

# Avon

Community Health Needs Assessment 2022

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### **Executive Summary**

### Introduction

This Community Health Needs Assessment (CHNA) was conducted by Cleveland Clinic Rehabilitation Hospital, Avon (CCRH Avon or "the hospital") to identify significant community health needs and to inform development of an Implementation Strategy to address current needs.

Avon Rehabilitation is a 60-bed rehabilitation facility offering sophisticated technology and advanced medical care within an intimate and friendly environment. Additional information on the hospital and its services is available at: <u>https://my.clevelandclinic.org/locations/rehabilitation-hospital</u>.

The hospital is a joint venture between Cleveland Clinic health system and Select Medical. The hospital is part of the Cleveland Clinic health system, which includes an academic medical center near downtown Cleveland, fourteen regional hospitals in northeast Ohio, a children's hospital, a children's rehabilitation hospital, five southeast Florida hospitals, and a number of other facilities and services across Ohio, Florida, and Nevada. Additional information about Cleveland Clinic is available at: <u>https://my.clevelandclinic.org/</u>.

Select Medical is one of the largest providers of post-acute care, operating 100 critical illness recovery hospitals in 28 states, 33 rehabilitation hospitals in 12 states and 1,695 outpatient rehabilitation clinics in 37 states and the District of Columbia. Additionally, Select Medical's joint venture subsidiary Concentra operates 526 occupational health centers in 41 states. Concentra also provides contract services at employer worksites and Department of Veterans Affairs community-based outpatient clinics. Select Medical provides post-acute care encompassing four areas of expertise: critical illness recovery, inpatient medical rehabilitation, outpatient physical therapy and occupational medicine, all of which are delivered and supported by more than 46,000 talented healthcare professionals across the U.S. Additional information about Select Medical is available at: <a href="https://www.selectmedical.com/">https://www.selectmedical.com/</a>.

Each Cleveland Clinic hospital supports a tripartite mission of patient care, research, and education. Research is conducted at and in collaboration with all Cleveland Clinic hospitals. Through research, Cleveland Clinic has advanced knowledge and improved community health for all its communities, from local to national, and across the world. This allows patients to access the latest techniques and to enroll in research trials no matter where they access care in the health system. Through education, Cleveland Clinic helps to train health professionals who are needed and who provide access to healthcare across Ohio and the United States.

Cleveland Clinic facilities are dedicated to the communities they serve. Each facility conducts a CHNA in order to understand and plan for the current and future health needs of residents and patients in the communities it serves. The CHNAs inform the development of strategies designed to improve community health, including initiatives designed to address social determinants of health.

These assessments are conducted using widely accepted methodologies to identify the significant health needs of a specific community. The assessments also are conducted to comply with federal and state laws and regulations including IRS requirements for 501(c) (3) Hospitals under the Affordable Care Act.<sup>1</sup>

### **Community Definition**

The community definition describes the zip codes where approximately 75% of CCRH Avon patients reside. Figure 1 shows the service area for the CCRH Avon Community. A table with zip codes and the associated postal names that comprise the community definition is located in <u>Appendix C.</u>

<sup>&</sup>lt;sup>1</sup> Internal Revenue Service, Requirements for 501 (c) (3) Hospitals Under the Affordable Care Act – Section 501 (r), https://www.irs.gov/charities-non-profits/charitable-organizations/requirements-for-501c3-hospitals-under-the-affordable-care-act-section-501r



Figure 1: CCRH Avon Community Definition

### **Secondary Data Summary**

Secondary data used for this assessment were collected and analyzed from Conduent Healthy Communities Institute's (HCI) community indicator database. The database, maintained by researchers and analysts at HCI, includes 300 community indicators covering at least 28 topics in the areas of health, social determinants of health, and quality of life. The data are primarily derived from state and national public secondary data sources. The value for each of these indicators is compared to other communities, nationally set targets and to previous time periods.

Due to variability in which public health data sets are available, data within this report may be presented at various geographic levels:

- The CCRH Avon Community Definition—an aggregate of the 26 zip codes described in the Community Definition.
- Cuyahoga and Lorain Counties—the two counties comprising the CCRH Avon Community Definition

# Primary Data Summary

Qualitative data collected from community members through key stakeholder interviews comprised the primary data component of the CHNA and helped to inform selection of the significant health needs. Conduent Healthy Communities Institute interviewed 20 key stakeholders from a diverse spectrum of community-based organizations and public health departments.

### **Prioritized Health Needs**

Following a comprehensive review of the significant community health needs throughout the Cleveland Clinic Health System, analysis of local county and state needs assessments and emerging trends, the following priority health needs were identified:

- Access to Healthcare
- Adult Health
- Community Safety



Access to Healthcare secondary data analysis results describe community needs related to consumer expenditures for health insurance, medical expenses, medicines and other supplies. Primary data collection found themes around limitations to accessing healthcare described in terms of transportation challenges, resource limitations and availability of primary care and other prevention services in local neighborhoods.



This health topic encompasses several subtopics where information is available including Older Adult Health; Other Conditions; and Chronic Disease Prevention and Management including Nutrition and Healthy Eating. By addressing these issues in concert, the Cleveland Clinic Foundation hopes to impact concerns for older adult mental health from isolation, chronic conditions and access to healthy food as described in the <u>Synthesis and</u> <u>Prioritization</u> section of this report (page 34).



Community Safety issues, though related to social determinants of health (SDOH) stands apart as a health topic intended to describe community health needs related to the following subtopics: Prevention & Safety and Alcohol & Drug Use.

### Additional Community Health Themes

In addition to the Prioritized Health Needs, other themes were prevalent in considering community health. These themes are intertwined in all community health components and impact multiple areas of community health strategies and delivery.



Health Equity issues in our communities were illuminated by COVID-19. They focus on the fair distribution of health determinants, outcomes and resources across communities.<sup>2</sup> Health Equity and reduction of health disparities are indicated as overarching themes in all our prioritized needs. It is described in detail and specifically as it relates to the CCRH Avon Community in both the <u>Disparities and Health Equity</u> section (page 25) of the report as well as in the <u>Synthesis and Prioritization</u> section (page 34). Special consideration will be given to addressing prioritized health needs through a health equity lens in the CCRH Avon implementation strategy report.

<sup>&</sup>lt;sup>2</sup> Klein R, Huang D. Defining and measuring disparities, inequities, and inequalities in the Healthy People initiative.National Center for Health Statistics.Center for Disease Control and Prevention. https://www.cdc.gov/nchs/ppt/nchs2010/41\_klein.pdf

# **Demographics of the CCRH Avon Community**

The demographics of a community significantly impact its health profile.<sup>3</sup> Different racial, ethnic, age, and socioeconomic groups may have unique needs and require varied approaches to health improvement efforts. The following section explores the demographic profile of the community residing in the CCRH Avon Community Definition.

### **Geography and Data Sources**

Data are presented in this section at the geographic level of the <u>Community Definition</u>. Comparisons to the county, state, and national values are also provided when available. All demographic estimates are sourced from Claritas Pop·Facts® (2022 population estimates) and American Community Survey<sup>4</sup> one-year (2019) or five-year (2015-2019) estimates unless otherwise indicated.

### **Population**

According to the 2022 Claritas Pop-Facts® population estimates, the CCRH Avon community has an estimated population of 746,753 persons. Figure 2 shows the population size by each zip code, with the darkest blue representing the zip codes with the largest population. Appendix C provides the actual population estimates for each zip code. The most populated zip code area within the CCRH Avon Community is zip code 44035 (Lorain) with a population of 64,551.

<sup>&</sup>lt;sup>3</sup> National Academies Press (US); 2002. 2, Understanding Population Health and Its Determinants. Available from: https://www.ncbi.nlm.nih.gov/books/NBK221225/

<sup>&</sup>lt;sup>4</sup> American Community Survey. <u>https://www.census.gov/programs-surveys/acs</u>



Figure 2: Population by Zip Code

County values- Claritas Pop-Facts® (2022 population estimates)

### Age

Children (Ages 0-17) comprised 21.3% of the population in the CCRH Avon Community which is slightly less when compared to the state of Ohio (21.8%). The CCRH Avon Community has a higher proportion of residents aged 65+ (19.5%) when compared with the state of Ohio at 18.6%. Figure 3 shows further breakdown of age categories.



#### Figure 3: Population by Age: Hospital and State Comparisons

County and state values- Claritas Pop-Facts® (2022 population estimates)

### Sex

Figure 4 shows the population of the CCRH Avon Community by sex. Males comprise 48.4% of the population, which is less than both the Ohio (49.0%) and U.S. (49.2%) values. Whereas females comprise 51.6% of the population in the CCRH Avon Community which is greater than Ohio (51.0%) and the U.S. (50.8%) values.



County and state values- Claritas Pop-Facts® (2022 population estimates) U.S. values taken from American Community Survey five-year (2016-2020) estimates

### **Race and Ethnicity**

Race and ethnicity contribute to the opportunities individuals and communities have to be healthy. The racial and ethnic composition of a population is also important in planning for future community needs, particularly for schools, businesses, community centers, healthcare, and childcare.

The racial makeup of CCRH Avon area shows 80.5% of the population identifying as White, as indicated in Figure 5. The proportion of Black/African American community members is the second largest of all races in the CCRH Avon Community at 9.0%.



County values- Claritas Pop-Facts® (2022 population estimates)

Community members who identify as White represent a higher proportion of the population in the CCRH Avon Community (80.5%) compared to Ohio (79.7%) and the U.S. (72.5%). Black/African American community members represent a lower proportion of the population in the CCRH Avon Community (9.0%) when compared to Ohio (13.0%) and the U.S. (12.7%). Cuyahoga County has the largest percentage of community members identifying as Black/African American (30.2%) compared to the other counties included in the CCRH Avon Community Definition. (Figure 6)

#### Figure 6: Population by Race: Hospital, County, State, and U.S. Comparisons



County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

As shown in Figure 7, 12.3% of the population in the CCRH Avon Community identify as Hispanic/Latino. This is a larger proportion of the population when compared to Ohio (4.4%) but smaller when compared to the U.S. (18.0%). Lorain County has the largest percentage of community members who identify as Hispanic/Latino (11.2%).



Figure 7: Population by Ethnicity: Hospital, County, State, and U.S. Comparisons

County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

### Language and Immigration

Understanding countries of origin and language spoken at home can help inform the cultural and linguistic context for the health and public health system.

In the CCRH Avon Community, 86.2% of the population age five and older speak only English at home, which is lower than the state value of 92.7% but higher than the national value of 78.4% (Figure 8). This data indicates that 6.7% of the population in the CCRH

Avon Community speak Spanish, 1.3% speak an Asian/Pacific Islander language,<sup>5</sup> 4.1% speak an Indo-European Language, and 1.8% speak Other Languages at home.





County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

<sup>&</sup>lt;sup>5</sup> United States Census Bureau. <u>https://www.census.gov/topics/population/language-use/about.html</u>

# **Highlighted Demographics: Social & Economic Determinants of Health**

This section explores the economic, environmental, and social determinants of health (SDOH) impacting the CCRH Beachwood Community. The social determinants of health are the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies, and political systems.<sup>6</sup> Figure 9 shows the Healthy People 2030 grouping of Social Determinants of Health domains into five key domains.<sup>7</sup>



#### Figure 9: Healthy People 2030 Social Determinants of Health Domains

### **Geography and Data Sources**

Data in this section are presented at various geographic levels (e.g., zip code and/or county) depending on data availability. When available, comparisons to county, state, and/or national values are provided. It should be noted that county level data can sometimes mask what could be going on at the zip code level in many communities. While indicators may be strong when examined at a higher level, zip code level analysis can reveal disparities.

<sup>&</sup>lt;sup>6</sup> World Health Organization. Social Determinants of Health. <u>https://www.who.int/health-topics/social-determinants-of-health#tab=tab\_1</u>

<sup>&</sup>lt;sup>7</sup> Healthy People 2030, 2022. Social Determinants of Health Domains. <u>https://health.gov/healthypeople/priority-areas/social-determinants-health</u>

All demographic estimates are sourced from Claritas Pop-Facts® (2022 population estimates) and American Community Survey one-year (2019) or five-year (2016-2020) estimates unless otherwise indicated.

#### Income

Income has been shown to be strongly associated with morbidity and mortality, influencing health through various clinical, behavioral, social, and environmental factors. Those with greater wealth are more likely to have higher life expectancy and reduced risk of a range of health conditions including heart disease, diabetes, obesity, and stroke. Poor health can also contribute to reduced income by limiting one's ability to work.<sup>8</sup>

Figure 10 provides a breakdown of households by income in the CCRH Avon Community Definition. A household income of \$50,000 - \$74,999 is shared by the largest proportion of households in the CCRH Avon Community (18.0%). Households with an income of less than \$15,000 make up 10.6% of households in the CCRH Avon Community.



County values- Claritas Pop-Facts® (2022 population estimates)

The median household income for the CCRH Avon Community is \$63,352, which is lower than the state value of \$65,070 but higher than the national value of \$62,843 (Figure 11).

<sup>8</sup> Robert Wood Johnson Foundation. Health, Income, and Poverty.

https://www.rwjf.org/en/library/research/2018/10/health--income-and-poverty-where-we-are-and-what-could-<u>help.html</u>



Figure 11: Household Income by: Hospital, County, State, and U.S. Comparisons

County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

Figure 12 shows the median household income by race and ethnicity. Three racial/ethnic groups – White (Hispanic and Non-Hispanic), Asian (Hispanic and Non-Hispanic), and Non-Hispanic/Latino– have median household incomes above the overall median value. All other races have incomes below the overall value, with the Black/African American population having the lowest median household income at \$35,762.



#### Figure 12: Median Household Income by Race/Ethnicity: CCRH Avon Community

County values- Claritas Pop-Facts® (2022 population estimates)

### Poverty

Federal poverty thresholds are set every year by the U.S. Census Bureau and vary by size of family and ages of family members. People living in poverty are less likely to have access to healthcare, healthy food, stable housing, and opportunities for physical activity.

These disparities mean people living in poverty are more likely to experience poorer health outcomes and premature death from preventable diseases.<sup>9</sup>

Figure 13 shows the percentage of families living below the poverty level by zip code. The darker blue colors represent a higher percentage of families living below the poverty level, with zip codes 44052 (Lorain) and 44102 (Cleveland) having the highest percentages at 27.6% and 27.3%, respectively. Overall, 10.7% of families in the CCRH Avon Community live below the poverty level, which is higher than both the state value of 9.6% and the national value of 9.5%. The percentage of families living below poverty for each zip code in the CCRH Avon Community is provided in Appendix C.

<sup>&</sup>lt;sup>9</sup> U.S. Department of Health and Human Services, Healthy People 2030. <u>https://health.gov/healthypeople/objectives-and-data/browse-objectives/economic-stability/reduce-proportion-people-living-poverty-sdoh-01</u>



Figure 13: Families Living Below Poverty

County values- Claritas Pop-Facts® (2022 population estimates)

### **Employment**

A community's employment rate is a key indicator of the local economy. An individual's type and level of employment impacts access to healthcare, work environment, health behaviors, and health outcomes. Stable employment can help provide benefits and

conditions for maintaining good health. In contrast, poor or unstable work and working conditions are linked to poor physical and mental health outcomes.<sup>10</sup>

Unemployment and underemployment can limit access to health insurance coverage and preventive care services. Underemployment is described as involuntary part-time employment, poverty-wage employment, and insecure employment.<sup>10</sup>

Type of employment and working conditions can also have significant impacts on health. Work-related stress, injury, and exposure to harmful chemicals are examples of ways employment can lead to poorer health.<sup>10</sup>

Figure 14 shows the population aged 16 and over who are unemployed. The unemployment rate for the CCRH Avon Community is 5.1%, which is greater than the state value of 4.7% but lower than the national value of 5.3%.



Figure 14: Population 16+ Unemployed: CCRH Avon Community

County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

### **Education**

Education is an important indicator for health and wellbeing. Education can lead to improved health by increasing health knowledge, providing better job opportunities and higher income, and improving social and psychological factors linked to health. People with higher levels of education are likely to live longer, to experience better health outcomes, and practice health-promoting behaviors.<sup>11</sup>

Figure 15 shows the percentage of the population 25 years or older by educational attainment.

<sup>10</sup> U.S. Department of Health and Human Services, Healthy People 2030.
 <u>https://health.gov/healthypeople/objectives-and-data/social-determinants-health/literature-summaries/employment</u>
 <sup>11</sup> Robert Wood Johnson Foundation, Education and Health.

https://www.rwif.org/en/library/research/2011/05/education-matters-for-health.html

#### Figure 15: Population 25+ by Education Attainment: CCRH Avon Community



Another indicator related to education is on-time high school graduation. A high school diploma is a requirement for many employment opportunities and for higher education. Not graduating high school is linked to a variety of negative health impacts, including limited employment prospects, low wages, and poverty.<sup>12</sup>

Figure 16 shows that the CCRH Avon Community has a smaller percentage of residents with a high school degree or higher (89.8%) when compared to the state of Ohio value (90.7%) and a higher percentage when compared to the U.S. value (88.0%). Furthermore, the CCRH Avon Community has a slightly higher percentage of residents with a bachelor's degree or higher (29.3%) when compared to the state of Ohio value (29.0%) but has smaller percentage when compared to the U.S. value (32.1%).



Figure 16: Population 25+ by Education Attainment: Hospital, County, State, and U.S. Comparisons

County and state values- Claritas Pop-Facts® (2022 population estimates), U.S. values taken from American Community Survey five-year (2016-2020) estimates

<sup>&</sup>lt;sup>12</sup> U.S. Department of Health and Human Services, Healthy People 2030.

https://health.gov/healthypeople/objectives-and-data/social-determinants-health/literature-summaries/highschool-graduation

### Housing

Safe, stable, and affordable housing provides a critical foundation for health and wellbeing. Exposure to health hazards and toxins in the home can cause significant damage to an individual or family's health.<sup>13</sup>

Figure 17 shows the percentage of houses with severe housing problems. This indicator measures the percentage of households with at least one of the following housing problems: overcrowding, high housing costs, lack of kitchen, or lack of plumbing facilities. Cuyahoga County has the highest percentage of houses with severe housing problems.





When families must spend a large portion of their income on housing, they may not have enough money to pay for things like healthy foods or healthcare. This is linked to increased stress, mental health problems, and an increased risk of disease.<sup>14</sup>

Figure 18 shows the percentage of renters who are spending 30% or more of their household income on rent.

<sup>14</sup> U.S. Department of Health and Human Services, Healthy People 2030.

County, state values, and U.S. values taken from County Health Rankings (2013-2017)

<sup>&</sup>lt;sup>13</sup> County Health Rankings, Housing and Transit. <u>https://www.countyhealthrankings.org/explore-health-rankings/measures-data-sources/county-health-rankings-model/health-factors/physical-environment/housing-and-transit</u>

https://health.gov/healthypeople/objectives-and-data/browse-objectives/housing-and-homes/reduce-proportion-families-spend-more-30-percent-income-housing-sdoh-04



Figure 18: Renters Spending 30% Or More Of Household Income on Rent

County values- American Community Survey five-year (2015-2019) estimates

### **Neighborhood and Built Environment**

Internet access is essential for basic healthcare access, including making appointments with providers, getting test results, and accessing medical records. Access to the internet is also increasingly essential for obtaining home-based telemedicine services.<sup>15</sup> Internet access may also help individuals seek employment opportunities, conduct remote work, and participate in online educational activities.<sup>15</sup>

Figure 19 shows the percentage of households that have an internet subscription. Zip code 44055 (Cleveland) has the lowest percentage of households with internet connection, represented by darkest shade of blue on the map.

<sup>&</sup>lt;sup>15</sup> U.S. Department of Health and Human Services, Healthy People 2030. <u>https://health.gov/healthypeople/objectives-and-data/browse-objectives/neighborhood-and-built-environment/increase-proportion-adults-broadband-internet-hchit-05</u>



Figure 19: Households with an Internet Subscription

County values- American Community Survey five-year (2015-2019) estimates

# Highlighted Demographics: Disparities and Health Equity

Identifying disparities by population groups and geography helps to inform and focus priorities and strategies. Understanding disparities also helps us better understand root causes that impact health in a community and inform action towards health equity.

### **Health Equity**

Health equity focuses on the fair distribution of health determinants, outcomes, and resources across communities.<sup>16</sup> National trends have shown that systemic racism, poverty, and gender discrimination have led to poorer health outcomes for groups such as Black/African American, Hispanic/Latino, Indigenous, communities with incomes below the federal poverty level, and LGBTQ+ communities.<sup>17</sup>

### Race, Ethnicity, Age & Gender Disparities

Primary and secondary data revealed significant community health disparities by race, ethnicity, gender, and age. It is important to note that the data is presented to show differences and distinctions by population groups. And a data variation within each population group may be as great as that between different groups. For instance, Asian or Asian and Pacific Islander persons encompasses individuals from over 40 different countries with very different languages, cultures, and histories in the U.S. Information and themes captured through key informant interviews have been shared to provide a more comprehensive and nuanced understanding of each community's experiences.

### **Secondary Data**

Community health disparities were assessed in the secondary data using the Index of Disparity<sup>18</sup> analysis, which identifies disparities based on how far each subgroup (by race, ethnicity, or gender) is from the overall county value. For more detailed methodology related to the Index of Disparity, see Appendix A.

Table 1 below identifies secondary data indicators with a statistically significant race or ethnic disparity for the CCRH Avon Community, based on the Index of Disparity.

<sup>&</sup>lt;sup>16</sup> Klein R, Huang D. Defining and measuring disparities, inequities, and inequalities in the Healthy People initiative. National Center for Health Statistics. Center for Disease Control and Prevention. <u>https://www.cdc.gov/nchs/ppt/nchs2010/41 klein.pdf</u>

<sup>&</sup>lt;sup>17</sup> Baciu A, Negussie Y, Geller A, et al (2017). Communities in Action: Pathways to Health Equity. Washington (DC): National Academies Press (US); The State of Health Disparities in the United States. Available from: https://www.ncbi.nlm.nih.gov/books/NBK425844/

<sup>&</sup>lt;sup>18</sup> Pearcy, J. & Keppel, K. (2002). A Summary Measure of Health Disparity. Public Health Reports, 117, 273-280.

