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#### **EXECUTIVE SUMMARY**

# **EXECUTIVE SUMMARY**

## Introduction

This Community Health Needs Assessment (CHNA) was conducted by Cleveland Clinic South Pointe Hospital ("South Pointe" or "the hospital") to identify significant community health needs, to inform development of an Implementation Strategy to address current needs and to evaluate the impact of ongoing efforts to address previously identified community needs.

South Pointe, a Cleveland Clinic hospital, is a 175-bed acute care, community teaching hospital serving the healthcare needs of Cleveland's southeast suburbs since 1957. By combining the talents of highly qualified physicians, nurses and staff, South Pointe delivers a patient-centered model of care which promotes the healing of the mind, body and spirit. U.S. News & World Report recognized South Pointe as high-performing in the adult specialties of Neurology & Neurosurgery. Additional information on the hospital and its services is available at: https://my.clevelandclinic.org/locations\_directions/Regional-Locations/southpointe-hospital.

The hospital is part of the Cleveland Clinic health system, which includes an academic medical center, multiple regional hospitals, two children's hospitals, a rehabilitation hospital, a Florida hospital and a number of other facilities and services across Northeast Ohio and Florida. Additional information about Cleveland Clinic is available at: https://my.clevelandclinic.org/.

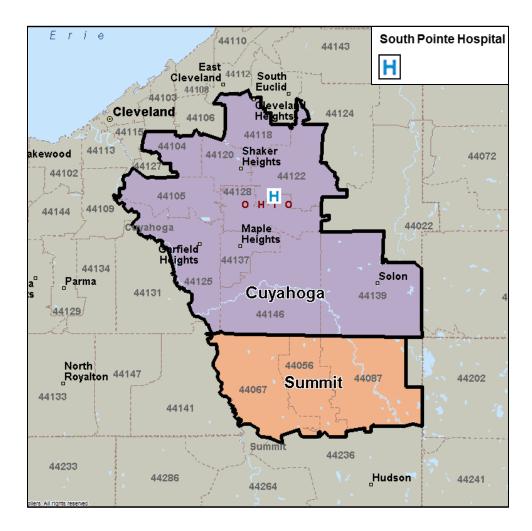
Each Cleveland Clinic hospital is dedicated to the communities it serves. Cleveland Clinic hospitals verify the health needs of communities by performing periodic health needs assessments. These formal assessments are analyzed using widely accepted criteria to determine and measure the health needs of a specific community.

# **Community Definition**

For purposes of this report, South Pointe's community is defined as 13 ZIP codes in Cuyahoga and Summit counties in Ohio comprising over 82 percent of the hospital's inpatient volumes. This area has comparatively unfavorable health status and socioeconomic indicators, particularly for minority residents. The total population of South Pointe's community in 2015 was 356,285.

#### **EXECUTIVE SUMMARY**

The following map portrays the community served by South Pointe.



# **Significant Community Health Needs**

Six significant community health needs were identified through this assessment:

- 1. Access to Affordable Healthcare
- 2. Chronic Diseases and Other Health Conditions
- 3. Economic Development and Community Conditions
- 4. Health Professions Education and Research
- 5. Healthcare for the Elderly
- 6. Wellness

Based on an assessment of secondary data (a broad range of health status and access to care indicators) and of primary data (received through key stakeholder interviews), the following were identified as significant health needs in the community served by South Pointe. The needs are presented below in alphabetical order, along with certain highlights regarding why each issue was identified as "significant."

#### **EXECUTIVE SUMMARY**

#### **Access to Affordable Health Care**

Access to basic health care is challenging for some segments of the South Pointe
community who are unaware of how to access and use available services and who
experience other access barriers including cost and inadequate transportation. The South
Pointe community has comparatively unfavorable socioeconomic indicators, particularly
in medically underserved areas. The recent election of the new president raises questions
regarding whether access improvements associated with the Affordable Care Act will be
sustained.

#### **Chronic Diseases and Other Health Conditions**

Chronic diseases and other health conditions including, in alphabetical order: cancer, chemical dependency, communicable diseases (including sexually transmitted infections), diabetes, heart disease, hypertension, obesity, poor birth outcomes, poor mental health status, and respiratory diseases were identified as prevalent in the South Pointe community.

# **Economic Development and Community Conditions**

• Several areas within the South Pointe community lack adequate social services and experience high rates of poverty, unemployment, and crime.

## **Health Professions Education and Research**

• There is a need for more trained health professionals in the community, particularly primary care physicians, mental health providers, and dentists. Research conducted by Cleveland Clinic, has improved health for community members through advancements in new clinical techniques, devices and treatment protocols in diseases and health conditions such as cancer, heart disease, diabetes, and others. There is a need for more research to address these and other community health needs.

## **Healthcare for the Elderly**

• The elderly population in the South Pointe community is expected to increase in the next five years and meeting the health and social service needs of the aging population is a significant issue.

## Wellness

 Programs and activities that target behavioral health change were identified as needed in the South Pointe community. Education and opportunities for residents regarding exercise, nutrition, and smoking cessation specifically were noted.

# **OBJECTIVES AND METHODOLOGY**

# **Regulatory Requirements**

Federal law requires that tax-exempt hospital facilities conduct a CHNA every three years and adopt an Implementation Strategy that addresses significant community health needs. Each tax-exempt hospital facility must conduct a CHNA that identifies the most significant health needs in the hospital's community.

The regulations require that each hospital:

- Take into account input from persons representing the broad interests of the community, including those knowledgeable about public health issues, and
- Make the CHNA widely available to the public.

The CHNA report must include certain information including, but not limited to:

- A description of the community and how it was defined,
- A description of the methodology used to determine the health needs of the community, and
- A prioritized list of the community's health needs.

Tax-exempt hospital organizations also are required to report information about the CHNA process and about community benefits they provide on IRS Form 990, Schedule H. As described in the instructions to Schedule H, community benefits are programs or activities that provide treatment and/or promote health and healing as a response to identified community needs. Community benefit activities and programs also seek to achieve objectives, including:

- improving access to health services,
- enhancing public health,
- advancing increased general knowledge, and
- relief of a government burden to improve health.<sup>2</sup>

To be reported, community need for the activity or program must be established. Need can be established by conducting a Community Health Needs Assessment.

CHNAs seek to identify significant health needs for particular geographic areas and populations by focusing on the following questions:

- Who in the community is most vulnerable in terms of health status or access to care?
- What are the unique health status and/or access needs for these populations?
- Where do these people live in the community?

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<sup>&</sup>lt;sup>1</sup> Internal Revenue Code, Section 501(r).

<sup>&</sup>lt;sup>2</sup> Instructions for IRS form 990 Schedule H, 2015.

#### **OBJECTIVES AND METHODOLOGY**

• Why are these problems present?

The question of *how* each hospital can address significant community health needs is the subject of the separate Implementation Strategy.

# Methodology

Federal regulations that govern the CHNA process allow hospital facilities to define the community they serve based on "all of the relevant facts and circumstances," including the "geographic location" served by the hospital facility, "target populations served" (e.g., children, women, or the aged), and/or the hospital facility's principal functions (e.g., focus on a particular specialty area or targeted disease)." The community defined by South Pointe accounts for over 82 percent of the hospital's 2014 inpatient discharges.

This assessment was conducted by Verité Healthcare Consulting, LLC. See Appendix A.

Secondary data from multiple sources were gathered and assessed. *See* Appendix B. Considering a wide array of information is important when assessing community health needs to ensure the assessment captures a wide range of facts and perspectives and to increase confidence that significant community health needs have been identified accurately and objectively

Input from the community was received through key informant interviews. These informants represented the broad interests of the community and included individuals with special knowledge of or expertise in public health. *See* Appendix C.

Certain community health needs were determined to be "significant" if they were identified as problematic in at least two of the following three data sources: (1) the most recently available secondary data regarding the community's health, (2) recent assessments developed by other organizations, and (3) input from the key informants who participated in the interview process.

In addition, data was gathered to evaluate the impact of various services and programs identified in the previous South Pointe CHNA process. *See* Appendix D.

# **Collaborating Organizations**

For this assessment, South Pointe collaborated with the following Cleveland Clinic hospitals: Main Campus, Cleveland Clinic Children's, Akron General, Euclid, Fairview, Hillcrest, Lodi, Lutheran, Marymount, Medina, Edwin Shaw Rehabilitation and Cleveland Clinic Florida. South Pointe also collaborated with Ashtabula County Medical Center and Glenbeigh.

<sup>&</sup>lt;sup>3</sup> 501(r) Final Rule, 2014.

#### **OBJECTIVES AND METHODOLOGY**

#### **Data Sources**

Community health needs were identified by collecting and analyzing data from multiple sources. Statistics for numerous community health status, health care access, and related indicators were analyzed, including data provided by local, state, and federal government agencies, local community service organizations, and Cleveland Clinic. Comparisons to benchmarks were made where possible. Findings from recent assessments of the community's health needs conducted by other organizations (e.g., local health departments) were reviewed as well.

Input from 21 persons representing the broad interests of the community was taken into account through key informant interviews. Interviewees included: individuals with special knowledge of or expertise in public health; local public health departments; agencies with current data or information about the health and social needs of the community; representatives of social service organizations; and leaders, representatives, and members of medically underserved, low-income, and minority populations.

## **Information Gaps**

This CHNA relies on multiple data sources and community input gathered between January 2016 and July 2016. A number of data limitations should be recognized when interpreting results. For example, some data (e.g., County Health Rankings, Community Health Status Indicators, Behavioral Risk Factors Surveillance System, and others) exist only at a county-wide level of detail. Those data sources do not allow assessing health needs at a more granular level of detail, such as by ZIP code or census tract.

Secondary data upon which this assessment relies measure community health in prior years. For example, the most recently available mortality data published by the Ohio Department of Health are from 2012. Others sources incorporate data from 2010. The impacts of recent public policy developments, changes in the economy, and other community developments are not yet reflected in those data sets.

The findings of this CHNA may differ from those of others conducted in the community. Differences in data sources, communities assessed (e.g., hospital service areas versus counties or cities), and prioritization processes can contribute to differences in findings.

# **Definition of Community Assessed**

This section identifies the community that was assessed by South Pointe. The community was defined by considering the geographic origins of the hospital's 2014 inpatient discharges.

On that basis, South Pointe's community is comprised of 13 ZIP codes in Cuyahoga and Summit counties (**Exhibit 1**) which in 2014 accounted for 82 percent of its inpatient discharges.

**Exhibit 1: South Pointe Inpatient Discharges by ZIP Code, 2014** 

County	City	ZIP Code	Inpatient Cases (2014)	Percent of Total
Cuyahoga	Cleveland	44128	1,595	23.8%
Cuyahoga	Beachwood	44122	817	12.2%
Cuyahoga	Cleveland	44120	678	10.1%
Cuyahoga	Cleveland	44105	629	9.4%
Cuyahoga	Bedford	44146	468	7.0%
Cuyahoga	Maple Heights	44137	401	6.0%
Summit	Northfield	44067	254	3.8%
Summit	Twinsburg	44087	172	2.6%
Cuyahoga	Cleveland	44104	139	2.1%
Cuyahoga	Cleveland	44125	97	1.4%
Cuyahoga	Cleveland	44118	95	1.4%
Summit	Macedonia	44056	87	1.3%
Cuyahoga	Solon	44139	76	1.1%
Subtotal			5,508	82.0%
Other Areas			1,207	18.0%
Total Discharges			6,715	100.0%

Source: Analysis of OHA Discharge Data, 2014.

The total population of this community in 2015 was approximately 356,000 persons (Exhibit 2).

**Exhibit 2: Community Population, 2015** 

County	City	ZIP Code	Total Population 2015	Percent of Total Population 2015
Cuyahoga	Beachwood	44122	33,661	9.4%
Cuyahoga	Bedford	44146	29,602	8.3%
Cuyahoga	Cleveland	44104	22,327	6.3%
Cuyahoga	Cleveland	44105	37,633	10.6%
Cuyahoga	Cleveland	44118	39,612	11.1%
Cuyahoga	Cleveland	44120	35,932	10.1%
Cuyahoga	Cleveland	44125	27,551	7.7%
Cuyahoga	Cleveland	44128	28,303	7.9%
Cuyahoga	Maple Heights	44137	22,566	6.3%
Cuyahoga	Solon	44139	24,770	7.0%
Summit	Macedonia	44056	11,970	3.4%
Summit	Northfield	44067	20,775	5.8%
Summit	Twinsburg	44087	21,583	6.1%
Community Tota			356,285	100.0%

Source: Truven Market Expert, 2015.

