

Alumni Connection

Volume XXVIII, No. 1



Drs. Vinod and Sudarshan Sahgal at the Alumni Association's Centennial Legacy Society reception last fall.

Drs. Vinod and Sudarshan Sahgal Make A Gift Of Real Estate

Vinod Sahgal, MD (CCF'92), former Chair of the Department of Physical Medicine and Rehabilitation and Director of the Institute of Rehabilitation at Cleveland Clinic, has seen philanthropy from both sides. Generous benefactors have supported Dr. Sahgal's work, and he often has sought ways to pay that generosity forward.

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Researchers Awarded \$2.5 million to Advance Study of DBS for Stroke Patients

A Cleveland Clinic research team has been awarded a \$2.5 million grant by the National Institute of Neurological Disorders and Stroke to further advance the team's pioneering work in using deep brain stimulation (DBS) to enhance post-stroke motor rehabilitation.

Andre Machado, MD, PhD (NS/FS'06), and **Ken Baker, PhD (N'00)**, are co-primary investigators on the grant, which allows the researchers to operate in parallel with their ongoing, first-of-its-kind clinical trial exploring the use of DBS to restore motor function in patients who have had a stroke.

The new award supports continued efforts in preclinical models to refine the efficacy and better understand the mechanisms of DBS in restoring motor function in post-stroke recovery.

The researchers hope to learn how the type of stroke influences the benefits of DBS treatment. A better understanding of these dynamics may help identify biomarkers that indicate which patients are good candidates for DBS and could benefit most from therapy. They also are interested in learning how the timing of treatment onset and age may influence patient outcomes.

"If this research succeeds, it offers new hope for patients who have suffered a stroke and remain paralyzed. It is an opportunity



Andre Machado, MD, PhD, (left) and **Ken Baker, PhD**, are co-primary investigators in pioneering work to enhance post-stroke motor rehabilitation.

to allow our patients to rehabilitate and gain function and, therefore, independence," says Dr. Machado, Chair of Cleveland Clinic's Neurological Institute.

"This award will help us further refine our work in using cerebellar stimulation—DBS—to enhance motor rehabilitation," says Dr. Baker, of Cleveland Clinic's Lerner Research Institute. "There currently are no effective therapeutic treatments for the hundreds of thousands of individuals who live with chronic motor disabilities following stroke. We are hopeful this will reduce the burden of stroke on patients, their families and society." ■

PROFESSIONAL DEVELOPMENT AWARDS, PAGES 6–7

CLEVELAND CLINIC LEADERSHIP CHANGES ANNOUNCED

On March 7, **Tom Mihaljevic, MD (CCF'04)**, CEO and President, announced the following leadership changes at Cleveland Clinic:

Dear Caregivers,

During the past six months, I have had the opportunity to travel across our health system to meet and talk with thousands of caregivers. You have shared your questions and ideas, and I have been listening carefully to your concerns.

I am grateful to you for your commitment to our organization, which has positioned Cleveland Clinic to shape the future of healthcare. However, the growth and complexity of our health system requires that changes be made to our leadership structure. These changes will enable us to more effectively manage our organization's strategic agenda and to better serve you and our patients.

I am pleased to announce the Board of Governors has approved a new Chief of Staff, and I have made two additional appointments to the Executive Team, effective today, March 7. These three highly qualified leaders exemplify the values of Cleveland Clinic's culture.

- **Herbert Wiedemann, MD (CCF'84)**, has been appointed Chief of Staff. Herb joined Cleveland Clinic in 1984 and has served as Chairman of the Respiratory Institute since 2007. He also served as a member of the Board of Governors.
- **Edmund Sabanegh, MD (U/INF'94)**, has been appointed to the new role of Hospital President, Main Campus. Ed joined Cleveland Clinic in 2006 and has served as Associate Chief of Staff, Chairman of the Department of Urology and as a member of the Board of Governors.
- **James Young, MD (CCF'95)**, has been appointed Chief Academic Officer and will oversee enterprise education and research. Jim joined Cleveland Clinic in 1995 and has served as Professor of Medicine and Executive Dean of Cleveland Clinic Lerner College of Medicine of Case Western Reserve University. Jim also chairs the Endocrinology and Metabolism Institute.

I look forward to working with our new leaders and other members of the Executive Team, who represent major clinical areas, including Nursing, Quality and Safety and Patient Experience.

Please join me in offering your congratulations and support as these leaders assume their new roles.

Thank you for your dedication to our health system as we work together to make Cleveland Clinic the best place to receive care and the best place to work.

Tom Mihaljevic, MD
CEO and President
Cleveland Clinic



Herbert Wiedemann, MD



Edmund Sabanegh, MD



James Young, MD

DR. COSGROVE RECEIVES SONES-FAVALORO AWARD

Former Cleveland Clinic CEO and President **Toby Cosgrove, MD (CCF'75)**, recently was honored with the Sones-Favaloro Emeritus Professor Award. This award is named for the Cleveland Clinic cardiologist and the cardiac surgeon whose insights launched the modern age of coronary revascularization, and whose passion for innovation continues to inspire us.

Dr. Cosgrove's dedication to the art of thoracic and cardiovascular surgery, his chairmanship of the Department of Thoracic and Cardiovascular Surgery (1989-2004), his commitment to transparency and quality improvement, and his transformational leadership as CEO and President of Cleveland Clinic (2004-2017), have left an indelible mark on Cleveland Clinic and the Sydell and Arnold Miller Family Heart & Vascular Institute.

The black-tie event was attended by 400 guests, including many Heart & Vascular Institute alumni. ■



From left, **Lars Svensson, MD, PhD**, **Toby Cosgrove, MD**, and **Robert E. Rich Jr., Chair of Cleveland Clinic's Board of Directors**



BRIAN DONLEY, MD, NAMED CEO OF CLEVELAND CLINIC LONDON

Chief of Staff and Chief of Clinical Operations **Brian Donley, MD** (CCF'95), has been appointed CEO of Cleveland Clinic London, effective immediately.

Dr. Donley will continue to serve in his current role until his successor is named, commuting between Cleveland and London through the summer to assist with the transition.

"It has been a great privilege to lead Cleveland Clinic's remarkable medical staff and clinical team of caregivers for the past three years," Dr. Donley says. "I am confident in our collective ability to introduce our unique model of care into the London healthcare landscape. Our mission, vision and values translate well to all areas of the globe."

Since joining Cleveland Clinic as an orthopedic surgeon in 1996, Dr. Donley has held numerous leadership positions, including Vice Chair of Orthopaedic Surgery, President of Lutheran Hospital, and President of Cleveland Clinic's regional hospitals and family health centers.

As CEO of Cleveland Clinic London, Dr. Donley will direct strategy and operations, guide recruitment and lead the

opening of the new 205-bed private healthcare facility near Buckingham Palace. He will maintain his surgical practice in the United States, traveling back to Cleveland to continue caring for patients.

"Brian's leadership experience and his success as an educator and innovator make him exceptionally qualified to take on this important new role," said Tom Mihaljevic, MD,



Brian Donley, MD

Cleveland Clinic CEO and President. "His deep understanding of Cleveland Clinic's operations and culture will enable him to bring this vision to life, offering Londoners a new model of patient care that is innovative, research-based, and physician-led. Our goal is to provide patients with access to outstanding clinical care that is delivered efficiently and puts patients at the center of everything we do."

The new hospital at 33 Grosvenor Place – a six-story, 198,000-square-foot building in central London – will be Cleveland Clinic's first facility in London. In addition to the 205 inpatient beds, Cleveland Clinic London will have eight operating rooms; a full imaging suite; endoscopy and catheterization labs; day case rooms for surgery; and a full neurological suite with rehabilitation. The facility will offer specialty services focusing on general surgery, cardiology and neurology. ■

"I am confident in our collective ability to introduce our unique model of care into the London healthcare landscape. Our mission, vision and values translate well to all areas of the globe."

BRIAN DONLEY, MD



TAUSSIG CANCER CENTER COMPLETES FIRST YEAR

The Cleveland Clinic Taussig Cancer Center reached its first full year of operation in March. The 377,000-square-foot building brings all outpatient cancer treatment services into one location, reduces wait times, improves patient flow, and provides a healing environment with abundant natural light.

The center was designed with patient experience and empathy in mind, drawing on feedback from a panel of former cancer patients who outlined what would make their experience as welcoming and healing as possible, says **Brian Bolwell, MD (CCF'87)**, Chair of Cleveland Clinic's Taussig Cancer Institute.

In the past year, many patients benefitted from this multidisciplinary, innovative, patient-centered approach, he says.

The facility houses all outpatient cancer treatment services with the center's team of medical and radiation oncologists,

surgeons, nurses, genetic counselors, social workers and others working together in one, shared space with the goal of improving patient outcomes.

"Our Cancer Center demonstrates our commitment to multidisciplinary care and patient support, bringing together the expertise of several specialists in customizing treatment for each patient and offering services intended to help reduce cancer's psychological stress," Dr. Bolwell says. "The building design incorporates everything we know about the delivery of compassionate, highly accessible, team-based care, which continues to be our priority." ■



Brian Bolwell, MD

Here's Why You Should Read 'Before the Board'

Cleveland Clinic is a very busy place and there seems to be an achievement around every corner.

That's why the Cleveland Clinic Alumni Association extends invitations to representatives from departments across the institution to tell their stories.

We report on their presentations and post them on the Alumni Association's website so the news can be shared

widely among our more than 17,000 Cleveland Clinic trained physicians around the world.

We enjoy giving a voice to those whose contributions to the organization deserve special attention.

So, read "Before the Board." The latest edition can be found on the Alumni Relations website at <http://alumni.clevelandclinic.org/alumni-connection> ■

HOMELESS MAN TURNED BARBER BECOMES ADVOCATE FOR MINORITY MEN'S HEALTH

Waverly Willis credits Cleveland Clinic health screening and one particular surgeon with saving his life

Mr. Willis, the owner/operator of two local Urban Kutz barbershops, noticed a trend: As much as the men in his chairs would tell him about their personal lives, they rarely talked about their health.

"Oh, they'll cheer on the Cavs and bellyache about the Browns," he says. "But I decided we needed to change the dialogue a bit and have some serious conversations, too. It can make a difference."

He regularly started offering his patrons free blood pressure screenings and healthcare advice from volunteer nurses — right in his barbershops. Others do the same, as part of their affiliation with the nonprofit Urban Barber Association that Mr. Willis founded.

"On more than one occasion, a guy's blood pressure would be so high we would urge him to skip the haircut and go straight to the emergency room," he said. "Later, they would come back and thank me because they were able to prevent a stroke or heart attack."

A big part of why Mr. Willis has organized this community service is to pay it forward and remind himself of where he came from. Previously addicted to drugs and alcohol, he was homeless and slept on the corner of 18th and Superior in downtown Cleveland. Now sober for 13 years, he runs two successful barbershops and is working on opening a salon. As he has helped others with their health, he also has focused on his own and lost more than 180 pounds in recent years. He says his community outreach "keeps me humble and focused on my recovery."

Research supports the value of barbershops getting involved in community health outreach. A new study by the Smidt Heart Institute found African-American men successfully lowered their high blood pressure to

healthy levels when aided by a pharmacist and their local barber.

Filling a gap for minority men

Charles Modlin, MD (U/RT'96), a Cleveland Clinic kidney transplant surgeon and urologist, says that far too many minority men have serious health issues because they are less likely than other men to visit a doctor for regular checkups.

"Minority men lag when it comes to healthcare for a variety of reasons, some genetic, but most related to socio-economic factors," says Dr. Modlin. He is founder and Director of the Minority Men's Health Center in Cleveland Clinic's Glickman Urological & Kidney Institute. "We must take more pragmatic steps to educate and encourage them to seek medical support on a regular basis."

That's why Dr. Modlin established Cleveland Clinic's Minority Men's Health Fair. Since the annual event's inception in 2002, more than 15,000 men have attended and received a total of more than 42,000 free screenings — for prostate cancer, blood pressure, cholesterol, kidney function, diabetes, heart disease, Hepatitis C, HIV and more.

Prevention and early intervention save lives

Mr. Willis is a longtime advocate of the Minority Men's Health Fair because through prevention and early intervention resulting from screenings at the event, lives have been saved — including his own.