#### Table 1: Indictors with Significant Race or Ethnic Disparities

Health Indicator	Group(s) Negatively Impacted
4th Grade Students Proficient in Math	Black/African American
Age-Adjusted Death Rate due to Diabetes	Black/African American
Age-Adjusted Death Rate due to Kidney Disease	Black/African American
Babies with Very Low Birth Weight	Black/African American, Hispanic/Latino
Children Living Below Poverty Level	Black/African American, Hispanic/Latino, Other Race, Two or More Races
Families Living Below Poverty Level	American Indian/Alaska Native, Black/African American, Hispanic/Latino, Other Race, Two or More Races
HIV/AIDS Prevalence Rate	Black/African American, Hispanic/Latino
People 65+ Living Below Poverty Level	American Indian/Alaska Native, Black/African American, Hispanic/Latino, Other Race
People Living Below Poverty Level	American Indian/Alaska Native, Black/African American, Hispanic/Latino, Other Race, Two or More Races
Workers Commuting by Public Transportation	American Indian/Alaska Native, White (Non-Hispanic)
Young Children Living Below Poverty Level	Black/African American, Hispanic/Latino, Native Hawaiian/Pacific Islander, Other Race, Two or More Races

The Index of Disparity analysis for Cuyahoga and Lorain counties reveals that the Black/African American, Hispanic/Latino, American Indian/Alaskan Native, Two or More Races, Native Hawaiian/Pacific Islander, and Other Race group populations are disproportionately impacted by various measures of poverty, which is often associated with poorer health outcomes. These indicators include Families Living Below Poverty Level, Children Living Below Poverty Level, People 65+ Living Below Poverty Level, Young Children Living Below Poverty Level, and People Living Below Poverty Level. Furthermore, Black/African American, and Hispanic/Latino populations are disproportionately impacted by HIV/AIDS Prevalence Rate and Babies with Very Low Birth Weight. Black/African American populations also experience inequities in education, including 4<sup>th</sup> Grade Students Proficient in Math. Additionally, Black/African American populations experience a heavier burden related to chronic diseases, such as diabetes and kidney disease.

Finally, White (Non-Hispanic) and American Indian/Alaska Native and Native Hawaiian/Pacific Islander populations are disproportionately impacted across measures of public transportation (Table 1).

### **Geographic Disparities**

In addition to disparities by race, ethnicity, gender, and age, this assessment also identified specific zip codes/municipalities with differences in outcomes related to health and social determinants of health. Geographic disparities were identified using the Health Equity Index, Food Insecurity Index, and Mental Health Index. These indices have been developed by Conduent Healthy Communities Institute to easily identify areas of high socioeconomic need, food insecurity and poor mental health. For all indices, counties, zip codes, and census tracts with a population over 300 are assigned index values ranging from 0 to 100, with higher values indicating greater need. Understanding where there are communities with higher need is critical to targeting prevention and outreach activities.

### **Health Equity Index**

Conduent's Health Equity Index (HEI) estimates areas of high socioeconomic need, which are correlated with poor health outcomes. Zip codes are ranked based on their index value to identify relative levels of need, as illustrated by the map in Figure 20. The following zip codes in the CCRH Avon Community had the highest level of socioeconomic need (as indicated by the darkest shades of blue): 44052 and 44055 in Lorain County; 44102, 44111, 44135, and 44109 in Cuyahoga County. Appendix A provides the index values for each zip code.





### **Food Insecurity Index**

Conduent's Food Insecurity Index (FII) estimates areas of low food accessibility correlated with social and economic hardship. Zip codes are ranked based on their index value to identify relative levels of need, as illustrated by the map in Figure 21. The following zip codes had the highest level of food insecurity (as indicated by the darkest shades of green): 44052 and 44055 in Lorain County; 44102, 44111, 44135, and 44109 in Cuyahoga County. Appendix A provides the index values for each zip code.



Figure 21: Food Insecurity Index

### **Mental Health Index**

Conduent's Mental Health Index (MHI) is a measure of socioeconomic and health factors correlated with self-reported poor mental health. Zip codes were ranked based on their index value to identify the relative levels of need, as illustrated by the map in Figure 22. The following zip codes are estimated to have the highest need (as indicated by the darkest shades of purple): 44052, 44053, 44055, and 44035 in Lorain County; 44135, 44111, 44144, 44109, and 44102 in Cuyahoga County. Appendix A provides the index values for all zip codes within the CCRH Avon Community.



Figure 22: Mental Health Index

# Highlighted Demographics: COVID-19 Impacts Snapshot

On March 13, 2020, a U.S. national emergency was declared over the novel coronavirus outbreak first reported in the Wuhan Province of China in December 2019. Officially named COVID-19 by the World Health Organization (WHO) in February, WHO declared COVID-19 a pandemic on March 11, 2020. Later that month, stay-at-home orders were placed by the Ohio Governor and unemployment rates soared as companies were impacted and mass layoffs began.

At the time that the CCRH Avon Community began its collaborative CHNA process, the community and the state of Ohio were in a period of the pandemic that was hoped to be in its final phases. Primary data was collected virtually to ensure the health and safety of those participating.

### **COVID-19 Pandemic**

#### Community Input

Key stakeholder interviews served to assess the impact of the COVID-19 pandemic by asking respondents to describe how the pandemic has impacted community health outcomes. Top responses focused on mental health challenges that spanned all age groups. Older adult health suffered both because of isolation borne of the fear of exposure to the COVID-19 virus, followed by sense of well-being, security, or hope, and social support/connection.

#### The COVID-19 Daily Average Case Incidence Rate by County

Figure 23 shows the daily average COVID-19 case incidence rate for Cuyahoga and Lorain, counties from January 2022 through early July 2022. As shown, the incidence rate has declined since the beginning of 2022, although some small increases in incidence rates have occurred.



County values- Centers for Disease Control and Prevention (2022)

#### Vaccination Rates

As of June 2022, at least 64% of the population residing in counties within the CCRH Avon Community Definition are fully vaccinated against COVID-19. Cuyahoga County has the highest vaccination rates (65.5%), followed by Lorain County (64.5%).

#### **Unemployment Rates**

Unemployment rates rose between March and April 2020 for Cuyahoga and Lorain counties when stay-at-home orders were first announced. Illustrated in Figure 24 below, as counties began slowly reopening some businesses in late-2020, the unemployment rate gradually began to go down. As of late 2021, unemployment rates have stabilized but still exceed pre-pandemic rates. When unemployment rates rise, there is a potential impact on health insurance coverage and healthcare access if jobs lost include employer-sponsored healthcare.



County, State, and National Values- Bureau of Labor Statistics (2020-2021)

# Synthesis and Prioritization

All forms of data may present strengths and limitations. Each data source used in this CHNA process was evaluated based on strengths and limitations and should be kept in mind when reviewing this report. Each health topic presented a varying scope and depth of quantitative data indicators and qualitative findings. For both quantitative and qualitative data, immense efforts were made to include as wide a range of secondary data indicators, and key stakeholders as possible. A full list of contributors can be found in the Primary Data Collection and Analysis description in <u>Appendix A</u>.

To gain a comprehensive understanding of the significant health needs for the CCRH Avon Community, the findings from both data sets were compared and studied simultaneously. The secondary data scores and key stakeholder responses were considered equally important in understanding the health issues of the community. The top health needs identified from each of these data sources were analyzed for areas of overlap. Three health issues were identified as significant health needs across both data sources and were used for further prioritization. To ensure alignment with state and local health department objectives, a working group analyzed these significant health needs alongside the <u>Ohio State Health Improvement Plan (SHIP)</u> as well as the <u>Cuyahoga</u> and <u>Lorain</u> County Community Health Improvement Plans (CHIP) most recent findings. The prioritization process distilled the significant needs into five categories.

The five prioritized health needs are summarized in Figure 25. Each prioritized health topic includes the key findings from secondary data and key stakeholder interviews.



#### Figure 25: 2022 Prioritized Health Needs

# **Prioritized Health Topic #1: Access to Healthcare**

#### Access to Healthcare\_

Key Themes from Community Input

• COVID-19 impact: delays in preventative care, chronic conditions increased: heart disease, cancer, diabetes

...

- Difficulties navigating health care system due to lack of broadband access/computer knowledge, no prior experience as a healthcare consumer/history of accessing the system
- Gentrification/Built Environment reduces accessibility to services
- Health disparities most prevalent in the community:
  access to care due to transportation barriers, issues of trust, not enough providers located in the city of Lorain
- Issues of discrimination/bias create mistrust in healthcare: having doctors that look like the people they're serving.
- having doctors that look nike the people they te serving, building a sustainable presence in the community, mobile health units, easily available translators, culturally responsive health care providers to implement traumainformed care/gender-affirming care
- Lack of investment in local public health/preventive care as hospitals are focused on revenue coming from speciality/surgical care
- Racial, economical, geographical, educational, environmental inequities all affect access to care, disproportionately impacting communities of color
- · Red lined communities have decreased healthcare access
- Systemic inequities in payment structures: conditions that communities of color were experiencing are reimbursed at lower rates than the conditions that White people are reimbursed for





- Adults without Health Insurance
- Consumer Expenditures: Health Insurance
- Consumer Expenditures: Medical Services
- Consumer Expenditures: Medical Supplies
- Consumer Expenditures: Prescription and Non-Prescription Drugs
- · Persons without Health Insurance

### Primary Data: Key Stakeholder Interviews

Key stakeholders noted a lack of investment in prevention practices including accessibility of primary services at a local level. Interviews revealed feelings that racial, economical, geographical, educational and environmental inequities all impact access to care and disproportionately affect communities of color. Three key themes surfaced from community discussions including systemic inequities in healthcare, the need to focus on preventative care, and barriers to healthcare.

Systemic inequities in healthcare included issues of discrimination and bias from providers which ultimately creates mistrust from communities experiencing this discrimination. Key informants suggested hiring providers that look like the people they are caring for, building a sustainable presence in the community, and ensuring providers are trained in trauma-informed care and gender-affirming care.

Concerns about preventative care included the use of emergency departments for minor health issues due to lack of primary care physician, and the need to strengthen the public health infrastructure. Furthermore, COVID-19 allowed for the expansion of telehealth which increased access to healthcare for many. However, it also exposed the inequities in broadband support due to infrastructure issues leaving residents unable to access telehealth.

Barriers to healthcare included transportation, navigating the difficulties of a fragmented healthcare system, ability to pay for services/insurance (lack of insurance, high co-pays/deductibles), and health literacy for providers to communicate with patients.

Certainly the people who are living with Long COVID have very direct health care issues that they're dealing with. The pandemic has definitely led to significant delays in care early on, so a lot of that preventative stuff got pushed off and I don't think we've caught up with all that.

- Key Stakeholder

**Secondary Data** 

From the secondary data scoring results, Health Care Access & Quality ranked as the 15<sup>th</sup> highest scoring health need, with a score of 1.39. Further analysis was done to identify specific indicators of concern. Those indicators with high data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and can be found in Appendix C and are discussed below. In addition, the appendices also contain a description of methodology (Appendix A) and a full list of indicators with data scoring categorized within this topic area (Appendix C).

The average dollar amount per consumer unit for health insurance in Lorain County is \$4,676.2, which is higher than the average dollar amount spent on health insurance in the state of Ohio, where that amount is \$4,371.7 dollars per consumer unit. A consumer unit is defined as a household or any person living in a college dormitory. For this indicator, Lorain County fell in the worst 25% of all counties in the nation. Additionally, in Cuyahoga County, 89.8% of adults have health insurance, compared to 90.6% in the United States. Medical costs in the United States are high. Therefore, people without health insurance may not be able to afford medical treatment or prescription drugs. They are also less likely to get routine checkups and screenings, so if they do become ill, they will not seek treatment until the condition is more advanced and therefore more difficult and costly to treat.<sup>19</sup> Many small businesses are unable to offer health insurance to employees due to rising health insurance premiums.<sup>20</sup>

The rising costs of medical care and lack of insurance affects all races and ethnicities. However, although not identified as a high disparity in the CCRH Avon community, people identifying as Hispanic/Latino and Some Other Race in Cuyahoga County are disproportionately affected (see red in figure below). Conversely, Asian residents of Cuyahoga County have the lowest rate of persons without health insurance (see green below).

<sup>&</sup>lt;sup>19</sup> Kaiser Family Foundation, 2020 and 2015

<sup>&</sup>lt;sup>20</sup> The Commonwealth Fund, 2019




Persons without Health Insurance by Race/Ethnicity *Cuyahoga County* 

Source: American Community Survey, 2019

Consumer Expenditures: Medical Services ranked poorly in both Cuyahoga and Lorain counties. This indicator measures the average dollar amount spent on medical services per consumer unit. This includes expenditures on eye care, dental care, physician care, non-physician care (e.g. chiropractors, naturopaths, psychologists, midwives), lab and blood tests, x-rays, hospital rooms and related services, nursing homes/convalescent care, and other medical services. In 2021, Lorain County residents spent \$1,181.4 on medical services per consumer unit, which is higher than the Ohio state value (\$1,098.6) and U.S. value (\$1,047.4).

# **Prioritized Health Topic #2: Adult Health**

Adult Health includes secondary data from three health topics – Nutrition and Healthy Eating, Chronic Diseases, Older Adult Health and Other Conditions. An overview of each of these subtopics is provided below.



- Heart Failure: Medicare Population
   Hyperlipidemia: Medicare Population
- Hyperhplacinia: Medicare Population
   Hypertension: Medicare Population
- Ischemic Heart Disease: Medicare Population
- Osteoporosis: Medicare Population
- People 65+ Living Alone
- People 65+ Living Below Poverty Level
- People 65+ with Low Access to a Grocery Store
- Rheumatoid Arthritis or Osteoarthritis: Medicare
- PopulationStroke: Medicare Population

## Primary Data: Key Stakeholder Interviews

Key stakeholders focused on older adults with lower income who are disproportionately affected by chronic conditions, access to healthy food and poor housing conditions. Furthermore, interviewees attributed difficulties navigating telehealth services as well as arranging in-person visits to lack of broadband access or lack of comfort with technologies required to access services like smart phones, computers and tablet devices in the older adult population.

Key stakeholders revealed that access to healthy food was often limited by a lack of either public or private transportation, disproportionately affected lower income older adults. There are only a few grocery stores in the community and few community members can access those by walking. The effects of redlining are evident as these neighborhoods do not always have grocery stores and therefore are limited to corner stores which often do not have fresh fruits and vegetables. COVID-19 greatly impacted the need for food as seen by elevated levels of food insecurity throughout the community. Conditions such as

hypertension, asthma, diabetes, chronic obstructive pulmonary disease (COPD) and coronary heart disease are all related to the quality of food community members have access to.<sup>21</sup>

I think one of the challenges on the healthcare side of the equation is that it is not about the quality of the care that's available, it is about a population that for many people has had no experience being a healthcare consumer. And so at least one of the challenges for folks is they have no history of accessing the system. If they get a prescription written, do they know how to get it filled? Do they know how to navigate the system to get to the pharmacy again? - Key Stakeholder

## Secondary Data

From the secondary data scoring results, Nutrition and Healthy Eating had the 13<sup>th</sup> highest data score at 1.45. While the Older Adults topic area had the fifth highest at a score of 1.71 and Other Conditions had the third highest topic score at 2.00. Further analysis was done to identify specific indicators of concern. Those indicators with high data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and can be found in Appendix C and are discussed below. In addition, the appendices also contain a description of methodology (Appendix A) and a full list of indicators with data scoring categorized within this topic area (Appendix C).

The Age-Adjusted Death Rate due to Prostate Cancer is the worst performing indicator in Cuyahoga County with a score of 2.72. Not surprisingly, the county also has a high incidence rate of prostate cancer, with Cuyahoga County performing in the worst 25% of counties in the state and nation.

In Lorain County, the Age-Adjusted Death Rate due to Falls and Rheumatoid Arthritis or Osteoarthritis: Medicare Population are the worst performing indicators, both scoring a 2.75 out of a possible 3.00.

Black/African American residents of both Cuyahoga and Lorain County experience worse rates of Age-Adjusted Death Rate due to Kidney Disease than their White peers (see red in figures below). Figure 27 shows Black/African Americans in Cuyahoga County have a death rate due to Kidney Disease of 26.2 deaths per 100,000 population compared to the overall rate of 15.2. Similarly, Figure 28 shows Black/African Americans in Lorain County have a

<sup>&</sup>lt;sup>21</sup> Centers for Disease Control and Prevention. National Center for Chronic Disease Prevention and Health Promotion.

https://www.cdc.gov/chronicdisease/resources/publications/factsheets/nutrition.htm

Kidney Disease death rate of 42.5 deaths per 100,000 compared to the overall value of 15.6.



Figure 27. Age-Adjusted Death Rate due to Kidney Disease by Race/Ethnicity in Cuyahoga County

Figure 28. Age-Adjusted Death Rate due to Kidney Disease by Race/Ethnicity in Lorain County



Source: Centers for Disease Control and Prevention, 2017-2019

Source: Centers for Disease Control and Prevention, 2017-2019

# **Prioritized Health Topic #3: Community Safety**

# Prevention and Safety -

Key Themes from Community Input

- Food insecurity increased with unemployment during the pandemic
- Generational poverty, poor housing and lack of resources available to create healthy conditions for people to live, work, and play in
- Gun violence was a top community concern
- People without safe and affordable housing are an underserved population





- · Age-Adjusted Death Rate due to Falls
- · Adults with Current Asthma
- Age-Adjusted Death Rate due to Motor Vehicle Collisions
- Age-Adjusted Death Rate due to Unintentional Injuries
- Age-Adjusted Death Rate due to Unintentional Poisonings
- · Annual Ozone Air Quality
- · Asthma: Medicare Population
- · Children with Low Access to a Grocery Store
- Death Rate due to Drug Poisoning
- · Farmers Market Density
- Fast Food Restaurant Density
- Food Environment Index
- Houses Built Prior to 1950
- · Low-Income and Low Access to a Grocery Store
- People 65+ with Low Access to a Grocery Store
- Physical Environment Ranking
- SNAP Certified Stores
- WIC Certified Stores

## **Primary Data: Key Stakeholder Interviews**

Key stakeholders couched discussions around specific health needs in the context of intergenerational experiences of poverty, poor housing conditions, and historical red lining. Stakeholders expressed that they felt there were generally lack of resources individually and as a community to create healthy conditions for people to live, work and play. Gun violence was also a recurring theme throughout key stakeholder interviews. Community violence was mentioned as a barrier to physical activity, specifically, children playing outside in unsafe communities.

#### -----

The biggest disparities that we are working on right now are infant



mortality, lead poisoning, community violence and behavioral health. There is inequity imbedded into our economic and

55

educational system that so greatly impact health outcomes.

- Key Stakeholder

## **Secondary Data**

Prevention & Safety ranked first among all health topics with a score of 2.11. Further analysis was done to identify specific indicators of concern. Those indicators with high

data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and can be found in Appendix C and are discussed below. In addition, the appendices also contain a description of methodology (Appendix A) and a full list of indicators with data scoring categorized within this topic area (Appendix C).

Age-Adjusted Death Rate due to Falls ranks poorly in Lorain County with an indicator score of 2.75 and 14.5 deaths per 100,000 population. For this indicator, Lorain County falls in the worst 25% of Ohio counties and the rate is increasing significantly.

Death Rate due to Drug Poisoning ranked highest in this topic area for Cuyahoga County with a death rate of 42.6 deaths per 100,000 population, compared to Ohio's rate of 38.1 and the U.S. rate of 21. This indicator is also increasing significantly in Cuyahoga County.

In Cuyahoga County, disparities exist for males in the following indicators: Age-Adjusted Death Rate due to Falls, Age-Adjusted Death Rate due to Unintentional Poisonings, and Age-Adjusted Death Rate due to Unintentional Injuries as seen in Figures 29, 30 and 31.



Figure 29. Age-Adjusted Death Rate due to Falls by Gender in Cuyahoga County

Source: Centers for Disease Control and Prevention, 2017-2019



Figure 30. Age-Adjusted Death Rate due to Unintentional Poisonings by Gender in Cuyahoga County

Source: Centers for Disease Control and Prevention, 2017-2019





Source: Centers for Disease Control and Prevention, 2017-2019

# **Appendices Summary**

## A. Methodology

An overview of methods used to collect and analyze data from both secondary and primary sources.

## **B. Impact Evaluation**

A detailed overview of progress made on the 2019 Implementation Strategy planning, development and roll-out as well as email and web contacts for more information on the 2022 CHNA.

## C. Secondary Data Methodology and Scoring Tables

A detailed overview of the Conduent HCI data scoring methodology and indicator scoring results from the secondary data analysis.

## **D. Community Input Assessment Tools**

Quantitative and qualitative community feedback data collection tools, stakeholders and organizations that were vital in capturing community feedback during this collaborative CHNA:

- Key Stakeholder Interview Questions
- Key Stakeholder and Community Organizations

## **E.** Community Partners and Resources

The tables in this section acknowledge community partners and organizations who supported the CHNA process.

## **F. Acknowledgements**

# **Appendix A: Methodology**

## **Overview**

Primary and secondary data were collected and analyzed to inform the 2022 CHNA. Primary data consisted of key stakeholder interviews. The secondary data included indicators of health outcomes, health behaviors and social determinants of health. The methods used to analyze each type of data are outlined below. This analysis was conducted at the county-level and included data for Cuyahoga and Lorain counties. The findings from each data source were then synthesized and organized by health topic to present a comprehensive overview of health needs in the CCRH Avon Community.