The hospital is located in Warrensville Heights, Ohio (ZIP code 44122). The map in **Exhibit 3** portrays the ZIP codes that comprise the South Pointe community.

E r l e Marymount Hospital East 44112 South Euclid 44103 Cleveland Heights 1 44121 Cleveland 44124 44106 Shaker Heights 44113 Lakewood 440 44102 44122 44105 44144 44109 44128 Cuyahoga 44022 Maple Heights н Garfield Heights O H I O Park Parma Heights Solon 44134 44125 44131 30 Parma<sup>®</sup> 44139 Cuyahoga 4412 North 44056 Royalton 44147 44087 44067 4420 Summit 44133 44141 Summit 44236 Hudson 44233 44286 4424 44264

**Exhibit 3: South Pointe Community** 

Source: Microsoft MapPoint and Cleveland Clinic, 2015.

# **Secondary Data Summary**

The following section summarizes principal findings from the secondary data analysis. Appendix B provides more detailed information.

# **Demographics**

Population characteristics and changes directly influence community health needs. The total population in the South Pointe community is expected to decrease 1.1 percent from 2015 to 2020. Between 2015 and 2020, nine of the 13 ZIP codes in the South Pointe community are projected to lose population. The populations in two Cleveland ZIP codes (44105 and 44120) are expected to decrease by approximately four percent or more.

While the total population is expected to decrease, the number of persons aged 65 years and older is projected to increase by 11.7 percent between 2015 and 2020. The growth of older populations is likely to lead to a growing need for health services, since on an overall per-capita basis, older individuals typically need and use more services than younger persons.

In 2015, over 70 percent of the population in five ZIP codes on the northern side of the community (44104, 44128, 44105, 44120, and 44137) was Black. In one southwestern ZIP code, this percentage was under 10 percent.

Cuyahoga County had a higher percentage of residents aged 25 years and older without a high school diploma than Ohio and United States averages. Compared to Ohio, Cuyahoga County had a higher proportion of the population that is linguistically isolated.<sup>4</sup>

#### **Economic Indicators**

Many health needs have been associated with poverty. According to the U.S. Census, in 2014 approximately 15.9 percent of people in Ohio were living in poverty. At 18.5 percent, Cuyahoga County's poverty rate was higher than Ohio's poverty rate during that year. In Cuyahoga County, poverty rates have been comparatively high for Black and Hispanic (or Latino) residents and in Summit County, poverty rates have been comparatively high for Asian residents. Low income census tracts are prevalent in the northern portion of South Pointe's community.

2014 crime rates in Cuyahoga and Summit counties were well above Ohio averages.

The percentage of people uninsured has declined in recent years, due to two primary factors. First, between 2010 and 2015, unemployment rates at the local (Cuyahoga and Summit counties), state, and national level decreased significantly. Many receive health insurance coverage through their (or a family member's) employer. Second, in 2010 the Patient Protection and Affordable Care Act (ACA, 2010) was enacted, and Ohio was among the states that expanded Medicaid eligibility. In 2015, ten out of the 13 ZIP codes in the South Pointe

<sup>&</sup>lt;sup>4</sup> Linguistic isolation is defined as residents who speak a language other than English and speak English less than "very well."

community had uninsured rates below ten percent. By 2020, it is projected that this will increase to twelve of the 13 ZIP codes in the community.

#### **Local Health Status and Access Indicators**

In the 2016 *County Health Rankings*, Cuyahoga County ranked in the bottom one-half of Ohio counties for 17 of the 27 indicators assessed. For five issue areas, the county ranked in the bottom quartile including: Quality of Life, Sexually Transmitted Infections, Social and Economic Factors, Inadequate Social Support, and Severe Housing Problems. The county's ranking fell between 2013 and 2016, particularly for various social and economic factors, social determinants of health, Excessive Drinking, and Teen Births.

Summit County ranked in the bottom 50<sup>th</sup> percentile among Ohio counties for 11 of the 27 indicators assessed. Of those 11 indicators ranking in the bottom 50<sup>th</sup> percentile, five of them ranked in the bottom quartile, including Sexually Transmitted Infections, Diabetic Screening, Physical Environment, Air Pollution, Severe Housing Problems, Alcohol Impaired Deaths, and High School Graduation Rate. Between 2013 and 2016, rankings for 18 indicators fell in Summit County. The following indicators underlying the rankings are comparatively unfavorable:

- Air pollution
- Average number of physically unhealthy days
- Binge and heavy drinking
- Chlamydia rate
- Hospitalization rate for ambulatory care sensitive conditions
- Income inequality rate
- Percent of adults reporting fair or poor health
- Percent of adults that report smoking
- Percent of children in poverty
- Percent of children living in a household headed by a single parent
- Percent of driving deaths with alcohol involvement
- Percent of households with severe housing problems
- Percent of live births with low birth weight
- Percent of the population unemployed
- Percent of the population without health insurance
- Percent of the workforce that drives to work alone
- Percent of workers with a long commute who drive alone
- Social associations rate
- Teen birth rate
- Violent crime rate
- Years of potential life lost

In the 2015 *Community Health Status Indicators*, which compares community health indicators for each county with those for peers across the United States, the following indicators appear to be most significant:

- Annual average particulate matter concentration and the number of individuals living near highways
- Morbidity associated with Alzheimer's disease, gonorrhea, adult asthma, adult depression, and preterm births
- Mortality rates for cancer and coronary heart disease
- Rates of preventable hospitalizations for older adults
- The number of adults who report binge drinking
- The number of children living in single-parent households

According to the Ohio Department of Health, age-adjusted mortality rates for heart disease, homicide, HIV, and pedestrians killed in traffic collisions were all significantly higher in Cuyahoga County than the Ohio averages. In Summit County, age-adjusted mortality rates for influenza and pneumonia, homicide, aortic aneurysm, and pedestrians killed in traffic collisions were also higher than the Ohio averages. Overall age-adjusted mortality and incidence rates for cancer in the community have been slightly above average.

Ohio Department of Health data also indicate that:

- The incidence of several communicable diseases has been particularly high in Cuyahoga County, including chlamydia, HIV, gonorrhea, and viral meningitis. Rates of chlamydia, gonorrhea, viral meningitis, and hepatitis A, B, and C were also high in Summit County.
- Virtually all maternal and child health indicators (infant mortality rates, low birth weights, preterm births, and teen pregnancies) are comparatively problematic in Cuyahoga County. Neonatal mortality rates, low birth weights, and preterm birthers are also comparatively problematic in Summit County.

Data from the Centers for Disease Control's Behavioral Risk Factor Surveillance System (BRFSS) indicate comparatively high rates of smoking, obesity, and high blood pressure in several ZIP codes across the community.

## **Ambulatory Care Sensitive Conditions**

Ambulatory Care Sensitive Conditions (ACSCs) include fourteen health conditions we analyzed "for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease." Among these conditions are: angina without procedure, diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

We reviewed ACSC rates in the South Pointe community for conditions and South Pointe community rates have exceeded the Ohio averages for all but one condition (perforated appendix). Rates for congestive heart failure, hypertension, angina without procedure, diabetes,

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<sup>&</sup>lt;sup>5</sup>Agency for Healthcare Research and Quality (AHRQ) Prevention Quality Indicators.

urinary tract infection, chronic obstructive pulmonary disease (COPD), and adult asthma were particularly problematic.

## **Community Need Index**

Dignity Health, a California-based hospital system, developed and has made widely available for public use a *Community Need Index*<sup>TM</sup> (CNI) that measures barriers to health care access by county/city and ZIP code. The index is based on five social and economic indicators:

- The percentage of elders, children, and single parents living in poverty
- The percentage of adults over the age of 25 with limited English proficiency, and the percentage of the population that is non-White
- The percentage of the population without a high school diploma
- The percentage of uninsured and unemployed residents
- The percentage of the population renting houses

The CNI calculates a score for each ZIP code based on these indicators. Scores range from "Lowest Need" (1.0-1.7) to "Highest Need" (4.2-5.0).

The CNI indicates that four of the 13 ZIP codes in the South Pointe community scored in the "highest need category." Cleveland ZIP codes 44104 and 44105 each received a score of 5.0 – the highest score possible.

## **Food Deserts**

The U.S. Department of Agriculture's Economic Research Service estimates the number of people in each census tract that live in a "food desert," defined as low-income areas more than one mile from a supermarket or large grocery store in urban areas and more than 10 miles from a supermarket or large grocery store in rural areas. Several locations within the South Pointe community have been designated as food deserts.

## **Medically Underserved Areas and Populations**

Medically Underserved Areas and Populations (MUA/Ps) are designated by the Health Resources and Services Administration (HRSA) based on an "Index of Medical Underservice." The index includes the following variables: ratio of primary medical care physicians per 1,000 population, infant mortality rate, percentage of the population with incomes below the poverty level, and percentage of the population age 65 or over. Areas with a score of 62 or less are considered "medically underserved." There are approximately 31 census tracts in the hospital's community that have been designated as medically underserved.

## **Health Professional Shortage Areas**

A geographic area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is found to

be present. A number of census tracts have been designated to be HPSAs in the hospital's community – for primary care and for dental care.

# **Relevant Findings of Other CHNAs**

The following community health needs were most frequently found to be significant in other, recently conducted community health needs assessments:

- Obesity
- Mental/Behavioral health
- Access to basic/primary health care
- Diabetes
- Cardiovascular/heart disease
- Tobacco use/smoking
- Drug/substance abuse
- Alcohol abuse and excessive drinking
- Elderly care/aging population
- Cancer
- Infant mortality (disparities)
- Access to dental care
- Access/lack of health insurance coverage
- Cost of care
- Poverty
- Transportation

The assessment prepared by the Cuyahoga County Health Improvement Partnership (2015) also highlighted issues with violence and health disparities/equity.

# **Primary Data Summary**

The following community health issues were identified by interviewees as significant. The issues are presented based on the frequency with which they were mentioned.

**Access to Healthcare.** Interviewees identified different health care services that were particularly difficult to access in the South Pointe community. Interviewees also expressed a need for more providers throughout the community, including mobile health units, free clinics, and outpatient cancer centers. The specific services identified as priority needs were:

- **Primary Care.** Basic primary care was identified as a priority in the community. Interviewees stated that long waitlists for many services was normal and that many residents in the community were using emergency care services as primary providers due to the waitlists, costs of primary care, or lack of insurance.
- **Dental Care.** Oral health was seen as an important health need throughout the community. Interviewees believed that proper oral health was a key component of good

health. However, interviewees stated that finding proper dental care could be difficult in the community. This was especially true for low income or uninsured populations.

• **Specialty Care.** Interviewees believed that specialty care was an issue in the community, particularly for individuals with cancer. The general perception among interviewees was that residents in need of special care had to travel long distances, often outside of the community.

Conditions and Care of the Elderly. Aging well in the community was a top concern of many interviewees. With an aging population, many chronic conditions associated with elderly populations arose as areas of need. Interviewees expressed particular concern for the rates of dementia and Alzheimer's disease in the community. The growth of this population means more resources will be needed, and interviewees noted that there are not enough senior living facilities (especially for low-income seniors), a lack of providers accepting Medicare, challenges with transportation for seniors, and isolation among this population. Interviewees were especially concerned with the health of low-income seniors, stating that many were forced to choose between purchasing food and medication each month. The lack of printed health information available in the community was also identified as a concern, as many seniors struggled to operate computers to access the information online.

Obesity, Physical Inactivity, and Related Conditions. Interviewees cited the high rates of obesity and physical inactivity among residents of the South Pointe community as significant health concerns. Long-term obesity and physical inactivity were associated with high rates of chronic diseases including heart disease, hypertension, and diabetes. Many interviewees indicated that several locations in the community contained food deserts, limiting residents' access to healthy foods. It was also perceived that many individuals lacked awareness of the importance of nutrition and exercise, and that preventive services and educational opportunities were needed to help remediate the issue.

Mental Health Conditions and Care. A large majority of those interviewed believed that either mental health conditions or accessing mental health services were a primary concern in the community. Adolescent populations were viewed as particularly susceptible to poor mental health, largely as a product of the high stress and expectations put on them for academic achievement. Mental health services were also seen as disproportionately inaccessible in the community. While all mental health services were considered for improvement, interviewees indicated that adolescent services, long-term institutional care, and diverting at-risk populations from incarceration to treatment were most important

**Infant Mortality.** A majority of interviewees cited the high rate of infant mortality as a serious concern within the community. A lack of access to prenatal health care services and education, especially among low-income and minority populations, contribute to the high mortality rates. Unhealthy lifestyles and poor management of chronic conditions such as diabetes and hypertension among pregnant women were also believed to influence these rates.

