

Arts & Medicine Institute

NEWSLETTER

Volume II – 2015

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Art therapy provided at the bedside for pediatric patients is one of the most successful and meaningful programs of the Arts & Medicine Institute.

We would like to thank the numerous individuals, corporations and foundations whose generous donations help support the work of the Arts & Medicine Institute.

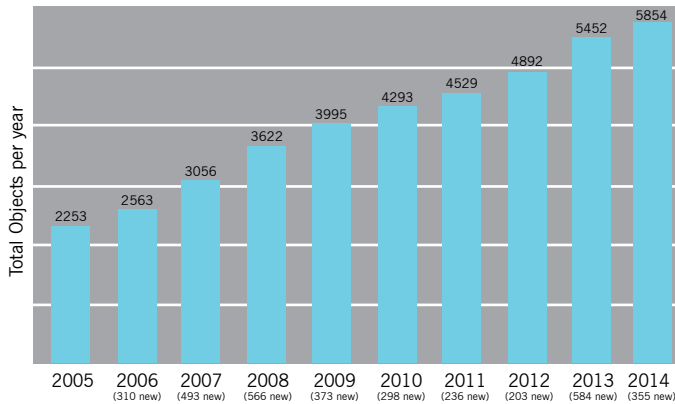
Program Growth

The Arts & Medicine Institute was created on May 1, 2008. In the six full years of operation, the Institute has seen significant and steady growth. The charts below and the numbers on the back cover show some of the details.

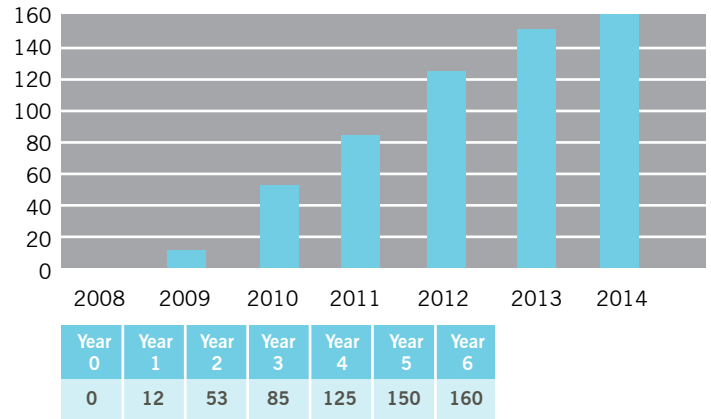
The Arts & Medicine Institute at Cleveland Clinic is viewed as a leader in the field – for both the quantity and quality of programs.

*The Art Program was formalized in 2006, and was incorporated into the Arts & Medicine Institute in 2008.

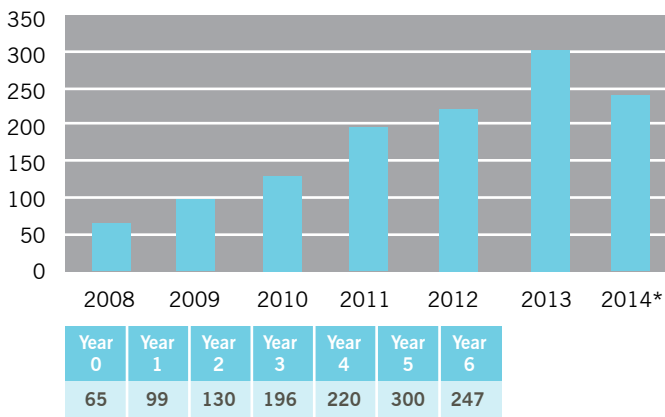
***Art Program**
Collection Growth since 2006



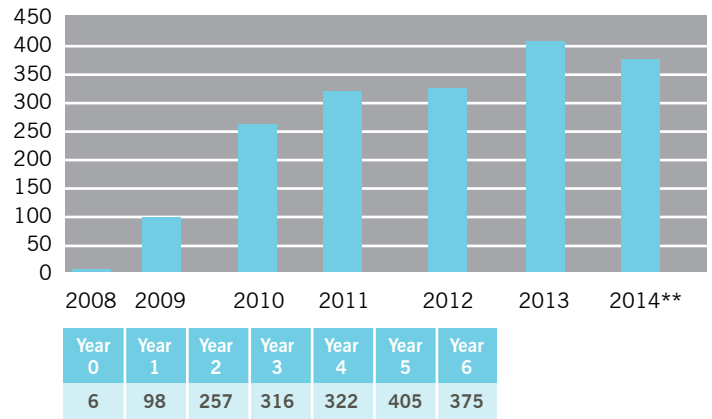
Art Therapy
Weekly Hours of Art Therapy by Year



Music Therapy
Weekly Hours of Music Therapy by Year



Performing Arts Program
Total Number of Performances by Year



*A grant expired in 2014 that had been funding dedicated music therapy in Palliative Medicine and Hospice.

