



# Caring for the **Care Partner**

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## Virtual Education Series

If you are caring for a loved one living with cancer, you are not alone. We are here to support you. We've created an online program to share educational resources and opportunities to connect with other care partners. The programs will include a short presentation by our cancer center experts, followed by a question and answer session.

### **Care Partner 101**

Learn about resources and support services at Taussig Cancer Center. We have a range of programs available to help you in your care partner role.

### **Supporting a Loved One with Cancer**

Coping with a loved one's cancer can be overwhelming. Each month, join us to learn about topics that will help you find comfort throughout your journey of caring for someone with cancer. You will also hear from other care partners and discover ways to practice self-care.

### **Navigating Disability, Insurance and Financial Questions**

Cancer treatment can be costly and figuring out how to pay for care can be stressful. We are here to help and support you. In this session, you will learn how to access insurance and financial resources.

**To register or learn more about our Virtual Support Group Series, visit [clevelandclinic.org/taussigcarepartnersupport](https://clevelandclinic.org/taussigcarepartnersupport) or call 216.445.CARE (2273)**

**Zoom details and login information will be sent to you prior to each session.**



# February - December 2023

Wednesday, February 1, 2023   12-1 p.m.	Care Partner 101
Wednesday, February 8, 2023   12-1 p.m.	Supporting a Loved One with Cancer: 4th Angel Mentoring Program
Wednesday, March 1, 2023   12-1 p.m.	Care Partner 101
Wednesday, March 8, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Intimacy and Relationships During Cancer
Wednesday, April 5, 2023   12-1 p.m.	Care Partner 101
Wednesday, April 12, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Virtual Reiki and Mindfulness Meditation
Thursday, April 13, 2023   12-1 p.m.	Navigating Disability, Insurance, and Financial Questions
Wednesday, May 3, 2023   12-1 p.m.	Care Partner 101
Wednesday, May 10, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Concrete Ways to Help Someone with Cancer
Wednesday, June 7, 2023   12-1 p.m.	Care Partner 101
Wednesday, June 14, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Recognizing Neurological Issues Related to Cancer Care and Treatment
Wednesday, July 5, 2023   12-1 p.m.	Care Partner 101
Wednesday, July 12, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Using Art and Music as Self-Care
Thursday, July 13, 2023   12-1 p.m.	Navigating Disability, Insurance, and Financial Questions
Wednesday, August 2, 2023   12-1 p.m.	Care Partner 101
Wednesday, August 9, 2023   12-1 p.m.	Supporting a Loved One with Cancer: 4th Angel Mentoring Program
Wednesday, September 6, 2023   12-1 p.m.	Care Partner 101
Wednesday, September 13, 2023   12-1 p.m.	Supporting a Loved One with Cancer: How to Talk with Children about Cancer
Wednesday, October 4, 2023   12-1 p.m.	Care Partner 101
Wednesday, October 11, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Caring for Someone with Memory Loss
Thursday, October 12, 2023   12-1 p.m.	Navigating Disability, Insurance, and Financial Questions
Wednesday, November 1, 2023   12-1 p.m.	Care Partner 101
Wednesday, November 8, 2023   12-1 p.m.	Supporting a Loved One with Cancer: Coping with Loss of Appetite
Wednesday, December 6, 2023   12-1 p.m.	Care Partner 101
Wednesday, December 13, 2023   12-1 p.m.	Supporting a Loved One with Cancer: 4th Angel Mentoring Program

Cleveland Clinic Cancer Center offers many helpful education and support services for patients, family members and care partners. To learn more, visit [clevelandclinic.org/cancerservices](https://clevelandclinic.org/cancerservices)