Cleveland Clinic Florida

# Cancer Center



## Patient Services

**Located on the 1st floor of the Braathen Center**

**Class schedule available on the reverse side of this flyer and in the Patient Resource Center.**

**For more information on any of the services listed please call 954.659.5840, unless otherwise indicated.**

**ClevelandClinicFlorida.org**

**Patient Resource Center**
The Braathen Center Patient Resource Area provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging.

**4th Angel Mentoring Program**
Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin. 866.520.3197, 4thangel.org | 4thangel@ccf.org

**Psychological Services**
Individual and family therapy for patients and caregivers. Therapy will focus on developing techniques and strategies to help manage and cope with substantial stress, mood difficulties, and cancer-related threats to health. This counseling service is provided through insurance coverage. Possible co-payment.
Call 954.659.5840 to find out more and schedule an appointment.

**American Cancer Society**
Transportation and lodging assistance.
Call 800.227.2345.

**Art Therapy**
Therapeutic expression - lead by Art Therapist, Rachel Upton-Rice, MPS, ATR-BC, LCAT - using a variety of visual arts media including, but not limited to: drawing, painting, collage, and sculpture. 954.659.5840

**Beauty/Body Image Services**
An oncology esthetician can help to calm and hydrate the skin from side effects of chemotherapy and radiation, as well as assist with personal image recovery. Available every Tuesday & Wednesday on the third floor. 954.659.5840

**Beauty in the Face of Cancer**
A program designed for cancer patients recently diagnosed or currently going through chemotherapy and/or radiation whom are facing challenges with their skin and image. Learn about ingredients, skin care routine, eyebrow and eyelash recreation and the do's and dont's before, during and after treatment. Every 3rd Wednesday from 5:00 p.m. – 7 p.m. 954.659.5000, Ext 38012 for reservations

**Breast Cancer Book Club**
Every other month
Call 954.659.5604, for updated book selection

**Massage Therapy**
Complimentary one hour light massage that gently manipulates the soft tissues to release muscle tension and pain, ease anxiety, increase circulation, and help improve body function. 954.659.5840

**Men's Support**
Forum for men with cancer to provide group support and education. 954.389.2496.

**Music Therapy**
Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. No musical background required. 954.659.5840

**Nutrition Services**
Individual and group sessions available for patients and families to discuss nutrition needs before, during, and after treatment. 954.659.5840

**Social Work Services**
Assistance with resources including financial and emotional/social support. 954.659.5840

**Wig Boutique**
The wig boutique carries complimentary wigs, hats and other accessories for our patients actively undergoing treatment. Monday – Friday, 8:00 a.m. – 4:30 p.m. You can ask your nurse or social worker for more information.

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Amy Sinbondit, *Ensō Flow*, 2017, porcelain/stoneware and glaze ceramic installation. Site-specific commission for Cleveland Clinic Taussig Cancer Center.

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# June 2021

For information on any of the services listed call the Patient Resource Center at 954-659-5840.

## Monthly events

Next Steps – Patient Orientation, Every Wednesday, 10–11:00 a.m., **Virtual Microsoft Teams Meeting**, Pre-register by emailing nyenbrL@ccf.org *Spanish Version available upon request*

Beauty in the Face of Cancer Program, Every 3rd Wednesday, 5-7 p.m, **Virtual Zoom Meeting**, Pre-register by calling (954) 487-2918

Blood Cancer Support Group, Every 3rd Tuesday, 12-1 p.m., **Virtual Zoom Meeting**, Pre-register by calling the LLS at (954-744-5310)

Virtual "Surviving and Thriving" Support Group, Every 2nd and 4th Thursday, 12-1 p.m. Pre-register by email santoss2@ccf.org

Virtual "Living Long Term with Breast Cancer" Support Group, Every 3rd Wednesday, 5:30-6:30 p.m. Pre-register by email santoss2@ccf.org

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| | | 1<br>11 a.m.-12 p.m. Art Therapy Open Studio | 2<br>10-11 a.m. Next Steps | 3 | 4 | 5 |
| 6 | 7 | 8<br>11 a.m.-12 p.m. Art Therapy Open Studio | 9<br>10-11 a.m. Next Steps | 10<br>12-1 p.m. Surviving and Thriving Support Group | 11 | 12 |
| 13 | 14<br>12-1 p.m. Blood Cancer Support Group | 15<br>11 a.m.-12 p.m. Art Therapy Open Studio | 16<br>10-11 a.m. Next Steps<br>5:30-6:30p.m. Living Long Term with Breast Cancer Support Group | 17 | 18 | 19 |
| 20<br>**Must pre-register for Cooking Demonstration by calling (954) 487-2253 Held in 3rd floor Art Therapy Room. | 21 | 22 | 23<br>10-11 a.m. Next Steps<br>5-7 p.m. Beauty in the Face of Cancer | 24<br>10-11 a.m. Cooking Demonstration**<br>12-1 p.m. Surviving and Thriving Support Group | 25 | 26 |
| 27 | 28 | 29<br>11 a.m.-12 p.m. Art Therapy Open Studio | 30<br>10-11 a.m. Next Steps | | | |