# Secondary Data Sources & Analysis

The main source for the secondary data, or data that have been previously collected, is the community indicator database maintained by Conduent Healthy Communities Institute. The following is a list of both local and national sources used in the CCRH Avon Community Health Needs Assessment:

- American Community Survey
- American Lung Association
- Annie E. Casey Foundation
- CDC · PLACES
- Centers for Disease Control and Prevention (CDC)
- Centers for Medicare & Medicaid Services
- Claritas Consumer Buying Power
- Claritas Consumer Profiles
- County Health Rankings
- Feeding America
- Healthy Communities Institute
- National Cancer Institute
- National Center for Education Statistics
- National Environmental Public Health Tracking Network
- Ohio Department of Education
- Ohio Department of Health, Infectious Diseases
- Ohio Department of Health, Vital Statistics
- Ohio Department of Public Safety, Office of Criminal Justice Services

- Ohio Public Health Information Warehouse
- Ohio Secretary of State
- U.S. Bureau of Labor Statistics
- U.S. Census County Business Patterns
- U.S. Department of Agriculture Food Environment Atlas
- U.S. Environmental Protection Agency
- United For ALICE

Secondary data used for this assessment were collected and analyzed from Conduent Healthy Communities Institute's community indicator database. This database, maintained by researchers and analysts at HCI, includes 300 community indicators from at least 25 state and national data sources. HCI carefully evaluates sources based on the following three criteria: the source has a validated methodology for data collection and analysis; the source has scheduled, regular publication of findings; and the source has data values for small geographic areas or populations.

## Secondary Data Scoring

HCI's Data Scoring Tool (Figure 32) was used to systematically summarize multiple comparisons in order to rank indicators based on highest need. This analysis was completed at the county level. For each indicator, the community value was compared to a distribution of Ohio and US counties, state and national values, Healthy People 2030, and significant trends were noted. These comparison scores range from 0-3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected for other communities and changes in methodology over time. The comparison scores were summarized for each indicator, and indicators were then grouped into topic areas for a systematic ranking of community health needs.



Figure 32: Summary of Topic Scoring Analysis

### Secondary Data Scoring

Data scoring is done in three stages:



Each indicator available is assigned a score based on its comparison to other communities, whether health targets have been met, and the trend of the indicator value over time. These comparison scores range from 0-3, where 0 indicates the best outcome and 3 the worst. Availability of each type of comparison varies by indicator and is dependent upon the data source, comparability with data collected for other communities and changes in methodology over time.

Indicators are categorized into topic areas and each topic area receives a score. Indicators may be categorized in more than one topic area. Topic scores are determined by the comparisons of all indicators within the topic.

This process was completed separately for the three counties within the CCRH Avon Community: Cuyahoga and Lorain counties. To calculate the overall highest needs topic area scores, an average was taken for each topic area across the two counties. Each county's values were weighted the same. More details about topics scores and the average score for the CCRH Avon Community, see Appendix C.

### **Comparison to a Distribution of County Values: Within State and Nation**

For ease of interpretation and analysis, indicator data on the Community Dashboard is visually represented as a green-yellowred gauge showing how the community is faring against a distribution of counties in the state or the United States. A distribution is created by taking all county values within the state or nation, ordering them from low to high, and dividing them into three groups (green, yellow, red) based on their order. Indicators with the poorest comparisons ("in the red") scored high, whereas indicators with good comparisons ("in the green") scored low.

### Comparison to Values: State, National, and Targets

Each county is compared to the state value, the national value, and target values. Target values include the nation-wide Healthy People 2030 (HP2030) goals. Healthy People 2030 goals are national objectives for improving the health of the nation set by the Department of Health and Human Services' Healthy People Initiative. For all value comparisons, the scoring depends on whether the county value is better or worse than the comparison value, as well as how close the county value is to the target value.

#### **Trend over Time**

The Mann-Kendall statistical test for trend was used to assess whether the county value is increasing over time or decreasing over time, and whether the trend is statistically significant. The trend comparison uses the four most recent comparable values for the county, and statistical significance is determined at the 90% confidence level. For each indicator with values available for four time periods, scoring was determined by direction of the trend and statistical significance.

### **Missing Values**

Indicator scores are calculated using the comparison scores, availability of which depends on the data source. If the comparison type is possible for an adequate proportion of indicators on the community dashboard, it will be included in the indicator score. After exclusion of comparison types with inadequate availability, all missing comparisons are substituted with

a neutral score for the purposes of calculating the indicator's weighted average. When information is unknown due to lack of comparable data, the neutral value assumes that the missing comparison score is neither good nor bad.

#### **Indicator Scoring**

Indicator scores are calculated as a weighted average of all included comparison scores. If none of the included comparison types are possible for an indicator, no score is calculated, and the indicator is excluded from the data scoring results. A full list of indicators and their scores can be seen in Appendix C.

## **Topic Scoring**

Indicator scores are averaged by topic area to calculate topic scores. Each indicator may be included in up to three topic areas if appropriate. Resulting scores range from 0-3, where a higher score indicates a greater level of need as evidenced by the data. A topic score is only calculated if it includes at least three indicators.

Examples of the health and quality of life topic areas available through this analysis are described as follows:

Quality of Life	Health		
Community Economy Education Environmental Health	Adolescent Health Alcohol & Drug Use Cancer Children's Health Diabetes Health Care Access and Quality Heart Disease & Stroke Immunization & Infectious Diseases Maternal, Fetal & Infant Health Medications & Prescriptions Mental Health & Mental Disorders Nutrition & Healthy Eating	Older Adults Oral Health Other Conditions Prevention & Safety Physical Activity Respiratory Diseases Sexually Transmitted Infections Tobacco Use Women's Health Wellness & Lifestyle Weight Status	

Table 2 shows the health and quality of life topic scoring results for the CCRH Avon Community, ranked in order of highest need. Prevention & Safety scored as the poorest performing topic area with a score of 2.11, followed by Medications & Prescriptions with a score of 2.03. Topics that received a score of 1.50 or higher were considered a significant health need. Thirteen topics scored at or above the threshold. Topic areas with fewer than three indicators were considered a data gap.

Table 2: Top Secondary Data Health Needs		
Top Secondary Data Health Needs		
Prevention & Safety		
Medications & Prescriptions		
Other Conditions		
Alcohol & Drug Use		
Older Adults		
Cancer		
Women's Health		
Maternal, Fetal & Infant Health		
Education		
Children's Health		
Community		
Heart Disease & Stroke		
Economy		

### **Index of Disparity**

An important part of the CHNA process is to identify health disparities, the needs of vulnerable populations and unmet health needs or gaps in services. There were several ways in which subpopulation disparities were examined by county. For secondary data health indicators, the Index of Disparity tool was utilized to see if there were large, negative, and concerning differences in indicator values between each subgroup data value and the overall county value. The Index of Disparity was run for each county, and the indicators with the highest race or ethnicity index value were found.

### Health Equity Index

Every community can be described by various social and economic factors that can contribute to disparities in health outcomes. Conduent HCI's Health Equity Index (formerly SocioNeeds Index) considers validated indicators related to income, employment, education, and household environment to identify areas at highest risk for experiencing health inequities.

#### How is the index value calculated?

The national index value (ranging from 0 to 100) is calculated for each zip code, census tract, and county in the U.S. Communities with the highest index values are estimated to have the highest socioeconomic needs correlated with preventable hospitalizations and premature death.

#### What do the ranks and colors mean?

Ranks and colors help to identify the relative level of need within a community or service area. The national index value for each location is compared to all other similar locations within the community area to assign a relative rank (from 1 to 5) locally. These ranks are used to color the map and chart for the Health Equity Index, with darker coloring associated with higher relative need.

#### **Food Insecurity Index**

Every community can be described by various health, social, and economic factors that can contribute to disparities in outcomes and opportunities to thrive. Conduent HCI's Food Insecurity Index considers validated indicators related to income, household environment and well-being to identify areas at highest risk for experiencing food insecurity.

#### How is the index value calculated?

The national index value (ranging from 0 to 100) is calculated for each zip code, census tract, and county in the U.S. Communities with the highest index values are estimated to have the highest food insecurity, which is correlated with household and community measures of food-related financial stress such as Medicaid and SNAP enrollment.

#### What do the ranks and colors mean?

Ranks and colors help to identify the relative level of need within a community or service area. The national index value for each location is compared to all other similar locations within the community area to assign a relative rank (from 1 to 5) locally. These ranks are used to color the map and chart for the Food Insecurity Index, with darker coloring associated with higher relative need.

#### Mental Health Index

Every community can be described by various health, social, and economic factors that can contribute to disparities in mental health outcomes. Conduent HCI's Mental Health Index considers validated indicators related to access to care, physical health status, transportation, employment and household environment to identify areas at highest risk for experiencing poor mental health.

#### How is the index value calculated?

The national index value (ranging from 0 to 100) is calculated for each zip code, census tract, and county in the U.S. Communities with the highest index values are estimated to have the highest socioeconomic and health needs correlated with self-reported poor mental health.

#### What do the ranks and colors mean?

Ranks and colors help to identify the relative level of need within a community or service area. The national index value for each location is compared to all other similar locations within the community area to assign a relative rank (from 1 to 5) locally. These ranks are used to color the map and chart for the Mental Health Index, with darker coloring associated with higher relative need.

Table 3 below lists each zip code within the CCRH Avon Community and their respective HEI, FII, and MHI values.

Zip Code	HEI Value	FII Value	MHI Value
44001	29.9	28.5	67.6
44011	4.4	7.8	21
44012	5	12.9	30
44035	75.4	74	93.9
44039	15.6	15.8	49.1
44052	94.4	93.8	95.6
44053	59.4	61	91.3
44054	20.7	29.4	65.3

44055	07.0	047	0C E
44055	97.2	94.7	96.5
44070	25	25.1	64.7
44090	42.6	42.7	72.4
44102	96.7	96.6	98.3
44107	35.3	50.8	77
44109	95.6	95.7	97.4
44111	85.6	88.1	95.6
44116	6.4	15.2	61.1
44126	20.8	26.2	62
44129	42.8	72.2	77.4
44130	36.6	45.8	81.6
44134	45.6	57.3	81.7
44135	92.7	91.1	97.4
44138	13.3	24.4	51.6
44140	2.6	3.7	29.4
44142	54	43	85.1
44144	71	79.5	91.8
44145	7.8	10.8	62.8

### **Data Considerations**

Several limitations of data should be considered when reviewing the findings presented in this report. Although the topics by which data are organized cover a wide range of health and health-related areas, data availability varies by health topic. Some topics contain a robust set of secondary data indicators, while others may have a limited number of indicators or limited subpopulations covered by those specific indicators.

Data scores represent the relative community health need according to the secondary data for each topic and should not be considered a comprehensive result on their own. In addition, these scores reflect the secondary data results for the population as a whole and do not represent the health or socioeconomic need that is much greater for some subpopulations. Moreover, many of the secondary data indicators included in the findings are collected by survey, and though specific methods are used to best represent the population at large, these measures are subject to instability, especially for smaller populations. The Index of Disparity is also limited by data availability, where indicator data varies based on the population groups and service areas being analyzed.

### **Race or Ethnic and Special Population Groupings**

The secondary data presented in this report derive from multiple sources, which may present race and ethnicity data using dissimilar nomenclature. For consistency with data sources throughout the report, subpopulation data may use different terms to describe the same or similar groups of community members.

### Zip Codes and Zip Code Tabulation Areas

This report presents both Zip Code and Zip Code Tabulation Area (ZCTA) data. Zip Codes, which were created by the U.S. Postal Service to improve mail delivery service, are not reported in this assessment as they may change, include P.O. boxes or cover large unpopulated areas. This assessment cover ZCTAs or Zip Code Tabulation Areas which were created by the U.S. Census Bureau and are generalized representations of Zip Codes that have been assigned to census blocks.

Demographics for this report are sourced from the United States Census Bureau, which presents ZCTA estimates. Tables and figures in the Demographics section of this report reference Zip Codes in title (for purposes of familiarity) but show values of ZCTAs. Data from other sources are labeled as such.

# **Primary Data Collection & Analysis**

Primary data used in this assessment consisted of key stakeholder interviews. These findings expanded upon the information gathered from the secondary data analysis.

## Key Stakeholder Interviews Methodology and Results

The project team captured detailed transcripts of the key stakeholder interviews. Table 4 describes the key stakeholder organizations contributing to the primary data collection process.

Table 4: CCRH Avon Key Stakeholder OrganizationsKey Stakeholder and Community Organizations		
<ul> <li>City of Cleveland Department of Public Health</li> <li>Cuyahoga County Board of Health</li> <li>Lorain County Public Health</li> </ul>	<ul> <li>Neighborhood Family Practice</li> <li>Birthing Beautiful Communities</li> <li>Lead Safe Cleveland Coalition</li> <li>Better Health Partnerships</li> </ul>	

The transcripts were analyzed using the qualitative analysis program Dedoose 2<sup>®</sup>. Text was coded using a pre-designed codebook-organized by themes and analyzed for significant observations. Figure 33 shows key findings from community stakeholder interviews specific to the CCRH Avon Community.

Top health issues	Barriers/Social Determinants of Health	Populations most impacted
<ul> <li>Access to Health Services*</li> <li>Prevention &amp; Safety</li> <li>Mental Health*</li> <li>Heart Disease &amp; Stroke*</li> <li>Diabetes</li> <li>Maternal, Fetal &amp; Infant Health</li> <li>Physical Activity</li> <li>Housing</li> <li>Nutrition/Food Security</li> <li>Older Adult Health Needs*</li> <li>Public Safety/Crime</li> </ul>	<ul> <li>Trust</li> <li>Workforce attrition and costs</li> <li>Community organization collaborations</li> <li>COVID-19*</li> <li>Knowledge, navigation, stigmatization</li> <li>Geography</li> <li>Built environment</li> <li>Economy/Poverty*</li> <li>Transportation*</li> <li>Employment</li> </ul>	<ul> <li>Older Adults*</li> <li>Black/African Americans</li> <li>LGBTQIA+</li> </ul>

#### Figure 33: Key Stakeholder Findings

\*Feedback specific to Select Hospital key stakeholders

Findings from the key stakeholder interview were combined with findings from secondary data and incorporated into the Data Synthesis and Prioritized Health Needs.

# **Appendix B: Impact Evaluation**

The CHNA process should be viewed as a three-year cycle to evaluate the impact of actions taken to address priority areas. This step affirms organizations focus and target efforts during the next CHNA cycle. The top health priorities for the CCRH Avon Community from the 2019 CHNA were:

- Access to Affordable Healthcare
- Chronic Disease Prevention and Management
- Socioeconomic Concerns

Implementation strategies for these health topics shifted in response to the COVID-19 pandemic. Innovative strategies were adopted to continue building capacity for addressing the community health needs.

## **Actions Taken Since Previous CHNA**

Cleveland Clinic Avon Rehabilitation's previous Implementation Strategy outlined a plan for addressing the following priorities identified in the 2019 CHNA. Access to affordable healthcare and chronic disease prevention and the management of chronic disease were identified as needs within the 2019 CHNA for Avon Rehabilitation. The table below describes the strategies completed and modifications made to the action plans for each health priority area.

## Access to Affordable Healthcare

#### Actions:

• Access to affordable healthcare was identified as a significant need in the 2019 CHNA for Avon Rehabilitation. Access barriers include cost, poverty, inadequate transportation, a lack of awareness regarding available services, and an undersupply of providers.

#### Highlighted Impacts:

- Financial Assistance Avon Rehabilitation provided medically necessary services to all patients regardless of race, color, creed, gender, country of national origin, or ability to pay. Financial assistance was also provided to patients on a case-by-case basis under certain medical circumstances.
- Awareness the hospital developed educational materials with patients, families, and providers to broaden community awareness and improve patients' ability to choose the most appropriate care setting.
- How to Access Care Clinical staff serving the Brain Injury and Stroke Program teams at Avon Rehabilitation developed support groups and educational sessions for families and community residents.

## **Chronic Disease Prevention and Management**

Actions:

• Chronic disease prevention and the management of chronic disease were identified as needs within the 2019 CHNA for Avon Rehabilitation. Chronic diseases, including addiction and mental health, heart disease, hypertension, obesity, diabetes, COPD.

### Highlighted Impacts:

- Physicians educated patients on overall healthcare and on potential risk factors that may affect recovery. They also educated patients on their past medical history and how their existing conditions may be impacted by their new injury.
- Physical and functional impairments may be exacerbated by obesity. To encourage weight loss, the clinical team provided education and training to patients to increase mobility and activity. Discussions regarding healthy eating and interpretation of food labels were included as part of the therapy care plan.
- Depression and emotional changes, common following illness or injury, were addressed by a variety of modes of treatment and professionals including: therapists, nursing staff, psychologists, psychiatrists, non-pharmacological techniques, pharmacological treatment and recreation therapy.
- The hospital formalized an internal opioid management process for reviewing healthcare prescribing, data collection, and the use of non-pharmacologic treatment for pain.
- Appropriate referrals to community programs, such as AA, NA, or mental health resources were delivered by case management and psychology staff.
- Avon Rehabilitation developed a large network of clinical liaisons throughout the community to assist elderly consumers in understanding their post-acute care options.
- Avon Rehabilitation developed evidence based falls prevention education for internal and external stakeholders including information on environmental modifications, balance exercises, and home safety assessments
- Smoking cessation aligned with Avon Rehabilitation's goals for our patients. The hospital is a smoke free campus. A formalized smoking cessation program was developed including resources and education that were provided to patients during an inpatient rehabilitation stay. Patients were also connected with organizations in the community for ongoing follow up and support.

## **Community Feedback**

Community Health Needs Assessment reports from 2019 were published on the CCRH Avon website. No community feedback has been received as of the drafting of this report. For more information regarding Cleveland Clinic Community Health Needs Assessments and Implementation Strategy reports, please visit <u>www.clevelandclinic.org/CHNAreports</u> or contact CHNA@ccf.org.

# Appendix C: Secondary Data Scoring Tables

<u>e 5: CCRH A</u>	Avon Hospital Community Defii	
Zip code	Postal Name	
44001	Cleveland Metro Area	
44011	Avon	
44012	Cleveland Metro Area	
44035	Lorain	
44039	North Ridgeville	
44052	Lorain	
44053	Lorain	
44054	Cleveland Metro Area	
44055	Lorain	
44070	Cleveland Metro Area	
44090	Wellington	
44102	Cleveland	
44107	Lakewood	
44109	Cleveland	
44111	Cleveland Metro Area	
44116	Rocky River	
44126	Cleveland	
44129	Cleveland	
44130	Cleveland Metro Area	
44134	Cleveland Metro Area	
44135	Cleveland	
44138	Cleveland Metro Area	
44140	Bay Village	
44142	Cleveland Metro Area	
44144	Cleveland	
44145	Westlake	

Table 5: CCRH Avon Hospital Community Definition

Table 6: Population Estimates for Each Zip Code			
Zip code	City	Population	
44001	Cleveland Metro Area	21,539	
44011	Avon	25,407	
44012	Cleveland Metro Area	25,634	
44035	Lorain	64,551	
44039	North Ridgeville	35,503	
44052	Lorain	28,119	
44053	Lorain	20,084	
44054	Cleveland Metro Area	12,915	
44055	Lorain	19,113	
44070	Cleveland Metro Area	31,168	
44090	Wellington	11,534	
44102	Cleveland	41,976	
44107	Lakewood	50,128	
44109	Cleveland	37,153	
44111	Cleveland Metro Area	37,302	
44116	Rocky River	19,724	
44126	Cleveland	15,738	
44129	Cleveland	27,621	
44130	Cleveland Metro Area	48,243	
44134	Cleveland Metro Area	37,062	
44135	Cleveland	25,852	
44138	Cleveland Metro Area	23,771	
44140	Bay Village	14,895	
44142	Cleveland Metro Area	17,862	
44144	Cleveland	20,393	
44145	Westlake	33,466	

Table 6: Population Estimates for Each Zip Code

Zip Code	City	Families Below Poverty Level (%)
44001	Cleveland Metro Area	5.6%
44011	Avon	2.4%
44012	Cleveland Metro Area	2.6%
44035	Lorain	17.6%
44039	North Ridgeville	3.6%
44052	Lorain	27.6%
44053	Lorain	10.3%
44054	Cleveland Metro Area	4.5%
44055	Lorain	26.4%
44070	Cleveland Metro Area	6.4%
44090	Wellington	4.3%
44102	Cleveland	27.3%
44107	Lakewood	9.6%
44109	Cleveland	20.7%
44111	Cleveland Metro Area	15.9%
44116	Rocky River	2.4%
44126	Cleveland	4.4%
44129	Cleveland	6.8%
44130	Cleveland Metro Area	6.4%
44134	Cleveland Metro Area	5.9%
44135	Cleveland	20.9%
44138	Cleveland Metro Area	2.3%
44140	Bay Village	2.8%
44142	Cleveland Metro Area	7.4%
44144	Cleveland	10.8%
44145	Westlake	3.8%

Table 7: Percentage of Families Living Below Poverty Level for Each Zip Code

HEALTH TOPICS	CUYAHOGA		AVG
Alcohol & Drug Use	1.73	1.70	1.72
Cancer	1.71	1.57	1.64
Children's Health	1.72	1.48	1.60
Diabetes	1.17	1.33	1.25
Health Care Access & Quality	1.21	1.57	1.39
Heart Disease & Stroke	1.35	1.70	1.53
Immunizations & Infectious Diseases	1.20	1.20	1.20
Maternal, Fetal & Infant Health	1.56	1.69	1.63
Medications & Prescriptions	1.72	2.33	2.03
Mental Health & Mental Disorders	1.39	1.48	1.44
Nutrition & Healthy Eating	1.31	1.58	1.45
Older Adults	1.65	1.77	1.71
Oral Health	1.14	1.14	1.14
Other Conditions	1.83	2.17	2.00
Physical Activity	1.39	1.56	1.48
Prevention & Safety	2.21	2.00	2.11
Respiratory Diseases	1.23	1.39	1.31
Tobacco Use	1.19	1.23	1.21
Wellness & Lifestyle	1.49	1.43	1.46
Women's Health	1.46	1.82	1.64
QUALITY OF LIFE TOPIC			
Community	1.66	1.5	1.58
Economy	1.68	1.34	1.51
Education	1.55	1.71	1.63
Environmental Health	1.53	1.39	1.46

Table 8: Secondary Data Results by Health Topic—Cuyahoga and Lorain Counties

#### Secondary Data Scoring Indicators of Concern

From the secondary data scoring results, Health Care Access & Quality ranked as the 15<sup>th</sup> highest scoring health need, with a score of 1.39. Further analysis was done to identify specific indicators of concern. Those indicators with high data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and are listed in Table 9 below. For each indicator, there is an indicator score, county value, state value, and national value (where available). Additionally, there are state and national county distributions for comparison along with indicator trend information. The legend (Figure 34) on the right shows how to interpret the distribution gauges and trend icons used in the data scoring results for each health topic by county (Table 8).

