

Patient Services

Located on the
1st floor of the
Braathen Center

Class schedule
available on the
reverse side of this
flyer and in the Patient
Resource Center.

For more information
on any of the services
listed please call
954.659.5840, unless
otherwise indicated.

Patient Resource Center

The Braathen Center Patient Resource Area provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging.

4th Angel Mentoring Program

Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin. 866.520.3197, 4thangel.org | 4thangel@ccf.org

Acupuncture

A practice of inserting fine needles into the skin along specific points to bring balance and ease symptoms experienced from treatments or medications. Available Wednesdays & Fridays. 954.659.5840

Art Therapy

Therapeutic expression - lead by Art Therapist, Rachel Upton-Rice, MPS, ATR-BC, LCAT - using a variety of visual arts media including, but not limited to: drawing, painting, collage, and sculpture. 954.487.2367

Beauty/Body Image Services

An oncology esthetician can help to calm and hydrate the skin from side effects of chemotherapy and radiation, as well as assist with personal image recovery. Available every Tuesday & Wednesday on the third floor. 954.659.5840

Breast Cancer Book Club

Every other month, 954.659.5604

High Tea

Relax during tea time with patients, families, friends and staff. High Tea is held on the 1st floor of the Braathen Center on the 1st and 3rd Wednesday of each month. No reservations necessary. 2:00 p.m. – 3:30 p.m.

Life Coach & Holistic Psychotherapy

Includes traditional talk psychotherapy and non- traditional therapies including meditation, guided imagery, breath therapy and HeartMath biofeedback. 954.659.5840, Option 2.

Massage Therapy

Complimentary one hour light massage that gently manipulates the soft tissues to release muscle tension and pain, ease anxiety, increase circulation, and help improve body function. 954.659.5840

Men's Support

Forum for men with cancer to provide group support and education. 954.389.2496.

Music Therapy

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. No musical background required. 954.487.2261

Nutrition Services

Individual and group sessions available for patients and families to discuss nutrition needs before, during, and after treatment. 954.659.5840

Reiki

Reduce stress and anxiety and increase relaxation and energy levels through the "power of the human touch". This complementary wellness therapy promotes healing and a sense of positive well-being. 954.659.5840

Social Work Services

Assistance with resources including financial and emotional/social support. 954.659.5840

Survivorship Brunch

Survivorship is living with, through, and beyond cancer. This means that cancer survivorship starts at diagnosis. Last Friday of each month. 9:00 a.m. – 10:00 a.m. 954.487.2237

Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our patients actively undergoing treatment. Monday – Friday, 8:00 a.m. – 4:30 p.m. You can ask your nurse or social worker for more information.

Yoga

Complimentary classes. Gentle and chair yoga, for patients and caregivers. 954.487.2131

For information on any of the services listed call the Patient Resource Center at 954-659-5840.

Monthly events

Gilda's Club on the Go Support Group
Second & Fourth Tuesday, 5:30 – 6:30 p.m.,
3rd Floor Art Therapy Room

New Patient Orientation
Every Wednesday, 10–11:00 a.m., 3rd Floor
Art Therapy Room

High Tea for Patients & Caregivers
First & Third Wednesday, 2 – 3:30 p.m., 1st
Floor Lobby

Survivorship Brunch, Last Friday, 9 – 10:00
a.m., 3rd Floor Art Therapy Room

Yoga, Every Thursday, 4 -5 p.m., Room 202

Upcoming events

CCF “Get Your Pink On”
Wednesday, October 16th, 2019

Making Strides Against Breast Cancer
Saturday, October 26th, 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				11 a.m.-12 p.m. Art Therapy Open Studio 4-5 p.m. Yoga		
4	5	6	7	8	9	10
		11 a.m.-12 p.m. Art Therapy Open Studio	10-11 a.m. New Patient Orientation 2-3:30 p.m. High Tea	11 a.m.-12 p.m. Art Therapy Open Studio 4-5 p.m. Yoga		
11	12	13	14	15	16	17
<i>Music Therapy Monthly Theme: “The Beatles.” Please inquire with Angie Ortega for more information (954) 487-2261</i>		11 a.m.-12 p.m. Art Therapy Open Studio 5:30-6:30 p.m. Gilda's Club Support Group	10-11 a.m. New Patient Orientation	11 a.m.-12 p.m. Art Therapy Open Studio 4-5 p.m. Yoga		
18	19	20	21	22	23	24
<i>**Must pre-register for Cooking Demonstration by calling (954) 487- 2237. Held in 3rd floor Art Therapy Room.</i>		11 a.m.-12 p.m. Art Therapy Open Studio	10-11 a.m. New Patient Orientation 2-3:30 p.m. High Tea	10-11 a.m. Cooking Demonstration** 11 a.m.-12 p.m. Art Therapy Open Studio 4-5 p.m. Yoga		
25	26	27	28	29	30	31
	11 a.m.-12 p.m. Art Therapy Open Studio 5:30-6:30 p.m. Gilda's Club Support	10-11 a.m. New Patient Orientation	11 a.m.-12 p.m. Art Therapy Open Studio 4-5 p.m. Yoga		9-10 a.m. Survivorship Brunch	