**Substance Abuse.** Interviewees indicated that the rapidly increasing abuse of heroin by residents of the community was a top health concern. Abuse was cited as a widespread issue, affecting individuals in every age and socioeconomic class.

**Transportation.** Several interviewees identified a lack of transportation as a serious concern within the county, stating that the issue prevented individuals from accessing important community health resources. Interviewees noted that the transportation issues within the community were particularly problematic for seniors, low-income individuals, and residents with disabilities.

**Social and Economic Issues.** Within the South Pointe community, interviewees noted that several issues disproportionately affected Black residents, including high rates of poverty and unemployment and decreasing property values. Financial challenges were believed to exacerbate mental health issues and severely limit the community's access to quality healthcare services and healthy foods. Interviewees further noted that low-income Black residents had significantly higher rates of heart disease, diabetes, and hypertension.

**Cancer.** Several interviewees identified cancer as a significant health concern within the South Pointe community. High rates of cancer were attributed to the unhealthy lifestyles and eating habits of many residents. Interviewees expressed additional concern for the senior population, as transportation issues increased the difficulty of obtaining care.

**Environmental Issues.** Several interviewees cited environmental issues including lead contamination and air pollution as significant issues in the community. A lack of affordable housing was said to have the greatest impact on low-income minority residents. A number of respondents stated that Cleveland's Housing Inspection Authority was currently not robust enough to address the issue of substandard living conditions.

### **Prioritization Process**

The following section highlights why certain community health needs were determined to be "significant." Needs were determined to be significant if they were identified as problematic by at least two of the following three data sources: (1) the most recently available secondary data regarding the community's health, (2) recent assessments developed by other organizations (e.g., local Health Departments), and (3) the key informants who participated in the interview process.

#### **Access to Affordable Health Care**

Access to basic health care is challenging for some segments of the South Pointe community who are unaware of how to access and use available services and who experience other access barriers including cost and inadequate transportation. The South Pointe community has comparatively unfavorable socioeconomic indicators, particularly in medically underserved areas. The recent election of the new president raises questions regarding whether access improvements associated with the Affordable Care Act will be sustained.

- Federally-designated Medically Underserved Areas (MUAs) and Primary Care Health Professional Shortage Areas (HPSAs) are present in the community served by South Pointe (Exhibits 33 and 34).
- Rates for ambulatory care sensitive conditions within the South Pointe community were significantly higher than the Ohio averages (Exhibits 28 and 29). Disproportionately high rates indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.
- In Community Health Status Indicators (CHSI), Cuyahoga and Summit counties rank poorly compared to peer counties for Older Adult Preventable Hospitalizations (**Exhibit 21**).
- Access to basic medical care was identified by nearly all interviewees as problematic. It
  was often cited that segments of the population rely excessively on emergency
  departments for primary care.

## **Chronic Diseases and Other Health Conditions**

Chronic diseases and health conditions including, in alphabetical order, cancer, chemical dependency, communicable diseases (including sexually transmitted infections), diabetes, heart disease, hypertension, obesity, poor birth outcomes, poor mental health status, and respiratory diseases were identified as prevalent in the South Pointe community.

#### Cancer

- Ohio Department of Health data indicate that the age-adjusted incidence and mortality rates for several types of cancer are higher in Cuyahoga and Summit counties than the Ohio averages (Exhibits 23 and 24).
- Many interviewees identified high cancer rates within the South Pointe community as a significant health concern. Cancer was also identified as a significant concern in many other, recent health assessments.

# • Chemical Dependency

- In County Health Rankings, Cuyahoga County ranked 52<sup>nd</sup> out of 88 Ohio counties for Drug Overdose Deaths and 64<sup>th</sup> for Excessive Drinking (**Exhibit 19**). Both Cuyahoga and Summit counties compared unfavorably to Ohio for the percent of driving deaths with alcohol involvement (**Exhibit 20**).
- According to the 2014 Ohio Department of Health Drug Overdose Report, fentanyl drug seizures in the United States increased by 300 percent between 2013 and 2014. In 2014, fentanyl-related overdoses accounted for 19.9 percent of accidental overdoses, a significant rise from 4.0 percent in 2013. Additionally, the rate of heroin poisoning in Cuyahoga County was significantly higher than the Ohio average.

Abuse of opiates was cited as a significant health concern by many interviewees. More than half of the recent health assessments analyzed in this report identified chemical dependency as a significant health need.

## • Communicable Diseases

- In County Health Rankings, Cuyahoga County ranked 87<sup>th</sup> out of the 88 counties in Ohio for Sexually Transmitted Infections and Summit County ranked 80<sup>th</sup> (Exhibit 19).
- According to the Ohio Department of Health, the age-adjusted mortality rate for HIV in Cuyahoga County was more than twice as high as the state average. Incidence rates for chlamydia, gonorrhea and viral meningitis in Cuyahoga and Summit counties were also significantly higher than the state average (Exhibits 22 and 25).

# • Diabetes, Heart Disease, and Hypertension

- The age-adjusted mortality rate for Heart Disease in Cuyahoga County was significantly higher than the Ohio average (**Exhibit 22**).
- ACSC rates for Congestive Heart Failure, Hypertension, Angina without Procedure, and Uncontrolled Diabetes were all significantly higher than the average ACSC rates in Ohio (Exhibit 29).
- In other, recent assessments, diabetes was the second most frequently identified significant need.

## Obesity

• Federally-designated Food Deserts are present in the community served by South Pointe (Exhibit 32). Lack of access to affordable healthy food options and high concentrations of fast food restaurants, may lead individuals (particularly those in lower socio-economic classes) to consume calorie dense, nutrient poor foods that lead to obesity. Chronic conditions such as hypertension and diabetes are much more prevalent among individuals who are obese.

o Behavioral Risk Factor Surveillance System data show that many of the ZIP codes in the South Pointe community have comparatively high rates for obesity compared to the average of the 21 counties in Northeast Ohio (**Exhibit 27**).

## • Poor Birth Outcomes

- o In Community Health Status Indicators, both Cuyahoga and Summit counties benchmarked unfavorably to peer counties for Preterm Births (Exhibit 21).
- O Data from the Ohio Department of Health indicate that rates of infant mortality, low birth weights, and preterm births in Cuyahoga County have been significantly higher than the Ohio averages. Low birth weights, preterm births and neonatal mortality rates have also been problematic in Summit County (Exhibit 26).
- o ACSC rates for Low Birth Weight were significantly higher than the Ohio average in the South Pointe community (**Exhibit 28**).

## • Poor Mental Health Status

- Cuyahoga County ranked 54<sup>th</sup> out of the 88 counties in Ohio for Frequent Mental Distress in County Health Rankings (Exhibit 19) and Summit County compared unfavorably to peer counties for Older Adult Depression in Community Health Status Indicators (Exhibit 21).
- Many interviewees identified mental illness and a lack of mental health services as a significant concern for all age groups within the area served by South Pointe. Several interviewees cited the connection between poor mental health and negative outcomes for physical health.

# • Respiratory Diseases

- o ACSC rates for Adult Asthma and Chronic Obstructive Pulmonary Disease were significantly higher than the average ACSC rates in Ohio (Exhibit 29).
- o In Community Health Status Indicators, Cuyahoga and Summit counties compared unfavorably to peer counties for Adult Asthma (Exhibit 21).
- Other, recent health assessments identified respiratory diseases as a significant concern in Cuyahoga and Summit counties.

## **Economic Development and Community Conditions**

Several areas within the South Pointe community lack adequate social services and experience high rates of poverty, unemployment, crime and adverse environmental conditions.

- Cuyahoga County has a higher poverty rate than both the Ohio and national averages (Exhibit 12).
  - Poverty rates among Black and Hispanic (or Latino) populations in Cuyahoga County are more than twice as high as the poverty rate of White residents. The poverty rate among Asian populations in Summit County is also comparatively high (Exhibit 12).
  - Federally-designated Low Income Areas are present in the community served by South Pointe (Exhibit 14).
  - In County Health Rankings, Cuyahoga County ranked 79<sup>th</sup> out of the 88 counties in Ohio for Social and Economic Factors, 59<sup>th</sup> for Unemployment, and 78<sup>th</sup> for Inadequate Social Support. Summit County also ranked in the bottom half of

- Ohio counties for Social and Economic Factors and Inadequate Social Support (Exhibit 19).
- O According to the Community Need Index, four out of the 13 ZIP codes in South Pointe's community scored in the "highest need category" (Exhibit 30).
- o A majority of interviewees identified economic and healthcare disparities among minority residents as significant community health issues.
- Crime rates in Cuyahoga and Summit counties have been well above Ohio averages (Exhibit 18) and recent homicide rates have been nearly fifty percent higher than the Ohio average (Exhibit 22).
- In County Health Rankings, Summit County ranked 84<sup>th</sup> out of 88 counties, in Physical Environment, 75<sup>th</sup> in Air Pollution, and 71<sup>st</sup> in Severe Housing Problems. Cuyahoga County ranked 61<sup>st</sup> in Physical Environment, 63<sup>rd</sup> in Air Pollution, and 87<sup>th</sup> in Severe Housing Problems (**Exhibit 19**).
- Other health assessments also identified transportation and environmental concerns as priorities.
- Interviewees identified a lack of transportation options as a significant barrier to good health in the community. This was especially true for low-income, elderly, and disabled residents.

## **Health Professions Education and Research**

There is a need for more research to address these and other community health needs. More trained health professionals are needed locally, regionally and nationally. Research conducted by Cleveland Clinic has improved health for community members through advancements in new clinical techniques, devices and treatment protocols in diseases and health conditions such as cancer, heart disease and diabetes.

- Federally-designated Medically Underserved Areas and Primary Care and Dental Health Professional Shortage Areas are present in the community served by South Pointe (Exhibits 33 and 34).
- A report conducted by the Robert Graham Center indicates that Ohio will need an
  additional 681 primary care physicians by 2030 (an eight percent increase) to maintain
  current levels of primary care access. Physicians nearing retirement age and increases in
  demand associated with increases in insurance coverage are expected to exacerbate this
  need.<sup>6</sup>
- Through research, Cleveland Clinic has advanced knowledge and improved community health for all its communities, from local to national, and across the world. Cleveland Clinic is involved in both basic research and clinical studies and seeks to translate discoveries into advanced treatments and cures for a variety of diseases and conditions. Cleveland Clinic's tripartite mission of patient care, research and education facilitates bringing new therapies and treatments to patients and their providers, because Cleveland Clinic physicians provide quality clinical care closely integrated with the latest research and educational developments. Research is conducted at and in collaboration with all

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<sup>&</sup>lt;sup>6</sup> Petterson, Stephen M; Cai, Angela; Moore, Miranda; Bazemore, Andrew. State-level projections of primary care workforce, 2010-2030. September 2013, Robert Graham Center, Washington, D.C.

Cleveland Clinic hospitals. This allows patients to access the latest techniques and to enroll in research trials no matter where they access care in the health system.

## **Healthcare for the Elderly**

The elderly population in the South Pointe community is expected to increase in the next five years and meeting the health and social service needs of the aging population is a significant issue.

- While the population in South Pointe's community is projected to decrease by 1.1 percent between 2015 and 2020; the number of persons 65 years of age and older in the community is projected to increase by 11.7 percent over this period (**Exhibit 7**).
- In Community Health Status Indicators (CHSI), Cuyahoga and Summit counties rank poorly compared to peer counties for Older Adult Preventable Hospitalizations (**Exhibit 21**).
- Interviewees identified care of the elderly as a challenge in the community, including the need for additional in-home health care, services, and day care services. Concerns were also raised about the lack of providers accepting Medicare and the number of seniors who live alone.

#### Wellness

Programs and activities that target behavioral health change were identified as needed in the South Pointe community. Education and opportunities for residents regarding exercise, nutrition, and smoking cessation specifically were noted.

