



# 2023 Bereavement Support Services

Cleveland Clinic Bereavement Support Groups are focused on caring for you through compassionate listening and quality grief education. The free services are provided to anyone needing support on their grief journey.

**Group gatherings are currently offered online through Microsoft Teams unless otherwise stated. To sign up for any group, please call 216.444.9819.**

## All Grief

This monthly drop-in group is for all grievers. There is no set agenda and is good even if you aren't ready to talk but just need the company of people who understand grief.

**Dates:** 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of each month

**Time:** 5:00 – 6:30 p.m.

## Child Loss

This monthly drop-in group brings together parents who are grieving the loss of an adult child and seeking to find hope in the process of grief.

**Dates:** 1<sup>st</sup> Tuesday of each month

**Time:** 4:00 – 5:00 p.m.

## Parent Loss

This monthly drop-in group is for adults who are working through the death of a parent or parent figure and reflecting on the legacy they left.

**Dates:** 2<sup>nd</sup> Tuesday of each month

**Time:** 4:00 – 5:00 p.m.

## In Person

This monthly drop-in group is for all grievers who would like to meet face-to-face for support.

**RSVP Required.**

**Location:** 3358 Ridgewood Rd  
Akron, OH 44333

**Dates:** 2<sup>nd</sup> Wednesday of the month

**Time:** 2:00 – 3:00 p.m.

## Partner/Spouse Loss

This monthly drop-in group is for adults who wish to connect with others who are experiencing the loss of a partner.

**Dates:** 3<sup>rd</sup> Tuesday of each month

**Time:** 4:00 – 5:00 p.m.

## Sibling Loss

This monthly drop-in group explores the unique place that our brothers and sisters have in our lives and the challenges presented after one passes away.

**Dates:** 4<sup>th</sup> Tuesday of each month

**Time:** 4:00 – 5:00 p.m.

# 2023 Spring Bereavement Groups & Events

**Partner/Spouse Loss** – This weekly series is for adults who wish to connect with others who are experiencing the loss of a spouse. Attendees can expect a caring and confidential environment and learn healthy and effective coping skills while meeting others.

**Dates:** Wednesdays, Jan. 11 – Mar. 1

**Time:** 4:00 – 5:30 p.m.

**Dates:** Mondays, Mar. 27 – May 1

**Time:** 4:00 – 5:30 p.m.

**Dates:** Fridays, Jun. 2 – Jul. 21

**Time:** 4:00 – 5:30 p.m.

**Loss of a Parent** – This weekly group is for adults who are working through the death of a parent or parent figure. Join us as we explore the lives of our parents, how we have changed since their passing, and the legacy they left.

**Dates:** Thursdays, Jan. 19 – Mar. 9

**Time:** 4:00 – 5:30 p.m.

**Dates:** Wednesdays, Apr. 5 – May 10

**Time:** 4:00 – 5:30 p.m.

**Loss of a Sibling** – This weekly group explores the unique place that our brothers and sisters have in our lives and the challenges presented after one passes away. Come and share how each of us is shaped and changed by the life and death of our siblings.

**Dates:** Fridays, Mar. 3 – Apr. 21

**Time:** 4:00 – 5:30 p.m.

**Child Loss** – This weekly series brings together parents who are grieving the loss of an adult child. No matter how old or young, the death of a child is a life changing experience and this group will focus on overcoming challenges and finding hope in the process of grief.

**Dates:** Thursdays, Mar. 30 – May 18

**Time:** 4:00 – 5:30 p.m.

## Grief Support for Youth

Cleveland Clinic Hospice offers a variety of free grief support options for elementary through high school aged youth. Professional and skilled staff aim to provide a creative outlet for children through art, music and movement. Youth can learn healthy ways of coping with difficult feelings of grief and find support and connection with their peers. If interested, please call 216.444.9819 or visit [clevelandclinic.org/grief](https://clevelandclinic.org/grief).

### Middle/High School Group (7<sup>th</sup> – 12<sup>th</sup> Grade)

**Dates:** 2<sup>nd</sup> Tuesday of each month

**Time:** 4:00 p.m. – 5:00 p.m.

### Elementary School Group (K – 6<sup>th</sup> Grade)

**Dates:** 4<sup>th</sup> Tuesday of each month

**Time:** 4:00 p.m. – 5:00 p.m.

### Camp Promise (K – 6<sup>th</sup> Grade)

**Location:** Brushwood Lodge – Furnace Run  
4955 Townsend Rd, Richfield, OH

**Dates:** August 1 – 3

**Time:** 8:00 a.m. – 4:00 p.m.

**Cost:** Free