**In 2014, we experimented with more performances, but did not have the funding to continue at that pace.

Individuals, families, corporate sponsors and foundations who believe in the arts and healthcare are making a difference every day in the lives of our patients.

To learn more, please contact Karen Wyman, director of development, at 216.445.6722, or wymank@ccf.org.

Everybody's Day: patient writes song for Cleveland Clinic Children's

Mahmoud Ahmad, a 2014 Courage Award recipient, is a 13-year-old who suffers from multiple chronic medical issues. As his abdominal pain became more frequent and more severe he became very withdrawn. Mahmoud, the fighter that his family and caregivers knew and loved, was not present. His medical team spent weeks trying to reach Mahmoud to help him smile again. He loved Legos, soccer and singing karaoke – but nothing seemed to reach him anymore.

Christine Bomberger, MT-BC, music therapist, reached out to Mahmoud's favorite nurse, Suzanne Sutliff, RN, for help. Mahmoud trusted Suzanne and felt comfortable with her. Christine thought, "If I could get Suzy involved in a session, Mahmoud may be motivated enough to reconnect with his love of music."

Suzanne and Mahmoud had their own theme song – the chorus to "Independence Day" by Martina McBride. Suzanne sang this to Mahmoud all the time. "Let freedom ring!" was the theme of the song – and also represented his freedom when he would eventually be able to leave the hospital for good. Even Mahmoud's mother joined in exclaiming "Let freedom ring" as Suzanne entered the room. Mahmoud sometimes rolled his eyes or laughed, as any teenage boy may do, but he knew this was their anthem and his goal.

One day when Christine and Suzanne entered the room, Mahmoud's lights were off, the TV was blasting and he did not acknowledge their presence. He laid in bed with his eyes shut and head down, shaking his head no to all of their ideas. Finally, Suzanne said, "Let's sing our song Mahmoud." Christine pulled out her guitar and they started singing.

Mahmoud sat up in bed and let out a laugh. Christine came up with a plan to re-write the lyrics so the song could really become Mahmoud's theme song. Mahmoud was not convinced. He didn't want it to be his song; he wanted it to represent all the children in the hospital. Christine and Suzanne shared a look



Rabi Hanna, MD, with Mahmoud Ahmad, a Cleveland Clinic Children's patient and 2014 Courage Award recipient.

and knew that they had finally reached Mahmoud. A few hours later Mahmoud had written an entire verse and chose to keep the chorus the same. He played the drums, keyboard and sang.

About a month later, Mahmoud finished writing the song. He wanted to make the song about all the other children, naming it "Everybody's Day." Christine helped him record the song and put it on a CD.

This song represented Mahmoud's stay at Children's. The writing process increased his self-expression, gave him control, assisted him in coping and provided closure. Mahmoud was able to work on a project with Suzanne, have something tangible to remember her by and have something to remember his journey. Mahmoud proudly played his song for the medical team who had given countless hours caring for him. They listened with pride and were honored to be a part of his story.

Upon hearing this song, Giovanni Piedimonte, MD, Chair, Pediatric Institute, called this song "the unofficial theme song for Cleveland Clinic Children's patients and caregivers."

With the amazing and unwavering care of his medical team, Mahmoud left Cleveland Clinic Children's on November 13, 2014 after a 10½ month admission, with his CD in hand and a strong sense of dignity.

EVERYBODY'S DAY

Lyrics by Mahmoud Ahmad, a Cleveland Clinic Children's patient

While they seemed alright by dawn's early light
They looked a little worried and affright
They relied on their faith to get through the day
Hoping soon they'll be okay.
One thing that I really hate is having surgery
But I really like to play Uno and have people visit me
Let freedom ring, let the white dove sing
Let the whole world know that today is a day of reckoning
Let the weak be strong, let the right be wrong
Roll the stone away, let the guilty pay—it's Everybody's Day! Word gets around in this small, small town
There's nurses and doctors all around
But there is music, and there is art
There is even Mario Kart
They're all caring and they're all loving
That makes me happy
Just like when the Cavs come, we all have fun
It's Everybody's Day
Let freedom ring, let the white dove sing
Let the whole world know that today is a day of reckoning
Let the weak be strong, let the right be wrong
Roll the stone away, let the guilty pay – it's Everybody's Day!

Oncology patient regains love for art and gives back to cancer patients



Rebecca Langley, an oncology patient and artist, works on scarf painting during art therapy at Cleveland Clinic's Taussig Cancer Institute.

