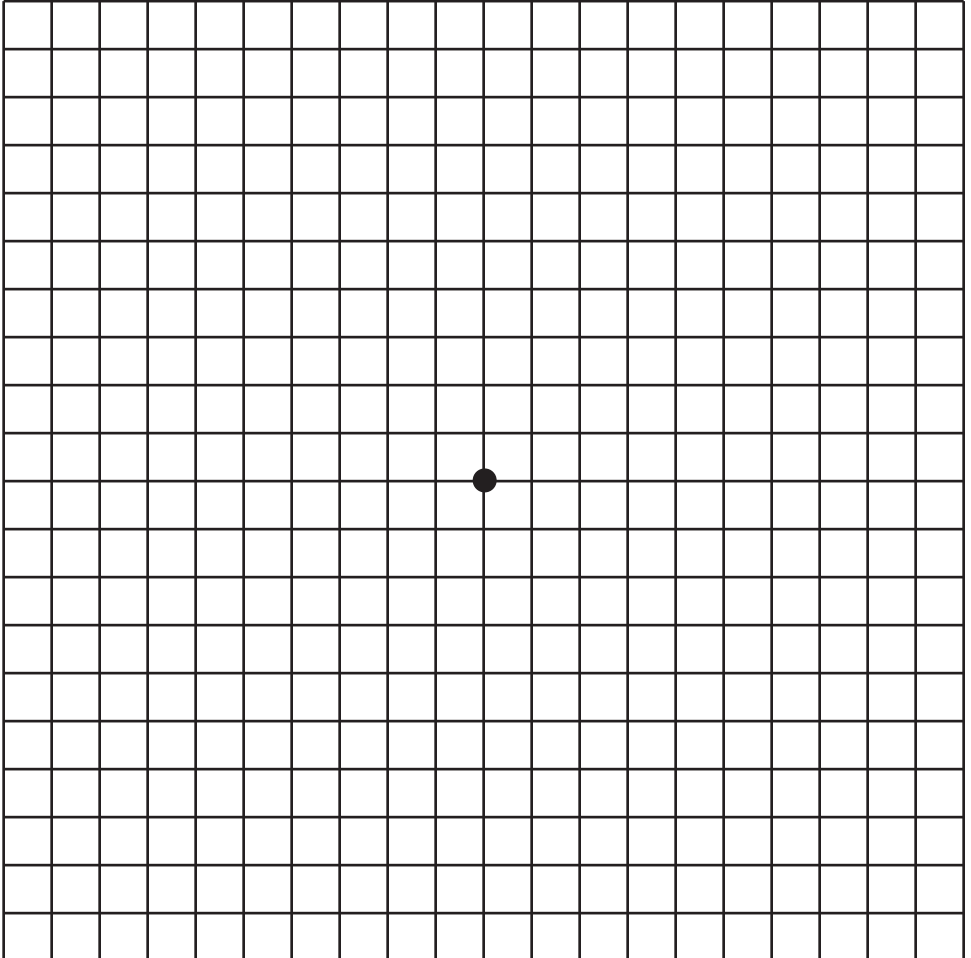


Macular Degeneration Vision Test

If any distortion, blur, discoloration or abnormality occurs, call for an appointment right away.



Instructions on back

Macular Degeneration Vision Test

One very good way to test the central vision in order to detect even the smallest changes when they first appear is to use the Amsler grid. A person with macular degeneration may notice distortion of the grid pattern such as bent lines and irregular box shapes or a gray shaded area.

Instructions on using the Amsler grid:

- While wearing glasses, hold Amsler grid at a reading distance.
- Cover one eye.
- Stare at center dot.
- Check to see if all the lines are straight and that all squares are the same size.
- If any distortion, blur, discoloration or abnormality consistently occurs, see your ophthalmologist right away.
- **Remember to test both eyes.**