- Behavioral Risk Factor Surveillance System data show that 8 of the 13 ZIP codes in the South Pointe community have significant percentages of residents who smoke compared to the average percent of the 21 counties in Northeast Ohio (Exhibit 27).
- Federally-designated Food Deserts are present in the community served by South Pointe (Exhibit 32). Lack of access to affordable healthy food options and high concentrations of fast food restaurants may lead individuals (particularly those in lower socio-economic classes) to consume nutrient poor foods.
- The lack of access to healthy food and a lack of nutrition-based education were perceived to be two of the main reasons individuals in the community had poor diets.

# OTHER FACILITIES AND RESOURCES IN THE COMMUNITY

This section identifies other facilities and resources available in the community served by South Pointe that are available to address community health needs.

## **Federally Qualified Health Centers**

Federally Qualified Health Centers (FQHCs) are established to promote access to ambulatory care in areas designated as "medically underserved." These clinics provide primary care, mental health, and dental services for lower-income members of the community. FQHCs receive enhanced reimbursement for Medicaid and Medicare services and most also receive federal grant funds under Section 330 of the Public Health Service Act. There currently are three FQHC sites operating in the South Pointe community (**Exhibit 4**).

**Exhibit 4: Federally Qualified Health Centers** 

Health Center	County	ZIP Code
Carl B. Stokes Social Services Mall	Cuyahoga	44104
Miles Broadway Health Center	Cuyahoga	44105
SouthEast Health Center	Cuyahoga	44105

Source: Health Resources and Services Administration, 2016.

## **Hospitals**

**Exhibit 5** presents information on hospital facilities that operate in the community.

**Exhibit 5: Hospitals** 

Hospital Name	Туре	Beds	ZIP Code	County
Cleveland Clinic Children's Hospital for Rehabilitation	Children's Rehabilitation	52	44104	Cuyahoga
Highland Springs Hospital	Psychiatric	72	44122	Cuyahoga
Kindred Hospital- Cleveland	Long-Term Acute Care	68	44120	Cuyahoga
Marymount Hospital	General Hospital	315	44125	Cuyahoga
Regency North Central Ohio- Cleveland East	Long-Term Acute Care	44	44128	Cuyahoga
South Pointe Hospital	General Hospital	173	44122	Cuyahoga
University Hospitals Ahuja Medical Center	General Hospital	144	44122	Cuyahoga
University Hospitals Bedford Medical Center Campus	General Hospital	110	44146	Cuyahoga
University Hospitals Rehabilitation Hospital	Rehabilitation	50	44122	Cuyahoga

Source: Ohio Hospital Association, 2016.

## **Other Community Resources**

A wide range of agencies, coalitions, and organizations that provide health and social services is available in the region served by South Pointe. United Way 2-1-1 Ohio maintains a large, online database to help refer individuals in need to health and human services in Ohio. This is a service of the Ohio Department of Social Services and is provided in partnership with the Council of

## OTHER FACILITIES AND RESOURCES IN THE COMMUNITY

Community Services, The Planning Council, and United Way chapters in Cleveland. United Way 2-1-1 Ohio contains information on organizations and resources in the following categories:

- Donations and Volunteering
- Education, Recreation, and the Arts
- Employment and Income Support
- Family Support and Parenting
- Food, Clothing, and Household Items
- Health Care
- Housing and Utilities
- Legal Services and Financial Management
- Mental Health and Counseling
- Municipal and Community Services
- Substance Abuse and Other Addictions

Additional information about these resources is available at: http://www.211oh.org/.

# APPENDIX A – CONSULTANT QUALIFICATIONS

# **APPENDIX A - CONSULTANT QUALIFICATIONS**

Verité Healthcare Consulting, LLC (Verité) was founded in May 2006 and is located in Alexandria, Virginia. The firm serves clients throughout the United States as a resource that helps health care providers conduct Community Health Needs Assessments and develop Implementation Strategies to address significant health needs. Verité has conducted more than 50 needs assessments for hospitals, health systems, and community partnerships nationally since 2010.

The firm also helps hospitals, hospital associations, and policy makers with community benefit reporting, program infrastructure, compliance, and community benefit-related policy and guidelines development. Verité is a recognized national thought leader in community benefit and Community Health Needs Assessments.

This section presents an assessment of secondary data regarding health needs in the South Pointe community.

# **Community Assessed**

As mentioned previously and shown in **Exhibit 1**, South Pointe's community is comprised of 13 ZIP codes in Cuyahoga and Summit counties in Ohio.

# **Demographics**

Population characteristics and changes directly influence community health needs. The total population in the South Pointe community is expected to decrease 1.1 percent from 2015 to 2020 (**Exhibit 6**).

**Exhibit 6: Percent Change in Community Population by ZIP Code** 

County	City	ZIP Code	Estimated Population 2015	Projected Population 2020	Percent Change 2015- 2020
Cuyahoga	Beachwood	44122	33,661	33,514	-0.4%
Cuyahoga	Bedford	44146	29,602	29,483	-0.4%
Cuyahoga	Cleveland	44104	22,327	22,180	-0.7%
Cuyahoga	Cleveland	44105	37,633	35,694	-5.2%
Cuyahoga	Cleveland	44118	39,612	38,891	-1.8%
Cuyahoga	Cleveland	44120	35,932	34,539	-3.9%
Cuyahoga	Cleveland	44125	27,551	26,881	-2.4%
Cuyahoga	Cleveland	44128	28,303	27,539	-2.7%
Cuyahoga	Maple Heights	44137	22,566	22,236	-1.5%
Cuyahoga	Solon	44139	24,770	25,234	1.9%
Summit	Macedonia	44056	11,970	12,403	3.6%
Summit	Northfield	44067	20,775	21,266	2.4%
Summit	Twinsburg	44087	21,583	22,405	3.8%
Community To	tal		356,285	352,265	-1.1%

Source: Truven Market Expert, 2015.

Between 2015 and 2020, 9 of the 13 ZIP codes in the community are projected to decrease in population size. The populations in Cleveland ZIP codes 44105 and 44120 are expected to decrease the most.

**Exhibit 7** shows the community's population for certain age and sex cohorts in 2015, with projections to 2020.

Exhibit 7: Percent Change in Population by Age/Sex Cohort, 2015-2020

Age/Sex Cohort	Estimated Population 2015	Projected Population 2020	Percent Change 2015-2020
0-17	82,527	78,021	-5.5%
Female 18-44	60,175	59,015	-1.9%
Male 18-44	54,212	55,067	1.6%
45-64	99,059	92,772	-6.3%
65+	60,312	67,390	11.7%
Community Total	356,285	352,265	-1.1%

Source: Truven Market Expert, 2015.

The number of persons aged 65 years and older is projected to increase by 11.7 percent between 2015 and 2020. The 0-17, female 18-44, and 45-64 age groups are expected to decrease in population. The growth of older populations is likely to lead to growing need for health services, since on an overall per-capita basis, older individuals typically need and use more services than younger persons.

**Exhibit 8** illustrates the percent of the population 65 years of age and older in the community by ZIP code.

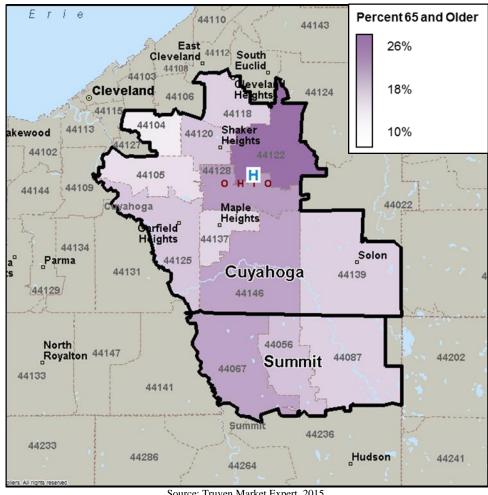


Exhibit 8: Percent of Population Aged 65+ by ZIP Code, 2015

Source: Truven Market Expert, 2015.

In the community, ZIP codes 44122, 44128, 44146, and 44067 had the highest proportions of residents 65 years of age and older.

Exhibits 9 and 10 show locations in the community where the percentages of the population that are Black and Hispanic (or Latino) were highest in 2015.

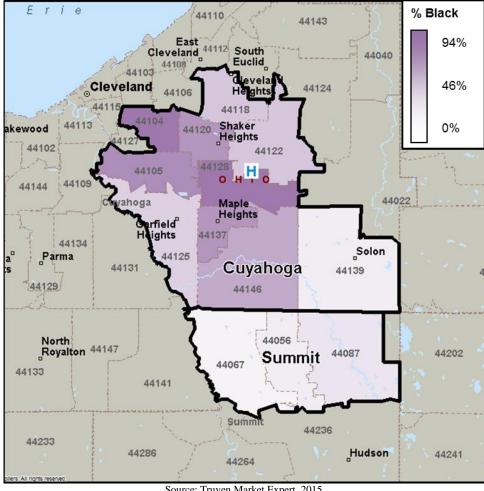


Exhibit 9: Percent of Population - Black, 2015

Source: Truven Market Expert, 2015.

Over seventy percent of residents of ZIP codes 44104, 44128, 44105, 44120, and 44137 were Black. Fewer than ten percent of residents were Black in ZIP code 44067.

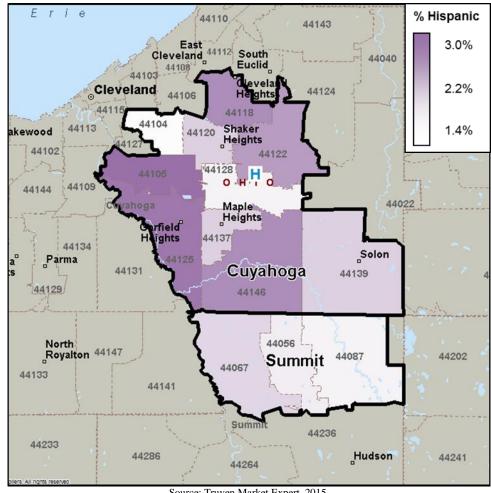


Exhibit 10: Percent of Population – Hispanic (or Latino), 2015

Source: Truven Market Expert, 2015.

The percentage of residents that are Hispanic (or Latino) was highest in ZIP codes 44105 and 44125.

Data regarding residents without a high school diploma, with a disability, and who are linguistically isolated are presented in **Exhibit 11** for Cuyahoga and Summit counties, Ohio, and the United States.

Exhibit 11: Other Socioeconomic Indicators, 2014

Measure	Cuyahoga County	Summit County	Ohio	United States
Population 25+ without High School Diploma	12.1%	9.3%	11.2%	13.6%
Population with a Disability	14.3%	12.5%	13.5%	12.3%
Population Linguistically Isolated	4.1%	2.1%	2.4%	8.6%

Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

#### **Exhibit 11** indicates that:

- Cuyahoga County had a higher percentage of residents aged 25 years and older without a high school diploma than the Ohio average.
- Cuyahoga County had a higher percentage of the population with a disability compared to Ohio and United States averages.
- Compared to Ohio, Cuyahoga County had a higher proportion of the population that is linguistically isolated. Linguistic isolation is defined as residents who speak a language other than English and speak English less than "very well."

## **Economic indicators**

The following categories of economic indicators with implications for health were assessed: (1) people in poverty; (2) unemployment rate; (3) insurance status; and (4) crime.

## **People in Poverty**

Many health needs have been associated with poverty. According to the U.S. Census, in 2014 approximately 15.9 percent of people in Ohio were living in poverty. Cuyahoga County's poverty rate was higher than Ohio's poverty rate during that year (**Exhibit 12**).

20.0% 18.5% 18.0% 15.9% 15.6% 16.0% 14.7% 14.0% 12.0% 10.0% 8.0% 6.0% 4.0% 2.0% 0.0% Cuyahoga County Summit County Ohio **United States** 

Exhibit 12: Percent of People in Poverty, 2014

Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

Considerable variation in poverty rates is present across racial and ethnic categories, in Cuyahoga County, Summit County and Ohio (**Exhibit 13**).

