

For information on any of the services listed call the Patient Resource Center at 216.444.0611.

Monthly events

Brain Tumor Support Group

Fourth Wednesday, 5 – 7 p.m.
Gross Family Art Therapy Suite

Upcoming events

Patient Services Spotlight:

Experience the benefits of Art Therapy
Monday, January 13, 11 a.m. – 1 p.m.
1st Floor Lobby

Featured Art Therapy Project:

TBA
Tuesday, January 21, 1– 3 p.m.
Art Therapy Studio, 1st Floor
Contact Lisa Shea at 216-444-2479 or sheal@ccf.org to register

Feel More Like You:

Cosmetics Education Class
Tuesday, January 21, 1 – 3 p.m.
Art Therapy Studio, 1st Floor
For more information or to register please call at 216-444-2578.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>* Reserve a spot for Art Therapy Open Studio, please call 216-444-2479.</i></p> <p><i>*Yoga is now being held on the 5th floor in conference room CA5-120A.</i></p>	30 12-12:30 p.m. Mindfulness Meditation <i>*Meditation Rm.</i>	31 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i>	1 9 -11 a.m. Art Therapy (Open studio) 2:30-3:30 p.m. High Tea with guest musician	2 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i>	3 9-11 a.m. Art Therapy (Open studio)	4
5	6 12-12:30 p.m. Mindfulness Meditation <i>*Meditation Rm.</i>	7 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i>	8 9 -11 a.m. Art Therapy (Open Studio) 2:30-3:30 p.m. High Tea with guest musician	9 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i> 1-3 p.m. Art Therapy (Open studio)	10 9-11 a.m. Art Therapy (Open studio)	11
12	13 11 a.m.-1 p.m. Patient Services Spotlight 12-12:30 p.m. Mindfulness Meditation <i>*Meditation Rm.</i>	14 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i>	15 9 -11 a.m. Art Therapy (Open studio) 2:30-3:30 p.m. High Tea with guest musician	16 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i> 1-3 p.m. Art Therapy (Open studio)	17 9-11 a.m. Art Therapy (Open studio)	18
19	20 12-12:30 p.m. Mindfulness Meditation <i>*Meditation Rm.</i>	21 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i> 1-3 p.m. Cosmetics Education Class <i>*Art Therapy Studio</i>	22 9 -11 a.m. Art Therapy (Open studio) 2:30-3:30 p.m. High Tea with guest musician	23 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i> 1-3 p.m. Art Therapy (Open Studio)	24 9-11 a.m. Art Therapy (Open studio)	25
26	27 12-12:30 p.m. Mindfulness Meditation <i>*Meditation Rm.</i>	28 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i>	29 9 -11 a.m. Art Therapy (Open studio) 2:30-3:30 p.m. High Tea with guest musician	30 10-11:30 a.m. Yoga <i>*CA5-120A/5th flr</i> 1-3 p.m. Art Therapy (Open Studio)	31 9-11 a.m. Art Therapy (Open studio)	



Patient Services

Located on the 1st floor of the Taussig Cancer Center

Class schedule available on the reverse side of this flier and in the Patient Resource Center.

For more information on any of the services listed, call the Patient Resource Center at 216.444.0611, unless otherwise indicated.

Patient Resource Center

The Scott Hamilton & Helen McLoraine Patient Resource Center provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging. Monday–Friday, 7:30 a.m.–4 p.m. 216.444.0611

4th Angel Mentoring Program

Receive complimentary, one-on-one phone or email support from patient or caregiver mentors who have made the same journey you are about to begin.

216.445.8734 | Toll-free 866.520.3197, 4thangel.org | 4thangel@ccf.org

Art Therapy

Patients and families can explore the expressive, healing power of art using a variety of media, including drawing, painting, collage and sculpture. 216.444.2479

Chemocare.com

A comprehensive resource that provides chemotherapy drug and side effect information, cancer wellness information, and links to additional reliable resources and organizations.

High Tea at Taussig

Relax during tea time with patients, families, friends and staff. High Tea is held weekly in the lobby. No reservations necessary. Wednesdays, 2:30–3:30 p.m.

Mindfulness Meditation

A trained and certified meditation guide provides complimentary mindfulness meditation services to patients and their family members. 216.445.9415

Music Therapy

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. 216.636.3715

Reflections Wellness Program

Take time to relax with reiki, reflexology, massage, skin care and cosmetic consultations. Services are complimentary for Cleveland Clinic patients currently being treated for cancer. Monday–Friday, by appointment. 216.444.3527

Reiki

Reduce stress and anxiety and increase relaxation and energy levels through the “power of the human touch”. This complementary wellness therapy promotes healing and a sense of positive well-being. 216.445.9415

Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our adult patients actively undergoing treatment. Monday–Friday, 8 a.m.–3:30 p.m. or by appointment. 216.445.6885

Yoga

Complimentary classes. Patients and families are welcome. Tuesdays and Thursdays, 10–11:30 a.m. 440.840.1839