Art was Rebecca Langley's life. She graduated from the Cleveland Institute of Art and had a long career in the art field. She served as curator at Ohio State University at Mansfield and as an art educator. In her spare time, Rebecca always had her hands in some type of art project until the day she received her cancer diagnosis. "I lost focus on art when I learned I had cancer," recalls Rebecca, "I could only focus on my worries."

Rebecca spent a lot of time at Taussig during her cancer treatments. She walked by the art therapy room many times but couldn't go inside. Then finally one day Rebecca forced herself to go in. Lisa Shea, MAT, art therapist, remembers the first day Rebecca walked into the art therapy room at Taussig Cancer Institute, "Rebecca came in timid at first, so I encouraged her to dive right in. Once she was shown the basics of fabric painting her artistic talents took off! She experimented and became an expert in what she learned."

"Going to the art therapy room is an attitude adjuster. You're not able to think about your problems while you're creating art," says Rebecca. And create art she did – donating her painted head scarves and neck ties to Studio Fifty-One, a boutique that caters to cancer patients at Taussig.

"Rebecca and I spent a lot of time together. I saw her grow and transition. She regained her confidence and realized that she's not defined by her cancer, and even ended up becoming a prolific painter. I'm really proud of Rebecca, she really took advantage of the benefits of art therapy," says Lisa.



During her art therapy sessions at Taussig Cancer Institute, Rebecca Langley created this beautiful scarf and tie by painting fabric. She donated several of her creations to Studio Fifty-One, a boutique that caters to cancer patients at Taussig.

Hirsch Cancer Center at Hillcrest Hospital wins LIVESTRONG Foundation music therapy grant

When Stephanie Morris, MT-BC, music therapist at Cleveland Clinic's Hillcrest Hospital, read about the LIVESTRONG Foundation's Community Impact Project she immediately knew the Arts & Medicine Institute (AMI) needed to enter. The project would help implement the Jeffrey Frank Wacks Music Therapy Program, a long-standing cancer support program, to each recipient of the grant. She consulted with Lisa Gallagher, MA, MT-BC, manager, music therapy, and Debbie Bates, MMT, MT-BC, senior music therapist. They both agreed with her, and they, in conjunction with individuals from the Philanthropy Institute, wrote the grant proposal.

A few weeks later AMI received promising news. Hirsch Cancer Center at Hillcrest Hospital, along with more than 100 hospitals, cancer centers and community organizations across the U.S., was selected to participate in an online voting campaign. The finalists would receive a year-long monetary grant along with tools, resources and support provided by the LIVESTRONG Foundation to implement this music therapy cancer support program.

"The support from the Arts & Medicine Institute, Hillcrest nurses and staff and the community was overwhelming," says Stephanie. The Institute worked with Hillcrest's Community Outreach and Marketing to spread the word about the online voting competition. Fliers were made, emails were sent and Facebook posts were written. The music therapists, Hirsch Cancer Center nurses and staff, AMI team members and many others worked to rally the Hillcrest Hospital caregivers and community to vote.

After the LIVESTRONG Foundation tallied more than 100,000 votes, Hirsch Cancer Center at Hillcrest Hospital was one of 13

LIVESTRONG®

FOUNDATION



Music therapist Stephanie Morris, MT-BC, works with a Hillcrest Hospital Cancer Center patient to write a song during his music therapy sessions.

winners of a Community Impact Project grant from LIVESTRONG. The goal of the music therapy program is to facilitate relaxation, decrease anxiety and stress, enhance wellness, improve pain management and provide comfort and support for individuals with cancer and their caregivers.

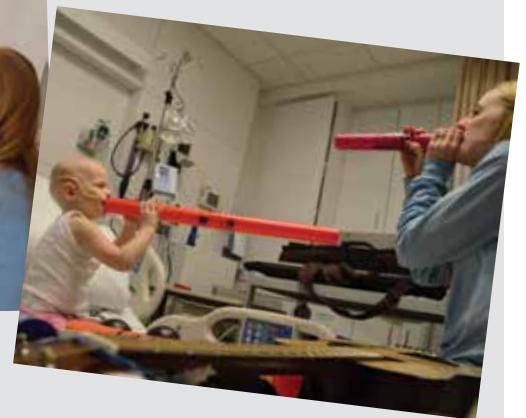
The LIVESTRONG Foundation provides free cancer support services to help people cope with the financial, emotional and practical challenges that accompany the disease. The LIVESTRONG Foundation was created in 1997 by cancer survivor and philanthropist Lance Armstrong.