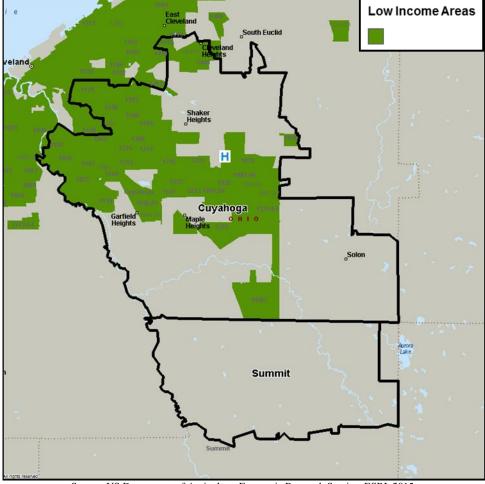
40.0% 34.2% 33.6% 35.0% 31.8% 31.5% 29.0% 30.0% 27.3% 24.8% 25.0% 21.3% 18.9% 20.0% 15.0% 12.9% 12.7% 12.8% 12.8% 12.3% 11.2% 11.0% 10.0% 5.0% 0.0% White Black Asian Hispanic ■ Cuyahoga County ■ Summit County ■ Ohio United States

Exhibit 13: Poverty Rates by Race and Ethnicity, 2014

Source: U.S. Census, ACS 5-Year Estimates, 2010-2014.

Poverty rates in Cuyahoga and Summit counties and Ohio have been comparatively high for Black residents. The poverty rates for Hispanic (or Latino) residents of Cuyahoga County and Asian residents of Summit County have exceeded the Ohio average.

**Exhibit 14** portrays (in green shading) the locations of low income census tracts in the community. The U.S. Department of Agriculture defines "low income census tracts" as areas where poverty rates are 20 percent or higher or where median family incomes are 80 percent or lower than within the metropolitan area.



**Exhibit 14: Low Income Census Tracts** 

Source: US Department of Agriculture Economic Research Service, ESRI, 2015.

Low income census tracts have been prevalent in South Pointe's community, particularly in Cuyahoga County.

# **Eligibility for the National School Lunch Program**

Schools participating in the National School Lunch Program are eligible to receive financial assistance from the United States Department of Agriculture (USDA) to provide free or reduced-price meals to low-income students. Schools with 40 percent or more of their student body receiving this assistance are eligible for school-wide Title I funding, designed to ensure that students meet grade-level proficiency standards.

**Exhibit 15** illustrates the locations of the schools with at least 40 percent of the students eligible for free or reduced price lunch.

r i e % Free/Reduced Lunch East Cleveland 44112 South Euclid 80 to 100% 44114 60 to 79% Cleveland 44124 40 to 59% 44113 44122 Н 90 44128 Cuyajoga Solon Cuyahoga 44139 44134 44131 North Royalton 44147 Summit 44087 44067 44141 33 44236 44286

Exhibit 15: Public Schools with over 40 Percent of Students Eligible for Free or Reduced-Price Lunches, School Year 2014-2015

Source: Ohio Department of Education, 2014.

There are 34 schools within the South Pointe community where at least 40 percent of students are eligible for free or reduced price lunches.

## Unemployment

Unemployment is problematic because many residents receive health insurance coverage through their (or a family member's) employer. If unemployment rises, access to employer based health insurance can decrease. Exhibit 16 shows unemployment rates for 2010 through 2015 for Cuyahoga and Summit counties, with Ohio and national rates for comparison.

12.0% 10.6% 10.0% 8.8% 8.9% 8.5% 8.1% 8.0% 7.6% 7.5% 7.4% 7.6% 7.4% 7.4% 6.4% 6.2% 6.0% 5.5% 5.3% 4.0% 2.0% 0.0% 2010 2011 2012 2013 2014 2015 ■ Cuyahoga County ■ Summit County ■ Ohio United States

Exhibit 16: Unemployment Rates, 2010-2015

Source: Bureau of Labor Statistics, 2010-2014.

Between 2010 and 2015, unemployment rates at the local (Cuyahoga and Summit counties), state, and national level decreased significantly. In 2015, the unemployment rate in Cuyahoga County was higher than both the state and national rates.

## **Insurance Status**

**Exhibit 17** presents the estimated percent of populations in the Cuyahoga and Summit counties without health insurance (uninsured), by ZIP code.

Exhibit 17: Percent of the Population without Health Insurance, 2015-2020

County	City	ZIP Code	Households	Total Population 2015	% Uninsured 2015	Total Population 2020	% Uninsured 2020
Cuyahoga	Beachwood	44122	14,238	33,661	5.0%	33,514	3.5%
Cuyahoga	Bedford	44146	13,930	29,602	6.4%	29,483	4.3%
Cuyahoga	Cleveland	44104	9,047	22,327	14.6%	22,180	10.1%
Cuyahoga	Cleveland	44105	15,248	37,633	10.9%	35,694	7.4%
Cuyahoga	Cleveland	44118	16,085	39,612	6.6%	38,891	4.5%
Cuyahoga	Cleveland	44120	16,405	35,932	10.3%	34,539	7.0%
Cuyahoga	Cleveland	44125	11,231	27,551	6.6%	26,881	4.5%
Cuyahoga	Cleveland	44128	12,517	28,303	8.3%	27,539	5.7%
Cuyahoga	Maple Heights	44137	9,502	22,566	7.1%	22,236	4.9%
Cuyahoga	Solon	44139	8,934	24,770	2.5%	25,234	1.9%
Summit	Macedonia	44056	4,566	11,970	2.6%	12,403	1.9%
Summit	Northfield	44067	8,657	20,775	3.2%	21,266	2.2%
Summit	Twinsburg	44087	8,338	21,583	2.8%	22,405	2.0%

Source: Truven Market Expert, 2015.

In 2015, three out of the 13 ZIP codes in the South Pointe community had uninsured rates above ten percent. By 2020, it is projected that only one of the 13 ZIP codes in the community will have uninsured rates above ten percent, ZIP code 44104.

## **Ohio Medicaid Expansion**

Subsequent to the ACA's passage, a June 2012 Supreme Court ruling provided states with discretion regarding whether or not to expand Medicaid eligibility. Ohio was one of the states that expanded Medicaid. Medicaid expansion accounted for over 76 percent of Ohio's ACA enrollment and plans purchased through the federal healthcare.gov exchange accounted for about 24 percent.<sup>7</sup>

In Ohio, Medicaid primarily is available for low-income individuals, pregnant women, children, low-income elderly persons, and individuals with disabilities. With a network of more than 83,000 providers, the Ohio Department of Medicaid covers over 2.9 million Ohio residents. Across the United States, uninsured rates have fallen most in states that decided to expand Medicaid. Medicaid.

The recent election of the new president raises questions regarding whether access improvements associated with the Affordable Care Act will be sustained.

<sup>&</sup>lt;sup>7</sup> http://watchdog.org/237980/75percent-ohio-obamacare/

 $<sup>^{8}\</sup> http://medicaid.ohio.gov/FOROHIOANS/WhoQualifies.aspx$ 

<sup>&</sup>lt;sup>9</sup> See: http://hrms.urban.org/briefs/Increase-in-Medicaid-under-the-ACA-reduces-uninsurance.html

#### Crime

**Exhibit 18** provides certain crime statistics for Cuyahoga and Summit counties and Ohio.

Exhibit 18: Crime Rates by Type and County, Per 100,000, 2014 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Crime	Cuyahoga County	Summit County	Ohio
Violent Crime	613.3	377.7	278.4
Property Crime	3,141.8	3,246.1	2,880.8
Murder	6.4	6.6	4.4
Rape	48.8	47.8	36.2
Robbery	362.1	124.0	129.2
Aggravated Assault	196.1	199.3	126.1
Burglary	966.2	845.2	786.5
Larceny	1,720.5	2,239.1	1,921.8
Motor Vehicle Theft	455.1	161.7	172.5
Arson	32.5	24.1	21.1

Source: FBI, 2014.

2014 crime rates in Cuyahoga County were well above the Ohio average for all crimes except larceny. Crime rates in Summit County were also above the Ohio average for all crimes except robbery and motor vehicle theft.

## **Local Health Status and Access Indicators**

This section assesses health status and access indicators for the South Pointe community. Data sources include: (1) County Health Rankings, (2) the Centers for Disease Control's (CDC) Community Health Status Indicators, (3) the Ohio Department of Health, and (4) the CDC's Behavioral Risk Factor Surveillance System.

Throughout this section, data and cells are highlighted if indicators are unfavorable – because they exceed benchmarks (typically, Ohio averages). Where confidence interval data are available, cells are highlighted only if variances are unfavorable and statistically significant.

# **County Health Rankings**

County Health Rankings, a University of Wisconsin Population Health Institute initiative funded by the Robert Wood Johnson Foundation, incorporates a variety of health status indicators into a system that ranks each county/city within each state in terms of "health factors" and "health outcomes." These health factors and outcomes are composite measures based on several

variables grouped into the following categories: health behaviors, clinical care, <sup>10</sup> social and economic factors, and physical environment. <sup>11</sup> *County Health Rankings* is updated annually. *County Health Rankings* 2016 relies on data from 2006 to 2015, with most data from 2010 to 2013.

**Exhibit 19** presents 2013 and 2016 rankings for each available indicator category. Rankings indicate how the county ranked in relation to all 88 counties in the Ohio, with 1 indicating the most favorable rankings and 88 the least favorable. The table also indicates if rankings fell between 2013 and 2016.

<sup>&</sup>lt;sup>10</sup> A composite measure of Access to Care, which examines the percent of the population without health insurance and ratio of population to primary care physicians, and Quality of Care, which examines the hospitalization rate for ambulatory care sensitive conditions, whether diabetic Medicare patients are receiving HbA1C screening, and percent of chronically ill Medicare enrollees in hospice care in the last 8 months of life.

<sup>&</sup>lt;sup>11</sup>A composite measure that examines Environmental Quality, which measures the number of air pollution-particulate matter days and air pollution-ozone days, and Built Environment, which measures access to healthy foods and recreational facilities and the percent of restaurants that are fast food.

Exhibit 19: County Health Rankings, 2013 and 2016 (Light grey shading indicates indicator in bottom half of Ohio counties; Dark grey shading indicates in bottom quartile of Ohio counties)

	Cuya	ahoga Co	unty	Summit County		
	2013	2016	Rank Change	2013	2016	Rank Change
Health Outcomes	67	64		41	52	$\downarrow$
Health Factors	45	53	$\downarrow$	29	46	$\downarrow$
Length of Life	58	54		44	40	
Quality of Life	76	73		47	60	$\downarrow$
Frequent Physical Distress	N/A	63		N/A	44	
Frequent Mental Distress	N/A	54		N/A	31	
Drug Overdose Deaths	N/A	52		N/A	44	
Health Behaviors	15	39	$\downarrow$	13	40	$\downarrow$
Adult Smoking	16	18	$\downarrow$	19	49	$\downarrow$
Adult Obesity	7	9	$\downarrow$	11	16	$\downarrow$
Excessive Drinking	51	64	$\downarrow$	52	18	
Sexually Transmitted Infections	55	87	$\downarrow$	28	80	$\downarrow$
Teen Births	3	51	$\downarrow$	22	24	$\downarrow$
Clinical Care	7	5		13	22	$\downarrow$
Primary Care Physicians	1	2	$\downarrow$	6	6	
Dentists	56	1		10	13	$\downarrow$
Mental Health Providers	3	1		5	11	$\downarrow$
Preventable Hospital Stays	36	34		39	42	$\downarrow$
Diabetic Screening	69	62		52	67	$\downarrow$
Social & Economic Factors	76	79	$\downarrow$	47	48	$\downarrow$
Some College	10	9		55	12	
Unemployment	15	59	$\downarrow$	8	44	$\downarrow$
Inadequate Social Support	39	78	$\downarrow$	52	60	$\downarrow$
Injury Deaths	1	30	$\downarrow$	5	29	$\downarrow$
Physical Environment	36	61	$\downarrow$	78	84	$\downarrow$
Air Pollution	66	63		79	75	
Severe Housing Problems	N/A	87		N/A	71	

Source: County Health Rankings, 2016.

In 2016, Cuyahoga County ranked in the bottom 50<sup>th</sup> percentile among Ohio counties for 17 of the 27 indicators assessed. Of those 17 indicators ranking in the bottom 50<sup>th</sup> percentile, five of them ranked in the bottom quartile, including Quality of Life, Sexually Transmitted Infections, Social and Economic Factors, Inadequate Social Support, and Severe Housing Problems. Between 2013 and 2016, rankings for 13 indictors fell in Cuyahoga County. Summit County ranked in the bottom 50<sup>th</sup> percentile among Ohio counties for 11 of the 27 indicators assessed. Of those 11 indicators ranking in the bottom 50<sup>th</sup> percentile, five of them ranked in the bottom quartile, including Sexually Transmitted Infections, Diabetic Screening, Physical Environment, Air Pollution, Severe Housing Problems, Alcohol Impaired Deaths, and High School Graduation Rate. Between 2013 and 2016, rankings for 18 indicators fell in Summit County.

