

Cancer Center

November 2019

For information on any of the services listed call the Patient Resource Center at 216.444.0611.

Monthly events

Breast Cancer Support Group

Third Monday, 10 – 11:30 a.m., Gross Family Art Therapy Suite

Brain Tumor Support Group

Fourth Wednesday, 5 – 7 p.m., Gross Family Art Therapy Suite

Upcoming events

Patient Services Spotlight:

Discover the Reflections Wellness Program
2nd floor lobby
Monday, November 18, 11 a.m. – 1 p.m.

Reflect and Find Inner Wisdom & Strength through Journaling:

Contact Don Iannone at 216-445-9415 or iannond@ccf.org for more information

Featured Art Therapy Project: Wash Your Cares Away, Soap Making

Tuesday, November 19, 1 p.m. – 3 p.m.
Art Therapy Studio, 1st Floor
Contact Lisa Shea at 216-444-2479 or sheal@ccf.org to register

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>* Reserve a spot for Art Therapy Open Studio, please call 216-444-2479.</p> <p>*Yoga is now being held on the 5th floor in conference room CA5-120A.</p>					9-11 a.m. Art Therapy (Open studio)	1 2
3	4	5	6	7	9-11 a.m. Art Therapy (Open studio)	8 9
	12-12:30 p.m. Mindfulness Meditation *Meditation Rm.	10-11:30 a.m. Yoga * CA5-120A/5 th flr 12:30-1 p.m. Mindfulness Meditation * Meditation Rm.	9-11 a.m. Art Therapy (Open Studio) 2:30-3:30 p.m. High Tea with guest musician	10-11:30 a.m. Yoga *CA5-120A/5 th flr 1-3 p.m. Art Therapy (Open studio)		
10	11	12	13	14	9-11 a.m. Art Therapy (Open studio) 2:30-3:30 p.m. High Tea with guest musician	15 16
	12-12:30 p.m. Mindfulness Meditation *Meditation Rm.	10-11:30 a.m. Yoga *CA5-120A/5 th flr	9-11 a.m. Art Therapy (open studio) 2:30-3:30 p.m. High Tea with guest musician	10-11:30 a.m. Yoga *CA5-120A/5 th flr 1-3 p.m. Art Therapy (Open studio)		
17	18	19	20	21	9-11 a.m. Art Therapy (Open Studio)	22 23
	11 a.m.-1 p.m. Patient Services Spotlight 12-12:30 p.m. Meditation *Meditation Rm.	10-11:30 a.m. Yoga * CA5-120A/5 th flr	9-11 a.m. Art Therapy (Open Studio) 2:30-3:30 p.m. High Tea with guest musician	10-11:30 a.m. Yoga *CA5-120A/5 th flr 1-3 p.m. Art Therapy (Open Studio)		
24	25	26	27	28	9-11 a.m. Art Therapy *Cancelled 2:30-3:30 p.m. High Tea with guest musician	29 30
	12-12:30 p.m. Mindfulness Meditation *Meditation Rm.	10-11:30 a.m. Yoga *Cancelled	9-11 a.m. Art Therapy *Cancelled 2:30-3:30 p.m. High Tea with guest musician	10-11:30 a.m. Yoga *Cancelled 1-3 p.m. Art Therapy *Cancelled		



Patient Services

Patient Resource Center

The Scott Hamilton & Helen McLoraine Patient Resource Center provides brochures, a lending library, Internet access, and information on support groups, patient-related events, transportation and lodging. Monday–Friday, 7:30 a.m.–4 p.m. 216.444.0611

Located on the 1st floor of the Taussig Cancer Center
Class schedule
available on the reverse side of this flier and in the Patient Resource Center.

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Music Therapy

Explore the creative, expressive ways music can aid patients and family members during treatment through listening, reflecting, singing or playing. 216.636.3715

Reflections Wellness Program

Take time to relax with reiki, reflexology, massage, skin care and cosmetic consultations. Services are complimentary for Cleveland Clinic patients currently being treated for cancer. Monday–Friday, by appointment. 216.444.3527

Reiki

Reduce stress and anxiety and increase relaxation and energy levels through the “power of the human touch”. This complementary wellness therapy promotes healing and a sense of positive well-being. 216.445.9415

Wig Boutique

The wig boutique carries complimentary wigs, hats and other accessories for our adult patients actively undergoing treatment. Monday–Friday, 8 a.m.–3:30 p.m. or by appointment. 216.445.6885

Yoga

Complimentary classes. Patients and families are welcome. Tuesdays and Thursdays, 10–11:30 a.m. 440.840.1839

Mindfulness Meditation

A trained and certified meditation guide provides complimentary mindfulness meditation services to patients and their family members. 216.445.9415