#### Figure 34: Prioritized Health Needs

	If the needle is in the red, the county value is in the worst 25% (or worst quartile) of counties in the state or nation.
	If the needle is in the green, the county value is in the best 50% of counties in the state or nation.
	The indicator is trending down, significantly, and this is not the ideal direction.
	The indicator is trending down and this is not the ideal direction.
1	The indicator is trending up, significantly, and this is not the ideal direction.
	The indicator is trendng up and this is not the ideal direction.
	The indicator is trending down, signifcantly, and this is the ideal direction .
	The indicator is trending down and this is the ideal direction.
	The indicator is trending up, significantly, and this is the ideal direction.
	The indicator is trending up and this is the ideal direction.

SCORE	HEALTH CARE ACCESS & QUALITY	Cuyahoga County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend
1.83	Adults with Health Insurance: 18+	89.8		90.2	90.6	f		
1.83	Consumer Expenditures: Medical Services	1057.6		1098.6	1047.4			
1.83	Consumer Expenditures: Medical Supplies	199.2		204.8	194.9			
1.50	Adults who Visited a Dentist	51.3		51.6	52.9			
1.50	Consumer Expenditures: Prescription and Non-Prescription Drugs	627.2		638.9	609.6			

#### Table 9. Data Scoring Results for Healthcare Access & Quality for the CCRH Avon Community Cuyahoga County

HP2030 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

#### Lorain County

SCORE	HEALTH CARE ACCESS & QUALITY	Lorain County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend
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2.33	Consumer Expenditures: Medical Services	1181.4	1098.6	1047.4		
2.33	Consumer Expenditures: Medical Supplies	217.8	204.8	194.9		
2.33	Consumer Expenditures: Prescription and Non-Prescription Drugs	687.1	638.9	609.6		
2.17	Consumer Expenditures: Health Insurance	4676.2	4371.7	4321.1		
1.75	Adults without Health Insurance	13.7		13		
1.72	Primary Care Provider Rate	54.6	76.7			
1.56	Persons without Health Insurance	6.1	6.6		 	

HP2030 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

#### Table 10: Secondary Data Scoring Indicators of Concern: Prioritized Health Topic #2: Adult Health

From the secondary data scoring results, Nutrition and Healthy Eating had the 13<sup>th</sup> highest data score at 1.45. While the Older Adults topic area had the fifth highest at a score of 1.71 and Other Conditions had the third highest topic score at 2.00. Further analysis was done to identify specific indicators of concern. Those indicators with high data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and are listed in Table 10 below.

		Cuyahoga Cou	inty			I	I	
SCORE	ADULT HEALTH	Cuyahoga County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend
2.72	Age-Adjusted Death Rate due to Prostate Cancer	23.8	16.9	19.4	18.9			
2.64	People 65+ Living Alone	34.8		28.8	26.1			
2.58	Breast Cancer Incidence Rate	134.8		129.6	126.8			
2.47	People 65+ Living Below Poverty Level	10.9		8.1	9.3			
2.36	Prostate Cancer Incidence Rate	128		107.2	106.2			
2.31	Cancer: Medicare Population	9		8.4	8.4			
2.31	Age-Adjusted Death Rate due to Falls	11.6		10.5	9.5			
2.28	Age-Adjusted Death Rate due to Breast Cancer	23.6	15.3	21.6	19.9			

2.25	All Cancer Incidence Rate	479.7	467.5	448.6		
2.17	Alzheimer's Disease or Dementia: Medicare Population	11.4	10.4	10.8		
2.14	Colorectal Cancer Incidence Rate	44.2	41.3	38		
2.14	Atrial Fibrillation: Medicare Population	9	9	8.4		
2.08	Osteoporosis: Medicare Population	6.3	6.2	6.6		
2.03	Asthma: Medicare Population	5.2	4.8	5		
1.92	Chronic Kidney Disease: Medicare Population	25.2	25.3	24.5		
1.92	Adults with Kidney Disease	3.6		3.1		
1.92	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	35.4	36.1	33.5		

			1		1	1	
1.78	Age-Adjusted Death Rate due to Cancer	171	122.7	169.4	152.4		
1.75	Adults 65+ who Received Recommended Preventive Services: Females	28.6			28.4		
1.75	Depression: Medicare Population	18.5		20.4	18.4		
1.69	Heart Failure: Medicare Population	15.3		14.7	14		
1.69	Age-Adjusted Death Rate due to Kidney Disease	15.2		14.5	12.9		
1.67	People 65+ with Low Access to a Grocery Store	3.4					
1.67	Colon Cancer Screening	63.7	74.4		66.4		
1.67	Consumer Expenditures: Fruits and	838.8		864.6	1002.1		
1.58		15.5			13.5		

1.	.50	Consumer Expenditures: High Sugar Foods	502.1	519	530.2	-	-	

HP2030 · Healthy People provides science based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

r		Lorain Cour	nty	1	ſ	1	ſ	,
SCORE	ADULT HEALTH	Lorain County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend
2.31	Breast Cancer Incidence Rate	134.8		129.6	126.8			
2.31	Cancer: Medicare Population	8.9		8.4	8.4			
2.25	All Cancer Incidence Rate	475.8		467.5	448.6			
2.22	Age-Adjusted Death Rate due to Breast Cancer	22.2	15.3	21.6	19.9			
2.22	Cervical Cancer Incidence Rate	9.2		7.9	7.7			
2.00	Prostate Cancer Incidence Rate	115.9		107.2	106.2			

				1			
1.78	Age-Adjusted Death Rate due to Lung Cancer	45.4	25.1	45	36.7		
1.61	Age-Adjusted Death Rate due to Cancer	167.8	122.7	169.4	152.4		
1.50	Colon Cancer Screening	64.5	74.4		66.4		
2.17	Consumer Expenditures: High Sugar Foods	548.3		519	530.2		
2.00	Consumer Expenditures: Fast Food Restaurants	1521.4		1461	1638.9		
1.83	Consumer Expenditures: High Sugar Beverages	330.4		319.7	357		
2.75	Age-Adjusted Death Rate due to Falls	14.5		10.5	9.5		
2.75	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	38.4		36.1	33.5		
2.64	Atrial Fibrillation: Medicare Population	10.2		9	8.4		

						1
2.64	Stroke: Medicare Population	4.7	3.8	3.8		
2.58	Osteoporosis: Medicare Population	6.8	6.2	6.6		
2.47	Hyperlipidemia: Medicare Population	53.1	49.4	47.7		
2.25	Chronic Kidney Disease: Medicare Population	25.8	25.3	24.5		
2.19	Ischemic Heart Disease: Medicare Population	30.6	27.5	26.8		
2.00	COPD: Medicare Population	14.5	13.2	11.5		
1.97	Hypertension: Medicare Population	61.2	59.5	57.2		
1.92	Depression: Medicare Population	19.9	20.4	18.4		
1.83	People 65+ with Low Access to a Grocery Store	4				
1.81	People 65+ Living Alone	27.5	28.8	26.1		
------	---	------	------	------	--	--
1.75	Adults with Arthritis	31.1		25.1		
1.75	Heart Failure: Medicare Population	14.2	14.7	14		
1.64	Alzheimer's Disease or Dementia: Medicare Population	10.4	10.4	10.8		
2.25	Age-Adjusted Death Rate due to Kidney Disease	15.6	14.5	12.9		
1.75	Adults with Arthritis	31.1		25.1		

HP2030 - Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

## Table 11: Secondary Data Scoring Indicators of Concern: Prioritized Health Topic #4: Socioeconomic Issues

Prevention & Safety ranked first among all health topics with a score of 2.11. Further analysis was done to identify specific indicators of concern. Those indicators with high data scores (scoring at or above the threshold of 1.50) were categorized as indicators of concern and are listed in Table 11 below. See Appendix C for the full list of indicators categorized within this topic.

	Cuyahoga County							
SCORE	PREVENTION & SAFETY	Cuyahoga County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend

2.64	Death Rate due to Drug Poisoning	42.6		38.1	21		
2.31	Age-Adjusted Death Rate due to Falls	11.6		10.5	9.5		
2.31	Age-Adjusted Death Rate due to Unintentional Poisonings	42		40.2	21.4	(1	
2.22	Age-Adjusted Death Rate due to Unintentional Injuries	69.7	43.2	68.8	48.9		
2.00	Age-Adjusted Death Rate due to Motor Vehicle Collisions	3.6		2.8	2.5	 	

HP2030 · Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

	County
-	 

SCORE	PREVENTION & SAFETY	Lorain County	HP2030	Ohio	U.S.	Ohio Counties	U.S. Counties	Trend
2.75	Age-Adjusted Death Rate due to Falls	14.5		10.5	9.5			
2.39	Age-Adjusted Death Rate due to Unintentional Injuries	71.1	43.2	68.8	48.9			

2.31	Age-Adjusted Death Rate due to Unintentional Poisonings	41.2	40.2	21.4		
2.31	Death Rate due to Drug Poisoning	38.4	38.1	21		
1.50	Age-Adjusted Death Rate due to Motor Vehicle Collisions	2.7	2.8	2.5	 	

HP2030 · Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. HP2030 represents a Healthy People target to be met by 2030.

 Table 12: Secondary Data Scoring Results by Health Topic for The CCRH Avon Community in Rank Order by Topic Score

HEALTH TOPICS	AVG
Prevention & Safety	2.11
Medications & Prescriptions	2.03
Other Conditions	2.00
Alcohol & Drug Use	1.72
Older Adults	1.71
Cancer	1.64
Women's Health	1.64
Maternal, Fetal & Infant Health	1.63
Children's Health	1.60
Heart Disease & Stroke	1.53
Physical Activity	1.48
Wellness & Lifestyle	1.46
Nutrition & Healthy Eating	1.45
Mental Health & Mental Disorders	1.44
Health Care Access & Quality	1.39
Respiratory Diseases	1.31
Diabetes	1.25
Tobacco Use	1.21
Immunizations & Infectious Diseases	1.20
Oral Health	1.14
QUALITY OF LIFE TOPIC	SCORE
Education	1.63
Community	1.58
Economy	1.51

Environmental Health 1.4
--------------------------

	ALCOHOL & DRUG		CUYAHOGA				MEASUREMENT	
SCORE	USE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Death Rate due to	deaths/ 100,000						
2.64	Drug Poisoning	population	42.6		38.1	21	2017-2019	9
		percent of driving						
		deaths with						
	Alcohol-Impaired	alcohol						
2.44	Driving Deaths	involvement	41.4	28.3	32.2	27	2015-2019	9
	Adults who Drink							
2.00	Excessively	percent	19.6		18.5	19	2018	9
	Age-Adjusted Drug							
	and Opioid-	Deaths per						
	Involved Overdose	100,000						
1.92	Death Rate	population	43.8		42	22.8	2017-2019	5
	Consumer							
	Expenditures:	average dollar						
	Alcoholic	amount per						
1.67	Beverages	consumer unit	637.1		651.5	701.9	2021	7
	Health Behaviors							
1.42	Ranking	ranking	31				2021	9
	Liquor Store	stores/ 100,000						
1.31	Density	population	6.4		5.6	10.5	2019	22
	Adults who Binge							
1.25	Drink	percent	16			16.7	2019	4

	Mothers who Smoked During							
0.92	Pregnancy	percent	6.1	4.3	11.5	5.5	2020	17
SCORE	CANCER	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
JEONE	Age-Adjusted		coonn	111 2030	Onio	0.5.	T ENIOD	Jource
2.72	Death Rate due to Prostate Cancer	deaths/ 100,000 males	23.8	16.9	19.4	18.9	2015-2019	12
2.58	Breast Cancer Incidence Rate	cases/ 100,000 females	134.8		129.6	126.8	2014-2018	12
2.36	Prostate Cancer Incidence Rate	cases/ 100,000 males	128		107.2	106.2	2014-2018	12
2.31	Cancer: Medicare Population	percent	9		8.4	8.4	2018	6
2.28	Age-Adjusted Death Rate due to Breast Cancer	deaths/ 100,000 females	23.6	15.3	21.6	19.9	2015-2019	12
2.25	All Cancer Incidence Rate	cases/ 100,000 population	479.7		467.5	448.6	2014-2018	12
2.14	Colorectal Cancer Incidence Rate	cases/ 100,000 population	44.2		41.3	38	2014-2018	12
1 70	Age-Adjusted Death Rate due to	deaths/ 100,000	171	100 7	160.4	152 4	2015 2010	10
1.78	Cancer Colon Cancer	population	171	122.7	169.4	152.4	2015-2019	12
1.67	Screening	percent	63.7	74.4		66.4	2018	4

	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
1.44	Lung Cancer	population	42.9	25.1	45	36.7	2015-2019	12
	Lung and Bronchus							
	Cancer Incidence	cases/ 100,000						
1.36	Rate	population	63.7		67.3	57.3	2014-2018	12
	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
1.28	Colorectal Cancer	population	14.5	8.9	14.8	13.4	2015-2019	12
1.25	Adults with Cancer	percent	7.5			7.1	2019	4
	Oral Cavity and							
	Pharynx Cancer	cases/ 100,000						
1.14	Incidence Rate	population	11.5		12.2	11.9	2014-2018	12
	Mammogram in							
0.94	Past 2 Years: 50-74	percent	75.2	77.1		74.8	2018	4
	Cervical Cancer							
0.89	Screening: 21-65	Percent	85.3	84.3		84.7	2018	4
	Cervical Cancer	cases/ 100,000		00		•		
0.61	Incidence Rate	females	6.4		7.9	7.7	2014-2018	12
0.01		Jennales	0.4		7.5	7.7	2014 2010	12
	CHILDREN'S		CUYAHOGA				MEASUREMENT	
SCORE	HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
SCORE		UNITS	COUNTY	HF2030	UIIIU	0.3.	PERIOD	Jource
2.47	Child Food		20.7		174	110	2010	10
2.17	Insecurity Rate	percent	20.7		17.4	14.6	2019	10
	Projected Child							
	Food Insecurity							
2.08	Rate	percent	23.4		18.5		2021	10
	Substantiated	cases/ 1,000						
1.94	Child Abuse Rate	children	10	8.7	6.8		2020	3

	Pooplo 65+ Living							
SCORE	COMMUNITY	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
1.33	Childcare	consumer unit	272.1		301.6	368.2	2021	7
	Consumer Expenditures:	average dollar amount per						
1.33	Children with Health Insurance	percent	97.1		95.2	94.3	2019	1
1.50	Children with Low Access to a Grocery Store	percent	4.3				2015	23
1.58	Blood Lead Levels in Children (>=5 micrograms per deciliter)	percent	5.8		1.9		2020	19
1.86	Blood Lead Levels in Children (>=10 micrograms per deciliter)	percent	1.7		0.5		2020	19

SCORE	COMMUNITY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	People 65+ Living							
2.64	Alone	percent	34.8		28.8	26.1	2015-2019	1
	Single-Parent							
2.50	Households	percent	37.6		27.1	25.5	2015-2019	1
2.47	Homeownership	percent	50.9		59.4	56.2	2015-2019	1
		percent of driving						
		deaths with						
	Alcohol-Impaired	alcohol						
2.44	Driving Deaths	involvement	41.4	28.3	32.2	27	2015-2019	9

2.39	Violent Crime Rate	crimes/ 100,000 population	637		303.5	394	2017	18
		membership associations/						
2.31	Social Associations	10,000 population	9.2		11	9.3	2018	9
2.14	Linguistic Isolation	percent	2.9		1.4	4.4	2015-2019	1
	Households							
2.08	without a Vehicle	percent	12.8		7.9	8.6	2015-2019	1
	Age-Adjusted							
	Death Rate due to							
	Motor Vehicle	deaths/ 100,000						
2.00	Collisions	population	3.6		2.8	2.5	2015-2019	5
	People Living							
	Below Poverty							
2.00	Level	percent	17.5	8	14	13.4	2015-2019	1
	Substantiated	cases/ 1,000						
1.94	Child Abuse Rate	children	10	8.7	6.8		2020	3
	Children Living							
4.02	Below Poverty		25.5		10.0	40 5	2015 2010	4
1.92	Level	percent	25.5		19.9	18.5	2015-2019	1
	Median Household					<b>60040</b>		
1.75	Income	dollars	50366		56602	62843	2015-2019	1
	Social and							
	Economic Factors							
1.75	Ranking	ranking	72				2021	9
	Young Children							
	Living Below							
1.75	Poverty Level	percent	27.3		23	20.3	2015-2019	1
	Youth not in							
1.75	School or Working	percent	2.3		1.8	1.9	2015-2019	1

	Voter Turnout: Presidential						
1.69	Election	percent	71	74		2020	20
	Consumer						
	Expenditures:	average dollar					
	Local Public	amount per					
1.67	Transportation	consumer unit	122.3	121.7	148.8	2021	7
	Households with						
	an Internet						
1.67	Subscription	percent	79.1	82.4	83	2015-2019	1
	Households with						
	One or More						
	Types of						
1.67	Computing Devices	percent	87.4	89.1	90.3	2015-2019	1
1.07	Mean Travel Time	percent	07.4	89.1	30.3	2013-2013	
1.53	to Work	minutes	24.3	23.7	26.9	2015-2019	1
1.55	Adults with	minutes	24.5	23.7	20.5	2013 2013	
1.50	Internet Access	percent	94.3	94.5	95	2021	8
1.50	Households with a	percent	54.5	<u> </u>		2021	0
1.50	Computer	percent	84.2	85.2	86.3	2021	8
	Persons with an	percent	0.112	0012	0010		
	Internet						
1.50	Subscription	percent	84	86.2	86.2	2015-2019	1
	Solo Drivers with a						
1.36	Long Commute	percent	32.3	31.1	37	2015-2019	9
	Households with a						
1.33	Smartphone	percent	80.3	80.5	81.9	2021	8

	Workers							
	Commuting by							
	Public							
1.06	Transportation	percent	4.6	5.3	1.6	5	2015-2019	1
	Workers who							
	Drive Alone to							
1.03	Work	percent	79.3		82.9	76.3	2015-2019	1
	Households with							
	No Car and Low							
	Access to a							
1.00	Grocery Store	percent	1.3				2015	23
	Households with							
	Wireless Phone							
0.83	Service	percent	97.2		96.8	97	2020	8
	Workers who Walk							
0.69	to Work	percent	2.7		2.2	2.7	2015-2019	1
0.58	Per Capita Income	dollars	33114		31552	34103	2015-2019	1
	People 25+ with a							
	Bachelor's Degree							
0.25	or Higher	percent	32.5		28.3	32.1	2015-2019	1

			CUYAHOGA				MEASUREMENT	Г
SCORE	DIABETES	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Adults 20+ with							
1.50	Diabetes	percent	9				2019	5
	Diabetes:							
	Medicare							
1.14	Population	percent	25.3		27.2	27	2018	6

	Age-Adjusted Death Rate due to	deaths/ 100,000						
0.86	Diabetes	population	22.4		25.3	21.5	2017-2019	5
	Diddetteo	population			2010	21.0	2017 2013	
			CUYAHOGA				MEASUREMENT	
SCORE	ECONOMY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
2.47	Homeownership	percent	50.9		59.4	56.2	2015-2019	1
	People 65+ Living							
	Below Poverty							
2.47	Level	percent	10.9		8.1	9.3	2015-2019	1
	Child Food							
2.17	Insecurity Rate	percent	20.7		17.4	14.6	2019	10
2.17	Income Inequality		0.5		0.5	0.5	2015-2019	1
	Persons with							
	Disability Living in							
2.08	Poverty (5-year)	percent	33.9		29.5	26.1	2015-2019	1
	Projected Child							
	Food Insecurity							
2.08	Rate	percent	23.4		18.5		2021	10
	Adults who Feel							
	Overwhelmed by							
2.00	Financial Burdens	percent	15.1		14.6	14.4	2021	8
	Food Insecurity							
2.00	Rate	percent	13.9		13.2	10.9	2019	10
	Households that							
	are Below the							
2.00	Federal Poverty	noroont	177		12.0		2010	25
2.00	Level	percent	17.7		13.8		2018	25

	People Living							
	Below Poverty			_				_
2.00	Level	percent	17.5	8	14	13.4	2015-2019	1
	Children Living							
4.02	Below Poverty		25.5		10.0	10 F	2015 2010	4
1.92	Level	percent	25.5		19.9	18.5	2015-2019	1
	Families Living							
1 0 2	Below Poverty	norecet	10		0.0	0.5	2015 2010	1
1.92	Level	percent	13		9.9	9.5	2015-2019	1
4.00	Projected Food		45.0				2024	4.0
1.92	Insecurity Rate	percent	15.6		14.1		2021	10
	Renters Spending							
	30% or More of							
	Household Income							
1.83	on Rent	percent	48.4		44.9	49.6	2015-2019	1
	Households with							
	Cash Public							
1.75	Assistance Income	percent	3.1		2.9	2.4	2015-2019	1
	Median Household							
1.75	Income	dollars	50366		56602	62843	2015-2019	1
	Severe Housing							
1.75	Problems	percent	17.1		13.7	18	2013-2017	9
	Social and							
	Economic Factors							
1.75	Ranking	ranking	72				2021	9
	Young Children							
	Living Below							
1.75	Poverty Level	percent	27.3		23	20.3	2015-2019	1
	Youth not in							
1.75	School or Working	percent	2.3		1.8	1.9	2015-2019	1
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	Households that						
	are Above the						
	Asset Limited,						
	Income						
	Constrained,						
	Employed (ALICE)						
1.67	Threshold	percent	58.8	61.6		2018	25
1.64	Size of Labor Force	persons	582791			44440	21
	SNAP Certified	stores/ 1,000					
1.64	Stores	population	0.9			2017	23
	Households with a						
1.50	Savings Account	percent	67.7	68.8	70.2	2021	8
	WIC Certified	stores/ 1,000					
1.50	Stores	population	0.1			2016	23
	People Living						
	200% Above						
1.42	Poverty Level	percent	64.7	68.8	69.1	2015-2019	1
	Consumer						
	Expenditures:	average dollar					
	Homeowner	amount per					
1.33	Expenses	consumer unit	7600	7828	8900.1	2021	7
	Households that						
	are Asset Limited,						
	Income						
	Constrained,						
1.33	Employed (ALICE)	percent	23.5	24.5		2018	25
	Low-Income and						
	Low Access to a						
1.33	Grocery Store	percent	4.3			2015	23