Although he had a primary care physician at another health system, he decided to have a few tests done while attending the health fair in 2015. One revealed microscopic traces of blood in his urine. Further tests a few days later confirmed kidney cancer.

Within two weeks, Mr. Willis had



Mr. Willis (standing) credits Dr. Modlin (seated) with saving his life. (Photo courtesy: Waverly Willis)

lifesaving surgery at Cleveland Clinic to remove the tumor and his kidney. Since then, he lost enough weight and improved his health habits so much that he no longer requires blood pressure medication.

"I'm very thankful I had that test," he said. "That's a testimony about going to the doctor that I share with my customers every day."

Any questions? Contact Dr. Modlin at: modline@ccf.org. ■

PROFESSIONAL DEVELOPMENT AWARDS

We thank our alumni for contributing annually to both the Education Institute in support of eligible residents and fellows in graduate medical education and to the eligible Cleveland Clinic Lerner Research Institute postdoctoral research fellows. Funds are used for travel to medical meetings, scientific conferences, forums and seminars in support of their vocations.

2017 Cleveland Clinic Alumni Association LRI Award Recipients



Chinthasagar Bastian, MBBS, PhD

Postdoctoral Research Fellow

DEPARTMENT: Neurosciences

POSTER PRESENTATION: 2017 Society of Neuroscience Annual Conference



Dalia Halawani, PhD

Postdoctoral Research Fellow

DEPARTMENT: Cellular & Molecular Medicine

POSTER PRESENTATION: 2017 International Union for Biochemistry and Molecular Biology Focused Meeting on Aminoacyl-tRNA Synthetases



Christopher Hubert, PhD

Research Associate

DEPARTMENT: Biomedical Engineering

ORAL PRESENTATION: 2017 Keystone Symposia on Engineered Cells and Tissues as Platforms for Discovery and Therapy



Hyun-Kyung Ko, PhD

Postdoctoral Research Fellow

DEPARTMENT: Cancer Biology

POSTER PRESENTATION: American Association for Cancer Research Special Conference on Prostate Cancer

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2017 Cleveland Clinic Alumni Association Education Institute Award Recipients

Khawla Ali, MD

PGY-4, Endocrinology

Data analysis of study on diabetes management in patients from gulf cooperative council countries

Mohamed "Mo" Bassiouny, MD

PGY-7, Cardiology Electrophysiology

University Hospital of Bordeaux and Electrophysiology and Heart Modeling Institute (LIRYC), Michel Haïssaguerre, MD

Ambalavanan "Ambulz"

Arunachalam, MD

PGY-5, Pulmonary and Critical Care Medicine

Harbor-UCLA Medical Center, Ronald J. Oudiz, MD

Sagar Patel, MD

PGY-5, Hematology/Oncology

European School of Haematology/ European Bone Marrow

Transplantation 21st Training

Course on Haemopoietic Stem

Cell Transplantation, Ireland

Laura D'Addese, MD

PGY -5, Pediatric Cardiology

Discovery Trip, International Society for Heart and Lung Transplantation

PROFESSIONAL DEVELOPMENT AWARDS

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Venkata Mantripragada, PhD

Research Associate

DEPARTMENT: Biomedical Engineering

"RAPID FIRE" ORAL PRESENTATION: 2017 Tissue Engineering and Regenerative Medicine International Society-Americas Annual Conference and Exhibition



Timothy Mead, PhD

Research Associate

DEPARTMENT: Biomedical Engineering

ORAL PRESENTATION: 2017 North American Vascular Biology Organization Conference



Kyle Poulsen, PhD

Postdoctoral Research Fellow

DEPARTMENT: Pathobiology

ORAL PRESENTATION: 2017 Research Society on Alcoholism Annual Conference



Onkar Sawant, PhD

Research Associate

DEPARTMENT: Ophthalmic Research

ORAL PRESENTATION: 2017 Association for Research in Vision and Ophthalmology Annual Meeting

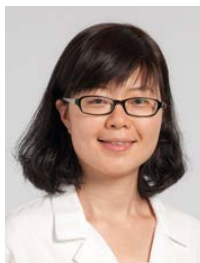


Brian Yard, PhD

Postdoctoral Research Fellow

DEPARTMENT: Translational Hematology/Oncology Research

ORAL PRESENTATION: 2017 American Society for Radiation Oncology Annual Meeting



Lingjun Zhang, PhD

Postdoctoral Research Fellow

DEPARTMENT: Immunology

PAPER PRESENTATION: 2017 Association for Research in Vision and Ophthalmology Annual Meeting



Sagar Patel, MD

With the generous support of the Cleveland Clinic Alumni Association, the Professional Development Grant allowed me to partake in an incredibly valuable learning opportunity.

Namely, I attended the 21st Training Course on Haemopoietic Stem Cell Transplantation in Ireland. This is organized by the European School of Haematology and the European Bone Marrow Transplantation. It has been jointly hosted for the past 20 years.

I was able to participate in a comprehensive course that included plenary sessions, case studies, poster presentations, networking opportunities, and covered all aspects of autologous and allogeneic bone marrow transplantation. This proved to be a unique opportunity to build a solid foundation in transplantation knowledge.

I was able to network with colleagues from as far as South Africa to Brazil, which really added an interesting perspective. It is remarkable how centers in such places are able to deliver such complicated and costly care in a resource-limited setting. Moreover, learning how global practices differ from those in the U.S. provided a great new perspective for me.

Ultimately, this experience will pay dividends to come in my future academic career in bone marrow transplantation.

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Drs. Vinod and Sudarshan Sahgal Make Real Estate Gift

Continued from page 1

Gifts helped him pursue his research and clinical activities. And now, he and his wife, Sudarshan Sahgal, MD, have given their Lyndhurst, Ohio, condominium to Cleveland Clinic.

The majority of proceeds from the condo's sale go toward travelling fellowships for young Cleveland Clinic staffers. Recipients will head to institutions throughout the country and abroad for one-month terms, or longer, at the discretion of a department head or institute chair. The Sahgals designated \$20,000 of their gift to the Alumni Association, establishing them as Visionary-level Centennial Legacy Society donors.

"I think it's important to give back to the organization that aided us so greatly in establishing our careers," Dr. Sahgal says. "We see philanthropy as the bedrock of Cleveland Clinic. It gives one the opportunity to rise above self-interest and personal arrogance and, instead, to be humble and to help others as you, yourself, may have been helped."

He adds that philanthropy always has been part of his and his wife's professional lives.

"She and I wanted to do something to help promote education at Cleveland Clinic and to honor Toby Cosgrove, my friend, the former Cleveland Clinic CEO and President," Dr. Sahgal says. "With some guidance from the Philanthropy Institute, I feel we hit upon something special."

Sudarshan Sahgal, MD, is a former clinician investigator and teacher in the Pathology Department at the University of Illinois. She also was a pathologist for the U.S. Department of Veterans Affairs at its Wade Park branch in Cleveland.

Dr. Vinod Sahgal was recruited to Cleveland Clinic in 1992

by former CEO Floyd Loop, MD, to develop a department for rehabilitative medicine, which grew considerably under his leadership. His special interests were in rehabilitation for neurological disorders, neuromuscular disease and head trauma.

During his tenure, Dr. Sahgal established four inpatient rehabilitation units, strengthened the translational research program and elevated the department's status at Cleveland Clinic. In 2005, in recognition of his foresight and innovation, he became the first to hold The Robert, Eleanore and Kathy Risman Chair and Professorship in Medicine at Cleveland Clinic's Lerner College of Medicine.

Dr. Sahgal also received two lifetime achievement awards for his work in cardiac rehabilitation, bestowed on him by two former Presidents of India, A. P. J. Abdul Kalam and Pratibha Patil.

Previously, Dr. Sahgal was Director of the Neuromuscular Studies Unit at the Rehabilitation Institute of Chicago. He earned his medical degree from UnivPunjab University in Chandigarh, India, and his MS degree from Northwestern University in Chicago. Dr. Sahgal completed his fellowship and residency at Northwestern Memorial Hospital.

Dr. Sahgal has written more than 200 peer-reviewed publications and was the recipient of the James A. Brady Award from the Illinois Head Injury Association in 1992.

He left active practice in 2010 and sums up his life in retirement as "fun," which he translates as, "spoiling the grandchildren." The Sahgals have three sons and eight grandchildren. "Our children mean everything to us," says Dr. Sahgal. "They are the 'who' behind all that we do." ■

"I think it's important to give back to the organization that aided us so greatly in establishing our careers. It gives one the opportunity to rise above self-interest."

VINOD SAHGAL, MD

CHARITABLE GIFT ANNUITY PAYOUT RATES RISE

The American Council on Gift Annuities has announced an increase in the payout rates for charitable gift annuities. This long-awaited upsurge went into effect on July 1. The last time the rates changed was in 2012, when they went down.

In general, rates will rise 0.3 percent to 0.5 percent, which means a larger annuity payment to the income beneficiary of a charitable gift annuity. This may be the

perfect time to consider establishing a gift annuity to provide support to Cleveland Clinic and also secure lifetime income for you and/or a loved one.

Additionally, the charitable deduction from a gift annuity may allow you to exceed the new standard tax deduction of \$12,000 for individuals and \$24,000 for couples, enabling you to itemize your deductions. Even better, appreciated stock may be used to fund the gift,

avoiding some of the capital gains tax, too. All of these benefits could put more money in your pocket while you also are making a gift to support Cleveland Clinic.

Charitable gift annuities are easy to establish. If you would like discuss how this type of charitable gift could benefit both you and Cleveland Clinic, please call Melinda Stroh, Senior Director, Philanthropy Institute, at 216.444.6534. ■

LERNER COLLEGE ALUMNI RETURN FOR CELEBRATIONS, DAY OF LEARNING

More than 30 Cleveland Clinic Lerner College of Medicine alumni traveled to Cleveland recently to attend a celebration honoring them and the 10th graduating class March 23-24.

The Cleveland Clinic Alumni Association sponsored the Friday evening reception at the Foundation House for more than 130 guests including alumni, graduating students and Lerner College of Medicine staff. The event offered a special opportunity for alumni and staff to reconnect and celebrate the medical school's success.

In their brief remarks, **James B. Young, MD (CCF'95)**, former Executive Dean; **Toby Cosgrove, MD (CCF'75)**, former CEO and President of Cleveland Clinic; and Norma Lerner expressed their pride in the students and how privileged they felt to be part of the celebration.

"The Lerner College of Medicine is a legacy from this generation to the patients of tomorrow," Dr. Cosgrove said. "As alumni, you have a permanent place in its memory. It is my fondest hope that this school and its graduates will continue to push the boundaries of innovation. Thank you for surpassing our highest expectations."



Dr. Toby Cosgrove, center, with graduates of the Cleveland Clinic Lerner College of Medicine at a reception honoring college alumni and the 10th graduating class. Flanking Dr. Cosgrove, from left, Vishesh Khanna, Rebecca Achey, Megan Morisada and Alex Grubb.

The Day of Learning began with speakers and panelists sharing their expertise on topics ranging from clinical updates to work-life balance. Later, participants toured the new Health Education Campus, set to open in the summer of 2019.

That evening, **Kathleen Franco, MD (CCF'92)**, Associate Dean, Admissions and Student Affairs, and her husband, **David Bronson, MD (CCF'92)**, hosted a reception at their home. ■

PATIENT MARKS 26 YEARS SINCE DOUBLE-LUNG TRANSPLANT

Lung transplants are the most challenging of solid organ transplants. While success rates are improving, the five-year



Dr. Atul Mehta, a pulmonologist at Cleveland Clinic, has treated Tom Mathews since his lung transplant 26 years ago. (Photo courtesy: Yu Kwan Lee / Cleveland Clinic)

survival rate is less than 60 percent. However, Cleveland Clinic patient Tom Mathews not only made it five years but still is doing well with the same set of transplanted lungs after more than two-and-a-half decades.

Twenty-six years after the Newark, Ohio, resident's bilateral lung transplantation at Cleveland Clinic, both of Mr. Mathews' lungs – donated in March 1992 – continue to function. Now 54, Mr. Mathews is Cleveland Clinic's longest-living lung transplant recipient and the second longest-living in the state of Ohio to have the original transplanted lungs.

