



# CELEBRATE Sisterhood®

with  Cleveland Clinic



**Linda D. Bradley, MD**  
Chair/Founder  
Celebrate Sisterhood®

**Co-Chairs:**

Lyla Blake-Gumbs, MD  
Angela Kyei, MD, MPH, FAAD  
Andrea L. Sikon, MD  
Ana Monica Yepes-Rios, MD, FACP

**15<sup>th</sup> Anniversary Event  
Advisory Co-Chairs**

Kathleen Adams  
Trina Bediako  
Simone E. Swanson  
Imani Denmark Tibbs



**Welcome**  
Tom Mihaljevic, MD  
CEO and President  
Cleveland Clinic



**Mistress of Ceremonies:**  
Lydia Esparra  
News Anchor, WOIO-TV 19

**KeyBank**  




# Nourish. Replenish. Flourish!

**15 Years of Dedication to Multicultural Women's Health**

**Saturday, Oct. 20, 2018**

7:30 a.m. – 3:30 p.m.

Executive Caterers at Landerhaven  
6111 Landerhaven Drive  
Mayfield Heights, Ohio 44124

Registration and breakfast begin at 7:30 a.m.  
Program begins at 8:45 a.m.

**KEYNOTE PRESENTATION:**

**“How to Go from Surviving to Thriving”**  
Ellen Burts-Cooper, PhD, MBA

**PANEL DISCUSSIONS:**

**“Younger Next Year: Live Vibrantly, Passionately and Fit for a Lifetime”**  
Angela Kyei, MD, MPH | Andrea Sikon, MD, FACP | Pelin Batur, MD, FACP | Lyla Blake-Gumbs, MD  
**“Love Does Not Hurt: Empowering Stories of Life after Violence”**  
Diane Young, MD, | Thelma Lampkins | Renita Jefferson

**LIVE:  
Celebrity Chef Cooking Demonstrations**

Ryan Salter | Brandon Chrostowski | Yolanda Ramos and Rhonda Sharpley

**SPECIAL PRESENTATION:**

**“Risk-reducing Strategies in Gynecologic Cancer: The Power of Positive Energy”**  
Jason Knight, MD

PLEASE SEE REVERSE FOR DETAILS ON OUR SPEAKERS AND SPECIAL GUESTS

## Speakers and Special Guests



Pelin Batur, MD



Lyla Blake-Gumbs, MD



Rev. Amy Greene, DMin



Renita Jefferson



Jason Knight, MD



Ellen Burts-Cooper, PhD, MBA



Angela Kyei, MD, MPH,  
FAAD



Thelma Lampkins



Andrea Sikon, MD



Diane Young, MD



Ana Monica  
Yepes-Rios, MD, FACP



Trina Bediako  
President, NH Acquisitions  
Corporation

## Celebrity Chefs



Brandon Chrostowski



Yolanda Ramos



Ryan Salter



Rhonda Sharpley

## EXPERIENCE IT ALL!

- Heart-Healthy Breakfast
- “Flavorful Foods from around the Globe” lunch extravaganza
- Food and lifestyle vendors
- Health screenings
- Door prizes and raffles
- “Ask the Doctor” information sessions
- Health and wellness information and exhibits
- On-site Cleveland Clinic appointment schedulers
- Conference bags and lots of goodies to take home!

### SPACE IS LIMITED.

**Advance registration required — no ticket sales at the door.**

#celebratesisterhood

### FREE PARKING

**KeyBank**  


**Registration fee:** \$65 per person. Pay by credit card only. All payments are non-refundable and non-transferable. If you have special menu or seating needs, please let us know when you register.

If you plan to register as a group who would like to be seated together, you must register online as a group and include all names at the time of registration. Include first and last name for each person. Names cannot be added to your group at a later time. In addition, payment must be made for the entire group at the time of registration. Companion seating will not be guaranteed without complete and accurate information.

This conference sells out every year — register early to reserve your spot!

**For more information or to register online, visit [clevelandclinic.org/CelebrateSisterhood2018](http://clevelandclinic.org/CelebrateSisterhood2018) or call 844.748.0814 (toll-free).**