ask your nurse or social worker for more information.

For information on any of the services listed call the Patient Resource Center at 954-659-5840.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------------------------------------|---|--|---|--------|----------|
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | | 11 a.m.-12 p.m. Art Therapy Open Studio | 10-11 a.m. Next Steps | 4-5 p.m. Virtual Yoga | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | | 11 a.m.-12 p.m. Art Therapy Open Studio | 10-11 a.m. Next Steps 5:30-7:30pm Breast Cancer Book Club | 12-1 p.m. Surviving and Thriving Support Group 4-5 p.m. Virtual Yoga | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | 12-1 p.m. Blood Cancer Support Group | 11 a.m.-12 p.m. Art Therapy Open Studio | 10-11 a.m. Next Steps 5-7 p.m. Beauty in the Face of Cancer | 4-5 p.m. Virtual Yoga | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | 11 a.m.-12 p.m. Art Therapy Open Studio | 10-11 a.m. Next Steps | 10-11 a.m. Cooking Demonstration** 12-1 p.m. Surviving and Thriving Support Group 4-5 p.m. Virtual Yoga | | |
| 30 | 31 | | | | | |
| | Clinic Closed | | | | | |

****Must pre-register for Cooking Demonstration by calling (954) 487-2253 Held in 3rd floor Art Therapy Room.**

Monthly events

Next Steps – Patient Orientation, Every Wednesday, 10–11:00 a.m., **Virtual Microsoft Teams Meeting**, Pre-register by emailing nyenbrL@ccf.org *Spanish Version available upon request*

Virtual Yoga, Every Thursday, 4 -5 p.m., Pre-register by calling [\(954\) 487-2132](tel:954-487-2132)

Beauty in the Face of Cancer Program, Every 3rd Wednesday, 5-7 p.m, **Virtual Zoom Meeting**, Pre-register by calling [\(954\) 487-2918](tel:954-487-2918)

Blood Cancer Support Group, Every 3rd Tuesday, 12-1 p.m., **Virtual Zoom Meeting**, Pre-register by calling the [LLS at \(954-744-5310\)](tel:954-744-5310)

Virtual “Surviving and Thriving” Support Group, Every 2nd and 4th Thursday, 12-1 p.m. Pre-register: [\(954\) 659-5840](tel:954-659-5840)

Upcoming Events

Breast Cancer Book Club, Wednesday, May 12th, 5:30-7:30 p.m., **Virtual Meeting**, Pre-register by calling [\(954\) 659-5604](tel:954-659-5604)