	Overcrowded	percent of						
1.31	Households	households	1.2		1.4		2015-2019	1
	Unemployed							
	Workers in Civilian							
1.25	Labor Force	percent	4.6		4.3	4.6	Sep-21	21
	Consumer							
	Expenditures:	average dollar						
	Home Rental	amount per						
1.17	Expenses	consumer unit	3928.7		3798.7	5460.2	2021	7
	Mortgaged							
	Owners Spending							
	30% or More of							
	Household Income							
1.00	on Housing	percent	22.7		19.7	26.5	2019	1
0.58	Per Capita Income	dollars	33114		31552	34103	2015-2019	1
	Students Eligible							
	for the Free Lunch							
0.58	Program	percent	12.9				2019-2020	13
			CUYAHOGA				MEASUREMENT	
SCORE	EDUCATION	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	4th Grade							
	Students Proficient							
	in							
	English/Language							
1.86	Arts	percent	46.6		63.3		2018-2019	15
	4th Grade							
	Students Proficient							
1.86	in Math	percent	52.5		74.3		2018-2019	15

	8th Grade Students Proficient							
	in							
	English/Language							
1.86	Arts	percent	43.1		58.3		2018-2019	15
	8th Grade							
	Students Proficient							
1.86	in Math	percent	39.5		57.3		2018-2019	15
	Consumer	average dollar						
	Expenditures:	amount per						
1.33	Childcare	consumer unit	272.1		301.6	368.2	2021	7
	Consumer	average dollar						
	Expenditures:	amount per						
1.67	Education	consumer unit	1196.7		1200.4	1492.4	2021	7
	High School							
1.44	Graduation	percent	89.5	90.7	92		2019-2020	15
	People 25+ with a							
	Bachelor's Degree							
0.25	or Higher	percent	32.5		28.3	32.1	2015-2019	1
	Student-to-							
1.81	Teacher Ratio	students/ teacher	16.5				2019-2020	13

	ENVIRONMENTAL		CUYAHOGA				MEASUREMENT	
SCORE	HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Adults with							
2.25	Current Asthma	percent	11			8.9	2019	4
	Fast Food	restaurants/ 1,000						
2.14	Restaurant Density	population	0.9				2016	23
	Houses Built Prior							
2.08	to 1950	percent	39.2		26.2	17.5	2015-2019	1

	Asthma: Medicare						
2.03	Population	percent	5.2	4.8	5	2018	6
	Blood Lead Levels						
	in Children (>=10						
1.00	micrograms per		4 7	0.5		2020	10
1.86	deciliter)	percent	1.7	0.5		2020	19
4 75	Annual Ozone Air		F			2017 2010	2
1.75	Quality		F			2017-2019	2
	Physical						
1.75	Environment Ranking	ranking	88			2021	9
1.75		ranking	00			2021	9
1.75	Severe Housing Problems	percent	17.1	13.7	18	2013-2017	9
1.75	Farmers Market	markets/ 1,000	17.1	15.7	10	2013-2017	
1.67	Density	population	0			2018	23
1.07	People 65+ with	population	0			2010	
	Low Access to a						
1.67	Grocery Store	percent	3.4			2015	23
	Number of						
	Extreme						
1.64	Precipitation Days	days	34			2019	14
	SNAP Certified	stores/ 1,000					
1.64	Stores	population	0.9			2017	23
	Blood Lead Levels						
	in Children (>=5						
	micrograms per						
1.58	deciliter)	percent	5.8	1.9		2020	19
	Food Environment						
1.53	Index	index	7.3	6.8	7.8	2021	9

	Children with Laws						
	Children with Low						
1.50	Access to a	norcont	4.3			2015	23
1.50	Grocery Store	percent	4.5			2015	23
	WIC Certified	stores/1,000				2245	
1.50	Stores	population	0.1			2016	23
	Annual Particle						
1.44	Pollution		В			2017-2019	2
	Number of						
1.36	Extreme Heat Days	days	12			2019	14
	Number of						
	Extreme Heat						
1.36	Events	events	6			2019	14
	Weeks of						
	Moderate Drought						
1.36	or Worse	weeks per year	0			2020	14
	Low-Income and						
	Low Access to a						
1.33	Grocery Store	percent	4.3			2015	23
	Grocery Store	stores/ 1,000					
1.31	Density	population	0.2			2016	23
	Liquor Store	stores/ 100,000					
1.31	Density	population	6.4	5.6	10.5	2019	22
	Overcrowded	percent of					
1.31	Households	households	1.2	1.4		2015-2019	1
1.08	PBT Released	pounds	234591.7			2020	24
1.00	Households with	poundo	201001.7			2020	
	No Car and Low						
	Access to a						
1.00		percent	1.3			2015	23
1.00	Grocery Store	percent	1.3			2015	23

	Recreation and	facilities/ 1,000						
1.00	Fitness Facilities	population	0.1				2016	23
	Access to Exercise							
0.50	Opportunities	percent	97.5		83.9	84	2020	9
	HEALTH CARE							
	ACCESS &		CUYAHOGA				MEASUREMENT	
SCORE		UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Adults with Health							
1.83	Insurance: 18+	percent	89.8		90.2	90.6	2021	8
	Consumer	average dollar						
	Expenditures:	amount per						
1.83	Medical Services	consumer unit	1057.6		1098.6	1047.4	2021	7
	Consumer	average dollar						
	Expenditures:	amount per						
1.83	Medical Supplies	consumer unit	199.2		204.8	194.9	2021	7
	Adults who Visited							
1.50	a Dentist	percent	51.3		51.6	52.9	2021	8
	Consumer							
	Expenditures:							
	Prescription and	average dollar						
1.50	Non-Prescription	amount per consumer unit	627.2		638.9	609.6	2021	7
1.50	Drugs	consumer unit	027.2		038.9	609.6	2021	/
1.42	Adults without Health Insurance	norcont	13			13	2019	4
1.42	Persons without	percent	15			12	2019	4
1.39	Health Insurance	percent	5.3		6.6		2019	1
1.00	Adults with Health	percent	5.5		0.0		2013	-
1.33	Insurance	percent	92.2		90.9	87.1	2019	1
		p = : 5 = : : :				~ · · •		

	Children with		07.4		05.0		2242	
1.33	Health Insurance	percent	97.1		95.2	94.3	2019	1
	Consumer	average dollar						
	Expenditures:	amount per						
1.33	Health Insurance	consumer unit	4238.3		4371.7	4321.1	2021	7
	Adults who have							
	had a Routine							
1.25	Checkup	percent	78.2			76.6	2019	4
	Clinical Care							
1.25	Ranking		10				2021	9
		providers/						
	Primary Care	100,000						
0.61	Provider Rate	population	112.7		76.7		2018	9
		dentists/ 100,000						
0.33	Dentist Rate	population	109.6		64.2		2019	9
		providers/						
	Mental Health	100,000						
0.33	Provider Rate	population	401.4		261.3		2020	9
	Non-Physician	providers/						
	Primary Care	100,000						
0.33	Provider Rate	population	180.6		108.9		2020	9
	HEART DISEASE &		CUYAHOGA				MEASUREMENT	
SCORE	STROKE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Atrial Fibrillation:							
	Medicare							
2.14	Population	percent	9		9	8.4	2018	6
	Adults who							
	Experienced a							
1.92	Stroke	percent	4.2			3.4	2019	4
	•	•						

	Heart Failure: Medicare							
1.69	Population	percent	15.3		14.7	14	2018	6
1.50	Age-Adjusted Death Rate due to Coronary Heart Disease	deaths/ 100,000	107.8	71.1	101.4	90.5	2017-2019	5
	High Blood Pressure	population			101.4			
1.50	Prevalence Age-Adjusted Death Rate due to Cerebrovascular	percent deaths/ 100,000	35.4	27.7		32.6	2019	4
1.44	Disease (Stroke)	population	36.6	33.4	42.5	37.2	2017-2019	5
1.42	Adults who Experienced Coronary Heart Disease	percent	7.4			6.2	2019	4
1.36	Stroke: Medicare Population	percent	3.8		3.8	3.8	2013	6
1.30	Hypertension: Medicare Population	percent	57.2		59.5	57.2	2018	6
	Adults who Have Taken Medications for High Blood							
1.25	Pressure	percent	78.7			76.2	2019	4
1.25	Cholesterol Test History	percent	86.3			87.6	2019	4

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	Hyperlipidemia:						
	Medicare						
1.00	Population	percent	45.2	49.4	47.7	2018	6
	Ischemic Heart Disease: Medicare						
1.00	Population	percent	25.8	27.5	26.8	2018	6
	High Cholesterol Prevalence: Adults						
0.92	18+	percent	32.2		33.6	2019	4
	Age-Adjusted Death Rate due to	deaths/ 100,000 population 35+					
0.58	Heart Attack	years	42.3	55.4		2019	14

## IMMUNIZATIONS

	& INFECTIOUS		CUYAHOGA				MEASUREMENT	
SCORE	DISEASES	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Chlamydia	cases/ 100,000						
2.39	Incidence Rate	population	949.5		561.9	551	2019	16
	Gonorrhea	cases/ 100,000						
2.39	Incidence Rate	population	432.9		224	187.8	2019	16
	Tuberculosis	cases/ 100,000						
1.61	Incidence Rate	population	1.2	1.4	1.1		2020	16
	COVID-19 Daily							
	Average Case-	deaths per 100						
1.53	Fatality Rate	cases	0		0	0.5	28-Jan-22	11
	Overcrowded	percent of						
1.31	Households	households	1.2		1.4		2015-2019	1

1.17	Adults who Agree Vaccine Benefits Outweigh Possible Risks	Percent	48.6		48.6	49.4	2021	8
0.83	Salmonella Infection Incidence Rate	cases/ 100,000 population	10	11.1	12.9		2018	16
0.58	Persons Fully Vaccinated Against COVID-19	percent	62.8				28-Jan-22	5
0.08	Age-Adjusted Death Rate due to Influenza and Pneumonia	deaths/ 100,000 population	11.1		14.4	13.8	2017-2019	5
0.08	COVID-19 Daily Average Incidence Rate	cases per 100,000 population	30.6		128.4	177.3	28-Jan-22	11
SCORE	MATERNAL, FETAL & INFANT HEALTH	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
2.11	Babies with Low Birth Weight	percent	10.8		8.5	8.2	2020	17
2.11	Babies with Very Low Birth Weight	percent	1.7		1.4	1.3	2020	17
1.33	Consumer Expenditures: Childcare	average dollar amount per consumer unit	272.1		301.6	368.2	2021	7
1.78	Infant Mortality Rate	deaths/ 1,000 live births	8.6	5	6.9		2019	17

	Mothers who Received Early							
1.00	Prenatal Care	percent	72.4		68.9	76.1	2020	17
	Mothers who							
	Smoked During							
0.92	Pregnancy	percent	6.1	4.3	11.5	5.5	2020	17
1.67	Preterm Births	percent	11.4	9.4	10.3		2020	17
		live births/ 1,000						
	Teen Birth Rate:	females aged 15-						
1.53	15-17	17	7.2		6.8		2020	17
		pregnancies/						
	Teen Pregnancy	1,000 females						
1.58	Rate	aged 15-17	23.9		19.5		2016	17

	<b>MEDICATIONS &amp;</b>		CUYAHOGA				MEASUREMENT	
SCORE	PRESCRIPTIONS	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
1.83	Consumer Expenditures: Medical Services	average dollar amount per consumer unit	1057.6		1098.6	1047.4	2021	7
1.83	Consumer Expenditures: Medical Supplies	average dollar amount per consumer unit	199.2		204.8	194.9	2021	7
	Consumer Expenditures: Prescription and Non-Prescription	average dollar amount per						
1.50	Drugs	consumer unit	627.2		638.9	609.6	2021	7

SCORE	MENTAL HEALTH & MENTAL DISORDERS	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
	Adults Ever							
	Diagnosed with							
1.42	Depression	percent	20.9			18.8	2019	4
	Age-Adjusted							
	Death Rate due to							
	Alzheimer's	deaths/ 100,000						
0.64	Disease	population	21		34	30.5	2017-2019	5
	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
1.61	Suicide	population	14	12.8	15.1	14.1	2017-2019	5
	Alzheimer's							
	Disease or							
	Dementia:							
	Medicare							_
2.17	Population	percent	11.4		10.4	10.8	2018	6
	Depression:							
	Medicare							
1.75	Population	percent	18.5		20.4	18.4	2018	6
		providers/						
	Mental Health	100,000						
0.33	Provider Rate	population	401.4		261.3		2020	9
	Poor Mental							
1.75	Health: 14+ Days	percent	16			13.6	2019	4
	Poor Mental							
	Health: Average							
1.83	Number of Days	days	5		4.8	4.1	2018	9

1.00	Self-Reported General Health Assessment: Good or Better	percent	85.8		85.6	86.5	2021	8
1.00	of Better	percent	00.0		03.0	00.5	2021	
SCORE	NUTRITION & HEALTHY EATING	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
1.67	Consumer Expenditures: Fruits and Vegetables	average dollar amount per consumer unit	838.8		864.6	1002.1	2021	7
1.50	Consumer Expenditures: High Sugar Foods	average dollar amount per consumer unit	502.1		519	530.2	2021	7
1.33	Adults Who Frequently Used Quick Service Restaurants: Past 30 Days	Percent	41.1		41.5	41.2	2021	8
1.33	Consumer Expenditures: Fast Food Restaurants	average dollar amount per consumer unit	1415.1		1461	1638.9	2021	7
1.17	Consumer Expenditures: High Sugar Beverages	average dollar amount per consumer unit	310.6		319.7	357	2021	7

	Adult Sugar-						
	Sweetened						
	Beverage						
	Consumption: Past						
0.83	7 Days	percent	79.6	80.9	80.4	2021	8

	OLDER ADULT		CUYAHOGA				MEASUREMENT	
SCORE	HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	People 65+ Living							
2.64	Alone	percent	34.8		28.8	26.1	2015-2019	1
	People 65+ Living							
	Below Poverty							
2.47	Level	percent	10.9		8.1	9.3	2015-2019	1
	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
2.31	Falls	population	11.6		10.5	9.5	2017-2019	5
	Cancer: Medicare							
2.31	Population	percent	9		8.4	8.4	2018	6
	Alzheimer's							
	Disease or							
	Dementia:							
	Medicare							
2.17	Population	percent	11.4		10.4	10.8	2018	6
	Atrial Fibrillation:							
	Medicare							
2.14	Population	percent	9		9	8.4	2018	6
	Osteoporosis:							
	Medicare							
2.08	Population	percent	6.3		6.2	6.6	2018	6

	Asthma: Medicare							
2.03	Population	percent	5.2		4.8	5	2018	6
	Chronic Kidney Disease: Medicare							
1.92	Population	percent	25.2		25.3	24.5	2018	6
1.92	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	35.4		36.1	33.5	2018	6
1.75	Adults 65+ who Received Recommended Preventive Services: Females	percent	28.6			28.4	2018	4
1.75	-	percent	20.0			20.4	2018	4
	Depression: Medicare							
1.75	Population	percent	18.5		20.4	18.4	2018	6
1.69	Heart Failure: Medicare Population	percent	15.3		14.7	14	2018	6
1.05		percent	15.5		14.7	14	2018	0
1.67	Colon Cancer Screening	percent	63.7	74.4		66.4	2018	4
	People 65+ with Low Access to a							
1.67	Grocery Store	percent	3.4				2015	23
	Adults 65+ with							
1.58	Total Tooth Loss	percent	15.5			13.5	2018	4

	Adults with						
1.42	Arthritis	percent	29.3		25.1	2019	4
	Stroke: Medicare						
1.36	Population	percent	3.8	3.8	3.8	2018	6
	Hypertension:						
	Medicare						
1.31	Population	percent	57.2	59.5	57.2	2018	6
	Diabetes:						
	Medicare						
1.14	Population	percent	25.3	27.2	27	2018	6
	Consumer	average dollar					
	Expenditures:	amount per					
1.00	Eldercare	consumer unit	20.8	20.5	34.3	2021	7
	Hyperlipidemia:						
	Medicare						
1.00	Population	percent	45.2	49.4	47.7	2018	6
	Ischemic Heart						
	Disease: Medicare						
1.00	Population	percent	25.8	27.5	26.8	2018	6
	COPD: Medicare						
0.97	Population	percent	11.2	13.2	11.5	2018	6
	Adults 65+ who						
	Received						
	Recommended						
	Preventive						
0.92	Services: Males	percent	34.5		32.4	2018	4
	Age-Adjusted						
	Death Rate due to						
	Alzheimer's	deaths/ 100,000					
0.64	Disease	population	21	34	30.5	2017-2019	5

			CUYAHOGA				MEASUREMENT	
SCORE	ORAL HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Adults 65+ with							
1.58	Total Tooth Loss	percent	15.5			13.5	2018	4
	Adults who Visited							
1.50	a Dentist	percent	51.3		51.6	52.9	2021	8
	Oral Cavity and							
	Pharynx Cancer	cases/ 100,000						
1.14	Incidence Rate	population	11.5		12.2	11.9	2014-2018	12
		dentists/ 100,000						
0.33	Dentist Rate	population	109.6		64.2		2019	9
	OTHER		CUYAHOGA				MEASUREMENT	
SCORE	CONDITIONS	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Osteoporosis:							
	Medicare							
2.08	Population	percent	6.3		6.2	6.6	2018	6
	Adults with Kidney							
1.92	Disease	Percent of adults	3.6			3.1	2019	4
	Chronic Kidney							
	Disease: Medicare							
1.92	Population	percent	25.2		25.3	24.5	2018	6
	Rheumatoid							
	Arthritis or							
	Osteoarthritis:							
	Medicare							
1.92	Population	percent	35.4		36.1	33.5	2018	6

	Age-Adjusted Death Rate due to	doaths / 100 000						
1.69	Kidney Disease	deaths/ 100,000 population	15.2		14.5	12.9	2017-2019	5
1.05	Adults with	ροραιατισπ	13.2		14.5	12.9	2017-2019	
1.42	Arthritis	percent	29.3			25.1	2019	4
	PHYSICAL		CUYAHOGA				MEASUREMENT	
SCORE	ACTIVITY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Adults 20+ who							
2.22	are Obese	percent	34.2	36			2019	5
	Fast Food	restaurants/ 1,000						
2.14	Restaurant Density	population	0.9				2016	23
	Farmers Market	markets/ 1,000						
1.67	Density	population	0				2018	23
	People 65+ with							
	Low Access to a							
1.67	Grocery Store	percent	3.4				2015	23
	Adults 20+ who							
1.64	are Sedentary	percent	25.1				2019	5
	SNAP Certified	stores/ 1,000						
1.64	Stores	population	0.9				2017	23
	Food Environment							
1.53	Index	index	7.3		6.8	7.8	2021	9
	Children with Low							
	Access to a							• 6
1.50	Grocery Store	percent	4.3				2015	23
	WIC Certified	stores/1,000						
1.50	Stores	population	0.1				2016	23

	Health Behaviors							
1.42	Ranking	ranking	31				2021	9
	Low-Income and							
	Low Access to a							
1.33	Grocery Store	percent	4.3				2015	23
	Grocery Store	stores/ 1,000						
1.31	Density	population	0.2				2016	23
	Households with							
	No Car and Low							
	Access to a		4.2				2015	22
1.00	Grocery Store	percent	1.3				2015	23
	Recreation and	facilities/ 1,000					2246	
1.00	Fitness Facilities	population	0.1				2016	23
	Adult Sugar-							
	Sweetened							
	Beverage							
	Consumption: Past	_						
0.83	7 Days	percent	79.6		80.9	80.4	2021	8
	Workers who Walk							_
0.69	to Work	percent	2.7		2.2	2.7	2015-2019	1
	Access to Exercise		_			_		
0.50	Opportunities	percent	97.5		83.9	84	2020	9
	PREVENTION &		CUYAHOGA				MEASUREMENT	
SCORE	SAFETY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Age-Adjusted							
2.24	Death Rate due to	deaths/100,000	14.0		10 F	0 5	2017 2010	F
2.31	Falls	population	11.6		10.5	9.5	2017-2019	5

2.00	Age-Adjusted Death Rate due to Motor Vehicle Collisions	deaths/ 100,000 population	3.6		2.8	2.5	2015-2019	5
2.22	Age-Adjusted Death Rate due to Unintentional Injuries	deaths/ 100,000 population	69.7	43.2	68.8	48.9	2017-2019	5
2.31	Age-Adjusted Death Rate due to Unintentional Poisonings	deaths/ 100,000 population	42		40.2	21.4	2017-2019	5
2.64	Death Rate due to Drug Poisoning	deaths/ 100,000 population	42.6		38.1	21	2017-2019	9
1.75	Severe Housing Problems	percent	17.1		13.7	18	2013-2017	9
SCORE	RESPIRATORY DISEASES	UNITS	CUYAHOGA COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
2.25	Adults with Current Asthma	percent	11			8.9	2019	4
2.03	Asthma: Medicare Population	percent	5.2		4.8	5	2018	6
2.00	Consumer Expenditures: Tobacco and Legal Marijuana	average dollar amount per consumer unit	485.5		487.9	422.4	2021	7
1.61	Tuberculosis Incidence Rate	cases/ 100,000 population	1.2	1.4	1.1		2021	16