"The doctors told us at the time that if the transplant would last three to five years, that would be fantastic," recalled Kim Mathews, his wife of 28 years. "Every year, when we pass that anniversary, we have a party and celebrate."

Atul C. Mehta, MD (PULMCC'83), a Cleveland Clinic pulmonologist who has regularly treated Mr. Mathews since the transplant took place, credits advancements in medical science, his diligence in taking the arsenal of medications required to keep him alive, and "some good luck" for the long-term success of his lungs. ■

DR. MACHADO RECEIVES WPSA CHAMPION AWARD FOR PROMOTING WOMEN AS LEADERS

Andre Machado, MD, PhD (NS/FS'06), Chair of Cleveland Clinic's Neurological Institute, has been named the 2017 WPSA Champion Award recipient by the Women's Professional Staff Association Executive Board. The award recognizes an individual for contributions to the advancement, development and wellbeing of the women's professional staff at Cleveland Clinic.

Women comprise more than a third of the Neurological Institute staff. In light of this, since becoming the institute Chair in 2015, Dr. Machado has taken steps to assure that women staff members are appropriately represented on his leadership team.

He actively worked with WPSA to put in place a long-term plan for the development and advancement of more women staff members in his Institute. He sponsors women staff in taking the lead on specific initiatives and encourages participation in development programs, both internally and externally.

Dr. Machado has been transparent and deliberate in succession planning within his institute and has encouraged his



Dr. Andre Machado addresses his audience after receiving the WPSA's Champion Award for contributions to the advancement of the women's professional staff at Cleveland Clinic.

leadership team to follow his example. He also has appointed a staff-led Engagement Team and empowered it to seek out solutions to address stressors and issues affecting caregivers. ■

SAVE THE DATE!

2018 Women in Healthcare Forum

Aspiring to Action: Influence, Innovate, Advocate

SEPTEMBER 21, 2018 | 7:30A-5P

Cleveland Clinic Administrative Campus | Beachwood, OH
Jagelman Conference Center | Weston, FL

On Friday, Sept. 21, the Women's Professional Staff Association (WPSA) will host its 11th biennial Women in Healthcare Forum in both Cleveland and Weston, Florida. This CME course will explore the unique challenges and opportunities for women in healthcare professions.

This year's theme is "Aspiring to Action: Influence, Innovate, Advocate." The course will provide an overview of the importance of advocacy and innovative thinking in moving ideas forward — ideas for personal growth and that

improve the patient experience, advance medicine, research and technology, and affect communities.

The day will feature plenary sessions, short talks, panel discussions and experiential workshops that will help participants acquire skills to optimize their influence; create strategies to motivate themselves, patients, colleagues and others; identify and reflect on ways of maximizing personal and professional function; and review and align personal and professional values with goals to increase overall effectiveness, productivity and wellbeing.

This course is suggested for physicians, medical school faculty, trainees, nurses, PAs, NPs, other providers, psychologists, researchers, scientists, counselors and social workers, as well as administrators and managers in healthcare and academics.

You can learn more or register here ccfcmf.org/wpsaforum, or follow WPSA on Twitter, Facebook and Instagram (WPSA1). Also, watch for news and updates at [#wpsaforum](https://twitter.com/wpsaforum).

The Women's Professional Staff Association advocates for the development, advancement and wellbeing of the 1,300-plus women physicians, faculty, scientists and researchers appointed to Cleveland Clinic's professional staff. ■



NEW INITIATIVES TRANSFORM RESEARCH AT LRI

Lerner Research Institute Chair **Serpil Erzurum, MD (CCF'93)** recently announced the formation of the Department of Inflammation and Immunity, which replaces the former Departments of Pathobiology and Immunology. This is a step toward uniting common areas of strength in research and clinical practice at Cleveland Clinic, with the goal of increasing collaboration, accelerating scientific discovery and advancing patient care.

By reorganizing traditional research departments into disease-related communities, Dr. Erzurum plans to establish four new areas of impact, including neurologic disease and vision research, cancer research, cardiovascular and metabolic disease research, and inflammation and immunity research. Areas working in conjunction with these are biomedical engineering, genomics, regenerative medicine, and quantitative and data science.

This new, disease-focused research structure will help to bridge the gap between laboratory science and unmet patient needs observed in the clinic. The new organization allows scientists and programs to be more agile, making collaborations

“Healthcare and science are changing in response to advancing technology and greater data. We must adapt. That is what we do in biomedical research.”

SERPIL ERZURUM, MD

across departments and institutes easier and more fluid to better leverage existing resources.

With 50 independent laboratories and nearly 300 members, the new Department of Inflammation and Immunity is one of the world's largest, most productive and well-funded research programs investigating inflammation and immune sciences. The new department brings together experts in inflammation and immunity sciences to form research programs focused on clinically relevant disorders. These programs aim to uncover the cellular and molecular pathways that cause diseases of inflammatory and immune system dysfunction, including digestive, lung, kidney and liver diseases, as well as transplant immunology, with the goal of developing effective treatment and prevention strategies.

Leading the new department is **Ganes Sen, PhD**, of the former Department of Immunology, who will serve as the interim department Chair, and **Carol de la Motte, PhD**, of the former Department of Pathobiology, who will serve as interim Vice Chair. Dr. Sen's research focus is innate immunity and viral infection, and Dr. de la Motte's is inflammatory bowel disease.

“Healthcare and science are changing in response to advancing technology and greater data,” Dr. Erzurum says. “We also must adapt, after all, because change and innovation are at the heart of what we do in biomedical research.” ■

MEET THE LERNER COLLEGE

The 32 students of the Cleveland Clinic Lerner College of Medicine graduating class, their family and friends gathered on Saturday evening, May 19, to celebrate their hard work and many accomplishments over the last five years.

After welcoming colleagues, faculty, supporters, family and friends to the event, J. Harry Isaacson, MD, Interim Executive Dean of the Lerner College of Medicine, acknowledged the 175th anniversary of the Case Western Reserve University School of Medicine and the 10th graduating class of the Lerner College of Medicine. He then recognized Mrs. Norma Lerner and James B. Young, MD, former Executive Dean of the college and now Chief Academic Officer of Cleveland Clinic, both of whom addressed the group with video messages because they were attending family graduations. Dr. Isaacson also recognized Toby Cosgrove, MD, former CEO and President of Cleveland Clinic.

Addressing the students, Dr. Isaacson remarked on the impact of stories, both their patients' and their own, and the importance of sharing them. "As you move forward to your new journeys in medicine, I encourage you to embrace reflection and sharing of stories as a way to continue your development as physicians," said Dr. Isaacson, inviting them to also share their

stories with the Lerner College of Medicine community.

Tom Mihaljevic, MD, the new CEO and President of Cleveland Clinic, took the podium to congratulate the graduates and remind them that they always have a job at Cleveland Clinic, if they so choose. He said that we view our organization as a family, and "this place will always keep the lights on for you." He told the class that there's never been a better time to be in healthcare. "The time is exciting, the opportunities are limitless," he said.

This graduating class will be known not only for their many accomplishments, but also for their spirit of giving back. The class gift to the college, presented by Hannah Robinson and Daniel Sexton, was a contribution to the Community Health Initiative (CHI), a program that gives students the chance to offer health screenings at a men's shelter in Cleveland. Hannah described her experience at CHI as one of the most memorable experiences during her time in medical school. The students hope the gift will help CHI to continue and improve.

Angela Dai and Daniel Li presented the alumni gift of stethoscopes, embellished with the Cleveland Clinic logo, for all incoming students. The class hopes that this alumni gift will



Rebecca Achey

Residency: Neurological Surgery,
Cleveland Clinic, OH



Jacob Christ

Residency: Obstetrics-Gynecology,
University of Washington Affiliated
Hospitals, WA



Andrew Bowen

Residency: Otolaryngology,
Mayo Clinic School of Graduate
Medical Education, MN



Frank Cikach

Residency: Thoracic Surgery,
Cleveland Clinic, OH



Christine Chang

Residency: Anesthesiology,
Hospital of the University of PA
Pennsylvania, PA



Charles Dai

Residency: Internal Medicine,
Massachusetts General Hospital, MA

GRADUATING CLASS OF 2018

become a new tradition. Andrew Bowen introduced the student video, a reflection on the past five years.

Johanna Goldfarb, MD, Basic Science Education Course Director and Thread Leader, delivered the faculty presentation, which focused on remaining honest, kind and humble. "There are huge expectations put on physicians, and you will meet them best when you are true to yourself, when you have been kind and compassionate with your own needs, as well as those of others," she said. Dr. Goldfarb closed her remarks with this prayer:

May you learn to live each day fully and in the moment.

May you live your life with joy and gratitude, even in times that include sadness.

May your actions be motivated by kindness and wisdom, wisdom that grows daily from learning with an open mind and from experience.

May you be your own best friend.

May you be strong, but not rigid; resilient, especially in difficult times.

May you live a life in balance, balance between what your mind tells you, what your heart feels and the world around you.

On behalf of the class of 2018, Stephen Raithel delivered the student presentation, beginning with the story of Victor Lustig, one of the most famous con men of all time. Stephen compared his own sense of imposter syndrome at the beginning of medical school to Victor's con artistry. But, as time passed, the feeling of being an imposter, a con, was replaced with a tremendous sense of awe. He shared two patient stories and said, "These are moments that have changed me, moments where I've never felt so amazed by the inner lives of the people we treat, I've never been so in awe of the human spirit in the face of our frailty."

Each student received a scroll featuring the original Cleveland Clinic building along with Cleveland Clinic's mission: to provide better care of the sick, investigation into their problems, and further education of those who serve. As each student was recognized, Lerner College alumni Jocelyn Beach, MD ('12), Andrew Strong, MD ('14), and Christine Warren, MD ('09), presented the graduates with alumni pins, welcoming them into the Cleveland Clinic Alumni Association.

Congratulations, Class of 2018! You are part of a highly selective group, and we are so proud of what you have accomplished during the last five years. ■



Lu (Angela) Dai

Residency: Medicine-Preliminary,
Case Western Reserve University/
MetroHealth Medical Center, OH
Anesthesiology PG 2-4,
Massachusetts General Hospital, MA



Yi (James) Gao

Residency: Medicine-Preliminary,
University Arizona COM, Phoenix, AZ
Dermatology,
University Minnesota Medical School, MN



Dan Firl

Residency: General Surgery,
Duke University Medical Center, NC



Alex Grubb

Residency: Internal Medicine,
Duke University Medical Center, NC



Patrick Flanigan

Residency: Neurological Surgery,
UCLA Medical Center, CA



Daniel Hettel

Residency: Surgery-Prelim & Urology,
Cleveland Clinic, OH

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GRADUATING CLASS

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Vishesh Khanna

Residency: Internal Medicine,
Stanford University Programs, CA



Erik Offerman

Residency: Internal Medicine/
Clinical Investigation Track,
NYU School Of Medicine, NY



Clare Landefeld

Residency: Medicine-Primary/
Division of General Medicine,
Brigham & Women's Hospital, MA



Stephen Raithe

Residency: Anesthesiology,
Brigham & Women's Hospital, MA



Daniel Li

Residency: Internal Medicine,
Stanford University Programs, CA



Jessica Ray

Residency: Pediatrics,
University of Washington Affiliated
Hospitals, WA



Erica Magelky

Residency: Obstetrics-Gynecology,
UC San Diego Med Center, CA



Hannah Robinson

Residency: Internal Medicine,
Duke University Medical Center, NC



Megan Morisada

Residency: Otolaryngology,
UC Davis Med Center, CA



Daniel Sexton

Residency: Neurological Surgery,
Duke University Medical Center, NC



Nemat Sharaf
Residency: Medicine-Pediatrics,
Indiana University School of Medicine, IN



Michael Tee
Residency: Medicine-Preliminary,
University of Hawaii
Dermatology,
New York Presbyterian Hospital –
Weill Cornell Medical Center, NY



Erin Sieke
Residency: Pediatrics,
Children's Hospital,
Hospital of Philadelphia,
Philadelphia, PA



Connor Wathen
Residency: Neurological Surgery,
Hospital of the University of PA
Pennsylvania, PA



Anne Song
Residency: Internal Medicine,
Hospital of the University of PA
Pennsylvania, PA



Di Yan
Residency: Medicine-Preliminary,
Virginia Mason Medical Center, WA
Dermatology,
NYU School of Medicine, NY



Nicole Stegmeier
Residency: Pediatrics,
Children's Hospital – NEOMED, OH



Ao Zhang
Residency: Preliminary Surgery & Urology,
Cleveland Clinic, OH



Muhammad Tariq
Residency: Orthopaedic Surgery,
NYU Winthrop Hospital, NY



Jin Zhang
Residency: Medicine-Preliminary,
Cleveland Clinic, OH
Ophthalmology,
University of Arizona College of Medicine
at South Campus, AZ

ALUMNI PERSPECTIVE

Leonard Calabrese, DO
(IM'78, RH'80)
Chair, History Project

The Importance of Heritage to Cleveland Clinic Physicians

The line of heritage is best transferred from person to person and in the stories we tell, such as those of the doctors King and Doscher. I have had the privilege for the past five years of telling Cleveland Clinic's heritage story to all new physicians on-boarding, and in doing so, I have learned a lot and received many nice comments in return.