Music therapy expands to Cleveland Clinic Children's

In partnership with Cleveland Clinic Children's, the Arts & Medicine Institute was able to fund and secure a full-time music therapist dedicated to Children's. Christine Bomberger, MT-BC, works 40 hours per week on the following units: M31 (Neonatal Intensive Care Unit), M33 (newborn to seven years old), M30 (eight years old and up), M43 (PICU), M40 (Cardiology/Stepdown), M53 (PICU, Bone Marrow Transplant), M52 (Epilepsy Monitoring Unit) and M50 (Hematology/Oncology).



Cleveland Clinic Children's music therapy patients enjoy the benefits of music therapy.



Taussig Cancer Institute adds music therapy

The Arts & Medicine Institute and Taussig Cancer Institute deepened their relationship in 2014. After an environmental analysis of the departments at Taussig, Debbie Bates, MMT, MT-BC, senior music therapist, began building the first outpatient music therapy program at Cleveland Clinic's main campus at R10. Debbie dedicates 20 hours per week exclusively to Taussig Cancer Institute, and is working with teams on G70 and G71 to establish music therapy for inpatient oncology patients. Debbie is "excited to strengthen our relationship with Taussig. It's a huge benefit for oncology patients, and it makes me happy to know that we are providing whole-person care for patients living with cancer."



Debbie Bates, MMT, MT-BC, senior music therapist, treats patients in the Taussig Cancer Institute.

Researching the impact of music therapy on orthopaedic surgery patients at Euclid Hospital

The Arts & Medicine Institute and Euclid Hospital partnered to conduct a research study entitled, "The Impact of Music Therapy on Hospitalized Patients Post-Elective Orthopaedic Surgery."

The study is a randomized, controlled trial that provided music therapy to patients who had undergone elective orthopaedic surgery – mostly total joint replacements – in order to study the effects of music therapy on pain, anxiety, mood, nausea and a number of other measures.

Lisa Gallagher, MA, MT-BC, manager, music therapy, is the primary investigator. Lisa and the music therapists worked in close partnership with the Nursing Institute at Euclid Hospital, the staff on the orthopaedic unit, pre-admission testing, physical and occupational therapies and pharmacy.

The data will be analyzed and the research will be completed in 2015. This study was funded by donations to the Arts & Medicine Institute.

Pediatric music therapy patient enjoys ukulele even after chemotherapy treatments are complete

The Ukulele Kids Club believes music heals. Their mission is to provide pediatric music therapy program patients with the gift of music for life. The club makes on-going ukulele donations to Cleveland Clinic Children's music therapy program. Their pediatric patients use the ukuleles as part of therapy, and take the instruments home to continue to benefit from the therapeutic properties of music after they are discharged. The Ukulele Kids Club provided Children's with 10 ukuleles, and so far, eight of them have homes.

During her chemotherapy treatments, Maja Murphy, 17-months-old, worked with Christine Bomberger, MT-BC, music therapist. During Maja's last few sessions with music therapy, all she wanted to do was strum the guitars and ukulele. Maja pointed and vocalized to make sure that Christine knew to sing while Maja strummed. "It was so rewarding to work with the Murphy family," says Christine, "To see Maja reach developmental milestones and grow into her own personality was really amazing." Maja's mother, Jaime, enjoyed exploring the ukulele, as well, and learned a few chords and songs too.

Jaime was so excited when she found out the ukulele was theirs to keep. The ukulele not only gives Maja an opportunity to grow and engage in development interaction, but it allows her mother to feel a sense of accomplishment as she learns and practices. The instrument also serves as a tool to promote family bonding. Maja and her mother loved having it during their time at Children's and were happy to take the ukulele home with them.



Maja Murphy, 17-months-old, continues to benefit from the therapeutic properties of music after her chemotherapy treatments. Her mother, Jaime, believes the ukulele helps them create a closer relationship.

Local students learn about Cleveland Clinic art collection

The artwork at Cleveland Clinic main campus isn't only for the enjoyment of those visiting for an appointment or there to care for our patients. Many students – from grade school to college – come to learn about and tour Cleveland Clinic's art collection.

Docents lead guided tours of the artwork at Cleveland Clinic. These trained art ambassadors find the school tours particularly rewarding because of the surprising observations and the many interesting and engaging comments the students make.

The majority of the schools that come for tours are located in Cleveland, but some also come from outside the city. The Office of Diversity has provided a variety of small groups for the tours – from mentoring students to potential interns and fellows.

Look Up to Cleveland is a unique organization that has brought tour groups to learn about the art at Cleveland Clinic for a few years. This leadership group is comprised of 60 outstanding high school students selected from all over Cuyahoga County. In 2014, a new group from the Cleveland Natural History Museum's junior high day camp brought in about 110 students for six different tours.

The Office of Community Outreach sponsors Cleveland Metropolitan School District tours in conjunction with the University Circle Inc. *Linking Education and Discovery (LEAD)* program. Various schools are invited to tour the art collection. In 2014, there were seven tours for approximately 130 students.