1.58	Adults with COPD	Percent of adults	8.6			6.6	2019	4
	COVID-19 Daily							
	Average Case-	deaths per 100						
1.53	Fatality Rate	cases	0		0	0.5	28-Jan-22	11
	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
1.44	Lung Cancer	population	42.9	25.1	45	36.7	2015-2019	12
1.42	Adults who Smoke	percent	20.9	5	21.4	17	2018	9
	Lung and Bronchus							
	Cancer Incidence	cases/ 100,000						
1.36	Rate	population	63.7		67.3	57.3	2014-2018	12
	COPD: Medicare							
0.97	Population	percent	11.2		13.2	11.5	2018	6
	Adults Who Used							
	Electronic							
	Cigarettes: Past 30							
0.83	Days	percent	4		4.3	4.1	2021	8
	Age-Adjusted							
	Death Rate due to							
	Chronic Lower	1						
0.81	Respiratory	deaths/ 100,000	20.4		47.0	20 C	2017 2010	-
0.81	Diseases Adults Who Used	population	38.4		47.8	39.6	2017-2019	5
	Smokeless							
	Tobacco: Past 30							
0.50	Days	percent	1.2		2.2	2	2021	8
	Age-Adjusted							
	Death Rate due to							
	Influenza and	deaths/ 100,000						
0.08	Pneumonia	population	11.1		14.4	13.8	2017-2019	5
	•							

0.08	COVID-19 Daily Average Incidence Rate	cases per 100,000 population	30.6		128.4	177.3	28-Jan-22	11
			CUYAHOGA				MEASUREMENT	
SCORE	TOBACCO USE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Consumer							
	Expenditures:	average dollar						
	Tobacco and Legal	amount per						
2.00	Marijuana	consumer unit	485.5		487.9	422.4	2021	7
1.42	Adults who Smoke	percent	20.9	5	21.4	17	2018	9
	Adults Who Used Electronic Cigarettes: Past 30							
0.83	Days	percent	4		4.3	4.1	2021	8
	Adults Who Used Smokeless Tobacco: Past 30							
0.50	Days	percent	1.2		2.2	2	2021	8
	WELLNESS &		CUYAHOGA				MEASUREMENT	
SCORE	LIFESTYLE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
2.58	Insufficient Sleep	percent	44.9	31.4	40.6	35	2018	9
1.75	Morbidity Ranking	ranking	76				2021	9
	Poor Physical Health: Average							
1.67	Number of Days	days	4.2		4.1	3.7	2018	9
	Poor Physical							

12.5

2019

4

14.3

percent

1.58

Health: 14+ Days

	Self-Reported General Health							
1 50	Assessment: Poor		21.1			18.6	2010	4
1.58	or Fair High Blood	percent	21.1			18.6	2019	4
	Pressure							
1.50	Prevalence	percent	35.4	27.7		32.6	2019	4
1.50	Life Expectancy	years	77		77	79.2	2017-2019	9
	Adults Who Frequently Used Quick Service Restaurants: Past							
1.33	30 Days	Percent	41.1		41.5	41.2	2021	8
1.33	Consumer Expenditures: Fast Food Restaurants	average dollar amount per consumer unit	1415.1		1461	1638.9	2021	7
1.17	Adults who Agree Vaccine Benefits Outweigh Possible Risks	Percent	48.6		48.6	49.4	2021	8
1.00	Self-Reported General Health Assessment: Good or Better	percent	85.8		85.6	86.5	2021	8
	Adult Sugar- Sweetened Beverage Consumption: Past							
0.83	7 Days	percent	79.6		80.9	80.4	2021	8
	WOMEN'S		CUYAHOGA				MEASUREMENT	
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SCORE	HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Breast Cancer	cases/ 100,000						
2.58	Incidence Rate	females	134.8		129.6	126.8	2014-2018	12
	Age-Adjusted							
	Death Rate due to	deaths/ 100,000						
2.28	Breast Cancer	females	23.6	15.3	21.6	19.9	2015-2019	12
	Mammogram in							
0.94	Past 2 Years: 50-74	percent	75.2	77.1		74.8	2018	4
	Cervical Cancer							
0.89	Screening: 21-65	Percent	85.3	84.3		84.7	2018	4
	Cervical Cancer	cases/ 100,000						
0.61	Incidence Rate	females	6.4		7.9	7.7	2014-2018	12

Cuyahoga Data Sources

## Key Source Name

- 1 American Community Survey
- 2 American Lung Association
- 3 Annie E. Casey Foundation
- 4 CDC · PLACES
- 5 Centers for Disease Control and Prevention
- 6 Centers for Medicare & Medicaid Services
- 7 Claritas Consumer Buying Power
- 8 Claritas Consumer Profiles
- 9 County Health Rankings
- 10 Feeding America
- 11 Healthy Communities Institute
- 12 National Cancer Institute
- 13 National Center for Education Statistics

- 14 National Environmental Public Health Tracking Network
- 15 Ohio Department of Education
- 16 Ohio Department of Health, Infectious Diseases
- 17 Ohio Department of Health, Vital Statistics Ohio Department of Public Safety, Office of Criminal Justice
- 18 Services
- 19 Ohio Public Health Information Warehouse
- 20 Ohio Secretary of State
- 21 U.S. Bureau of Labor Statistics
- 22 U.S. Census County Business Patterns
- 23 U.S. Department of Agriculture Food Environment Atlas
- 24 U.S. Environmental Protection Agency
- 25 United For ALICE

			LORAIN				MEASUREMENT	
CORE	ALCOHOL & DRUG USE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		percent of						
		driving						
		deaths with						
		alcohol						
2.44	Alcohol-Impaired Driving Deaths	involvement	39.7	28.3	32.2	27	2015-2019	9
		deaths/						
		100,000					2217 2212	
2.31	Death Rate due to Drug Poisoning	population	38.4		38.1	21	2017-2019	9
		average						
		dollar						
	Consumer Expenditures: Alcoholic	amount per						
2.00	Beverages	consumer unit	679.4		651.5	701.9	2021	7
		Gint	07511		031.3	,01.5	2021	,
		Deaths per						
	Age-Adjusted Drug and Opioid-Involved	100,000						
1.92	Overdose Death Rate	population	44.3		42	22.8	2017-2019	5
1.42	Adults who Binge Drink	percent	16.2			16.7	2019	4
1 42	Lealth Dahaviara Daaling	raulina	25				2024	0
1.42	Health Behaviors Ranking	ranking	25				2021	9
1.42	Mothers who Smoked During Pregnancy	percent	12.6	4.3	11.5	5.5	2020	17
		stores/						
		100,000						
1.19	Liquor Store Density	population	7.1		5.6	10.5	2019	22

1.17	Adults who Drink Excessively	percent	18		18.5	19	2018	9
			LORAIN				MEASUREMENT	
SCORE	CANCER	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		cases/						
		100,000						
2.31	Breast Cancer Incidence Rate	females	134.8		129.6	126.8	2014-2018	12
2.31	Cancer: Medicare Population	percent	8.9		8.4	8.4	2018	6
		cases/						
		100,000	_		_			
2.25	All Cancer Incidence Rate	population	475.8		467.5	448.6	2014-2018	12
		deaths/						
	Age-Adjusted Death Rate due to Breast	100,000						
2.22	Cancer	females	22.2	15.3	21.6	19.9	2015-2019	12
		cases/						
		100,000						
2.22	Cervical Cancer Incidence Rate	females	9.2		7.9	7.7	2014-2018	12
		cases/						
2.00	Drestate Canaca Incidence Date	100,000	115.0		107.2	100.0	2014 2018	10
2.00	Prostate Cancer Incidence Rate	males	115.9		107.2	106.2	2014-2018	12
		deaths/						
	Age-Adjusted Death Rate due to Lung	100,000						
1.78	Cancer	population	45.4	25.1	45	36.7	2015-2019	12
		deaths/						
		100,000						
1.61	Age-Adjusted Death Rate due to Cancer	population	167.8	122.7	169.4	152.4	2015-2019	12

1.50	Colon Cancer Screening	percent	64.5	74.4		66.4	2018	4
1.39	Cervical Cancer Screening: 21-65	Percent	84.3	84.3		84.7	2018	4
1.25	Adults with Cancer	percent	7.7			7.1	2019	4
		deaths/						
	Age-Adjusted Death Rate due to	100,000						
1.11	Colorectal Cancer	population	13.8	8.9	14.8	13.4	2015-2019	12
		cases/						
	Lung and Bronchus Cancer Incidence	100,000						
1.08	Rate	population	65.8		67.3	57.3	2014-2018	12
		deaths/						
	Age-Adjusted Death Rate due to	100,000						
1.06	Prostate Cancer	males	17.5	16.9	19.4	18.9	2015-2019	12
		cases/						
	Oral Cavity and Pharynx Cancer	100,000						
0.97	Incidence Rate	population	11.2		12.2	11.9	2014-2018	12
0.94	Mammogram in Past 2 Years: 50-74	percent	74.9	77.1		74.8	2018	4
		cases/						
		100,000			_			
0.75	Colorectal Cancer Incidence Rate	population	39.1		41.3	38	2014-2018	12
			LORAIN				MEASUREMENT	_
SCORE	CHILDREN'S HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average						
		dollar						
2.17	Consumer Expenditures: Childcare	amount per	336.9		301.6	368.2	2021	7

		consumer unit						
	Children with Low Access to a Grocery							
1.83	Store	percent	6.7				2015	23
1.56	Substantiated Child Abuse Rate	cases/ 1,000 children	7.1	8.7	6.8		2020	3
1.50		ciniaren	/.1	0.7	0.8		2020	
1.50	Child Food Insecurity Rate	percent	17.1		17.4	14.6	2019	10
1.42	Projected Child Food Insecurity Rate	percent	18.7		18.5		2021	10
1.33	Children with Health Insurance	percent	96.1		95.2	94.3	2019	1
	Blood Lead Levels in Children (>=10							
1.03	micrograms per deciliter)	percent	0.3		0.5		2020	19
	Blood Lead Levels in Children (>=5							
1.03	micrograms per deciliter)	percent	1.4		1.9		2020	19
			LORAIN				MEASUREMENT	-
SCORE	COMMUNITY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source

		percent of driving deaths with						
		alcohol						_
2.44	Alcohol-Impaired Driving Deaths	involvement	39.7	28.3	32.2	27	2015-2019	9
		membership associations/ 10,000						
2.25	Social Associations	population	9.5		11	9.3	2018	9
2.19	Single-Parent Households	percent	29.4		27.1	25.5	2015-2019	1
2.19	Youth not in School or Working	percent	2.6		1.8	1.9	2015-2019	1
	Young Children Living Below Poverty							
2.17	Level	percent	27.6		23	20.3	2015-2019	1
1.97	Workers who Walk to Work	percent	2		2.2	2.7	2015-2019	1
1.81	Mean Travel Time to Work	minutes	24.6		23.7	26.9	2015-2019	1
1.81	People 65+ Living Alone	percent	27.5		28.8	26.1	2015-2019	1
1.69	Solo Drivers with a Long Commute	percent	35.6		31.1	37	2015-2019	9
1.69	Voter Turnout: Presidential Election	percent	72.6		74		2020	20

1.58	Children Living Below Poverty Level	percent	20.6		19.9	18.5	2015-2019	1
1.58	Social and Economic Factors Ranking	ranking	49				2021	9
		cases/ 1,000						
1.56	Substantiated Child Abuse Rate	children	7.1	8.7	6.8		2020	3
1.53	Linguistic Isolation	percent	1.5		1.4	4.4	2015-2019	1
	Age-Adjusted Death Rate due to Motor	deaths/ 100,000						
1.50	Vehicle Collisions	population	2.7		2.8	2.5	2015-2019	5
		average dollar amount per						
1.50	Consumer Expenditures: Local Public Transportation	consumer unit	121.5		121.7	148.8	2021	7
1.50		unit	121.5		121.7	140.0	2021	/
1.50	Households with a Smartphone	percent	80.1		80.5	81.9	2021	8
1.50	Households with an Internet Subscription	percent	80.8		82.4	83	2015-2019	1
1.50		percent	00.0		02.4	00	2013-2019	
1.50	Persons with an Internet Subscription	percent	84.5		86.2	86.2	2015-2019	1

1.44	People Living Below Poverty Level	percent	13.5	8	14	13.4	2015-2019	1
1.77		percent	15.5	0	17	13.4	2013 2013	<b>1</b>
	Workers Commuting by Public							
1.44	Transportation	percent	0.7	5.3	1.6	5	2015-2019	1
		crimes/ 100,000						
1.39	Violent Crime Rate	population	242		303.5	394	2017	18
	Households with No Car and Low Access	_	• •					
1.33	to a Grocery Store	percent	2.1				2015	23
1.25	People 25+ with a Bachelor's Degree or	<i>n</i> o <i>n</i> o <i>n</i> t	24.0		20.2	22.4	2015 2010	1
1.25	Higher	percent	24.9		28.3	32.1	2015-2019	1
1.25	Workers who Drive Alone to Work	percent	83.3		82.9	76.3	2015-2019	1
1.25	Workers who brive Alone to Work	percent	05.5		02.5	70.5	2013 2013	<b></b>
1.17	Adults with Internet Access	percent	94.5		94.5	95	2021	8
		<i>p</i> = = = = = =			0.10			
1.17	Households with a Computer	percent	85.5		85.2	86.3	2021	8
	· · · ·	· ·						
1.17	Households with Wireless Phone Service	percent	96.6		96.8	97	2020	8
1.08	Per Capita Income	dollars	30928		31552	34103	2015-2019	1

0.92	Median Household Income	dollars	58427		56602	62843	2015-2019	1
0.01			00127		00002	02010	2010 2010	
0.83	Households with One or More Types of Computing Devices	percent	90.4		89.1	90.3	2015-2019	1
		percent	50.1		03.1	50.5	2013 2013	
0.75	Households without a Vehicle	percent	6.8		7.9	8.6	2015-2019	1
0.25	Homeownership	percent	66.3		59.4	56.2	2015-2019	1
			LORAIN				MEASUREMENT	
SCORE	DIABETES	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
2.00	Adults 20+ with Diabetes	percent	11.5				2019	5
		deaths/						
	Age-Adjusted Death Rate due to	100,000						
1.14	Diabetes	population	21.6		25.3	21.5	2017-2019	5
0.86	Diabetes: Medicare Population	percent	26.3		27.2	27	2018	6
			LORAIN				MEASUREMENT	
SCORE	ECONOMY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Households with Cash Public Assistance							
2.75	Income	percent	3.2		2.9	2.4	2015-2019	1

	Renters Spending 30% or More of						
2.33	Household Income on Rent	percent	49.9	44.9	49.6	2015-2019	1
2.19	Youth not in School or Working	percent	2.6	1.8	1.9	2015-2019	1
	Young Children Living Below Poverty						
2.17	Level	percent	27.6	23	20.3	2015-2019	1
		average					
		dollar					
		amount per					
2 00	Consumer Expenditures: Homeowner	consumer	0252.4	7020	8900.1	2021	7
2.00	Expenses	unit	8253.1	7828	8900.1	2021	7
1 60	Ferry Hand Living Delays Devents Level		10	0.0	0.5	2015 2010	4
 1.69	Families Living Below Poverty Level	percent	10	9.9	9.5	2015-2019	1
	Households that are Below the Federal	_					a-
 1.67	Poverty Level	percent	14.2	13.8		2018	25
	Low-Income and Low Access to a						
 1.67	Grocery Store	percent	7.9			2015	23
1.64	Income Inequality		0.5	0.5	0.5	2015-2019	1
1.64	Size of Labor Force	persons	148191			44470	21

1.58	Children Living Below Poverty Level	percent	20.6		19.9	18.5	2015-2019	1
1.58	Social and Economic Factors Ranking	ranking	49				2021	9
	Persons with Disability Living in Poverty							
1.53	(5-year)	percent	28.2		29.5	26.1	2015-2019	1
		stores/ 1,000						
1.53	SNAP Certified Stores	population	0.7				2017	23
1.50	Child Food Insecurity Rate	percent	17.1		17.4	14.6	2019	10
1.50	Food Insecurity Rate	percent	12.4		13.2	10.9	2019	10
		stores/ 1,000						
1.50	WIC Certified Stores	population	0.1				2016	23
1 44	Deeple Living Below Deverty Level	parcant	10 E	o	1.4	12 /	2015-2019	1
1.44	People Living Below Poverty Level	percent	13.5	8	14	13.4	2015-2019	1
1.42	Projected Child Food Insecurity Rate	percent	18.7		18.5		2021	10

	Households that are Above the Asset						
	Limited, Income Constrained, Employed						
1.33	(ALICE) Threshold	percent	63.7	61.6		2018	25
1.25	Projected Food Insecurity Rate	percent	13.5	14.1		2021	10
	Adults who Feel Overwhelmed by						
1.17	Financial Burdens	percent	14.1	14.6	14.4	2021	8
4.47	Households that are Asset Limited,		22.4	24 5		2010	25
1.17	Income Constrained, Employed (ALICE)	percent	22.1	24.5		2018	25
1.08	Per Capita Income	dollars	30928	31552	34103	2015-2019	1
		_					-
1.00	Households with a Savings Account	percent	69.6	68.8	70.2	2021	8
			50407	56600	62042	2015 2010	
0.92	Median Household Income	dollars	58427	56602	62843	2015-2019	1
0.00		percent of	0.0	1.4		2015 2010	4
0.86	Overcrowded Households	households	0.9	1.4		2015-2019	1
0.75	People Living 200% Above Poverty Level	percent	71.2	68.8	69.1	2015-2019	1
0.75		Dercen	/ 1.2	00.0	09.1	2013-2019	1

								_
0.75	Severe Housing Problems	percent	12.8		13.7	18	2013-2017	9
	Students Eligible for the Free Lunch							
0.75	Program	percent	20.4				2019-2020	13
	Unemployed Workers in Civilian Labor							
0.75	Force	percent	3.6		3.8	4.3	Oct-21	21
		average						
		dollar						
		amount per						
	Consumer Expenditures: Home Rental	consumer						
0.67	Expenses	unit	3419.6		3798.7	5460.2	2021	7
0.53	People 65+ Living Below Poverty Level	percent	7		8.1	9.3	2015-2019	1
	Mortgaged Owners Spending 30% or							
0.50	More of Household Income on Housing	percent	19.6		19.7	26.5	2019	1
0.25	Homeownership	percent	66.3		59.4	56.2	2015-2019	1
	· · · · ·							
			LORAIN				MEASUREMENT	
SCORE	EDUCATION	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average dollar						
2.17	Consumer Expenditures: Childcare	amount per	336.9		301.6	368.2	2021	7
2.17	consumer Experiatures. crinicale		330.3		301.0	500.2	2021	/

		consumer unit					
1.9	7 4th Grade Students Proficient in Math	percent	55.6		59.4	2020-2021	15
		average dollar					
		amount per consumer					
1.8	Consumer Expenditures: Education	unit	1217.2		1200.4 1492.4	2021	7
	4th Grade Students Proficient in						
1.8	L English/Language Arts	percent	55.3		56	2020-2021	15
		students/	47.4			2010 2020	42
1.6	Student-to-Teacher Ratio	teacher	17.1			2019-2020	13
1.6	7 8th Grade Students Proficient in Math	percent	39.8		42.6	2020-2021	15
	8th Grade Students Proficient in						
1.5		percent	53.5		52.7	2020-2021	15
1.5	D High School Graduation	percent	91.5	90.7	92	2019-2020	15

	People 25+ with a Bachelor's Degree or							
1.25	Higher	percent	24.9		28.3	32.1	2015-2019	1
			LORAIN				MEASUREMENT	
SCORE	ENVIRONMENTAL HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
	Children with Low Access to a Grocery							
1.83	Store	percent	6.7				2015	23
		markets/						
		1,000						
1.83	Farmers Market Density	population	0				2018	23
	People 65+ with Low Access to a Grocery							
1.83	Store	percent	4				2015	23
1.75	Adults with Current Asthma	percent	10.2			8.9	2019	4
	Low-Income and Low Access to a							
1.67	Grocery Store	percent	7.9				2015	23
1.64	Food Environment Index	index	7.5		6.8	7.8	2021	9
1.64	Number of Extreme Heat Events	events	10				2019	14
1.64	Number of Extreme Precipitation Days	days	36				2019	14
		/ -						

1.64	PBT Released	pounds	18388.7	2020	24
		stores/ 1,000			
1.53	SNAP Certified Stores	population	0.7	2017	23
		stores/1,000			
1.50	Grocery Store Density	population	0.2	2016	23
		facilities/			
		1,000			
1.50	Recreation and Fitness Facilities	population	0.1	2016	23
		stores/ 1,000			
1.50	WIC Certified Stores	population	0.1	2016	23
1.42	Annual Ozone Air Quality		В	2017-2019	2
		restaurants/			
		1,000			
1.36	Fast Food Restaurant Density	population	0.6	2016	23
1.36	Number of Extreme Heat Days	days	15	2019	14
	Recognized Carcinogens Released into				
1.36	Air	pounds	5610.5	2020	24
		weeks per			
1.36	Weeks of Moderate Drought or Worse	, year	0	2020	14
	Households with No Car and Low Access				
1.33	to a Grocery Store	percent	2.1	2015	23
	·				