I remind the newbies that there is more than nostalgia in these stories. There are lessons in grit and determination and, above all, teamwork. We believe our heritage informs us of what it should mean to be a Cleveland Clinic physician. I also implore each new person to seek out the senior people in their departments (active or emeritus) whenever they can to hear a firsthand description of how things came to be. I guarantee that surprises will abound.

Finally, when I was a very young, new staff person starting to see what ultimately would become HIV infection (i.e. prior to isolation and identification of the putative virus in 1983) I received a call from Barney Crile! I only knew him as a legend, but he wanted to take me to lunch. I met him, and he drilled me on what my thoughts were on the nature, trajectory, social implications – and more – of this new epidemic. I was in awe of his acuity and interest. I now feel privileged and fortunate that I got to know him through our little meetings and developed a direct link to Cleveland Clinic's founders through him.

Time waits for no one; so seek out the stories firsthand.

LOOKING BACK

PHYSICIAN CHIEF EXECUTIVES SHAPE CLEVELAND CLINIC

*(Here we take a look at the history of physician chief executives at Cleveland Clinic. A recent study by a panel that included **James K. Stoller, MD, MS (CCF'86)**, Chair of the Education Institute, found that among the best hospitals are those that are physician-led. The study suggests that among the benefits of such leadership are that physician-leaders might be more likely to create the appropriate work environment, hire new people more confidently, establish organizational priorities, and much more.)*



George W. Crile, MD

GEORGE W. CRILE, MD
A Cleveland Clinic
Founder and
President
1921–1940

Known as “The
Chief,” **Dr. George
Washington Crile**

had a long and distinguished surgical career before helping found Cleveland Clinic. Born in Chili, Ohio, in 1864, he went to Ohio Normal School in Ada, Ohio, and earned his teaching certificate in 1884. Soon after, he was appointed superintendent of schools in Plainfield, Ohio. It was while serving in this post that he befriended a local physician, A.E. Walker, MD, who inspired him to pursue a medical career.

In 1886, Dr. Crile enrolled in Wooster University's Department of Medicine and, after 15 months, graduated with a medical degree in 1887. He received his surgical training under the supervision of Frank Weed, MD, at the (Wooster) University Hospital in Cleveland, where he met his long-term colleague and collaborator, Frank Bunts, MD, who also was training under Dr. Weed. On completing their training, they both went into practice with Dr. Weed.

Dr. Crile further honed his surgical skills through military service in the Spanish-American War and World War I. He became a staff surgeon at Western Reserve University's Lakeside Hospital in 1911 and eventually the Chief of Surgery there. He and his partners remained impressed

by the military model of healthcare, in which surgeons and other physicians worked cooperatively to deliver care in a noncompetitive atmosphere while being paid a salary rather than fees for services. Eventually, these ideas led to the concept of a salaried group practice, which became the permanent model of medical practice at Cleveland Clinic, which Dr. Crile and Dr. Bunts founded with William Lower, MD, and John Phillips, MD, in 1921. Dr. Crile served as the Chief of Surgery and President of Cleveland Clinic until 1940, as well as head of research until 1943.

After Dr. Crile died in 1943, administrative authority was assumed by non-physician leaders for more than a decade.



Fay LeFevre, MD

FAY LEFEVRE, MD
Board of
Governors Chair,
1955–1968

Dr. Fay LeFevre, a
Cleveland Heights
native, initially
planned to study

architecture. By his senior year at the University of Michigan, he decided instead to follow in his father's footsteps and study medicine. He went on to Western Reserve University Medical School, where he trained with Russel Haden, MD, at Cleveland Clinic in the 1930s. He then studied in London, where he turned to peripheral vascular medicine.

After several years of independent practice, he joined Cleveland Clinic in 1941,
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CEOs

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where he founded the Department of Peripheral Vascular Disease and became its head in 1947. From 1952 to 1955, he was Director of Education.

Although he had wanted to transition to clinical duties, Dr. LeFevre instead was unanimously elected Chair of the new Board of Governors. He embodied the “patients first” philosophy of Cleveland Clinic, as illustrated by an interview after his retirement when he reminded young physicians that “a little time spent, consideration and kindness are still a most important part of medical treatment.”



Carl Wasmuth, MD

CARL WASMUTH, MD
Board of Governors
Chairman
1969–1976

Dr. Carl

Wasmuth came to Cleveland Clinic as a fellow in 1949 and joined Anesthesiology in 1951. In 1959, he earned a degree from Cleveland-Marshall Law School, making him one of the first physicians in the country with degrees in both medicine and law.

Throughout his career, Dr. Wasmuth wrote on the intersection of medical and legal practice and was a pioneer in developing legislation to permit organ donation. He became Chair of the Board of Governors in 1969, which allowed him to widen the vision of Cleveland Clinic, including, in the early 1970s, the institution’s first physical expansion beyond the block on which it was founded.

Dr. Wasmuth also initiated new community involvement programs and created the Director of Professional Affairs to facilitate communication between the staff and the Board of Governors.



William S. Kiser, MD

WILLIAM S. KISER, MD
Board of Governors
Chairman
1977–1989

Dr. William S. Kiser’s
healthcare

management experience began in the Air Force in the 1950s when he commanded a dispensary in Morocco and later a hospital in Germany. After leaving the military, he became a urologist and researcher at the National Institutes of Health, where his work attracted the attention of Ralph Straffon, MD, who recruited him in 1964 to join Cleveland Clinic’s pioneering kidney transplant program. Dr. Kiser became head of the new Section of Renal Preservation in 1970.

Dr. Kiser was elected to the Board of Governors in 1972 and became Chair in 1977. As Chair, he oversaw major expansion in the 1980s, including the Crile Building, the 100th Street Garage and the Skyway.

Cleveland Clinic also expanded beyond Ohio for the first time during his tenure with the opening of Cleveland Clinic Florida in 1988. Reflecting on this expansion in an interview in 2014, he said that he likened Cleveland Clinic to an amoeba “because we were always having pseudopods growing off in all directions, exploring to see what was up. But we held the core intact, and I still believe that’s the case now, even with the massive growth and reputation that the organization has.”

FLOYD (FRED) LOOP, MD
Board of Governors Chairman and
CEO 1989–2004

Dr. Floyd Loop earned his medical degree in 1962 at George Washington University. After residencies there and at Cleveland Clinic, he joined

Cleveland Clinic’s staff in Thoracic & Cardiovascular Surgery in 1970. He soon became widely renowned for his advances in cardiac surgery, particularly the use of arterial conduits in coronary artery surgery and innovations in valve repair.

In 1989, Dr. Loop became Chairman



Floyd Loop, MD

of the Board of Governors and CEO of Cleveland Clinic – the first to be officially appointed with the CEO title. During his time in that role, Cleveland

Clinic became the integrated regional healthcare system it is today.

However, even while thinking strategically about the business challenges of expanding, Dr. Loop never lost sight of patients and caregivers. He said in 2014 that “quality, like patient satisfaction, relies on talented, educated, dedicated personnel, above all. I always had this imaginary sign above the entrance to all of our facilities that would say ‘Never have an unsatisfied patient.’ And if you want to reach that goal, you have to talk to the people who take care

of the patients and figure out how to make their careers enjoyable.”



Toby Cosgrove, MD

TOBY COSGROVE, MD
CEO and
President

2004–2017

Dr. Delos “Toby” Cosgrove earned his medical degree at the University of Virginia’s School of Medicine in Charlottesville. He completed his clinical training at Massachusetts General

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LOOKING BACK

Alumni Connection's LOOKING BACK series highlights important or interesting moments in Cleveland Clinic's history, serving as a retrospective of the institution's storied past as its 100th anniversary approaches in 2021.

You are invited to submit your own topics for us to consider for this series. Please contact Mindy Stroh, Senior Director, Alumni Relations, at strohm@ccf.org.



LOOKING BACK

CONTINUING THE CRILE NAME 'I WALKED AMONG GIANTS'



Dr. Crile Doscher, who trained under Dr. George "Barney" Crile at Cleveland Clinic, went on to a prominent medical career in Illinois.

"My dad trained with George Crile, Sr., and I trained with George Crile, Jr. ("Barney")," says Crile Doscher, MD, from his Florida home. Today, Dr. Doscher is the only remaining member of two generations of physicians linked inseparably through Cleveland Clinic.

This is a story of the intertwined lives of George W. Crile Sr., MD, his son, George "Barney" Crile Jr., MD, and Elmer S. A. King, MD (S '33) and his son, Crile Doscher, MD (I '60, S '65). George Crile helped found Cleveland Clinic, and Dr. King and Dr. Doscher helped further its reputation and development over the course of many years.

Dr. King named his son "Crile" out of admiration and respect for George Sr., under whom he trained in the early 1930s.

Keeping the Crile name alive, Dr. Doscher (who has the last name of his stepfather) later named one of his three sons Crile (Jr.) and gave his other two sons Crile as their middle names.

They were named in honor of "Barney" Crile Jr., under whom Dr. Doscher trained in the early 1960s.

But the similarities among their lives run deeper than just the sharing of a name. Their story also is about the integration of two generations of doctors in the life of Cleveland Clinic.

LOOKING BACK, this is their story as told by Dr. Doscher and authenticated through his family archives and those of Cleveland Clinic.

* * *

It All Started When . . .

"My father came to Cleveland Clinic in 1931 and went on to make a name for himself in general and pediatric surgery," Dr. Doscher says. "He learned a great deal from Dr. Crile Sr., a man he deeply respected. The two grew close. Dr. Crile even sent me notes and gifts as a young boy, including a bronze box with an embossed medal from the Battle of Verdun in World War I. The box was made by a world-famous Cleveland jewelry company, Potter & Mellen. This is one of my most prized possessions, which I will soon donate to the Crile family archives."

Cleveland Clinic was on the rise when Dr. King joined the organization, a decision perhaps clinched because of Dr. Crile Sr.'s reputation as an acknowledged leader, noted surgeon and dedicated researcher. Dr. Crile was known for making major inroads in surgical procedures, as well as in blood pressure and surgical shock studies. Other medical luminaries quickly began to fill Cleveland Clinic's ranks.

Meanwhile, with three years of Cleveland Clinic experience behind him, Dr. King went on to positions with hospitals in Pittsburgh, serving as a senior staff surgeon



The brass box that Dr. George W. Crile, Cleveland Clinic founder, sent to Crile Doscher as a child. It is shown with the Verdun Medal affixed, an award presented to those who served during the Battle of Verdun in World War I, one of the largest and most costly battles of that war.

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GIANTS

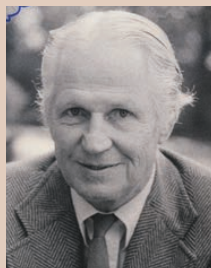
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Dr. Elmer S. A. King, who trained under Dr. George Crile Sr., went on to become a recognized pediatric surgeon.



Dr. George W. Crile Sr., a founder of Cleveland Clinic, prominent surgeon, researcher and Cleveland Clinic leader.