The Arts & Medicine Institute, in collaboration with Cleveland Clinic's Office of Community Outreach, provided several community partners with a unique and engaging tour of the art and displays at Cleveland Clinic main campus. Caregivers explained the meaning behind a number of art installations and their effects on patients and visitors to students from the University Circle Inc. LEAD program and other schools and community organizations.



Cut & Paste

September 17 – December 11, 2014

Cleveland Clinic Art Exhibition Area – between Q and G buildings

Cut & Paste was an exhibition that examined how the rich tradition of collage has influenced contemporary artists. The artists were primarily painters, sculptors and photographers but together they share a common thread – they approach their work through the lens of collage. While the term “cut and paste” has taken on a new meaning in the digital age, many artists continue to examine the tradition of collage and as a way to extend and explore imagery. Through cutting, tearing, layering, weaving and splicing, these works reveal a subtle poetic shift between the processes of adding and subtracting visual information to generate a new whole.

Featured artists were: Sarah Brenneman, Anne Chu, Blaise Drummond, Chris Duncan, Mark Fox, Daniel Gordon, Michelle Grabner, Andrea Hahn, Ulrike Heydenreich, Soo Kim, Robert Rauschenberg, Peter Sutherland and Rachel Perry Welty.

Three Generations

December 2, 2013 – March 31, 2014

Inviting cultural dialogue and a better understanding of the customs and viewpoints of Emirati artists, *Three Generations* offered a unique opportunity for viewers. In the swiftly changing environment of the UAE, the familiar customs and practices of the old world are often affected by popular culture. As part of the exhibition, a group gathered in the Glickman Conference Center at Cleveland Clinic on March 5, 2014 to learn about Islamic Calligraphy from Imam Ramez Islambouli. Samples from the Cleveland Public Library's Special Collection were available for the attendees to see. Following the talk, Cleveland Clinic curator Bellamy Printz and Imam Islambouli gave a tour of the exhibition. *Three Generations* was presented in collaboration with the Abu Dhabi Music & Arts Foundation and under the patronage of His Highness Sheikh Hamdan bin Zayed Al Nahyan, Ruler's Representative of the Western Region, the Cleveland Clinic Art Program and Global Arts & Medicine Institute, with support by Mubadala Healthcare's Cleveland Clinic Abu Dhabi.



Shared Vision: A Selection of Gifted Artwork

December 18, 2014 – March 25, 2015

Gifts to the Arts & Medicine Institute come in all shapes and sizes. For Cleveland Clinic's Arts & Medicine Institute, gifts which enhance the hospital environment can resonate in profound ways. Over the course of our history, Cleveland Clinic has been the grateful recipient of many works of art as well as funds which allow us to acquire new pieces or create art-related programs. The ripple effects that are created by a donor's generosity, and thoughtful discussions concerning how a work of art can be used within the collection, are important aspects of accepting a gift. The Cleveland Clinic Art Collection began with artworks contributed by doctors and grateful patients and their families. In just over 90 years, the collection has grown to nearly 6,000 works—including some key works acquired through philanthropy. *Shared Vision* included artworks by local, national and international artists in a variety of media. These works were donated or promised to help fulfill the mission of the Art Program: to enrich, inspire and enliven patients, visitors, employees and community, and to embody the core values of the institution.

Recent Gifts



Loris Cecchini's *The Ineffable Gardener and the Developed Seed* draws upon the idea of flowering plants and botany. The structure is comprised of stainless (inox) steel elements and has a biological and organic-like appearance. The artwork was made possible through a posthumous gift to Cleveland Clinic by John W. "Jack" Anderson in loving memory of his wife Elisabeth "Lisa" Anderson.



Anthony Pearson finds ways to combine photographic processes into sculptural artwork which explore the history and perception of abstraction. *Untitled (Transmission)* is a result of a multi-step process that begins with an ink drawing that passes through photography and digital imaging software, and ends as a monumental water-cut steel sculpture. Depending on the perspective, the sculpture can be read as a linear composition flat against the wall or as a three-dimensional piece with angles and depth. Donated by Bob Kaye and Diane Upright to Cleveland Clinic.

Cleveland Institute of Art class pairs students with dialysis patients

The Arts & Medicine Institute and Cleveland Institute of Art (CIA) have collaborated on a class – Drawn to Care: Portraiture + Medicine – that benefits students and patients. CIA students take the class for credit under the guidance of CIA instructor Barbara Chira.

As part of their coursework, students are paired with Cleveland Clinic patients who are undergoing dialysis. The student meets with each patient for four weeks to create a portrait in paint, pencil or other art media. The focus of the class is creating art in the community, and the impact it can have on both artist and patient. The project culminates with an art show featuring all the portraits, and patients receive a print of their portrait.