4.25	Assessed Deutiele Dellution		•			2017 2010	2
1.25	Annual Particle Pollution		A			2017-2019	2
1.25	Physical Environment Ranking	ranking	3			2021	9
1.25		Tunking	5			2021	
1.19	Asthma: Medicare Population	percent	4.7	4.8	5	2018	6
1.19	Astrina. Medicale Population	percent	4.7	4.0	J	2018	0
1.19	Houses Built Prior to 1950	percent	21.7	26.2	17.5	2015-2019	1
1.15		stores/	21.7	20.2	17.5	2013 2013	<b>+</b>
		100,000					
1.19	Liquor Store Density	population	7.1	5.6	10.5	2019	22
	Blood Lead Levels in Children (>=10						
1.03	micrograms per deciliter)	percent	0.3	0.5		2020	19
		•					
	Blood Lead Levels in Children (>=5						
1.03	micrograms per deciliter)	percent	1.4	1.9		2020	19
		percent of					
0.86	Overcrowded Households	households	0.9	1.4		2015-2019	1
0.83	Access to Exercise Opportunities	percent	90.9	83.9	84	2020	9
0.75	Severe Housing Problems	percent	12.8	13.7	18	2013-2017	9

			LORAIN		<u>.</u>		MEASUREMENT	
SCORE	HEALTH CARE ACCESS & QUALITY	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average dollar						
		amount per						
	Consumer Expenditures: Medical	consumer						
2.33	Services	unit	1181.4		1098.6	1047.4	2021	7
		average	1101.1		2000.0	201711		
		dollar						
		amount per						
	Consumer Expenditures: Medical	consumer						
2.33	Supplies	unit	217.8		204.8	194.9	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: Prescription	consumer						
2.33	and Non-Prescription Drugs	unit	687.1		638.9	609.6	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: Health	consumer						
2.17	Insurance	unit	4676.2		4371.7	4321.1	2021	7
1.75	Adults without Health Insurance	percent	13.7			13	2019	4
		providers/						
		100,000						~
1.72	Primary Care Provider Rate	population	54.6		76.7		2018	9
1.56	Persons without Health Insurance	percent	6.1		6.6		2019	1

1.42	Clinical Care Ranking	ranking	40				2021	9
1.33	Adults with Health Insurance	percent	91		90.9	87.1	2019	1
1.33	Children with Health Insurance	percent	96.1		95.2	94.3	2019	1
		providers/						
	Non-Physician Primary Care Provider	100,000						
1.33	Rate	population	66.2		108.9		2020	9
1.25	Adults who have had a Routine Checkup	percent	78.4			76.6	2019	4
		dentists/						
1.17	Dentist Rate	100,000 population	51		64.2		2019	9
1.17		population providers/	51		04.2		2019	9
		100,000						
1.17	Mental Health Provider Rate	population	177.8		261.3		2020	9
1.00	Adults who Visited a Dentist	percent	52.9		51.6	52.9	2021	8
1.00	Adults with Health Insurance: 18+	percent	90.9		90.2	90.6	2021	8
			LORAIN				MEASUREMENT	
SCORE	HEART DISEASE & STROKE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
2.64	Atrial Fibrillation: Medicare Population	percent	10.2		9	8.4	2018	6

2.64	Stroke: Medicare Population	percent	4.7		3.8	3.8	2018	6
2.47	Hyperlipidemia: Medicare Population	percent	53.1		49.4	47.7	2018	6
	Ischemic Heart Disease: Medicare							
2.19	Population	percent	30.6		27.5	26.8	2018	6
		deaths/						
	Age-Adjusted Death Rate due to	100,000						
2.00	Cerebrovascular Disease (Stroke)	population	40	33.4	42.5	37.2	2017-2019	5
1.97	Hypertension: Medicare Population	percent	61.2		59.5	57.2	2018	6
	· //··································							
1.75	Heart Failure: Medicare Population	percent	14.2		14.7	14	2018	6
1.75		percent	17.2		14.7	17	2010	0
1 50	Adulta whe Europian and a Studio	v v +	2.0			2.4	2010	4
1.58	Adults who Experienced a Stroke	percent	3.8			3.4	2019	4
	Adults who Experienced Coronary Heart		_					
1.58	Disease	percent	7.6			6.2	2019	4

	Adults who Have Taken Medications for							
1.58	High Blood Pressure	percent	77.9			76.2	2019	4
	-							
1.50	High Blood Pressure Prevalence	percent	35.1	27.7		32.6	2019	4
			<b>a</b> - <b>a</b>					-
1.42	Cholesterol Test History	percent	85.3			87.6	2019	4
1.08	High Cholesterol Prevalence: Adults 18+	percent	32.6			33.6	2019	4
		deaths/						
		100,000						
	Age-Adjusted Death Rate due to Heart	population			4		2212	
0.58	Attack	35+ years	41.8		55.4		2019	14
		do atha (						
	Age-Adjusted Death Rate due to	deaths/ 100,000						
0.50	Coronary Heart Disease	population	82.1	71.1	101.4	90.5	2017-2019	5
	,							
	IMMUNIZATIONS & INFECTIOUS		LORAIN				MEASUREMENT	
SCORE	DISEASES	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		cases/						
4.00		100,000	227.2		262.6		2020	4.6
1.92	Gonorrhea Incidence Rate	population	227.2		262.6		2020	16

		cases/						
1.92	Salmonella Infection Incidence Rate	100,000 population	17.4	11.1	13.7		2019	16
1.92		ροραιατισπ	17.4	11.1	15.7		2019	10
	COVID-19 Daily Average Case-Fatality	deaths per						
1.53	Rate	100 cases	0.3		0.3	1.6	4-Feb-22	11
		cases/						
4.20	Chlamadia Incidence Data	100,000	427		504.0		2020	10
1.36	Chlamydia Incidence Rate	population	437		504.8		2020	16
		cases/						
1.28	Tuberculosis Incidence Rate	100,000 population	0.6	1.4	1.1		2020	16
1.20		ροραιατισπ	0.0	1.4	1.1		2020	10
		deaths/						
	Age-Adjusted Death Rate due to	100,000						
1.03	Influenza and Pneumonia	population	13.5		14.4	13.8	2017-2019	5
	Adults who Agree Vaccine Benefits							
1.00	Outweigh Possible Risks	Percent	49.2		48.6	49.4	2021	8
		percent of						
0.86	Overcrowded Households	households	0.9		1.4		2015-2019	1
	Persons Fully Vaccinated Against COVID-							
0.58	19	percent	62.1				4-Feb-22	5
		cases per 100,000						
0.53	COVID-19 Daily Average Incidence Rate	population	27.6		36.7	67.6	4-Feb-22	11
0.55	COVID 15 Daily Average incluence Rate	ροματιστι	27.0		50.7	07.0	7100-22	<u> </u>

			LORAIN				MEASUREMENT	
SCORE	MATERNAL, FETAL & INFANT HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average dollar amount per						
		consumer						
2.17	Consumer Expenditures: Childcare	unit	336.9		301.6	368.2	2021	7
2.06	Babies with Very Low Birth Weight	percent	1.5		1.4	1.3	2020	17
2.06	Mothers who Received Early Prenatal Care	percent	67		68.9	76.1	2020	17
		<b>·</b>				70.1		
1.89	Preterm Births	percent	10.5	9.4	10.3		2020	17
1.75	Babies with Low Birth Weight	percent	9		8.5	8.2	2020	17
		live births/ 1,000 females						
1.53	Teen Birth Rate: 15-17	aged 15-17	6.9		6.8		2020	17
1.42	Mothers who Smoked During Pregnancy	percent	12.6	4.3	11.5	5.5	2020	17
		pregnancies/ 1,000 females						
1.25	Teen Pregnancy Rate	aged 15-17	19.9		19.5		2016	17

		deaths/						
		1,000 live		_				. –
1.08	Infant Mortality Rate	births	4.3	5	6.9		2019	17
			LORAIN				MEASUREMENT	
SCORE	MEDICATIONS & PRESCRIPTIONS	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average						
		dollar						
		amount per						
	Consumer Expenditures: Medical	consumer						
2.33	Services	unit	1181.4		1098.6	1047.4	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: Medical	consumer						
2.33	Supplies	unit	217.8		204.8	194.9	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: Prescription	consumer						
2.33	and Non-Prescription Drugs	unit	687.1		638.9	609.6	2021	7
			00712		00010	00010		•
	MENTAL HEALTH & MENTAL		LORAIN				MEASUREMENT	
SCORE	DISORDERS	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
SCORE	DISORDERS	UNITS	COUNTY	HP2030	Unio	0.5.	PERIOD	Source
		deaths/						
		100,000						
2.67	Age-Adjusted Death Rate due to Suicide	population	17.5	12.8	15.1	14.1	2017-2019	5

1.92	Depression: Medicare Population	percent	19.9	20.4	18.4	2018	6
	Poor Mental Health: Average Number of						
1.67	Days	days	4.8	4.8	4.1	2018	9
	Alzheimer's Disease or Dementia:						
1.64	Medicare Population	percent	10.4	10.4	10.8	2018	6
1.58	Poor Mental Health: 14+ Days	percent	15.7		13.6	2019	4
1.25	Adults Ever Diagnosed with Depression	percent	20.3		18.8	2019	4
		providers/ 100,000					
1.17	Mental Health Provider Rate	population	177.8	261.3		2020	9
		<u> </u>					
	Self-Reported General Health						
1.00	Assessment: Good or Better	percent	85.8	85.6	86.5	2021	8
		deaths/					
0.42	Age-Adjusted Death Rate due to Alzheimer's Disease	100,000	200	24	20 E	2017-2019	F
0.42	Aizneimer's Disease	population	28.8	34	30.5	2017-2019	5

			LORAIN				MEASUREMENT	
SCORE	NUTRITION & HEALTHY EATING	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average						
		dollar						
		amount per						
	Consumer Expenditures: High Sugar	consumer						
2.17	Foods	unit	548.3		519	530.2	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: Fast Food	consumer	_		_			
2.00	Restaurants	unit	1521.4		1461	1638.9	2021	7
		average						
		dollar						
		amount per						
	Consumer Expenditures: High Sugar	consumer						_
1.83	Beverages	unit	330.4		319.7	357	2021	7
	Adults Who Frequently Used Quick							
1.33	Service Restaurants: Past 30 Days	Percent	40.9		41.5	41.2	2021	8
		average						
		dollar						
		amount per						
	Consumer Expenditures: Fruits and	consumer						
1.17	Vegetables	unit	905.9		864.6	1002.1	2021	7

	Adult Sugar-Sweetened Beverage							
1.00	Consumption: Past 7 Days	percent	80.7		80.9	80.4	2021	8
SCORI	OLDER ADULT HEALTH	UNITS	LORAIN COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
2.75	Age-Adjusted Death Rate due to Falls	deaths/ 100,000 population	14.5		10.5	9.5	2017-2019	5
2.75	Age-Aujusted Death Nate due to Falls	ροραιατισπ	14.3		10.5	9.5	2017-2019	
2.75	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	38.4		36.1	33.5	2018	6
2.64	Atrial Fibrillation: Medicare Population	percent	10.2		9	8.4	2018	6
2.64	Stroke: Medicare Population	percent	4.7		3.8	3.8	2018	6
2.58	Osteoporosis: Medicare Population	percent	6.8		6.2	6.6	2018	6
2.47	Hyperlipidemia: Medicare Population	percent	53.1		49.4	47.7	2018	6
2.47		μειτεπι	22.1		49.4	4/./	2010	0

2.31	Cancer: Medicare Population	percent	8.9	8.4	8.4	2018	6
2.25	Chronic Kidney Disease: Medicare Population	percent	25.8	25.3	24.5	2018	6
	-						
2.19	Ischemic Heart Disease: Medicare Population	percent	30.6	27.5	26.8	2018	6
	· -	,					
2.00	COPD: Medicare Population	percent	14.5	13.2	11.5	2018	6
1.97	Hypertension: Medicare Population	percent	61.2	59.5	57.2	2018	6
1.92	Depression: Medicare Population	percent	19.9	20.4	18.4	2018	6
	People 65+ with Low Access to a Grocery						
1.83	Store	percent	4			2015	23
1.81	People 65+ Living Alone	percent	27.5	28.8	26.1	2015-2019	1
1.75	Adults with Arthritis	percent	31.1		25.1	2019	4
1.75	Heart Failure: Medicare Population	percent	14.2	14.7	14	2018	6

Alzheimer's Disease or Dementia: Medicare Populationpercent10.410.410.820181.50Colon Cancer Screeningpercent64.574.466.42018	
<b>1.50</b> Colon Cancer Screening <i>percent</i> 64.5 74.4 66.4 2018	6
<b>1.50</b> Colon Cancer Screening percent 64.5 74.4 66.4 2018	
	4
1.42Adults 65+ with Total Tooth Losspercent15.213.52018	4
average dollar consumer	<u> </u>
1.33Consumer Expenditures: Eldercareunit21.920.534.32021	7
<b>1.19</b> Asthma: Medicare Populationpercent4.74.852018	6
<b>0.86</b> Diabetes: Medicare Population <i>percent</i> 26.3 27.2 27 2018	6
Adults 65+ who Received Recommended	
0.75 Preventive Services: Females percent 33.6 28.4 2018	4

	Adults 65+ who Received Recommended						_
0.75	Preventive Services: Males	percent	36		32.4	2018	4
0.53	People 65+ Living Below Poverty Level	percent	7	8.1	9.3	2015-2019	1
0.42	Age-Adjusted Death Rate due to Alzheimer's Disease	deaths/ 100,000 population	28.8	34	30.5	2017-2019	5

			LORAIN				MEASUREMENT	
SCORE	ORAL HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
1.42	Adults 65+ with Total Tooth Loss	percent	15.2			13.5	2018	4
		dentists/						
		100,000						
1.17	Dentist Rate	population	51		64.2		2019	9
1.00	Adults who Visited a Dentist	percent	52.9		51.6	52.9	2021	8
		cases/						
	Oral Cavity and Pharynx Cancer	100,000						
0.97	Incidence Rate	population	11.2		12.2	11.9	2014-2018	12
			LORAIN				MEASUREMENT	
SCORE	OTHER CONDITIONS	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source

2.75	Rheumatoid Arthritis or Osteoarthritis: Medicare Population	percent	38.4		36.1	33.5	2018	6
2.58	Osteoporosis: Medicare Population	percent	6.8		6.2	6.6	2018	6
2.25	Age-Adjusted Death Rate due to Kidney Disease	deaths/ 100,000 population	15.6		14.5	12.9	2017-2019	5
2.25	Chronic Kidney Disease: Medicare Population	percent	25.8		25.3	24.5	2018	6
1.75	Adults with Arthritis	percent	31.1			25.1	2019	4
1.42	Adults with Kidney Disease	Percent of adults	3.3			3.1	2019	4
SCORE	PHYSICAL ACTIVITY	UNITS	LORAIN COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
2.03	Adults 20+ who are Obese	percent	36.6	36			2019	5
1.97	Workers who Walk to Work	percent	2		2.2	2.7	2015-2019	1

		Children with Low Access to a Grocery						
	1.83	Store	percent	6.7			2015	23
			markets/					
			1,000					
	1.83	Farmers Market Density	population	0			2018	23
		People 65+ with Low Access to a Grocery						
	1.83	Store	percent	4			2015	23
	1.69	Adults 20+ who are Sedentary	percent	25.7			2019	5
		Low-Income and Low Access to a						
	1.67	Grocery Store	percent	7.9			2015	23
	1.07		percent	7.5	 		2015	
	1.64	Food Environment Index	index	7.5	6.8	7.8	2021	9
	1.04	Food Environment index		7.5	 0.0	7.0	2021	9
			stores/ 1,000					
	1.53	SNAP Certified Stores	population	0.7			2017	23
			stores/ 1,000					
	1.50	Grocery Store Density	population	0.2			2016	23
			facilities/					
			1,000					
	1.50	Recreation and Fitness Facilities	population	0.1			2016	23
			stores/ 1,000					
	1.50	WIC Certified Stores	population	0.1			2016	23
	1.42	Health Behaviors Ranking		25			2021	9
-		Ŭ						

	_							
		restaurants/						
		1,000						
1.36	Fast Food Restaurant Density	population	0.6				2016	23
	,	1-1						
	Households with No Car and Low Access							
1.33	to a Grocery Store	percent	2.1				2015	23
	Adult Sugar-Sweetened Beverage							
1.00	Consumption: Past 7 Days	percent	80.7		80.9	80.4	2021	8
1.00	Consumption. Past 7 Days	percent	80.7		80.9	80.4	2021	0
0.83	Access to Exercise Opportunities	percent	90.9		83.9	84	2020	9
			LORAIN				MEASUREMENT	
SCORE		UNITS		HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
		UNITS	LORAIN	HP2030	Ohio	U.S.		Source
		UNITS deaths/	LORAIN	HP2030	Ohio	U.S.		Source
SCORE	PREVENTION & SAFETY	UNITS deaths/ 100,000	LORAIN COUNTY	HP2030			PERIOD	
		UNITS deaths/	LORAIN	HP2030	<b>Ohio</b> 10.5	<b>U.S.</b> 9.5		Source
SCORE	PREVENTION & SAFETY	UNITS deaths/ 100,000	LORAIN COUNTY	HP2030			PERIOD	
SCORE	PREVENTION & SAFETY	UNITS deaths/ 100,000 population	LORAIN COUNTY	HP2030			PERIOD	
SCORE	PREVENTION & SAFETY Age-Adjusted Death Rate due to Falls	UNITS deaths/ 100,000	LORAIN COUNTY	HP2030			PERIOD	
SCORE 2.75	<b>PREVENTION &amp; SAFETY</b> Age-Adjusted Death Rate due to Falls Age-Adjusted Death Rate due to	UNITS deaths/ 100,000 population deaths/ 100,000	LORAIN COUNTY 14.5		10.5	9.5	PERIOD	5
SCORE	PREVENTION & SAFETY Age-Adjusted Death Rate due to Falls	UNITS deaths/ 100,000 population deaths/	LORAIN COUNTY	<b>HP2030</b> 43.2			PERIOD 2017-2019	
SCORE 2.75	<b>PREVENTION &amp; SAFETY</b> Age-Adjusted Death Rate due to Falls Age-Adjusted Death Rate due to	UNITS deaths/ 100,000 population deaths/ 100,000 population	LORAIN COUNTY 14.5		10.5	9.5	PERIOD 2017-2019	5
SCORE 2.75	PREVENTION & SAFETY Age-Adjusted Death Rate due to Falls Age-Adjusted Death Rate due to Unintentional Injuries	UNITS deaths/ 100,000 population deaths/ 100,000 population deaths/	LORAIN COUNTY 14.5		10.5	9.5	PERIOD 2017-2019	5
SCORE 2.75	<b>PREVENTION &amp; SAFETY</b> Age-Adjusted Death Rate due to Falls Age-Adjusted Death Rate due to	UNITS deaths/ 100,000 population deaths/ 100,000 population	LORAIN COUNTY 14.5		10.5	9.5	PERIOD 2017-2019	5

2.31	Death Rate due to Drug Poisoning	deaths/ 100,000 population	38.4		38.1	21	2017-2019	9
1.50	Age-Adjusted Death Rate due to Motor Vehicle Collisions	deaths/ 100,000 population	2.7		2.8	2.5	2015-2019	5
0.75	Severe Housing Problems	percent	12.8		13.7	18	2013-2017	9
SCORE	RESPIRATORY DISEASES	UNITS	LORAIN COUNTY	HP2030	Ohio	U.S.	MEASUREMENT PERIOD	Source
2.03	Age-Adjusted Death Rate due to Chronic Lower Respiratory Diseases	deaths/ 100,000 population	56.2		47.8	39.6	2017-2019	5
2.00	COPD: Medicare Population	percent	14.5		13.2	11.5	2018	6
1.78	Age-Adjusted Death Rate due to Lung Cancer	deaths/ 100,000 population	45.4	25.1	45	36.7	2015-2019	12
1.75	Adults with COPD	Percent of adults	9.2			6.6	2019	4
1.75	Adults with Current Asthma	percent	10.2			8.9	2019	4

1.67	Consumer Expenditures: Tobacco and Legal Marijuana	average dollar amount per consumer unit	474.5		487.9	422.4	2021	7
1.53	COVID-19 Daily Average Case-Fatality Rate	deaths per 100 cases	0.3		0.3	1.6	4-Feb-22	11
1.42	Adults who Smoke	percent cases/ 100,000	20.7	5	21.4	17	2018	9
1.28	Tuberculosis Incidence Rate	population	0.6	1.4	<u>    1.1</u> 4.8	5	2020	<u>    16    </u> 6
1.19	Asthma: Medicare Population Lung and Bronchus Cancer Incidence Rate	percent cases/ 100,000 population	65.8		67.3	57.3	2018	12
1.03	Age-Adjusted Death Rate due to	deaths/ 100,000						
1.03	Adults Who Used Smokeless Tobacco:	population	13.5		14.4	13.8	2017-2019	5
1.00	Past 30 Days	percent	2.1		2.2	2	2021	8
0.83	Adults Who Used Electronic Cigarettes: Past 30 Days	percent	3.9		4.3	4.1	2021	8
-------	--	------------------------	--------	--------	-------	-------	-------------	--------
		cases per						
		100,000						
0.53	COVID-19 Daily Average Incidence Rate	population	27.6		36.7	67.6	4-Feb-22	11
			LORAIN				MEASUREMENT	
SCORE	TOBACCO USE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		average						
		dollar amount per						
	Consumer Expenditures: Tobacco and	amount per consumer						
1.67	Legal Marijuana	unit	474.5		487.9	422.4	2021	7
1.42	Adults who Smoke	percent	20.7	5	21.4	17	2018	9
	Adults Who Used Smokeless Tobacco:							
1.00	Past 30 Days	percent	2.1		2.2	2	2021	8
	Adults Who Used Electronic Cigarettes:							
0.83	Past 30 Days	percent	3.9		4.3	4.1	2021	8

		LORAIN				MEASUREMENT	Г
SCORE WELLNESS & LIFESTYLE	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source

