



Survive and Thrive

Education Series

Connect with others who have experienced cancer and learn ways to cope with changes from cancer treatment with Cleveland Clinic's virtual support group series. This free series provides education, support and resources to help you live well.

2025	Time EDT	Series Name
Jan. 9	11:30 a.m.-12:30 p.m.	Parenting and Family Issues After Cancer
Feb. 13	11:30 a.m.-12:30 p.m.	Eating Well After Cancer
Mar. 13	11:30 a.m.-12:30 p.m.	Preventive Care and Health Maintenance
Apr. 10	11:30 a.m.-12:30 p.m.	Sleep Issues After Cancer
May 8	11:30 a.m.-12:30 p.m.	LGBTQ+ Survivorship
Jun. 12	11:30 a.m.-12:30 p.m.	Scanxiety (Scan Anxiety)
Jul. 10	11:30 a.m.-12:30 p.m.	Fertility Preservation
Aug. 14	11:30 a.m.-12:30 p.m.	Self-Image Issues After Cancer
Sep. 11	11:30 a.m.-12:30 p.m.	Sexual Health After Cancer
Oct. 9	11:30 a.m.-12:30 p.m.	Healthcare Partners/ Peer-to-Peer Discussion
Nov. 13	11:30 a.m.-12:30 p.m.	Managing Stress After Cancer

To register or learn more, visit clevelandclinic.org/cancersurvivethrive or call **216.445.CARE (2273)**.

Zoom details and login information will be sent to you prior to each session.