Exhibit 20 provides				egories in	the C	ounty
Health Rankings. 12	The exhibit also	includes nation	al averages.			

 $<sup>^{12}\</sup> County\ Health\ Rankings\ provides\ details\ about\ what\ each\ indicator\ measures,\ how\ it\ is\ defined,\ and\ data\ sources\ at\ http://www.countyhealthrankings.org/sites/default/files/resources/2013Measures_datasources_years.pdf$ 

Exhibit 20: County Health Rankings Data Compared to Ohio and U.S. Averages, 2016 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Indicator Category	Data	Cuyahoga County	Summit County	Ohio	U.S.
	Health Outcomes				
Length of Life	Years of potential life lost before age 75 per 100,000 population	7,907.7	7,252.8	7,533.6	7,700.0
	Percent of adults reporting fair or poor health	16.5	16.5	16.0	16.0
Overline of Life	Average number of physically unhealthy days reported in past 30 days	3.9	3.8	3.8	3.7
Quality of Life	Average number of mentally unhealthy days reported in past 30 days	4.0	4.0	4.0	3.7
	Percent of live births with low birthweight (<2500 grams)	10.5	9.0	8.6	8.0
	Health Factors		<u>.</u>		
Health Behaviors					
Adult Smoking	Percent of adults that report smoking >= 100 cigarettes and currently smoking	18.3	20.1	19.2	18.0
Adult Obesity	Percent of adults that report a BMI >= 30	28.6	29.2	30.5	31.0
Food Environment Index	Index of factors that contribute to a healthy food environment, 0 (worst) to 10 (best)	6.6	6.6	6.9	7.2
Physical Inactivity	Percent of adults aged 20 and over reporting no leisure-time physical activity	25.6	24.0	26.3	28.0
Access to Exercise Opportunities	Percent of population with adequate access to locations for physical activity	95.6	95.7	83.2	62.0
Alcohol Impaired Driving Deaths	Percent of driving deaths with alcohol involvement	45.3	53.5	35.3	30.0
Excessive Drinking	Binge plus heavy drinking	18.2	16.3	17.9	17.0
STDs	Chlamydia rate per 100,000 population	792.4	441.2	460.2	287.7
Teen Births	Teen birth rate per 1,000 female population, ages 15-19	37.7	31.3	34.4	40.0
Clinical Care					
Uninsured	Percent of population under age 65 without health insurance	13.3	12.6	13.0	17.0
Primary Care Physicians	Ratio of population to primary care physicians	879:1	1002:1	1296:1	1990:1
Dentists	Ratio of population to dentists	1028:1	1715:1	1713:1	2590:1
Mental Health Providers	Ratio of population to mental health providers	402:1	529:1	642:1	1060:1
Preventable Hospital Stays	Hospitalization rate for ambulatory-care sensitive conditions per 1,000 Medicare enrollees		67.1	64.9	60.0
Diabetic Screening	Percent of diabetic Medicare enrollees that receive HbA1c monitoring	83.9	83.3	84.9	85.0
Mammography Screening	Percent of female Medicare enrollees, ages 67-69, that receive mammography screening	65.0	59.0	60.0	61.0

Source: County Health Rankings, 2016.

Exhibit 20: County Health Rankings Data Compared to Ohio and U.S. Averages, 2016 (continued) (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Indicator Category	Data	Cuyahoga County	Summit County	Ohio	U.S.			
	Health Factors							
Social & Economic Factors								
High School Graduation	Percent of ninth-grade cohort that graduates in four years	75.8	83.9	82.7	86.0			
Some College	Percent of adults aged 25-44 years with some post-secondary education	68.4	67.1	63.4	56.0			
Unemployment	Percent of population age 16+ unemployed but seeking work	6.4	5.8	5.7	6.0			
Children in poverty	Percent of children under age 18 in poverty	30.0	20.3	22.7	23.0			
Income Inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	5.6	4.8	4.8	4.4			
Children in single-parent households	Percent of children that live in a household headed by single parent	44.9	36.2	35.4	32.0			
Social Associations	Number of associations per 10,000 population	9.2	11.4	11.4	13.0			
Violent Crime	Number of reported violent crime offenses per 100,000 population	559.8	405.5	307.2	199.0			
Injury Deaths	Injury mortality per 100,000	59.1	58.5	62.7	74.0			
Physical Environment								
Air Pollution	The average daily measure of fine particulate matter in micrograms per cubic meter (PM2.5) in a county	13.6	13.8	13.5	11.9			
Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, or lack of kitchen or plumbing facilities	18.9	15.5	15.2	14.0			
Drive Alone to Work	Percent of the workforce that drives alone to work	80.1	87.1	83.5	80.0			
Long Commute- Drive Alone	Among workers who commute in their car alone, the percent that commute more than 30 minutes	31.9	27.2	29.4	29.0			

Source: County Health Rankings, 2016

## **Exhibit 20** highlights the following comparatively unfavorable indicators:

- Years of potential life lost
- Percent of adults reporting fair or poor health
- Average number of physically unhealthy days
- Percent of live births with low birth weight
- Percent of adults that report smoking
- Percent of driving deaths with alcohol involvement
- Binge and heavy drinking
- Chlamydia rate
- Teen birth rate
- Percent of the population without health insurance
- Hospitalization rate for ambulatory care sensitive conditions
- Percent of the population unemployed
- Percent of children in poverty
- Income inequality rate
- Percent of children living in a household headed by a single parent
- Social associations rate
- Violent crime rate
- Air pollution
- Percent of households with severe housing problems
- Percent of the workforce that drives to work alone
- Percent of workers with a long commute who drive alone

## **Community Health Status Indicators**

The Centers for Disease Control and Prevention's *Community Health Status Indicators* provide health profiles for all 3,143 counties in the United States. Counties are assessed using 44 metrics associated with health outcomes including health care access and quality, health behaviors, social factors, and the physical environment.

The *Community Health Status Indicators* allows for a comparison of a given county to other "peer counties." Peer counties are assigned based on 19 variables including population size, population growth, population density, household income, unemployment, percent children, percent elderly, and poverty rates.

**Exhibit 21** compares Cuyahoga and Summit counties to their respective peer counties and cities and highlights community health issues found to rank in the bottom quartile of the counties included in the analysis.

Exhibit 21: Community Health Status Indicators, 2015 (Shading indicates indicator in bottom quartile compared to peer counties)

Category	Indicator	Cuyahoga County	Summit County
	Alzheimer's Disease Deaths		
	Cancer Deaths		
	Chronic Kidney Disease Deaths		
	Chronic Lower Respiratory Disease (CLRD) Deaths		
	Coronary Heart Disease Deaths		
Mortality	Diabetes Deaths		
	Female Life Expectancy		
	Male Life Expectancy		
	Motor Vehicle Deaths		
	Stroke Deaths		
	Unintentional Injury (including motor vehicle)		
	Adult Diabetes		
	Adult Obesity		
	Adult Overall Health Status		
	Alzheimer's Disease/Dementia		
	Cancer		
Morbidity	Gonorrhea		
	HIV		
	Older Adult Asthma		
	Older Adult Depression		
	Preterm Births		
	Syphilis		
	Cost Barrier to Care		
Health Care Access	Older Adult Preventable Hospitalizations		
and Quality	Primary Care Provider Access		
	Uninsured		
	Adult Binge Drinking		
	Adult Female Routine Pap Tests		
Health Behaviors	Adult Physical Inactivity		
	Adult Smoking		
	Teen Births		
	Children in Single-Parent Households		
	High Housing Costs		
	Inadequate Social Support		
Social Factors	On Time High School Graduation		
	Poverty		
	Unemployment		
	Violent Crime		
	Access to Parks		
	Annual Average PM2.5 Concentration		
Physical	Drinking Water Violations		
Environment	Housing Stress		
	Limited Access to Healthy Food		
	Living Near Highways		
	, ,		

Source: Community Health Status Indicators, 2015.

The CHSI data indicate that cancer and coronary heart disease mortality and morbidity rates associated with Alzheimer's disease, gonorrhea, adult asthma, older adult depression and preterm births are comparatively high, as are older adult preventable hospitalizations. Indicators for adult binge drinking, children in single-parent households, annual average particulate matter concentration and living near highways also benchmark unfavorably.

## **Ohio Department of Health**

The Ohio Department of Health maintains a data warehouse that includes county-level indicators regarding mortality rates (Exhibits 22 and 23), cancer incidence (Exhibit 24), communicable disease incidence (Exhibit 25), and maternal and child health indicators (Exhibit 26).

**Exhibit 22** provides age-adjusted mortality rates for selected causes of death in 2012.

Exhibit 22: Selected Causes of Death, Age-Adjusted Rates per 100,000 Population, 2012 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio	Healthy People 2020
Heart Disease	213.9	178.4	191.4	-
Diabetes	23.3	24.5	26.1	-
Influenza and Pneomonia	12.0	19.0	15.4	-
Suicide	9.9	11.6	12.0	10.2
Motor Vehicle Collisions	3.4	5.2	9.0	12.4
Homicide	9.2	5.7	5.4	-
Motor Vehicle Collisions (Alcohol)	1.4	2.2	3.8	-
Aortic Aneurysm	3.8	3.8	3.7	-
HIV	2.7	1.3	1.3	-
Pedestrians Killed in Traffic Collisions	0.6	0.9	0.5	1.4

Source: Ohio Department of Health, 2012.

In Cuyahoga County, age-adjusted mortality rates for heart disease, homicide, aortic aneurysm, HIV, and pedestrians killed in traffic collisions were all higher than the Ohio averages. In Summit County, age-adjusted mortality rates for influenza and pneumonia, homicide, aortic aneurysm, and pedestrians killed in traffic collisions were also higher than the Ohio averages.

Exhibit 23: Age-Adjusted Cancer Mortality Rates per 100,000 Population, 2013 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Cancer Site/Type	Cuyahoga County	Summit County	Ohio Rate	U.S. Rate
All Sites/Types	189.9	182.0	186.6	171.2
Lung and Bronchus	52.3	54.5	55.3	47.2
Breast (Female)	24.9	24.3	23.6	21.9
Prostate	27.4	23.4	22.0	21.4
Colon and Rectum	15.6	16.6	17.0	15.5
Pancreas	12.8	11.1	11.5	10.9
Ovary	7.4	7.0	7.9	7.7
Leukemia	7.0	7.1	7.3	7.0
Non-Hodgkin Lymphoma	6.4	6.7	6.9	6.2
Liver and Intrahepatic Bile Duct	6.4	4.9	5.3	6.0
Bladder	5.0	4.8	5.0	4.4
Esophagus	4.9	4.6	5.0	4.2
Uterus	6.5	4.4	4.9	4.4
Brain and Other CNS	4.0	5.0	4.5	4.3
Kidney and Renal Pelvis	4.1	3.2	4.3	3.9
Multiple Myeloma	3.7	3.5	3.5	3.3
Melanoma of Skin	2.1	3.0	3.0	2.7
Stomach	4.4	3.5	2.9	3.4
Cervix	3.0	1.9	2.6	2.3
Oral Cavity and Pharynx	3.1	2.8	2.5	2.5
Larynx	1.5	1.2	1.3	1.1
Thyroid	0.5	0.5	0.5	0.5
Hodgkin Lymphoma	0.4	0.3	0.4	0.4
Testis	0.4	-	0.3	0.3

Source: Ohio Department of Health, 2013.

Age-adjusted cancer mortality rates in Cuyahoga County were significantly higher than the Ohio averages for stomach cancer. Cancer mortality rates for breast, prostate, pancreas, uterus, liver and intrahepatic bile duct, multiple myeloma, oral cavity and pharynx, cervix, larynx, and testis cancer. In Summit County, age-adjusted cancer mortality rates were higher than the Ohio averages for breast, prostate, brain and other CNS, stomach, and oral cavity and pharynx cancer.