Dr. George "Barney" Crile Jr., renowned Cleveland Clinic surgeon, trained Dr. Crile Doscher, just as his father trained Dr. King.

with Western Pennsylvania Hospital, Children's Hospital and Columbia Health Center. He developed a proficiency in surgery of the newborn, always mindful of his formative years at Cleveland Clinic.

As a boy, Crile King experienced his parents' divorce prior to World War II. He was given his stepfather's last name of Doscher to preserve family unity and lost touch with his biological father. He went on to college at Dartmouth, then to New York Medical College, from which he graduated in 1960. He then served in a Cleveland Clinic rotating internship from 1960-1961, followed by residency in general surgery from 1961-1965. "With a first name like 'Crile,' where else could I go?" he says.

The Golden Years of Medicine

"To me, my years at Cleveland Clinic were the Golden Years of Medicine," Dr. Doscher says. "I had the luxury and the extraordinary honor to walk among the giants in medicine and surgery – Barney Crile, the master surgeon; Wilem Kolff, who invented the artificial kidney; Robert Hermann, former Chair of the Department of Surgery; Rupert Turnbull, the world's leading expert in inflammatory bowel disease; Mason Sones, who developed coronary angiography; and so many others."

Dr. Doscher was Barney Crile's Chief Resident for a time. "I admired Barney and learned so much surgery from him," Dr. Doscher says.

"When you have a surgical residency, you train with four or five people. You take the best techniques you have seen and try to make them your own. For example, Barney Crile was fast, complete. He always emphasized hemostasis and cautioned us in the use of blood replacement. He never made

a big deal out of either a procedure or himself. My time with Barney Crile and Rupert Turnbull were indispensable."

He says that when you take that kind of education into the next stages of your medical career, you're heading for success. Dr. Doscher went on to prominence in medicine, particularly in southern Illinois, where he became a much-in-demand general, vascular and gynecologic surgeon. He even piloted an aircraft to remote hospitals in that state to perform surgeries, up to 60 a month. He also is credited with many medical firsts in southern Illinois, which he attributes to his experiences at Cleveland Clinic. These include:

- Sophisticated colorectal surgery
- Gastrointestinal endoscopy
- Surgical stapling, along with the use of various hemoclips
- The use of PAs in the State of Illinois
- The first abdominal aortic aneurysm resection with graft, plus multiple endovascular procedures and vascular bypasses

Dr. Doscher, a member of the Illinois Surgical Society, retired in 1991 and lives in Florida. At 83, he still is very much interested in what happens at Cleveland Clinic.

The other Criles also had successful careers.

As is widely known, Dr. Crile Sr. led Cleveland Clinic to

new heights, nationally and internationally, and his son, Dr. Barney Crile, made history as a surgeon who fought against unnecessary surgery, including mastectomies, and also became an accomplished author.

Dr. Elmer King built an impressive medical practice in Pittsburgh.

And even though none of Dr. Doscher's three sons named Crile became doctors, they did become successful engineers. As for their choosing a different vocation, Dr. Doscher says, "I think it must have had something to do with how frequently my home phone rang – particularly at night – and all through the weekends during 'on call' time." ■



Dr. Crile Doscher's hot air balloon being readied for flight. He was – and still is – an active outdoorsman, yet another similarity he shared with Dr. "Barney" Crile.

(Editor's note. There's much more to read about the Crile family's interaction with the Kings and the Doschers and what Cleveland Clinic has meant to them. Find it on the Alumni Relations office website at: <http://alumni.clevelandclinic.org/thecrilename>

LAUNCHING SOON!

A Network to
Bring Together
Cleveland Clinic
Alumni Worldwide

Update your
contact info now!

Whether you're looking to reconnect with a fellow trainee, find an alum to recommend to a patient or are interested in networking with an alum professionally, our soon-to-launch site is designed so that you can:

- Reconnect with former colleagues, classmates and co-residents
- Expand your business reach and referral base
- Access our network of world-class Physicians, Researchers and Trainees from hundreds of medical specialties
- Update your info to continue receiving our alumni newsletter, event info and important news
- Get connected with the alumni in your area

Look for further information soon from the Cleveland Clinic Alumni Relations Office.

CEOs

Continued from page 17

Hospital, Boston Children's Hospital and Brook General Hospital in London. His undergraduate work was at Williams College in Williamstown, Massachusetts. He joined Cleveland Clinic in 1975 and was named Chairman of the Department of Thoracic and Cardiovascular Surgery in 1989. Under his leadership of that department, Cleveland Clinic's heart program was ranked by *U.S. News & World Report* as the No. 1 program in America for 10 years in a row. It is a ranking that Cleveland Clinic has held for 23 consecutive years.

From 2004 through 2017, Dr. Cosgrove served as CEO and President of Cleveland Clinic. His leadership emphasized patient care and the patient experience. To that end, he reorganized clinical services into patient-centered, organ-and disease-based institutes.

In 2014, Dr. Cosgrove authored *The Cleveland Clinic Way: Lessons in Excellence from One of the World's Leading Health Care Organizations*, which takes an in-depth look at today's healthcare system. It describes eight trends shaping the future of medicine in this country that will allow it to become more efficient, more effective and more affordable than it is today. The book acknowledges the challenges facing the industry but provides a strongly optimistic view of what lies ahead by illustrating how Cleveland Clinic is helping to shape the future of medicine by keeping patients first.

TOMISLAV MIHALJEVIC, MD
CEO and President 2018–

Tomislav Mihaljevic, MD (CCF'04), joined Cleveland Clinic in 2004 as a surgeon in the Department of Thoracic and Cardiovascular Surgery. He has performed almost 3,000 operations, specializing in minimally

invasive and robotically assisted procedures, valve replacement and repair, image-guided surgery, heart failure and cardiac transplantation.

Dr. Mihaljevic previously served as CEO of Cleveland Clinic Abu Dhabi,



Tomislav Mihaljevic, MD

where, in 2015, he oversaw the opening of the 365-bed hospital and clinic with 3,000 caregivers. He said the goal there

was to build "a new, sophisticated, complex Cleveland Clinic located 8,000 miles away from main campus." The hospital has been well-received and very busy.

That operational experience, and others, served to catapult Dr. Mihaljevic to the top of the selection committee's list for the next President and CEO of Cleveland Clinic.

"Dr. Mihaljevic brings a depth of experience, first as an innovative, world-class surgeon, and more recently, as a hospital executive focused on healthcare quality and safety, patient experience and business strategy," said Robert E. Rich Jr., Chair of Cleveland Clinic's Board of Directors.

"By nearly every measure – quality, accessibility, finances, innovation, reputation – Cleveland Clinic has made unprecedented strides since Dr. Cosgrove became CEO and President. Dr. Mihaljevic has the background, skills and vision to move Cleveland Clinic forward to even greater heights." ■

(Editor's note: Our thanks to Cleveland Clinic's Archives Department for this story.)



DR. MIHALJEVIC: 'DO THE RIGHT THING, EVEN IF IT ISN'T POPULAR'

*By Tomislav Mihaljevic, MD
CEO and President, Cleveland Clinic*

Whenever I reflect on why I've made important decisions throughout my life, it boils down to a gut feeling and one simple question: "What is the right thing to do?"

Should I leave my native country? Should I move away from a well-regarded surgical position for the same job at the same pay in a smaller city? Should I switch career gears in my late 40s and leave the operating suite for the C-suite?

Each of these decisions required a serious gut check. What is the right thing to do?

I was born and raised in Croatia, then part of communist Yugoslavia. My father was a middle manager in business and my mother was a teacher. We were comfortable but my opportunities were limited by my family's known opposition to the communist regime.

By 1989, after my graduation from medical school at Zagreb University, the Yugoslav federation was fracturing and imperiled by civil war. Clearly, my continued medical training would have to take place elsewhere. After taking a three-month crash course to learn German, I earned an assistantship at University Hospital in Zurich.

When I earned a spot in a highly respected training program in Boston a few years later, I had to decide whether to accept a solid job offer from a relative in Croatia or go to America and take a chance at becoming a doctor. What is the right thing to do?

I eventually became a cardiac surgeon specializing in robotic mitral valve repairs at Brigham and Women's. Then, in 2004, I was asked to leave Boston and move to Cleveland for

what was essentially the same job at the same pay. I would be leaving behind the offer of a department chairmanship and a professorship for what was seen by some as a lateral move at best. My colleagues in Boston were puzzled. To them, my decision was completely incomprehensible with no discernible incentives in terms of money, position or prestige. What is the right thing to do?

But my gut feeling was spot on. Moving to Cleveland Clinic was the right thing to do, even though I couldn't fully articulate why at the time. Now, 14 years later, I am the CEO and President of this incredible institution and I'm reminded that the entire culture of Cleveland Clinic is so conducive to what I believe is right. It's the values, the environment, the idea.

Cleveland Clinic is the embodiment of the values that make this country great.

America is an idea that lives every day. An idea where people from all over the world can find a place based on merit, regardless of color, gender, sexual orientation or religion. There are very few places in the world that are made that way.

I see the same in Cleveland Clinic, which is not just a conglomeration of individuals or hospitals but rather a living idea. An idea that we differentiate ourselves based on our individual merit, not our titles or the offices that we occupy; that we all stand for what's right for our patients; and that we stand for the right thing even when the right thing may not be popular.

There are not many organizations that can say that. As CEO and President, my task is not only to preserve the strength of this idea, but also to enhance it to the greatest extent possible. ■

MIGUEL REGUEIRO, MD, NAMED CHAIR OF GASTROENTEROLOGY, HEPATOLOGY

Miguel Regueiro, MD, recently became the new Chair of the Department of Gastroenterology & Hepatology. In this role, he will focus on expanding the institution's patient-centered care for chronic digestive diseases, using a multispecialty, population-health approach.

Dr. Regueiro's work with patients who have inflammatory bowel disease (IBD) led to a new model of healthcare delivery – the first-of-its kind medical home for IBD.

"The most important person in our relationship is the patient," Dr. Regueiro said. "It's about what they want from the care experience. The idea behind the medical home is to provide

comprehensive care in an efficient manner, with minimal disruption to a patient's life and personal schedule."

Dr. Regueiro will apply lessons learned from the IBD medical home experience to liver, obesity, metabolic and functional bowel diseases and other specialties of gastroenterology and hepatology. With next-generation medicine in mind, Dr. Regueiro also has goals of developing



Miguel Regueiro, MD

research in healthcare economics and designing population health and epidemiology studies.

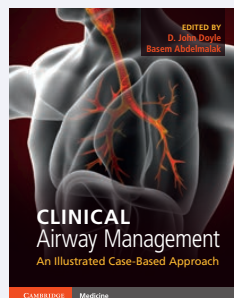
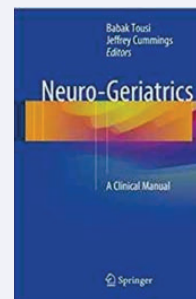
He has led national and international research in IBD, creating clinical pathways, guidelines, and algorithms for postoperative management of Crohn's disease. He founded "IBD LIVE," the first Inflammatory Bowel Disease Live Interinstitutional and Interdisciplinary Videoconference Education series, which now will be integrated with Cleveland Clinic. This virtual weekly IBD meeting currently attracts 200 physicians from throughout the United States.

Conor Delaney, MD, PhD, Chair of Cleveland Clinic's Digestive Disease & Surgery Institute, said: "We are incredibly excited about the arrival of such an internationally recognized leader in the field as Dr. Regueiro. Because we have such a large inflammatory bowel disease program, Dr. Regueiro's clinical expertise in IBD will perfectly complement and integrate into our experienced team of IBD gastroenterologists, surgeons and other healthcare specialists. His expertise in patient-centered care and medical homes also complements much of what we are doing at Cleveland Clinic and will help us expand access and overall care experience for our patients. In addition to these skills, Dr. Regueiro's general focus on patient care and

Authors Corner



Jeffrey Cummings, MD (CCF'10), and Babak Tousi, MD (GERM'03, MDFP'04), Lou Ruvo Center for Brain Health, have co-edited a new book, *NeuroGeriatrics*, which provides Cleveland Clinic's approach to care of brain diseases in the elderly. The book includes visual algorithms for all diagnoses, as well as care plans and current treatment and management recommendations. The book is available online through Amazon and national book retailers.