Danielle Miller, a Cleveland Institute of Art student, paints a portrait of Diane Avant, a Cleveland Clinic dialysis patient, for Drawn to Care: Portraiture + Medicine, a Cleveland Institute of Art class.



Art therapy paints its way through the region

Art therapy is no longer a blank canvas in Cleveland Clinic regional health care centers. Art therapist, Lisa Shea, MAT, is based at Cleveland Clinic main campus and splits one day a month between Beachwood Family Health Center and Cleveland Clinic Cancer Center - Fairview.

Lisa works with oncology patients creating art projects such as hand painted umbrellas and scarves and designing beaded

jewelry. A fun project she enjoys is called Coco and Canvas. Patients drink hot chocolate and imitate an art masterpiece with acrylic paints.

An art therapy patient told Lisa she enjoys art therapy because, “you can’t worry and create at the same time.” That’s exactly what art therapy is for – to take away the stress and worries.



Photos lined the walls at the Beck Center for the Arts in Lakewood for the *Courage, Hope and Love* art show. The show featured photographs taken by oncology patients, their families and caregivers that represented their ideas of courage, hope and love. The show opened on July 14, 2014 and travels yearly to different venues.

Dialysis patients work with art therapists to create art, hold exhibition at Beck Center for the Arts

In 2014, the art therapy program expanded into dialysis centers for both children and adults. Mary Cassidy and Sarah Morgan, art therapy interns from Ursuline College, were placed in The Judith M. Power Pediatric Dialysis Unit at Cleveland Clinic Children's for Rehabilitation. They worked with Kelly Vitello, social worker at Children's for Rehab.

Kate Taricska, MA, AT, art therapist, began a pilot program for art therapy for adult dialysis patients at the Stephanie Tubbs Jones Health Center Dialysis Unit.

Some of the artwork created by the pediatric and adult patients were the focus of a special exhibit *The Art of Dialysis* that was displayed at the Beck Center for the Arts in Lakewood.



Above: Art therapy intern, Mary Cassidy, talks with guests about a painting at the *Art of Dialysis* show at the Beck Center for the Arts in Lakewood.



Left (From left to right): Kate Taricska, MA, AT, art therapist, Tammy Shella, MA, ATR-BC, art therapy program manager, and art therapy interns Sarah Morgan and Mary Cassidy enjoy the patient paintings at the *Art of Dialysis* show.

Art therapy participants partake in printmaking workshop

On Tuesday, June 17, 2014, the art therapy team had the opportunity to participate in a printmaking workshop at Zygote Press in Cleveland. Instructors at Zygote demonstrated the use of the printmaking tools and presses.

A small press was then loaned to the art therapy department for two weeks to bring the printmaking process to patients and visitors who participate in art therapy at Cleveland Clinic main campus.

Groups were held on G101, The Family Education Center and the Taussig Cancer Institute lobby. A joint demonstration, facilitated by Tammy Shella, MA, ATR-BC, and Bellamy Printz, MFA, curator, was held in the Art Program Exhibition Area between Q and G buildings.

A patient shows off the print she created at the art therapy printmaking workshop held at Cleveland Clinic.



Holiday troubadour musicians perform for patients at Cleveland Clinic

Being in the hospital can be particularly hard during the holidays. Cleveland Clinic caregivers try to put a smile on patients' faces every day, but especially during that time of year. In December 2014, the Arts & Medicine Institute sponsored the troubadour program. For two days, two hours a day, musicians provided short concerts in many of the nursing units.

"The troubadour program brought music into places that don't have the benefit of being able to see live performances," said Greg Bonanno, MM, administrative program coordinator, performing arts program. "Patients came out of their rooms to watch – some sang, some clapped. Words can't fully capture their excitement and reactions."

To spread holiday cheer at Cleveland Clinic, strolling musicians – known as troubadours – performed on hospital units for patients who could not attend the lobby performances.



Indiana University a cappella group performed at Cleveland Clinic and Hillcrest Hospital

Hooshir A Cappella, a Jewish A Cappella group from Indiana University, made a stop in Cleveland during their 2014 tour. The group volunteered their time to provide four performances between main campus and Hillcrest Hospital. One of the group members had a relative who was treated at Cleveland Clinic and felt the performance was a nice way to give back and show appreciation for the care his family member received.

A patient at Hillcrest Hospital enjoys the melodic sounds of Hooshir A Cappella, a Jewish A Cappella group from Indiana University that stopped in Cleveland during their 2014 tour.