**Exhibit 24** presents age-adjusted cancer incidence rates in the community.

Exhibit 24: Age-Adjusted Cancer Incidence Rates per 100,000 Population, 2008-2012 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Site/Type	Cuyahoga County	Summit County	Ohio
Total	477.9	440.8	452.5
Prostate	116.3	96.2	101.7
Breast	71.4	64.5	67.6
Lung and Bronchus	64.3	61.9	67.4
Colon and Rectum	41.0	33.6	40.6
Other Sites/Types	37.9	39.2	35.8
Uterus	35.4	28.6	28.8
Bladder	19.9	20.5	22.1
Melanoma of Skin	17.0	22.5	19.5
Non-Hodgkins Lymphoma	21.0	21.1	18.6
Kidney and Renal Pelvis	19.0	14.9	16.9
Thyroid	15.9	14.1	15.2
Pancreas	12.9	13.6	12.3
Leukemia	14.4	11.6	11.9
Oral Cavity and Pharynx	11.2	11.0	11.7
Ovary	14.5	10.3	11.3
Brain and Other CNS	7.7	7.5	7.4
Cervix	7.4	10.5	7.4
Stomach	8.4	6.6	6.8
Liver and Intrahepatic Bile Duct	8.3	6.2	6.6
Multiple Myeloma	8.3	6.2	5.9
Testis	6.3	7.0	5.2
Esophagus	5.8	5.1	5.0
Larynx	4.8	4.7	4.3
Hodgkins Lymphoma	3.1	2.3	2.6

Source: Ohio Department of Health, 2012.

The incidence rates for prostate, breast, colon and rectum, uterus, Non-Hodgkin's Lymphoma, kidney and renal pelvis, thyroid, pancreas, leukemia, ovary, brain and other CNS, stomach, liver and intrahepatic bile duct, multiple myeloma, testis, esophagus, larynx, and Hodgkin's Lymphoma in Cuyahoga County were higher than the Ohio averages. In Summit County, ageadjusted cancer incidence rates for melanoma of the skin, non-Hodgkin's lymphoma, pancreas, brain and other CNS, cervix, multiple myeloma, testis, esophagus, and larynx cancer were higher than the Ohio averages.

Exhibit 25: Communicable Disease Incidence Rates per 100,000 Population, 2012 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio
Chlamydia	801.1	488.4	462.0
HIV	295.8	130.2	154.3
Gonorrhea	290.3	173.3	143.5
Syphilis	9.8	4.8	9.9
Varicella	4.3	2.4	7.0
Viral Meningitis	7.2	10.5	6.1
Hepatitis A, B, and C	0.8	2.0	1.9

Source: Ohio Department of Health, 2012.

Cuyahoga County has had comparatively high incidence rates of chlamydia, HIV, gonorrhea, and viral meningitis. Summit County also had comparatively high incidence rates of chlamydia, gonorrhea, viral meningitis, and hepatitis A, B, and C.

Exhibit 26: Maternal and Child Health Indicators, 2012 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

Measure	Cuyahoga County	Summit County	Ohio	Healthy People 2020
Mortality Rate per 1,000 Live Births		·		
Infant	9.4	7.7	7.7	N/A
Neonatal	6.5	5.4	5.2	N/A
Post-Neonatal	2.9	2.3	2.5	N/A
% Deliveries		•		•
Low Birth Weight	10.5	9.0	8.6	7.8
Very Low Birth Weight	2.3	1.8	1.6	1.4
% Preterm Births	•	•		•
< 32 weeks of gestation	3.1	2.4	2.3	1.8
32-33 weeks of gestation	2.0	1.9	1.6	1.4
34-36 weeks of gestation	9.3	9.3	8.6	8.1
< 37 weeks of gestation	14.4	13.6	12.6	11.4
% Births to				
Unmarried Women 18-54 Years Old	49.1	40.9	41.3	N/A
Women 40-54 Years Old	2.7	2.4	2.1	N/A
Women <18 Years Old	3.7	2.9	3.0	N/A
Teenage Pregnancies per 1,000 Births				
Births to Females 15-19 Years Old	39.3	32.9	36.0	N/A

Source: Ohio Department of Health, 2012.

**Exhibit 26** indicates that infant mortality rates, low birth weights, and preterm births are comparatively problematic in Cuyahoga and Summit counties.

## **Behavioral Risk Factor Surveillance System**

The Centers for Disease Control and Prevention's (CDC) Behavioral Risk Factor Surveillance System (BRFSS) gathers data through a telephone survey regarding health risk behaviors, healthcare access, and preventive health measures. Data are collected for the entire United States Analysis of BRFSS data can identify localized health issues, trends, and health disparities, and can enable county, state, or nation-wide comparisons.

BRFSS data were assessed for each ZIP code in the South Pointe community and compared to the averages for the 21 counties in Northeast Ohio. 13

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<sup>&</sup>lt;sup>13</sup> The 21 counties include Ashland, Ashtabula, Carroll, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Holmes, Huron, Lake, Lorain, Mahoning, Medina, Portage, Richland, Stark, Summit, Trumbull, Tuscarawas, and Wayne counties.

Exhibit 27: Behavioral Risk Factor Surveillance System, Chronic Conditions, 2015
(Light grey shading indicates indicator worse than the 21-County average; Dark grey shading indicates more than 50 percent worse than the 21-County average)

County	City	ZIP Code	Total Population 18+ 2015	% Obese	% Back Pain	% Diabetes	% Asthma	% Depresssion	% High Blood Pressure	% High Cholesterol	%COPD	% Smoking
Cuyahoga	Beachwood	44122	27,001	25.9%	21.8%	11.8%	11.3%	10.4%	32.0%	25.0%	3.6%	21.0%
Cuyahoga	Bedford	44146	24,664	32.3%	25.0%	16.9%	17.1%	19.4%	38.4%	26.3%	5.2%	27.9%
Cuyahoga	Cleveland	44104	14,366	35.2%	26.9%	11.9%	10.9%	13.0%	29.6%	20.7%	4.7%	36.8%
Cuyahoga	Cleveland	44105	28,794	35.7%	23.2%	13.3%	10.1%	13.6%	34.3%	19.1%	4.8%	34.1%
Cuyahoga	Cleveland	44118	29,018	29.7%	22.1%	11.1%	11.2%	12.2%	27.7%	19.7%	4.7%	28.4%
Cuyahoga	Cleveland	44120	28,358	32.7%	21.4%	12.0%	11.8%	15.0%	31.6%	19.8%	6.3%	32.4%
Cuyahoga	Cleveland	44125	20,736	32.1%	24.5%	14.8%	11.0%	13.7%	32.6%	24.5%	4.7%	28.8%
Cuyahoga	Cleveland	44128	21,247	34.1%	22.5%	16.0%	15.2%	19.7%	41.2%	22.3%	5.5%	31.6%
Cuyahoga	Maple Heights	44137	17,350	31.5%	29.8%	16.8%	13.4%	14.6%	38.6%	27.6%	5.0%	31.3%
Cuyahoga	Solon	44139	18,200	26.2%	16.9%	9.9%	8.0%	9.1%	24.4%	19.3%	2.6%	19.3%
Summit	Macedonia	44056	10,140	27.5%	18.9%	8.7%	6.9%	10.5%	24.7%	20.7%	2.6%	21.5%
Summit	Northfield	44067	16,904	28.4%	17.9%	10.8%	11.0%	11.1%	23.2%	19.6%	3.8%	22.0%
Summit	Twinsburg	44087	16,668	27.3%	19.4%	11.4%	7.8%	10.2%	27.4%	20.2%	3.0%	19.8%
Community	Community Total			30.9%	22.4%	12.9%	11.5%	13.5%	31.8%	21.9%	4.5%	27.8%
21-County Average			3,454,621	31.7%	25.6%	14.0%	11.6%	15.1%	30.6%	24.1%	4.7%	27.5%

Source: Truven Market Expert/Behavioral Risk Factor Surveillance System, 2015.

Compared to the 21-County averages, the South Pointe community compared unfavorably to the Ohio average for high blood pressure and smoking. Within the South Pointe community, 8 ZIP codes had higher rates of smoking, 7 ZIP codes had higher rates of high blood pressure, and 6 ZIP codes had higher rates of obesity.

# **Ambulatory Care Sensitive Conditions**

This section examines the frequency of discharges for Ambulatory Care Sensitive Conditions (ACSCs, frequently referred to as Prevention Quality Indicators or PQIs) throughout the community.

ACSCs are health "conditions for which good outpatient care can potentially prevent the need for hospitalization or for which early intervention can prevent complications or more severe disease." As such, rates of hospitalization for these conditions can "provide insight into the quality of the health care system outside of the hospital," including the accessibility and utilization of primary care, preventive care and health education. Among these conditions are: diabetes, perforated appendixes, chronic obstructive pulmonary disease (COPD), hypertension, congestive heart failure, dehydration, bacterial pneumonia, urinary tract infection, and asthma.

Disproportionately high rates of discharges for ACSC indicate potential problems with the availability or accessibility of ambulatory care and preventive services and can suggest areas for improvement in the health care system and ways to improve outcomes.

**Exhibit 28** provides 2014 PQI rates (per 100,000 persons) for ZIP codes in the South Pointe community – with comparisons to Ohio averages.

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<sup>&</sup>lt;sup>14</sup>Agency for Healthcare Research and Quality (AHRQ) Prevention Quality Indicators.

Exhibit 28: PQI (ACSC) Rates per 100,000, 2014 (Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

County	City	ZIP Code	Diabetes Short-Term Complications	Perforated Appendix	Diabetes Long- Term Complications	Chronic Obstructive Pulmonary Disease	Hypertension	Congestive Heart Failure	Low Birth Weight
Cuyahoga	Beachwood	44122	97	48	127	621	76	854	50
Cuyahoga	Bedford	44146	100	17	238	890	97	896	88
Cuyahoga	Cleveland	44104	314	21	320	1,801	401	1,537	79
Cuyahoga	Cleveland	44105	244	18	405	1,961	228	1,552	119
Cuyahoga	Cleveland	44118	126	39	96	602	125	698	66
Cuyahoga	Cleveland	44120	193	36	214	1,264	193	1,077	79
Cuyahoga	Cleveland	44125	75	56	189	1,139	37	1,007	89
Cuyahoga	Cleveland	44128	263	38	295	1,076	232	1,451	105
Cuyahoga	Maple Heights	44137	214	50	214	1,339	98	1,152	115
Cuyahoga	Solon	44139	16	28	53	224	43	274	58
Summit	Macedonia	44056	11	42	42	530	61	591	49
Summit	Northfield	44067	72	42	24	431	41	414	41
Summit	Twinsburg	44087	55	21	67	312	80	481	58
<b>South Pointe</b>	South Pointe Totals			34	187	946	130	936	83
Ohio Totals			95	37	119	609	53	424	61

Source: Cleveland Clinic, 2014. Note: Rates are not age-sex adjusted.

Exhibit 28: PQI (ACSC) Rates per 100,000, 2014 (continued)
(Light grey shading indicates indicator worse than Ohio average; Dark grey shading indicates more than 50 percent worse than Ohio average)

County	City	ZIP Code	Dehydration	Bacterial Pneumonia	Urinary Tract Infection	Angina without Procedure	Uncontrolled Diabetes	Adult Asthma	Lower- Extremity Amputation Among Patients with Diabetes
Cuyahoga	Beachwood	44122	88	169	219	15	20	28	15
Cuyahoga	Bedford	44146	134	330	237	24	30	40	8
Cuyahoga	Cleveland	44104	320	358	315	34	57	91	13
Cuyahoga	Cleveland	44105	176	353	252	23	23	56	22
Cuyahoga	Cleveland	44118	157	210	189	17	34	40	10
Cuyahoga	Cleveland	44120	86	287	222	28	51	41	7
Cuyahoga	Cleveland	44125	215	327	200	7	7	93	9
Cuyahoga	Cleveland	44128	207	319	267	27	61	82	23
Cuyahoga	Maple Heights	44137	98	313	228	45	45	82	12
Cuyahoga	Solon	44139	80	155	156	-	-	39	5
Summit	Macedonia	44056	72	207	59	15	15	35	11
Summit	Northfield	44067	131	194	81	25	17	21	-
Summit	Twinsburg	44087	72	226	157	27	-	59	-
South Pointe Totals			142	264	205	22	28	55	11
Ohio Totals			107	196	131	12	13	36	9

Source: Cleveland Clinic, 2014. Note: Rates are not age-sex adjusted.

The rates of admissions for ACSC in the South Pointe community exceeded Ohio averages for all conditions except perforated appendix. Within the community, Cleveland ZIP code 44128 had higher PQI rates for every condition and ZIP code 44105 had higher PQI rates for every condition except perforated appendix, compared to the Ohio averages.

**Exhibit 29** provides the ratio of PQI rates in the South Pointe community compared to the Ohio averages. Conditions where the ratios are highest (meaning that the PQI rates in the community are the most above average) are presented first.