Basem B. Abdelmalak, MD (AN'00, CC'01), and John Doyle, MD (CCF'02), published the textbook *Clinical Airway Management: An Illustrated Case-Based Approach* (Cambridge University Press, London) in collaboration with 90 expert authors from around the world — 20 of whom are from Cleveland Clinic Anesthesiology, Pulmonology and Otolaryngologic Surgery. The textbook addresses various techniques and devices used in elective and emergency airway management scenarios. ■

excellence, his personality, manner and leadership skills will strengthen our team for the future."

Prior to joining Cleveland Clinic, Dr. Regueiro was the Inflammatory Bowel Disease Medical Director and Associate Chief for Education in the Gastroenterology, Hepatology, and Nutrition Division at the University of Pittsburgh Medical Center, in addition to being the Senior Medical Lead of Specialty Medical Homes. He was also professor of Medicine and Clinical and Translational Science at the University of Pittsburgh School of Medicine. ■

STATUS REPORT ON THE CENTENNIAL WALL

With approval to proceed with next steps, attention now turns to fundraising, site selection, size, content and features for Cleveland Clinic's Centennial Wall. It is to be an interactive, electronic display designed to tell the institution's story of innovation, discovery and success.

Leonard Calabrese, DO (IM'78, RH'80), Centennial Wall Project Director, says the project has received endorsements from many Cleveland Clinic leaders who think that the institution needs "a physical presence" to celebrate its heritage,

message and spirit. It also will serve as a guidepost leading the organization into its second century as one of the world's top healthcare systems.

Recent recommendations about wall features include adding patient testimonials and a suggestion that the wall be constructed in such a way as to make it portable for transporting to sites wherever showcasing Cleveland Clinic's story would prove informative, valuable and eye-opening. ■

CENTENNIAL LEGACY SOCIETY

Cleveland Clinic's founders were visionaries who set out to develop an integrated group practice in which diverse specialists would be able to think and act as one. Their commitment to their work and willingness to invest their own resources guaranteed the success of the new institution.

In anticipation of Cleveland Clinic's 100th anniversary in 2021, the Centennial Legacy Society is recognizing alumni who continue the tradition of excellence by making a gift of \$5,000 or more to an alumni fund supporting the Power of Every One Centennial Campaign. We welcome you to join the Society and encourage colleagues and friends of the Alumni Association to do likewise. Your generous gifts enable Cleveland Clinic to better serve patients and increase the quality of training for students, residents and fellows.



Visionary (\$20,000 or more)

Dr. Leonard and Mrs. Marie Calabrese
Dr. Robert and Mrs. Pauline Hermann
Dr. Vinod and Mrs. Manju Joshi
Drs. Walter* and Isabella Laude*
Dr. John P. MacLaurin and
Mrs. Sharon MacLaurin
Dr. Susan Rehm
Dr. Vinod and Dr. Sudarshan Sahgal
Dr. Anas Saleh

Founder (\$10,000–\$19,999)

Dr. Lee and Mrs. Marlene Adler
Dr. Janos Bacsanyi
Dr. Hassan Barazi
Dr. Kenneth Barngrover
Dr. Ravi Chittajallu
Drs. John and Mary Clough
Drs. Zeyd and Lilian Ebrahim
Dr. Pauline C. Kwok
Drs. Justin and Erin Juliano
Mrs. Kelsey and Dr. Jonathan Kaplan
Dr. Christopher Leville
Dr. Andrew and Mrs. Vivien Liu
Dr. Thomas and Mrs. Janet Rice
Dr. Herb Rogove

Dr. Conrad C. Simpfendorfer and
Mrs. Patricia V. Simpfendorfer
Dr. S. Raju and
Mrs. Padmavati Vatsavai
*Anonymous
*Anonymous

Member (\$5,000–\$9,999)

Drs. Amiya and Sipra Banerjee
Dr. and Mrs. Gordon Bell
Dr. Edwin and Mrs. Beverly Beven
Dr. Christine and Mr. Dean Booth
Dr. Azmy* and Mrs. Ida Boutros
Dr. Johan J. Bredée
Dr. Richard P. Carroll
Dr. Philip Cusumano
Dr. Gary H. Dworkin
Drs. Toribio and Susan Flores
Dr. Fetnat Fouad-Tarazi
Mr. Dale and Mrs. Diane Goodrich
Dr. Raghav Govindarajan
Dr. Carl W. Groppé, Jr.
Dr. Mark and Mrs. Karen Grove
Dr. Kuniaki Hayashi
Dr. Andrew and Mrs. Jane Healy
Dr. Norman and

Mrs. Maryanne Hertzner
Dr. James Hodgman
Drs. Octavian and
Adriana Ioachimescu
Lynn Luthern and Frederic Joyce, MD
Dr. Leonard and Mrs. Susan Krajewski
Dr. Robert and Mrs. Brenda Kunkel
Dr. Julie A. Lahiri
Dr. Albert C. Lammert*
Dr. Richard Lang and
Mrs. Lisa Kraemer
Drs. Rande and Linda Lazar
Dr. Marc and Mrs. Cynthia Levin
Dr. Geoffrey and Mrs. Susan Lefferts
Dr. James W. Lewis
Dr. Carl H. Linge
Dr. Gilbert and Mrs. Carol Lowenthal
Dr. Thomas and Mrs. Jill Maatman
Dr. Paul and Mrs. Barbara MacGregor
Drs. George and Lourdes Mathew
Dr. Tony and Laura Milo
Dr. Asma M. Moheet & Family
Dr. Eric and Mrs. Letty Muñoz
Mrs. Paula Ockner
Dr. B. Warren Pechan and
Mrs. Paula Pechan

Dr. Thomas and
Mrs. Christina Petinga
Dr. Marc and Mrs. Carol Pohl
Dr. Louis G. Prevosti
Dr. Michael Puff
Dr. and Mrs. Peter J. Reilly
Dr. Barbara Risius
Dr. Rochelle Rosian and
Mr. Jon Straffon
Dr. Jeffrey and Mrs. Leah Rudell
Dr. and Mrs. Dennis Schreffler
Dr. Demin Shen and
Dr. Paul M. Shen
Dr. Earl K. Shirey
Drs. Susan Fox and
Conrad H. Simpfendorfer
Dr. Divya Singh-Behl
Ms. Sandra S. Stranscak
Dr. Riaz A. Tarar
Dr. Sanjiv Tewari
Dr. Jin and Mrs. Tammy Wang
Dr. Daniel and
Mrs. Donna Marie Wilson
Dr. Jess Young
Drs. Belinda Yen-Lieberman and
James M. Lieberman

*deceased

EVERYDAY HEROES

SENIORS PROVE THEIR PREPAREDNESS



Only three days after the graduating seniors completed their Cleveland Clinic Lerner College of Medicine Capstone rotation, two students headed to Patagonia for a hiking vacation.

During a layover in the Toronto airport, **Clare Landefeld (CCLCM'18)**, and **Stephen Raithel (CCLCM'18)**, were eating in the cafeteria when they saw a man collapse. They jumped up and ran to help, evaluated him and started chest compressions.

An AED was deployed, and the two doctors administered at least five more rounds of chest compressions and shocks, mindful of proper airway

management. By the time paramedics arrived, the man was able to breathe and speak.

Dr. Landefeld and Dr. Raithel emphasized that their performance during this emergency was a testament to the Lerner College of Medicine's Capstone course. They say that they are grateful to the paramedics who taught them Basic Life Support and Advanced Cardiac Life Support, and to the professionals in the Cleveland Clinic Simulation and Advanced Skills Center for preparing them for such a situation. They just didn't think that they'd have to use their skills so soon. ■

UROLOGY RESIDENT DELIVERS BABY ON INTERNATIONAL FLIGHT

When **Sij Hemal, MD**, sat back in his seat in an Air France jetliner flying from Paris to the U.S. late last year, he expected a routine flight. It was anything but.

Dr. Hemal, 27, a second-year urology resident at Cleveland Clinic's Glickman Urological & Kidney Institute, was on a flight that began in New Delhi, India, where he attended his best friend's wedding. He found himself seated next to a pediatrician, Susan Shepherd, of the Alliance for International Medical Action.

Suddenly, midway through the flight, a pregnant passenger, Toyin Ogundipe, 41, a banker living in both the United Kingdom and Nigeria, went into labor. The seatmates jumped up to assist.

The jet was skirting the southern coast of Greenland at 35,000 feet, and an emergency landing would require a two-hour diversion to a U.S. military base in the Azores. So, Dr. Hemal suggested that the pilot continue on to JFK International Airport, still four hours away.

"Her contractions were about 10 minutes apart, so Dr. Shepherd and I began to monitor her vital signs and tried to keep her comfortable," Dr. Hemal says.

They also suggested that she be moved to the roomier first-class section, which had very few passengers. "That was my ticket to first class!" Dr. Hemal says with a laugh.

The flight attendants took care of Ms. Ogundipe's traveling companion and her 4-year-old daughter, Amy, while the doctors used instruments and supplies in the flight's limited medical kit to check the laboring mother's vital signs regularly. Very soon, however, things became hectic as, within an hour, Ms. Ogundipe's contractions accelerated, occurring at seven, then

five, and finally, two minutes apart.

"That's when we knew we were going to deliver on the plane," Dr. Hemal says.

Although his practice area is urology, Dr. Hemal delivered seven babies in medical school – although never on the floor of a jetliner.

"We're trained to stay calm and think clearly in emergency situations," he says. "I just tried to think ahead to what might go wrong and come up with a creative solution."

Ms. Ogundipe recalls being composed throughout the delivery, thanks to the calm manner of the doctors and the professional treatment they provided: "I was relaxed because I knew I was in safe hands," she says.

She gave birth to a healthy baby boy, whom she named Jake.

Upon arrival at JFK, Ms. Ogundipe, Jake and his big sister, Amy, were whisked away by ambulance to Jamaica Hospital Medical Center, four miles from the airport. Ms. Ogundipe was released later that day, and went on to recover at the home of friends in New Jersey.

After all this excitement, Dr. Hemal still had one more leg on his international journey. Officials escorted him quickly through immigration and to his gate. He made it on his flight to Cleveland, which – happily – was uneventful. Soon after, he received both a travel voucher and a long-awaited bottle of champagne from Air France. He has stayed in frequent contact with both Ms. Ogundipe and Dr. Shepherd.

"So much could have gone wrong, but it didn't," he says. "Being on that particular flight, sitting next to a pediatrician – it's like it was destiny. Thanks to God, everything worked out." ■



PROFESSIONAL DEVELOPMENT AWARDS

Continued from page 7

Youran Zou, MD

Bone and Soft Tissue Pathology Fellow
Robert J. Tomsich Pathology and
Laboratory Medicine Institute

During my one-month elective rotation at the Department of Pathology of Massachusetts General Hospital, I was fortunate to enjoy the teaching by Drs. Oliva and Young, both of whom are among some of the most prominent gynecologic pathologists. In addition, I was able to observe some aspects of the pathology residency program at one of the most prominent hospitals.

Dr. Oliva's personal consult service includes some of the most challenging lesions in the gynecologic tract, such as uterine mesenchymal tumors, including smooth muscle and endometrial stromal neoplasms. In addition, I was also fortunate to be able to go over about 600 cases in Dr. Young's personal consult collection, which holds more than 20,000 cases! The file consists of many extraordinary cases, such as ovarian sclerosing stromal tumor and spindle cell epithelioma of vagina, most of which I have only heard of in textbooks but have not seen.

Most residents are MD/PhD in the MGH pathology program and highly dedicated to their academic careers. Every Monday morning, the molecular pathology grand round offered a unique opportunity for learning the most recent findings and technology in the field of molecular medicine and pathology. Also, the daily noon slide conference provided a more case-based lesson than traditional PowerPoint teaching, which tends to be tedious. Not only staff but also fellows of different subspecialties moderate, so the overall atmosphere is rather casual.

I thoroughly enjoyed my month-long rotation and would like to thank HSA for this professional development grant, which enabled me to have a memorable learning experience. ■

ANNUAL RAZAVI LECTURE FEATURES THREE PRESENTERS

Three prominent physicians spoke at the 10th Annual Razavi Lecture in early May.