Elite Dance Academy donates toys and gift cards to Cleveland Clinic Children's patients

On December 6, 2014, the Elite Dance Academy from Brunswick put on a wonderful performance at Cleveland Clinic. Afterwards, the performers and their teachers had an amazing surprise. They presented a generous donation of toys, coloring books and gift cards – totaling more than \$1,300 – for the patients at Cleveland Clinic Children's.



Fairview and Lakewood hospitals form performing arts committee

Tricia Gilbert, director of spiritual care and healing services at Fairview and Lakewood hospitals, knew the positive effects performing arts have on patients, families and caregivers and was interested in integrating the performances at Lakewood and Fairview. Tricia contacted Greg Bonanno, MM, coordinator of the Arts & Medicine Institute's performing arts program, to find out how to bring performances to the hospitals. After talking to Greg she assembled a performing arts committee of caregivers to help coordinate performing arts events at the two hospitals.

Chaplain Alex Brazynetz, a member of the performing arts committee and chaplain at Lakewood and Fairview, noticed a gentleman recording the performance on his cell phone. Halfway through the performance Chaplain Brazynetz was approached by a man who told him that his wife was undergoing a hip replacement and he was recording the music to play for her later. The man said, "It will be better than any pain medication they can offer her. It is absolutely beautiful!"

After he heard that, Chaplain Brazynetz realized there was "no doubt in my mind about the value of arts and medicine, and no explanation of the program could have better captured its impact and value for me."



Susan Strasek, a Cleveland Clinic musician-in-residence and harpist, was the featured performer at Lakewood and Fairview Hospitals' inaugural performing arts performance in December 2014.

Performances help ring in the New Year for patients, families and employees

Patients, visitors and caregivers celebrated the anticipated arrival of 2015 with lively performances by local musicians. The New Year's Eve celebration took place in the Karos Grand Lobby in Miller Pavilion during the afternoon of December 31, 2014. The musicians included: Marshall Griffith Quartet, Moffitt Duo, Green Diamond Zephyr, SpYder Stompers and Sugar Pie. Everyone in attendance had a fun time ringing in the New Year.



FLORIDA



As part of Cleveland Clinic Florida's commitment to arts and medicine, a newly designated art wall was installed in 2014. The wall will feature rotating artwork by local artists. The first exhibit featured artwork by members of the Weston Art Guild.

New art wall features local artists

Cleveland Clinic Florida continued to expand its arts and medicine program in 2014. Several new initiatives were successfully launched, the most visible being a designated art wall in a prominent corridor of Cleveland Clinic Florida. A hanging system was installed on this wall to allow for temporary visual exhibits to be featured. The arts and medicine committee hopes to feature three to four rotating exhibits each year, drawing on the talents of local artists in the community. The first exhibit proudly featured nine pieces of original artwork by members of the Weston Art Guild. "This spring we plan to feature artworks created by our very own talented caregivers, many of whom are accomplished artists in addition to being physicians, nurses, etc.," said David Friedman, MD, Chairman of Plastic Surgery at Cleveland Clinic Florida who also serves as Arts & Medicine Center Director.

Cleveland Clinic Florida adds art therapy program



Marie Doll, ATR

The Egil and Pauline Braathen Center, a 144,000 square foot facility that houses the Pauline Braathen Neurological Center and Maroon Cancer Center, opened in

March 2015 and will expand the reach of arts and medicine. A holistic approach to treatment for patients and their families is the focus of services offered in this building. Complementary patient services now include art therapy, as Cleveland Clinic Florida recently welcomed Marie Doll, ATR, art therapist, to lead Florida's art therapy program. Steven Roshon, MD, Maroon Cancer Center Director said, "Supporting patients and their loved ones during a difficult journey of cancer is our obligation. Art therapy is an incredibly impactful method to help patients adjust, deal with issues and enter into survivorship. We are grateful to be able to offer this service. Our commitment to patients will also involve innovative support such as on-site rehabilitation, survivorship care and music therapy."

Bringing the power of music to patients

Cleveland Clinic Florida's arts and medicine program features weekly musical performances by dedicated volunteers and local organizations like the Florida Youth Orchestra. More than 100 individual musical performances were scheduled throughout the past year. An exciting addition to the performing arts line-up was Brazilian Voices, a group who began monthly bedside performances in December 2014. "We are eager to bring the power of music to our patients in the hospital. We're also developing two inpatient television channels that offer musical selections and art therapy content," stated David Friedman, MD, Chairman of Plastic Surgery at Cleveland Clinic Florida and Arts & Medicine Center Director.



Members of Brazilian Voices began performing monthly bedside performances in 2014 at Cleveland Clinic Florida to enhance the patient care experience.