2.00	Consumer Expenditures: Fast Food Restaurants	average dollar amount per consumer unit	1521.4		1461	1638.9	2021	7
1.75	Insufficient Sleep	percent	39.3	31.4	40.6	35	2018	9
1.67	Poor Physical Health: Average Number of Days	days	4.2		4.1	3.7	2018	9
1.58	Poor Physical Health: 14+ Days	percent	14.4			12.5	2019	4
1.58	Self-Reported General Health Assessment: Poor or Fair	percent	21.1			18.6	2019	4
1.50	High Blood Pressure Prevalence	percent	35.1	27.7		32.6	2019	4
1.42	Morbidity Ranking	ranking	40				2021	9
1.33	Adults Who Frequently Used Quick Service Restaurants: Past 30 Days	Percent	40.9		41.5	41.2	2021	8
1.33	Life Expectancy	years	77.7		77	79.2	2017-2019	9

1.00	Adult Sugar-Sweetened Beverage	norcont	80.7	80.9	80.4	2021	8
1.00	Consumption: Past 7 Days	percent	80.7	60.9	00.4	2021	0
1.00	Adults who Agree Vaccine Benefits Outweigh Possible Risks	Percent	49.2	48.6	49.4	2021	8
1.00	Self-Reported General Health Assessment: Good or Better	percent	85.8	85.6	86.5	2021	8

			LORAIN				MEASUREMENT	
SCORE	WOMEN'S HEALTH	UNITS	COUNTY	HP2030	Ohio	U.S.	PERIOD	Source
		cases/						
		100,000						
2.31	Breast Cancer Incidence Rate	females	134.8		129.6	126.8	2014-2018	12
		deaths/						
	Age-Adjusted Death Rate due to Breast	100,000						
2.22	Cancer	females	22.2	15.3	21.6	19.9	2015-2019	12
		cases/						
		100,000						
2.22	Cervical Cancer Incidence Rate	females	9.2		7.9	7.7	2014-2018	12
1.39	Cervical Cancer Screening: 21-65	Percent	84.3	84.3		84.7	2018	4

0.94	Mammogram in Past 2 Years: 50-74	percent	74.9	77.1	74.8	2018	4
Lorain C	ounty Data Sources						
Key	Data Source Name						
	1 American Community Survey						
	2 American Lung Association						
	3 Annie E. Casey Foundation						
	4 CDC - PLACES						
	5 Centers for Disease Control and Pre	evention					
	6 Centers for Medicare & Medicaid Se	ervices					
	7 Claritas Consumer Buying Power						
	8 Claritas Consumer Profiles						
	9 County Health Rankings						
	10 Feeding America						
	11 Healthy Communities Institute						
	12 National Cancer Institute						
	13 National Center for Education Statis	stics					
	14 National Environmental Public Heal	th Tracking Net	twork				
	15 Ohio Department of Education						
	16 Ohio Department of Health, Infection	us Diseases					
	17 Ohio Department of Health, Vital St						
	Ohio Department of Public Safety, ( 18 Services	Office of Crimin	al Justice				
	19 Ohio Public Health Information War	ehouse					
	20 Ohio Secretary of State						
	21 U.S. Bureau of Labor Statistics						
	22 U.S. Census - County Business Patt	erns					
	23 U.S. Department of Agriculture - Fo	od Environmen <sup>.</sup>	t Atlas				

- 24 U.S. Environmental Protection Agency
- 25 United For ALICE

#### **Appendix D: Community Input Assessment Tools**

CCF identified key community stakeholders to provide vital perspectives and context around important community health issues. CCF and HCI worked to develop a questionnaire to determine what a community needs to be healthy, what barriers to health exist in the community, how COVID-19 has impacted health in the community and how the challenges identified might be addressed in the future. Below is the complete Key Stakeholder Interview Guide:

**WELCOME:** Cleveland Clinic *{hospital name}* is in the process of conducting our 2022 comprehensive Community Health Needs Assessment (CHNA) to understand and plan for the current and future health needs of our community. You have been invited to take part in this interview because of your experience working *{at organization}* in the community. During this interview, we will ask a series of questions related to health issues in your community. Our ultimate goal is to gain various perspectives on the major issues affecting the population that your organizations serves and how to improve health in your community. We hope to get through as many questions as possible and hear your perspective as much as time allows.

**TRANSCRIPTION:** For today's call we are using the transcription feature in MS Teams. This feature produces a live transcript and makes meetings more inclusive for those who are deaf, hard of hearing, or have different levels of language proficiency. Our primary purpose for using this feature is to assist with note taking.

**CONFIDENTIALITY:** For this conversation, I will invite you to share as much or little as you feel comfortable sharing. The results of this assessment will be made available to the public. Although we will take notes on your responses, your name will not be associated with any direct quotes. Your identity will be kept confidential, so please share your honest opinions.

**FORMAT**: We anticipate that this conversation will last ~45 minutes to an hour.

#### Section #1: Introduction

- What community, or geographic area, does your organization serve (or represent)?
  - o How does your organization serve the community?

#### Section #2: Community Health and Well-being

• From your perspective, what does a community need to be healthy?

• What do you believe are the 2-3 most important issues that must be addressed to improve health and quality of life in your community?

#### Section #3: Barriers to Health

- What health disparities appear most prevalent in your community?
- What are the barriers or challenges to improving health in the community?
  - o What makes some people healthy in the community while others experience poor health?
  - o What particular parts of the community or geographic areas that are underserved or under-resourced?
  - o What services are most difficult to access?
- What could be done to promote health equity?

#### Section #4: COVID-19

- How has COVID-19 impacted health in your community?
  - o What were the most significant health concerns prior to the pandemic vs now?
  - o What populations have been most affected by COVID-19?
- How has COVID-19 impacted access to care in the community?
  - o What about access to mental health or substance use treatment in the community?
  - o What about emergency and preventative care services?

#### Section #5: Addressing the Challenges & Solutions

- What are some possible solutions to the problems that we have discussed?
  - o How can organizations such as hospitals, health departments, government, and community-based organizations work together to address some of the problems that have been mentioned?
- How can we make sure that community voices are heard when decisions are made that affect their community?
  - What would be the best way to communicate with community members about progress organizations are making to improve health and quality of life?
- What resources does your community have that can be used to improve community health?

#### Section #6: Conclusion

• Is there anything else that you think would be important for us to know as we conduct this community health needs assessment?

**CLOSURE SCRIPT:** Thank you again for taking time out of your busy day to share your experiences with us. We will include the key themes from today's discussion in our assessment. Please remember, your name will not be connected to any of the comments you made today. Please let us know if you have any questions or concerns about this.

### **Appendix E: Community Partners and Resources**

This section identifies other facilities and resources available in the community served by CCRH Avon that are available to address community health needs.

#### **Federally Qualified Health Centers**

Ohio's Association of Community Health Centers (OACHC) is a not-for-profit membership association representing Federally Qualified Health Centers (FQHCs).<sup>22</sup> FQHCs are established to promote access to ambulatory care in areas designated as medically underserved. These clinics provide primary care, mental health, and dental services for lower-income members of the community. FQHCs receive enhanced reimbursement for Medicaid and Medicare services and most also receive federal grant funds under Section 330 of the Public Health Service Act. OACHC represents Ohio's 57 Community Health Centers at 400 locations, including multiple mobile units The following FQHC clinics and networks operate in the CCRH Avon Community:

- Asian Services in Action, Inc.
- <u>Care Alliance</u>
- Health Source of Ohio
- Lorain County Health and Dentistry
- MetroHealth Community Health Centers (MHCHC)
- Neighborhood Family Practice
- <u>Northeast Ohio Neighborhood Health Services</u>
- Signature Health, Inc.
- <u>The Centers</u>

#### Hospitals

In addition to several Cleveland Clinic hospitals in Northeast Ohio, the following is a list of other hospital facilities located in the CCRH Avon Community:

- Grace Hospital
- Mercy Health (Multiple Locations)

<sup>&</sup>lt;sup>22</sup> Ohio Association of Community Health Centers, https://www.ohiochc.org/page/178

- <u>MetroHealth Medical Centers (Multiple Locations)</u>
- St. Vincent Charity Medical Center
- <u>University Hospitals (Multiple Locations)</u>

#### **Other Community Resources**

A wide range of agencies, coalitions, and organizations that provide health and social services is available in the region served by CCRH Avon. United Way 2-1-1 Ohio maintains a large, online database to help refer individuals in need to health and human services in Ohio. This is a service of the Ohio Department of Social Services and is provided in partnership with the Council of Community Services, The Planning Council, and United Way chapters in Cleveland. United Way 2-1-1 Ohio contains information on organizations and resources in the following categories:

- Donations and Volunteering
- Education, Recreation, and the Arts
- Employment and Income Support
- Family Support and Parenting
- Food, Clothing, and Household Items
- Health Care
- Housing and Utilities
- Legal Services and Financial Management
- Mental Health and Counseling
- Municipal and Community Services
- Substance Abuse and Other Addictions

Additional information about these resources is available at: <u>http://www.211oh.org/</u>

#### **Appendix F: Acknowledgements**

Conduent Healthy Communities Institute (HCI) supported report preparation. HCI works with clients across the nation to drive community health outcomes by assessing needs, developing focused strategies, identifying appropriate intervention programs, establishing monitoring systems, and implementing performance evaluation processes. To learn more about Conduent HCI, please visit <u>www.conduent.com/community-population-health</u>.

HCI Authors for this report are listed below:

Sharri Morley, MPH, Public Health Consultant Era Chaudry, MPH, MBA, Public Health Senior Analyst Gautami Shikhare, MPH, Community Data Analyst II Margaret Mysz, MPH, Community Data Analyst II Dari Goldman, MPH, Public Health Analyst Olivia Dunn, Community Data Analyst II Garry Jacinto, Community Data Analyst



## Avon

Implementation Strategy Report 2022

# CEVELAND CLINIC REHABILITATION HOSPITAL, AVON 2022 IMPLEMENTATION STRATEGY REPORT

2022 Community Health Needs Assessment Implementation Strategy Report for Years 2023 – 2025

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### **CEVELAND CLINIC REHABILITATION HOSPITAL, AVON** 2022 IMPLEMENTATION STRATEGY REPORT

## I. INTRODUCTION AND PURPOSE

This written plan is intended to satisfy the requirements set forth in the Internal Revenue Code Section 501(r)(3) regarding community health needs assessments and implementation strategies. The overall purpose of the Implementation Strategy is to align the hospital's limited resources, program services, and activities with the findings of the 2022 Avon Rehabilitation Community Health Needs Assessment ("CHNA"). The Implementation Strategy Report (ISR) includes the priority community health needs identified during the 2022 CHNA and hospital-specific strategies to address those needs from 2023 through 2025.

#### A. Description of Hospital

Avon Rehabilitation is a 60-bed rehabilitation facility offering sophisticated technology and advanced medical care within an intimate and friendly environment. Additional information on the hospital and its services is available at: https://my.clevelandclinic.org/locations/rehabilitation-hospital.

The hospital is a joint venture between Cleveland Clinic health system and Select Medical. The hospital is part of the Cleveland Clinic health system, which includes an academic medical center near downtown Cleveland, fourteen regional hospitals in northeast Ohio, a children's hospital, a children's rehabilitation hospital, five southeast Florida hospitals, and a number of other facilities and services across Ohio, Florida, and Nevada. Additional information about Cleveland Clinic is available at: https://my.clevelandclinic.org/.

Select Medical is one of the largest providers of post-acute care, operating 100 critical illness recovery hospitals in 28 states, 33 rehabilitation hospitals in 12 states, and 1,695 outpatient rehabilitation clinics in 37 states and the District of Columbia. Additionally, Select Medical's joint venture subsidiary Concentra operates 526 occupational health centers in 41 states. Concentra also provides contract services at employer worksites and Department of Veterans Affairs community-based outpatient clinics. Select Medical provides post-acute care encompassing four areas of expertise: critical illness recovery, inpatient medical rehabilitation, outpatient physical therapy, and occupational medicine, all of which are delivered and supported by more than 46,000 talented healthcare professionals across the U.S. Additional information about Select Medical is available at: https://www.selectmedical.com/.

Avon Rehabilitation's mission is:

Cleveland Clinic Rehabilitation Hospital is committed to the provision of comprehensive physical medicine and rehabilitation programs and services to maximize the health, function, and quality of life to those we serve, ultimately returning those persons to their communities.

## **II. COMMUNITY DEFINITION**

For purposes of this report, Avon Rehabilitation's community definition is an aggregate of 26 zip codes in Cuyahoga and Lorain Counties comprising approximately 75% of inpatient visits in 2021 (Figure 1).



Figure 1: Avon Rehabilitation Community Definition

### III. HOW IMPLEMENTATION STRATEGY WAS DEVELOPED

This Implementation Strategy was developed by members of senior leadership at Avon Rehabilitation and Cleveland Clinic, representing several departments of these organizations. Alignment with county Community Health Assessments (CHA) and the State Health Assessment (SHA) was also considered. Leadership at Avon Rehabilitation will utilize this Implementation Strategy to determine whether changes should be made to better address the health needs of its communities.

## IV. SUMMARY OF THE COMMUNITY HEALTH NEEDS IDENTIFIED

Avon Rehabilitation's prioritized community health needs as determined by analyses of quantitative and qualitative data include:

- Access to Healthcare
- Adult Health
- Community Safety

In addition to the prioritized community health needs, themes of healthy equity and social determinants of health are intertwined in all community health components and impact multiple areas of community health strategies and delivery.

#### COVID-19 Considerations

The COVID-19 global pandemic declared in early 2020 has caused extraordinary challenges for healthcare systems worldwide, including Avon Rehabilitation. Keeping front line workers and patients safe, securing protective equipment, developing testing protocols, and helping patients and families deal with the isolation needed to stop the spread of the virus all took priority as the pandemic took hold.

Many of the community benefit strategies noted in the previous 2019 implementation strategy were temporarily paused or adjusted to comply with current public health guidelines to ensure the health and safety of patients, staff, and other participants. Many of the strategies included in the 2023-2025 implementation strategy are a continuation or renewal of those that were paused during the pandemic as the community needs identified in the 2022 CHNA did not change greatly from those identified in the 2019 CHNA.

See the 2022 Cleveland Clinic CHNAs for more information: www.clevelandclinic.org/CHNAReports

## V. NEEDS HOSPITAL WILL ADDRESS

Each Cleveland Clinic hospital provides numerous services and programs in efforts to address the health needs of the community. Implementation of our services focuses on addressing structural factors important for community health, strengthening trust with residents and stakeholders, ensuring community voice in developing strategies, and evaluating our strategies and programs.

Strategies within the ISRs are included according to the prioritized list of needs developed during the 2022 CHNA:

- Access to Healthcare
- Adult Health
- Community Safety

It should be noted that no one organization can address all the health needs identified in its community. Avon Rehabilitation is committed to serving the community by adhering to its mission, and using its skills, expertise, and resources to provide a range of community benefit programs to address post-acute rehabilitation services for adults.

## A. Access to Healthcare

Access to Healthcare data analysis results describe community needs related to consumer expenditures for insurance, medical expenses, medicines, and other supplies. More expansive parameters include limitations to accessing healthcare described in terms of transportation challenges, resource limitations, and availability of primary care and other prevention services in local neighborhoods.

Access to Healthcare Initiatives for 2023-2025 include:

- Avon Rehabilitation provides medically necessary services to all patients regardless of race, color, creed, gender, country of national origin, or ability to pay. Avon Rehabilitation has a financial assistance policy that provides free or discounted care based on financial need. Financial assistance may also be provided to patients on a case-by-case basis under certain medical circumstances. The financial assistance policy can be found here: Avon Rehabilitation Financial Assistance.
- 2. The term "rehabilitation" is widely used to describe many different levels of care, which contributes to confusion among stakeholders. The rehabilitation offered at Avon Rehabilitation is defined by licensure and regulatory requirements. For patients, confusion surrounding rehabilitation can be a barrier to accessing the right level of care at the right time. Avon Rehabilitation will develop and share educational materials with patients, families, and providers to broaden community awareness and improve patients' ability to choose the most appropriate care setting.
- 3. A key cornerstone of inpatient rehabilitation is the prevention of stroke and brain injury through patient and community education. Clinical staff serving the Brain Injury and Stroke Program teams at Avon Rehabilitation will develop support groups and educational sessions for families and community residents. As part of this education and outreach, the hospital will provide information on post-acute care settings, how to access different levels of care, and community based resources.

## B. Adult Health

Adult Health encompasses several subtopics where information is available including Older Adult Health; Other Conditions; and Chronic Disease Prevention and Management including Nutrition and Healthy Eating. By addressing these issues in concert, Avon Rehabilitation hopes to impact concerns for older adult mental health from isolation, chronic conditions, and access to healthy food.

Adult Health Initiatives for 2023-2025 include:

- 1. Each patient is followed by a physician's service throughout their stay at the rehabilitation hospital. Physicians educate patients on their overall healthcare and on potential risk factors that may affect their recovery. They also educate patients on their past medical history and how their existing conditions may be impacted by their new injury. There are consulting physicians including but not limited to internal medicine, cardiologists, pulmonologists, and nephrologists that are available for consultation regarding secondary diagnoses or complications related to the new injury/illness. Additionally, through Avon Rehabilitation's linkage with Cleveland Clinic, patients have access to comprehensive diagnostic, medical, and surgical services.
- 2. Physical and functional impairments may be exacerbated by obesity. To encourage weight loss, the clinical team, which includes the attending physician, therapy, and nursing teams, provide education and training to patients to increase mobility and activity. Discussions regarding healthy eating and interpretation of food labels may be initiated as part of the therapy care plan.
- 3. Continuing education is routinely provided to nursing and pharmacy staff specific to diabetes medication and diabetic management.
- 4. Depression and emotional changes are common following illness or injury. These occur as primary effects of the illness, as in the case of stroke, or as secondary reactions to new disabilities that may have commonly pre-existed the event.
  - a. Psychologists are capable of evaluation and psychotherapeutic treatment of a variety of disorders. They may recommend starting pharmacological intervention with antidepressant medications, mood stabilizers, and anxiolytics. It is important to use medications that can improve recovery and to avoid and/or discontinue those medications that have been shown or hypothesized to impede recovery.
  - b. Therapists, case managers, and nursing staff also provide emotional support, encouragement, and hope. It is also essential to use non-pharmacological techniques to help with these psychological disorders.
  - c. Recreational therapy is essential to help add some "downtime" to the rigors of the therapy schedule as well as to provide information on community resources, spiritual care, and participation in leisure activities.
- 5. The population in Avon Rehabilitation's community is expected to age. Providing an effective continuum of care, including rehabilitation services, for those over 65 years of age in the future will be challenging. Avon Rehabilitation will leverage relationships with providers across the continuum of post-acute care in order to cross-refer, provide patient education, and support self-advocacy. Recognizing the health literacy needs of the community and the wide array of post-acute care options available, Avon Rehabilitation has developed a large network of clinical liaisons throughout the community to assist elderly consumers in understanding their post-acute care care options. The hospital offers facility tours and coordinates with our acute care case management partners.
- 6. As part of Avon Rehabilitation's inpatient care for individuals recovering from stroke, brain injury, spinal cord injury, limb loss, and other conditions, the Care Partner program is utilized to provide comprehensive caregiver/family training prior to the patient's discharge focusing on level of assistance and supervision needed to support a safe home discharge.
- 7. Avon Rehabilitation hosts an annual Stride On event. This event brings together current and former patients, their families, staff, and members of the community to celebrate stroke survivors and raise stroke prevention awareness.

8. Avon Rehabilitation is a member of the Avon Hospital Community Advisory Council. This group meets quarterly to provide updates and opportunities surrounding healthcare in Lorain County.

## C. Community Safety

Community Safety issues, though related to social determinants of health (SDOH), stands apart as a health topic intended to describe community health needs related to the following subtopics: Prevention & Safety and Alcohol & Drug Use.

Community Safety Initiatives for 2023-2025 include:

- 1. Falls represent a particular concern for our elderly populations. Avon Rehabilitation has developed evidence-based fall prevention education for internal and external stakeholders including information on environmental modifications, balance exercises, and home safety assessments. In addition to focusing on fall prevention, the hospital also provides educational materials detailing how to reduce the likelihood of injury should a fall occur.
- 2. Tobacco use is a risk factor for several medical conditions commonly treated in the inpatient rehabilitation setting. Smoking can also increase the risk of disease recurrence and presents a significant barrier to healthy living. Smoking cessation aligns well with Avon Rehabilitation's goals for our patients. Since Avon Rehabilitation is a smoke free campus, inpatients have a head start on smoking cessation following discharge. A smoking cessation program is more than just nicotine replacement therapy (NRT). Though NRT addresses the physiological need for nicotine, the psychological need to smoke must also be of focus. Patients are more likely to succeed in quitting when they receive both pharmacologic therapy and counseling. A formalized smoking cessation program will be available including resources and education that can be provided to patients during an inpatient rehabilitation stay. Patients will also be connected with organizations in the community for ongoing follow up and support. Low-cost or free smoking cessation resources will also be investigated.
- 3. Avon Rehabilitation is committed to preventing deaths from opioid overdose by improving opioid prescribing practices, reducing exposure to opioids, and preventing misuse. The hospital has formalized an internal opioid management process for reviewing healthcare prescribing, data collection, and the use of non-pharmacological treatment for pain.
- 4. Healthcare providers screen all patients for pain on admission and develop a pain management plan based on the patient's input, history, and desired goals.
- 5. Appropriate referrals to community programs, such as Alcoholics Anonymous, Narcotics Anonymous, or mental health resources are provided by case management and psychology staff.

While this ISR outlines specific strategies and programs identified to address the 2022 CHNA, it does not reflect all the work being done by Avon Rehabilitation to improve community health. Through this iterative process, opportunities are identified to grow and expand existing work in prioritized areas, as well as implementing additional programming in new areas. These ongoing strategic conversations will allow Avon Rehabilitation to build stronger community collaborations and make smarter, more targeted investments to improve the health of the people in the communities they serve.

For more information regarding Cleveland Clinic Community Health Needs Assessments and Implementations Strategy Reports, please visit www.clevelandclinic.org/CHNAReports or contact CHNA@ccf.org.

clevelandclinic.org/CHNAreports