Hosted by the Sydell and Arnold Miller Heart & Vascular Institute, the series is named for **Mehdi Razavi, MD (CARD'67)**, who is dedicated to teaching and, having joined the Department of Cardiology in 1963, remains the longest-serving staff member.

The event's keynote speaker was Scott Solomon, MD, of Brigham and Women's Hospital, who discussed "Heart Failure with Preserved Ejection Fraction: A Misunderstood Disease in Search of a Therapy."

James Young, MD (CCF'95), Cleveland Clinic Chief Academic Officer, presented "What do we call heart failure today? Evolution of a diagnosis."

Edward Soltesz, MD (VS/END'07, TCS'08) addressed the topic of "End-stage Heart Failure with Preserved EF – What are the Surgical Options?"

This year's lectureship drew a large audience, and the exceptional presentations sparked lively interactive discussion. ■

MEDICINE, BUSINESS COME TOGETHER IN EXECUTIVE MBA DEGREE PROGRAM

The Cleveland Clinic Education Institute and Case Western Reserve University's Weatherhead School of Management offer an executive MBA (EMBA) degree, designed to give working professionals the opportunity to further refine their leadership and management skills.

The degree is unlike other EMBA programs because classes in healthcare are co-taught with faculty from Cleveland Clinic. However, the program allows for peer learning from individuals who represent a variety of backgrounds and industries.

Classes for this 20-month program begin in September 2018 and end in April 2020. A 10-day international study experience is held during summer semester 2019, and students work directly with an executive coach on an applied project.

"The EMBA program enhanced my understanding of the financial aspects of medicine, made me fluent in the language of business, and gave me the tools to more effectively communicate with administrative and financial partners," says **Raed A. Dweik, MD, MBA (PULMCC'96)**, Interim Chair, Respiratory Institute, of his experience in the program.

"Most importantly, it made me appreciate how medicine and business can work together symbiotically, with an eye toward a clear, shared vision," Dr. Dweik says.

Questions may be directed to Stephen Scheidt, Director of Admissions, at 216.368.6208 or stephen.scheidt@case.edu. ■

contacts

Matthew F. Kalady, MD (CRS'06),

has been named Vice Chair of the Department of Colorectal Surgery at Cleveland Clinic. Dr. Kalady is a professor of surgery at Cleveland Clinic's Lerner College of Medicine and the Director of the Weiss Center for Hereditary Colorectal Neoplasia. He also is the Co-Director of the Comprehensive Colorectal Cancer Program, as well as the Colorectal Oncology Section Head for the department. Dr. Kalady recently was named the first chair holder of the James Church, MD and Edward J. DeBartalo Family Endowed Chair in Colorectal Surgery.



Matthew F. Kalady, MD

Adrienne Boissy, MD (IM'03, N'06, N/1'08), Chief Experience Officer, recently was named to Becker's Hospital Review list, "130 women hospital and health system leaders to know." She chairs the Patient Experience Empathy and Innovation Summit, the largest independent summit on patient experience in the world. In addition to her administrative duties, Dr. Boissy is a staff neurologist at the Mellen Center for Multiple Sclerosis.

Gary Procop, MD (CCF'98), Laboratory Medicine, was appointed the Chair of the Clinical and Laboratory Standards Institute (CLSI) Subcommittee on Antifungal Susceptibility Testing.

Richard Cartabuke, MD (IM'16), Internal Medicine; and Jessica Donato, MD, Hospital Medicine, have been accepted into the national Society of Internal Medicine's TEACH (Teaching Educators Across the Continuum of Healthcare) Certificate Program for 2018-19. Each will participate in at least three faculty development TEACH workshops during the year.

Carl Tyler Jr., MD, MSc (CCF'01) was awarded The Dr. Robert E. Cooke Lifetime Achievement Award at the 2017 annual meeting of the American Academy of Developmental Medicine and Dentistry in Houston. This award is given to individuals who have contributed a 'lifetime achievement' in the field of intellectual and developmental disabilities.



Carl Tyler Jr., MD, MSc

Erick Remer, MD (CCF'04) Imaging Institute and Glickman Urological & Kidney Institute, has been selected as the Society of Abdominal Radiology's 2018-19 "Igor Laufer Visiting Professor." The professorship is awarded each year to an outstanding early to mid-career academic radiologist who is a fellow member of the Society in good standing and who has demonstrated a history of contributions to the Society.

Donna Driscoll, PhD (CCF'92), Lerner Research Institute, received the Ralph Horwitz Partnership Award from the Cleveland School of Science and

Medicine of the Cleveland Metropolitan School District. She was honored for creating the RISE in Cleveland Program (Research Intensive Summer Experience), which provides mentoring and hands-on biomedical research experience to students in groups that are underrepresented in science.



Donna Driscoll, PhD

Brian Rubin, MD, PhD (CCF'06) has been appointed Chair of the Robert J. Tomsich Pathology & Laboratory Medicine Institute at Cleveland Clinic. Dr. Rubin will oversee 1,500 caregivers and 100 pathologists who process more than 19 million tests annually, touching virtually every Cleveland Clinic patient and thousands of others around the world.

John Goldblum, MD (CCF'93), Chair of the Department of Anatomic Pathology, was awarded the Harvey Goldman Master Teacher of the Year Award at the 2017 United States and Canadian Academy of Pathology Annual Meeting in Vancouver, British Columbia.

Paul C. Bryson, MD (CCF'10), Head, Section of Laryngology and Director of Cleveland Clinic's Voice Center in the Head and Neck Institute, was inducted into the Triological Society at the 2017 national meeting. The



Paul C. Bryson, MD

Society is the primary academic society in Otolaryngology-Head and Neck Surgery. Induction requires completion of a thesis, and Dr. Bryson's was "Oropharyngeal Symptoms Following Suspension Laryngoscopy: Procedural Factors and the Impact of Submucosal Perfusion Using Capillaroscopy." It received the honorable mention award for clinical research.

Gene Barnett, MD (S'81, NS'86), Director of the Burkhardt Brain Tumor and Neuro-Oncology Center and Director of the Gamma Knife Center at Cleveland Clinic, was recognized on March 21 for his pioneering work when Cleveland Clinic CEO and President **Tom Mihaljevic, MD,** presented him with the 2017 F. Mason Sones, MD, Innovation Award. The award is named for the distinguished Cleveland Clinic cardiologist and researcher whose work in arteriography helped launch the modern era of cardiovascular care. The award was established to recognize achievements that reflect the spirit of Dr. Sones and honor Cleveland Clinic's tradition of innovation for better patient care. Dr. Barnett says the goal of his career has been to help brain tumor patients live better and longer. He describes an "Aha!" moment in the early 1980s when he saw an advertisement for a 3D digitizer and imagined how the technology could be used to map brain tumors. The navigation system he developed since has become the standard used around the world for brain and spine surgery. He also was instrumental in developing laser thermal therapy for brain tumors, performing the first surgery with this technology in 2008.

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contacts

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Lisa Yerian, MD (CCF'04), Vice Chair of Staff Affairs, Medical Director of



Lisa Yerian, MD

Continuous Improvement and a pathologist, received the Buffalo Award at *Smart Business*

magazine's Smart Culture Conference. The award honors someone who runs head-on into challenges and opportunities; has faced a major challenge and run right through it, and refuses to put off important things.

Atul C. Mehta, MD (PULMCC'83), was inducted into the Cleveland International Hall of Fame. Dr. Mehta's 37-year career at Cleveland Clinic has been marked by success as a clinician, researcher, educator and leader. An innovative lung transplant specialist, Dr. Mehta propelled Cleveland Clinic into the global vanguard of pulmonary treatment through first-of-its-kind surgical procedures, establishment of interventional pulmonology and one of the world's first – and largest – lung transplantation programs. Dr. Mehta was inducted by Richard Buoncore, whose wife had a life-saving transplant performed by Dr. Mehta.

Claudio Fiocchi, MD (IM'76, RES'78, GE'80), has been honored by the American Gastrological Association's (AGA)

Section on Immunology, Microbiology & Inflammatory Bowel Diseases



Claudio Fiocchi, MD

with its Research Mentor Award. The prestigious award recognizes AGA members who have made lifelong efforts dedicated to mentoring trainees in gastroenterology. Dr. Fiocchi is a member of the Department of Inflammation and Immunity, Lerner Research Institute, and Department of Gastroenterology and Hepatology, Digestive Disease and Surgery Institute.

Michael Kattan, PhD, MBA (CCF'04), Chair of Quantitative Health Sciences in the Lerner Research Institute, was named a Fellow of the American Statistical Association (ASA) and will be honored at a reception in Vancouver in July. ASA fellows are nominated by their peers for outstanding contributions to statistical science. Dr. Kattan holds a joint appointment in the Glickman Urological and Kidney Institute.

Maria Fleseriu, MD, FACE (END'06), who held an endocrinology fellowship at Cleveland Clinic from 2004-2006, has been elected President of the Pituitary Society, an organization



Maria Fleseriu, MD

comprising basic clinical researchers, and clinicians from all over the world. Dr. Fleseriu is a Professor of Endocrinology and Neurological Surgery and Director of the Pituitary Center at Oregon Health and Science University in Portland, Oregon.

Julian J. Trevino, MD (IM'90), was featured in an article in *Dayton Magazine* recently about doctors in

the city who are making a difference in the community. Dr. Trevino is Professor and Chair of the Department of Dermatology at the Wright State University Boonshoft School of Medicine in Dayton. He also is the Dayton VA Medical Center Program Director, and Dermatology



Julian J. Trevino, MD

Residency Program Director. Dr. Trevino earned his degree from Wright State University School of Medicine in 1987. He completed an internship at Cleveland Clinic in 1988 and a residency in internal medicine at Cleveland Clinic in 1990. He also completed a residency in dermatology at Wright State University Affiliated Hospitals in 1994. His clinical expertise is in general dermatology in adult and pediatric patients and immunodermatology.

DR. PROUDFIT CELEBRATES HIS 104TH BIRTHDAY



Dr. William Proudfit is seated in the foreground, surrounded by family and friends, many of whom were Cleveland Clinic colleagues. From left: Bob Hobbs, Don Underwood, Len Krajewski, Bill Sheldon, Jess Young, Irv Franco, Jim Hodgman, Pat O'Hara, Earl Shirey, Fred Heupler, Ed Beven, and Jack Proudfit. (His son Jim Proudfit took the photo.)

The ever-active **William "Bill" Proudfit, MD (IM'43)**, celebrated his 104th birthday recently surrounded by family and friends, many of whom were his Cleveland Clinic colleagues. The group met at Sara's Place in Gates Mills on Feb.13, joined by his two sons, Jack and Jim. (His daughter, Ann, was unable to attend).

At the event, Dr. Proudfit told anecdotes about his Cleveland Clinic experiences. While he uses a walker and is partially deaf, his colleagues report that his mind is clear and his memory is great.

in memoriam

Richard Cee Nan Tam, MD (OPHTH'03), 40, died earlier this year in a car-truck accident outside Toledo, Ohio. His ophthalmology residency was at Cleveland Clinic Cole Eye



Richard Cee Nan Tam, MD

Institute, where he earned a reputation as an accomplished doctor, a hard worker, a personable colleague

and a man of extraordinary brilliance. He graduated in 1995 at the age of 17 from Case Western Reserve University, Summa Cum Laude, with a Bachelor of Science in Chemistry. He went on to obtain his medical degree at age 21 from the Washington University School of Medicine in St. Louis, Missouri, in 1999. His internship was at Weiss Memorial Hospital in Chicago. Dr. Tam was at Cleveland Clinic's Cole Eye Institute from 2000 to 2003 and held the distinction of scoring in the 99th percentile in the Ophthalmic Knowledge Assessment Program (OKAP) in his first, second and third years, an accomplishment rarely, if ever, equaled. Dr. Tam then began to practice ophthalmology alongside his wife, beginning in 2005. He later started a successful solo practice in Bowling Green, then merged with Associated Eye Care with offices in Toledo, Bowling Green, and Wauseon in 2009. He also was a talented singer, violinist and pianist. He had been a cantor at St. Francis of Assisi Parish in Cleveland and sang with his St. Louis Cathedral Choir for Pope John Paul II in Rome, Italy, in 1997. He also was an accomplished tennis

player. Survivors include his wife of 15 years, Christina Pacio-Tam, MD, children, Claire, Nathan, Hannah, and Leah, as well as many other relatives and in-laws. A memorial award is being set up within Cleveland Clinic to honor the memory of Dr. Tam and his remarkable life. The Cole Eye Institute Richard Tam Memorial Award will go to the resident who scores the highest percentile on the OKAP examination each year. All contributions will be sent to the Cole Eye Institute Educational Program to administer and provide for the fund.