Abu Dhabi Music and Arts Foundation partners with Cleveland Clinic

The Abu Dhabi Music and Arts Foundation (ADMAF) is a non-profit organization established to advance classical music, the arts, education, culture and creativity among the nationals and residents of Abu Dhabi. ADMAF was founded in 1996 by H.E. Hoda Al Khamis-Kanoo, a philanthropist dedicated to inspiring and enabling artists to innovate, generations to create and communities to unite and prosper. Today, ADMAF reaches nearly 40,000 children, young people and adults through its annual programs.

Cleveland Clinic Abu Dhabi (CCAD) and ADMAF have sponsored multiple programs together, including concerts in Abu Dhabi, artistic exhibits and the *Three Generations* exhibit of Emirati art that was on display at Cleveland Clinic's main campus in 2014. CCAD and ADMAF signed a letter of agreement for future collaborations.

Arts and Medicine in India

Iva Fattorini, MD, Chair, Global Arts & Medicine Institute, has developed a relationship with hospitals in India that have embraced the concept of arts and medicine. Collaborations have included arts and medicine symposia in Kochi, India, artist visits to hospitals and performances by local musicians in hospitals.



(From left to right): Dr. Iva Fattorini, Dr. Toby Cosgrove and H.E. Hoda Al Khamis-Kanoo at the signing of the letter of agreement between ADMAF and Cleveland Clinic.

Cleveland Clinic Abu Dhabi places 1,500 works of art throughout hospital

The Arts & Medicine Institute has played an integral role in building the arts and medicine programs at Cleveland Clinic Abu Dhabi. The first round of fine art exhibitions has been installed, in collaboration with a local art consultant. Nearly 1,500 works of art have been installed throughout the CCAD hospital campus. The art collection is the platform from which to launch programming around the visual arts, based on the Cleveland Clinic main campus model, but modified towards the unique multicultural environment in Abu Dhabi. Pictured below is Steven Naifeh's *Saida XXXVI: Copper*, 2014.



Caregivers

Cleveland Clinic's Arts & Medicine Institute caregivers integrate music therapy, art therapy, visual arts, performing arts, research and education to promote healing and to enhance the lives of our patients, families, visitors and other caregivers.

Iva Fattorini, MD, MSc
Chair, Global Arts & Medicine Institute

Maria Jukic, JD
Executive Director, Arts and Medicine

Genell Tuck
Administrative Program Coordinator

Music Therapy

Lisa Gallagher, MA, MT-BC
Music Therapy Manager

Debbie Bates, MMT, MT-BC
Senior Music Therapist

Sarah Chappell, MT-BC
Music Therapist

Amy Foye, MT-BC
Music Therapist

Laura Higgins, MT-BC
Music Therapist

Stephanie Morris, MT-BC
Music Therapist

Christine Bomberger, MT-BC
Music Therapist

Art Therapy

Tamara Shella, MA, ATR-BC
Art Therapy Manager

Meredith McCulloch, MA, ATR-BC, PC
Art Therapist

Kelly Pecl-Dreamer, MA, AT
Art Therapist

Lisa Shea, MAT
Art Therapist

Kate Taricska, MA, AT, PC
Art Therapist

Mary (Mickie) McGraw, ATR-BC
Art Therapy Education

Art Program

Joanne Cohen
Executive Director and Curator

Jennifer Finkel, PhD
Curator

Bellamy Printz, MFA
Curator

Kathryn Koran, MA
Registrar and Assistant Curator

Michael Dickas, MFA
Preparator

Noel Ward
Preparator

Kristen McDowell
Department Coordinator

Philanthropic Giving

Karen Wyman
Director of Development

MISSION

To enhance the Cleveland Clinic experience through the arts

To practice and investigate the use of the arts in healing

To build community around the arts, health and medicine

PROGRAMS

Our innovative and diverse programs encourage engagement in many areas of artistic interest. The Arts & Medicine Institute organizes more than 850 performances, art tours, art therapy group activities and events each year.

AREAS OF FOCUS

- Music Therapy
- Art Therapy
- Visual Arts
- Performing Arts
- Research
- Education

Contact us to learn more about the Arts & Medicine Institute, events or programs offered.

clevelandclinic.org/artsandmedicine

216.448.8330

artsandmedicine@ccf.org

543

Number of participants in
music therapy groups

204

Number of art therapy sessions
with adult dialysis patients

698

Number of participants in
art therapy groups

571

Number of music therapy sessions
at Hillcrest Hospital

375

Number of
performing arts events

360

Number of tours of
the art collection

5,854

Number of art objects
in collection

1,991

Number of music therapy
patient sessions

1,018

Number of art therapy sessions
with pediatric inpatients

1,105

Number of art therapy
patient sessions

63

Number of hospital units that referred music therapy

37

Number of hospital units that referred art therapy

17

Number of hospital units that referred music therapy at Hillcrest Hospital