

Third Wednesday of the month



Bariatric & Metabolic Institute

2019 Twinsburg Support Groups

Date	Time	Facilitator	Topic
April 17	12:00 noon to 1:00 p.m.	Kalman Bencsath, MD	Ask a Surgeon Q & A
June 19	12:00 noon to 1:00 p.m.	Beth A. Czerwony, MS,RD,LD	Vacation Eating—How To Do It The Healthy Way
August 21	12:00 noon to 1:00 p.m.	Nini Peterson, PhD	Body Image: The Good, The Bad, and The Ugly
October 16	12:00 noon to 1:00 p.m.	Jennifer Mackey, CNP	Maximizing Protein & Fluid Intake
December 18	12:00 noon to 1:00 p.m.	Beth A. Czerwony , MS,RD,LD & Nini Peterson, PhD	Healthy Holiday Eating

All support groups are held in our large conference room at CCF
Twinsburg Family Health Center Conf Rm-TWGLL-118 (Basement)