

For information on any of the services listed call the Patient Resource Center at 954-659-5840.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
		11 a.m.-12 p.m. Art Therapy Open Studio	10-11 a.m. Next Steps <i>English</i>	4-5 p.m. Virtual Yoga		
10	11	12	13	14	15	16
		11 a.m.-12 p.m. Art Therapy Open Studio	10-11 a.m. Next Steps <i>English</i> 5:30-7:30pm Breast Cancer Book Club	2-3 p.m. Ostomy Support Group 4-5 p.m. Virtual Yoga		
17	18	19	20	21	22	23
		11 a.m.-12 p.m. Art Therapy Open Studio 12-1 p.m. Blood Cancer Support Group	10-11 a.m. Next Steps <i>English</i> 5-7 p.m. Beauty in the Face of Cancer	10-11 a.m. Next Steps <i>Spanish</i> 4-5 p.m. Virtual Yoga		
24	25	26	27	28	29	30
		11 a.m.-12 p.m. Art Therapy Open Studio	10-11 a.m. Next Steps <i>English</i>	10-11 a.m. Cooking Demonstration** 2-3 p.m. Ostomy Support Group 4-5 p.m. Virtual Yoga	12-1 p.m. Surviving and Thriving Support Group	
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\*\*Must pre-register for Cooking Demonstration by calling (954) 487-2253 Held in 3<sup>rd</sup> floor Art Therapy Room.

## Monthly events

Next Steps – Patient Orientation (**English Version**), First Wednesday, 10–11:00 a.m., **Virtual Zoom Meeting**, Pre-register by emailing [nyenbrl@ccf.org](mailto:nyenbrl@ccf.org)

Next Steps – Patient Orientation (**Spanish Version**), Third Thursday, 10–11:00 a.m., **Virtual Zoom Meeting**, Pre-register by emailing [nyenbrl@ccf.org](mailto:nyenbrl@ccf.org)

Virtual Yoga, Every Thursday, 4 -5 p.m., Pre-register by calling [\(954\) 487-2132](tel:9544872132)

Blood Cancer Support Group, Every 3<sup>rd</sup> Tuesday, 12-1 p.m., **Virtual Zoom Meeting**, Pre-register by calling the [LLS at \(954-744-5310\)](tel:9547445310)

Beauty in the Face of Cancer Program, Every 3<sup>rd</sup> Wednesday, 5-7 p.m., 3<sup>rd</sup> Floor Art Therapy Room **or Virtual Option Available**, Pre-register by calling [\(954\) 487-2918](tel:9544872918)

Virtual Ostomy Support Group, Every Other Thursday, 2-3 p.m. Pre-register by calling [\(954\) 487-2237](tel:9544872237) or email [nyenbrl@ccf.org](mailto:nyenbrl@ccf.org)

## Upcoming Events

Breast Cancer Book Club, Wednesday, January 13<sup>th</sup>, 5:30-7:30 p.m., **Virtual Meeting**, Pre-register by calling [\(954\) 659-5604](tel:9546595604)

Virtual “Surviving and Thriving” Support Group, Friday, January 29<sup>th</sup>, 12-1 p.m. Pre-register: [\(954\) 659-5840](tel:9546595840)