James Hewlett, MD (IM'48), who performed Cleveland Clinic's first successful bone marrow transplant in 1976, died last February at the age of 99. Dr. Hewlett joined the staff in 1953 as an internist, but moved to hematology and medical oncology when the specialty was established here. He served as Chair of the Department of Hematology and Medical Oncology from 1971 to 1979. He is credited with establishing Cleveland Clinic's first Bone Marrow Transplant Program. A native of Danville, Kentucky, Dr. Hewlett earned his medical degree from the University of Louisville in 1944 and completed an internship at the Methodist Hospital of Indianapolis. He completed a three-year fellowship in Internal Medicine at Cleveland Clinic, followed by two years as a research assistant and instructor in internal medicine (hematology) at the University of Michigan Medical School. Dr. Hewlett later returned to Cleveland Clinic for the remainder of his clinical career. He pioneered exchange transfusion for thrombocytopenic purpura, a condition

that had previously almost always been fatal. He joined the emeritus staff in 1984 and subsequently was a professor of Medicine at Case Western Reserve University College of Medicine until 1991. Taussig Cancer Institute Chair Brian Bolwell, MD, said of Dr. Hewlett, "He will always be remembered as a gifted clinician and a person filled with empathy and compassion." During his career, Dr. Hewlett also was active in numerous clinical and research associations. He was a member of the Southwest Oncology Cooperative Group, served on the Executive Committee, and was the first Chairman of the Bone Marrow Transplant Committee. Dr. Hewlett was certified by the American Board of Internal Medicine, American Board of Hematology, and American Board of Medical Oncology. He was the author or co-author of 116 medical papers, and in 2011, was named one of "The 50 Best Cleveland Clinic Doctors. Ever."

in an article in *Med City News*.

Esteban Walker, PhD (CCF'04), age 64, project scientist in Quantitative Health Sciences, died earlier this year after a long illness. Dr. Walker will be remembered for the enthusiasm he had for his work and the generosity he showed in sharing his efforts with others. Originally from Mexico City, Dr. Walker earned his undergraduate and graduate degrees at the University of Mexico. He completed his doctorate in statistics at Virginia Tech in Blacksburg, Virginia. A professor of statistics at the University of Tennessee for more than 15 years, Dr. Walker joined the Cleveland Clinic staff in 2004. In addition to his work in Quantitative

Health Sciences, he was an assistant professor of medicine in the Cleveland Clinic Lerner College of Medicine and also taught the Statistical Science in Medical Research course (now called Medical Biostatistics) for staff and house staff. Dr. Walker participated in multiple research projects, with more than 30 peer-reviewed publications during his tenure at Cleveland Clinic. "Esteban was an incredibly passionate person. He really loved education — he had limitless energy for training the next generation of physician scientists. He demanded excellence and would keep pushing you until you delivered it," says Michael Kattan, PhD, who worked with Dr. Walker in Quantitative Health Sciences. "Once you took his class, you were a student of his for life."



Dr. Fawell's Cleveland Clinic Fellowship Certificate

William N. Fawell, MD (IM'52), died earlier this year at age 94. He was born in Srinagar, India. When he was a small child, his parents, who were Methodist missionaries, returned to Nebraska, where he spent his early years. He met his future bride, June, in high school, and they were married for 69 years. After service in the U.S. Navy during World War II, he went on to complete his undergraduate degree and then his medical education at the University

Continued on page 30

in memoriam

Mother and Son Leave a Legacy of Service

Lawrence “Chris” Crain, MD (IM’97, H/N’99), had several firsts at Cleveland Clinic: He drew his first breath when he was born there on May 17, 1965. A congenital heart defect led to his first surgery there. And, in 1997, he became Cleveland Clinic’s first African-American Chief Medical Resident in internal medicine.

The challenges of heart disease inspired him to become a doctor, and his concern for an aunt who had kidney disease led him to specialize in nephrology.

After completing his training at Cleveland Clinic, Dr. Crain joined South West Nephrology in Atlanta, Georgia. He missed being involved in academics, so he later joined Emory University. He lived in Atlanta with his wife, Lilly, and son, Jose, until July 22, 2003, when he passed away unexpectedly at the age of 38.

“He cared deeply about each patient,” Lilly Crain says. “He was very passionate regarding giving back to the community, as was his mom. When he died, I realized the magnitude of the effect he had, how many lives he touched, because of the number of people who attended his funeral — there were hundreds.”

A few weeks later, his father, Lawrence Crain, also passed away, leaving his mother, Pearl Crain, bereft of both her husband of 45 years and her only child.

Afterward, Pearl Crain devoted herself to the Lawrence “Chris” Crain Memorial Lecture Fund, as well as volunteering at Cleveland Clinic, for which she was named Volunteer of the Year in 2006. She, along with Bryon Hoogwerf, MD, Dr. Crain’s former Internal Medicine Program Director, established the fund. It supports a yearly lecture by a prominent physician focusing on the topics about which Dr. Crain was most passionate: healthcare disparities, hypertension, and kidney and heart disease.

Her efforts, along with those of Lilly Crain, family friend Georgia State Sen. Emanuel Jones, and



Pearl Crain, (left), shown here with her daughter-in-law, Lilly, devoted herself to continuing the legacy of her son, Lawrence “Chris” Crain, MD, and to many other selfless causes. She was the first woman to serve as a Cleveland city project director and was a member of numerous boards and community organizations. She was Volunteer of the Year at Cleveland Clinic.

Cleveland Clinic physicians Joseph Nally, MD, and Craig Nielsen, MD, FACP, fueled the success of the lecture series, now in its 15th year. In addition, starting this year, the fund supports an award in Dr. Crain’s name that goes to a Lerner College of Medicine student.

Pearl Crain continued her work to advance the fund until she passed away on Jan. 19, 2018, at the age of 89. At her funeral, she was remembered for her own firsts: The first woman to serve as a Cleveland City Project Director in 1987 and the first African American woman appointed director of a major governmental department in the city. She also served on multiple boards, developed community programs and organized events.

“If she made up her mind to do something, it was going to get done,” Lilly Crain says.

Dr. Nally and Dr. Nielsen concur. “It was no surprise to me that when the idea was floated about a program devoted to Chris’ legacy, Pearl was totally committed to it,” says Dr. Nally, who not only was Chris Crain’s mentor during his

residency at Cleveland Clinic, but also Lawrence Crain’s physician.

“A lot of the success of the program was due to Pearl, who was a driving force,” he says. “She was such a gracious individual and so proud of her family, and she was a mother to all. She viewed us as extended family.”

Pearl Crain helped ensure that the fundraising goal for the program was met. “It was her outreach to family, friends and colleagues of Chris that helped move this forward,” Dr. Nielsen says. He also has fond memories of Dr. Crain, who was a year ahead of him in the residency program.

“Chris was an excellent resident and Chief Resident, very no-nonsense,” he says. “He also had a soft personal side, when you got to know him. When he said something, you listened because you knew it was going to be worthwhile.” ■

This story originally appeared in the Summer 2018 issue of *Cleveland Clinic Catalyst* magazine.

in memoriam

Continued from page 28

of Nebraska, graduating in 1947. His training took him and his growing family to various locations in the Northeast U.S. He completed his internship at the Philadelphia Naval Hospital and his fellowship in Internal Medicine at Cleveland Clinic in 1952. Afterward, he moved to southern California, where he worked for the Public Health Service. Dr. Fawell joined Kaiser Permanente when it was still a small organization and was instrumental in establishing Kaiser's Home Health Care program. He also served as Chief of Staff at the Kaiser

hospital in Bellflower, California. He spent most of his working years at Kaiser Harbor City as an internist and endocrinologist. He volunteered for multiple medical missions with the Christian Medical Society, going to Ecuador, the Dominican Republic and Honduras, and he also volunteered as a staff physician for the Wycliffe Bible Translators. Dr. Fawell enjoyed travel, gardening, handball, jogging and bike riding. He is survived by five children, 15 grandchildren and 24 great-grandchildren.



Gurbuz Mahmut Barlas, MD

DR. GURBUZ BARLAS, 91, WAS DIALYSIS PIONEER, AGENT OF CHANGE

Gurbuz Mahmut Barlas, MD, who was born in 1927 in Eskisehir, Turkey, has died at the age of 91. He was the Senior Resident at Cleveland Clinic in the mid-1950s and went on to become a pioneer in the field of urology. He is credited with bringing kidney dialysis to two U.S. states and also to Turkey, as well as with helping to establish Cleveland Clinic's first international venture.

Dr. Barlas was a rotating intern at Fairview Park Hospital from July 1, 1954, to June 30, 1955, before becoming a fellow in urology at Cleveland Clinic from July 1, 1955, to July 5, 1958, living off a food allowance of just \$30 per month.

For the last six months of his Cleveland Clinic training, he was a researcher in Cleveland Clinic's Artificial Organs Department, under the tutelage of legendary physician Willem Kolff, MD, considered to be the father of the development of artificial organs, including the artificial kidney.

Dr. Barlas next took a post at Edgewater Hospital in Chicago, where he started its Artificial Kidney Department, which was the first dialysis program in that state and also in Indiana. He later returned to Turkey for the remainder of his medical career, taking the first artificial kidney machine to that country and inaugurating dialysis there, as well.

He published many articles, particularly in the 1960s, on topics including dialysis, transfusion and congenital kidney defects.

However, Dr. Barlas may best be remembered at Cleveland Clinic for his work later in his

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Memorial Giving

Giving to medical education at Cleveland Clinic in memory of a fellow alum is a meaningful way to express sympathy. Please be assured that your gift will help preserve the highest standards of education and training of future generations of physicians and scientists. For more information, please call Mindy Stroh, Senior Director of Alumni Relations, at 216.444.2487.

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Cleveland Clinic Alumni Relations wants to stay on top of significant changes in your life. Have you moved? Taken on a teaching position? Received an academic promotion or professional recognition of some sort? Decided to retire? Have an interesting hobby or avocation you'd like to share?

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Dr. Barlas, A Man of Change

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career as a key figure in establishing an important link between the institution and Turkey's medical community.

In the mid-1980's, Dr. Barlas was deeply involved with Intermed, a large clinic in Istanbul



Gurbuz Mahmut Barlas, MD

with which Cleveland Clinic signed a five-year agreement to establish a wide-ranging program of cooperation. It was Cleveland Clinic's first formal international

venture, founded upon a very detailed agreement that specified how the entities would interact. Cleveland Clinic established its Turkey "Desk" to interact with departments such as Ombudsman, Communications, Marketing, Affiliate Programs, and others, all designed to strengthen the Turkey-Cleveland Clinic connection.

Among his other duties, Dr. Barlas was responsible for Cleveland Clinic's interactions with Turkish medical schools, as well as military and civilian hospitals.

Dr. Barlas went on to refer many patients to Cleveland Clinic during the 50 years he spent at Admiral Bristol Hospital, also known as the American Hospital of Istanbul. He became Chairman of the Department of Surgery there in 1968, a post he held until 1992. Turkey remains one of the countries from which Cleveland Clinic continues to receive many of its international patients. In fact, Cleveland Clinic hired its first full-time language interpreter, Melih Ulupinar, to translate for Turkish patients.

He was a member of numerous medical societies in Turkey, the United Kingdom and the U.S., and published more than 100 medical articles and book chapters dealing with pediatric urology and urologic oncology.

Dr. Barlas married in 1956 and had two children.

(Alumni Connection gratefully acknowledges the research assistance of Cleveland Clinic's Archives Department for this article.)



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Volume XXVIII, No. 1 | Summer 2018

Alumni Connection is a publication of the Cleveland Clinic Alumni Association, produced in conjunction with Development Communications, for medical alumni and friends by the Philanthropy Institute.

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