

## Moral Distress Reflective Debriefs Facilitator Training



The Nursing Ethics Program and the Clinical Ethics Immersion Program (CLEIP) are excited to offer a two-day training in facilitating **Moral Distress Reflective Debriefs (MDRDs)**.

Moral distress is the psychological distress that occurs because of a moral issue and may be experienced by any healthcare worker. Unmitigated moral distress can lead to burnout, and cause healthcare workers to leave their place of work or profession. Facilitated by an

Ethicist and social worker/counselor, MDRDs are designed to provide healthcare workers with a safe moral space to share their experiences of moral distress with peers, and the impact of morally distressing patient scenarios on them professionally and personally. Ethicist facilitators work with attendees to critically reflect on the ethical issues and engage in perspective-taking. Second facilitators create an environment for perspective taking by sharing reactions, fostering resiliency, and discussing support mechanism.

In this training, attendees will learn about the process steps of an MDRD from intake to post-debrief, the role of the different co-facilitators, and explore ways to optimize the co-facilitation team to meet the needs of their organizations. They will also reflect on their own facilitation style and learn to:

- recognize ethical issues and moral distress
- encourage sharing of values
- encourage perspective-taking
- respond to distress
- share empowerment strategies

**We encourage attendees to bring a partner with whom they would co-facilitate MDRDs.**

Participants will be required to complete an online training module prior to the start of the session. Continuing Education credits are pending.

### Training Date and Time

Monday, April 15<sup>th</sup>: 10:30am-6:00pm

Tuesday, April 16<sup>th</sup>: 7:30am-2:00pm

### Location

Foundation House  
Cleveland Clinic 8615 Euclid Ave UA Bldg.  
Cleveland, OH 44195

### Tuition Rates

Standard Full MDRD Course: \$1295  
Facilitation Partner: \$895  
CLEIP Add on: \$850  
CLEIP Alumni: \$1150

To apply, please submit a short letter of interest with CV to [CLEIP@ccf.org](mailto:CLEIP@ccf.org) by December 1<sup>st</sup>.