Exhibit 29: Ratio of PQI Rates for South Pointe and Ohio, 2014

Indicator	South Pointe Hospital	Ohio	Ratio: South Pointe/ Ohio
Hypertension	130.1	52.6	2.5
Congestive Heart Failure	935.6	423.8	2.2
Uncontrolled Diabetes	28.2	13.2	2.1
Angina without Procedure	21.6	11.7	1.8
Diabetes Long-Term Complications	187.0	118.8	1.6
Urinary Tract Infection	205.1	131.5	1.6
Chronic Obstructive Pulmonary Disease	945.5	608.8	1.6
Adult Asthma	54.8	36.0	1.5
Diabetes Short-Term Complications	143.6	94.7	1.5
Bacterial Pneumonia	264.5	196.2	1.3
Low Birth Weight	82.7	61.4	1.3
Dehydration	142.0	107.2	1.3
Lower-Extremity Amputation Among Patients			
with Diabetes	11.0	8.9	1.2
Perforated Appendix	33.6	36.9	0.9

Source: Cleveland Clinic, 2014. Note: Rates are not age-sex adjusted.

In the South Pointe community, ACSC rates for congestive heart failure, hypertension, and uncontrolled diabetes were more than twice as high as the Ohio averages.

# **Community Need Index™ and Food Deserts**

## **Dignity Health Community Need Index**

Dignity Health, a California-based hospital system, developed and has made widely available for public use a *Community Need Index*<sup>TM</sup> that measures barriers to health care access by county/city and ZIP code. The index is based on five social and economic indicators:

• The percentage of elders, children, and single parents living in poverty;

- The percentage of adults over the age of 25 with limited English proficiency, and the percentage of the population that is non-White;
- The percentage of the population without a high school diploma;
- The percentage of uninsured and unemployed residents; and
- The percentage of the population renting houses.

The *Community Need Index*<sup>TM</sup> calculates a score for each ZIP code based on these indicators. Scores range from "Lowest Need" (1.0-1.7) to "Highest Need" (4.2-5.0).

**Exhibit 30** presents the *Community Need Index*<sup>TM</sup> (CNI) score of each ZIP code in the South Pointe community.

Exhibit 30: Community Need Index<sup>TM</sup> Score by ZIP Code, 2015

County	City	ZIP Code	CNI Score
Cuyahoga	Cleveland	44104	5.0
Cuyahoga	Cleveland	44105	5.0
Cuyahoga	Cleveland	44128	4.4
Cuyahoga	Cleveland	44120	4.2
Cuyahoga	Maple Heights	44137	4.0
Cuyahoga	Bedford	44146	3.6
Cuyahoga	Cleveland	44118	3.4
Cuyahoga	Cleveland	44125	3.4
Cuyahoga	Beachwood	44122	3.2
Summit	Twinsburg	44087	2.0
Summit	Northfield	44067	1.8
Cuyahoga	Solon	44139	1.8
Summit	Macedonia	44056	1.6
South Pointe C	3.5		
Cuyahoga Cour	3.4		
Summit Count	2.9		

Source: Dignity Health, 2015.

Exhibit 31 presents these data in a community map format.

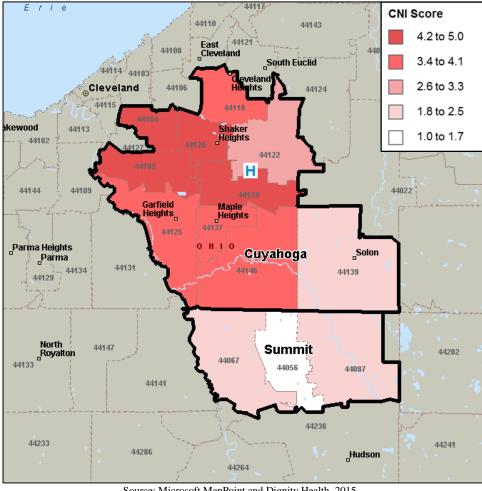


Exhibit 31: Community Need Index, 2015

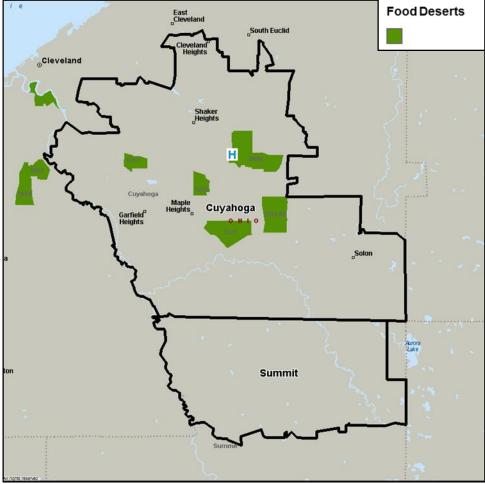
Source: Microsoft MapPoint and Dignity Health, 2015.

The CNI indicates that four of the 13 ZIP codes in the South Pointe community scored in the "highest need category." Cleveland ZIP codes 44104 and 44105 each received a score of 5.0 – the highest score possible.

#### **Food Deserts**

The U.S. Department of Agriculture's Economic Research Service estimates the number of people in each census tract that live in a "food desert," defined as low-income areas more than one mile from a supermarket or large grocery store in urban areas and more than 10 miles from a supermarket or large grocery store in rural areas. Many government-led initiatives aim to increase the availability of nutritious and affordable foods to people living in these food deserts.

**Exhibit 32** illustrates the location of food deserts in the community.



**Exhibit 32: Food Deserts** 

Source: Microsoft MapPoint and U.S. Department of Agriculture, 2015.

Several locations within the South Pointe community have been designated as food deserts.

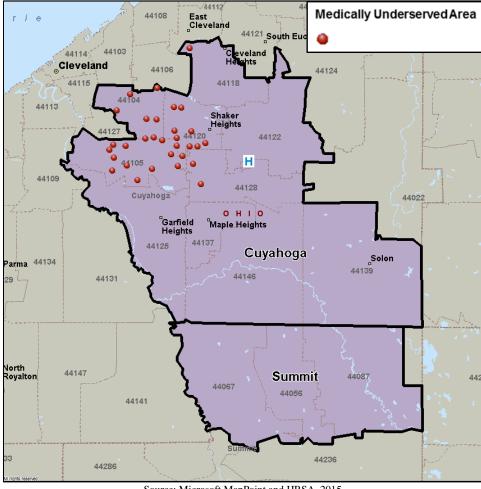
# **Medically Underserved Areas and Populations**

Medically Underserved Areas and Populations (MUA/Ps) are designated by the Health Resources and Services Administration (HRSA) based on an "Index of Medical Underservice." The index includes the following variables: ratio of primary medical care physicians per 1,000 population, infant mortality rate, percentage of the population with incomes below the poverty level, and percentage of the population age 65 or over. 15 Areas with a score of 62 or less are considered "medically underserved."

Populations receiving MUP designation include groups within a geographic area with economic barriers or cultural and/or linguistic access barriers to receiving primary care. If a population group does not qualify for MUP status based on the IMU score, Public Law 99-280 allows MUP designation if "unusual local conditions which are a barrier to access to or the availability of personal health services exist and are documented, and if such a designation is recommended by the chief executive officer and local officials of the state where the requested population resides."16

There are approximately 31 census tracts within the hospital's community that have been designated as areas where Medically Underserved Areas are present (Exhibit 33).

<sup>&</sup>lt;sup>15</sup> Heath Resources and Services Administration. See http://www.hrsa.gov/shortage/mua/index.html



**Exhibit 33: Medically Underserved Areas** 

Source: Microsoft MapPoint and HRSA, 2015.

# **Health Professional Shortage Areas**

A geographic area can receive a federal Health Professional Shortage Area (HPSA) designation if a shortage of primary medical care, dental care, or mental health care professionals is found to be present. In addition to areas and populations that can be designated as HPSAs, a health care facility can receive federal HPSA designation and an additional Medicare payment if it provides primary medical care services to an area or population group identified as having inadequate access to primary care, dental, or mental health services.

HPSAs can be: "(1) An urban or rural area (which need not conform to the geographic boundaries of a political subdivision and which is a rational area for the delivery of health services); (2) a population group; or (3) a public or nonprofit private medical facility."<sup>17</sup>

<sup>17</sup> U.S. Health Resources and Services Administration, Bureau of Health Professionals. (n.d.). *Health Professional* Shortage Area Designation Criteria. Retrieved 2012, from http://bhpr.hrsa.gov/shortage/hpsas/designationcriteria/index.html

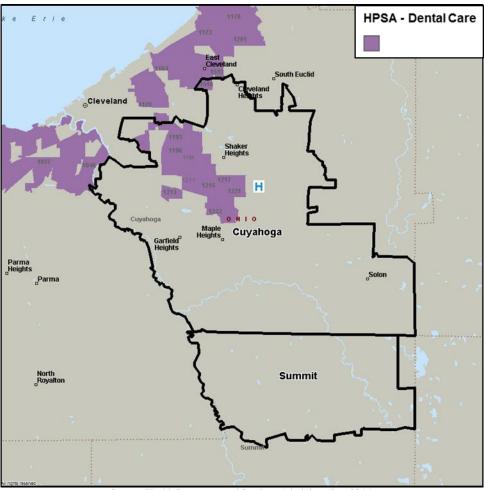
Exhibit 34 illustrates the locations of the federally-designated HPSAs.

**HPSA - Primary Care** Cleveland Cuyahoga Summit

**Exhibit 34A: Primary Care Health Professional Shortage Areas** 

Source: Health Resources and Services Administration, 2015.

Within the South Pointe community, primary care HPSA designated census tracts are located in the northwestern part of the community.



**Exhibit 34B: Dental Care Health Professional Shortage Areas** 

Source: Health Resources and Services Administration, 2015.

Dental care HPSA designated census tracts are located in the northwestern part of the community.

# **Findings of Other Community Health Needs Assessments**

Several other needs assessments and health reports conducted by hospital facilities and other organizations that provide services for the community also were reviewed. The reviewed assessments include the following:

Other Community Assessments
Akron Children's Hospital CHNA 2013
Akron General Medical Center CHNA 2013
Geauga County CHA 2011
Health Improvement Partnership- Cuyahoga CHSA 2015
Lake County Community Health Assessment 2015
Lake Health CHNA 2013
Lorain County Health CNA 2015
Medina County CHIP 2013
Mercy Allen Hospital CHNA 2013
Mercy Medical Center CHNA 2013
Mercy Regional Medical Center CHNA 2013
Portage County CHNA 2015
Southwest General Health Center 2012
St. Vincent Charity Medical Center Implementation Plan 2013
Summa Health System CHNA 2013
Summit County CHIP 2015
UH Ahuja Medical Center CHNA 2015
UH Bedford Medical Center CHNA 2015
UH Case Medical Center CHNA 2015
UH Elyria Medical Center CHNA 2015
UH Geauga Medical Center CHNA 2015
UH Geneva Medical Center CHNA 2015
UH Parma Medical Center CHNA 2015
UH Rainbow Babies & Children's Hospital CHNA 2015
UH Rehabilitation Hospital CHNA 2015
UH Richmond Medical Center CHNA 2015
UH St. John Medical Center CHNA 2015
Source: Analysis of Other CHNA Reports by Verité, 2016.

Source: Analysis of Other CHNA Reports by Verité, 2016.

The significant needs identified by these reports are presented in **Exhibit 35**.

Exhibit 35: Significant Needs Identified in Other CHNAs

Significant Need	Frequency
Obesity	23
Mental/Behavioral health	22
Access to basic/primary health care	20
Cardiovascular/ heart disease	19
Diabetes	19
Drug/ substance abuse	18
Tobacco use/ smoking	18
Alcohol abuse and excessive drinking	15
Elderly care/ aging population	15
Cancer	14
Infant mortality (disparities)	14
Cost of care	11
Access to dental care	10
Access/lack of health insurance coverage	10
Poverty	10
Transportation	10
Unemployment	10
Asthma/childhood asthma	9
Respiratory diseases	9
Access to mental health services	8
Nutrition/ access to healthy food	7
Physical inactivity/lack of exercise	7
Alzheimer's disease	6
Drug/ substance abuse (youth)	6
Violence	6
Tobacco use during pregnancy	5
Access to prescription drugs/cost	4
Drug abuse- opioids/heroin	4
Drug abuse- prescriptions	4
Health disparities/ equity	4
Hypertension	4
Preventive care (immunizations, screenings, etc.)	4
Teenage pregnancy/ births	4
Access to substance abuse care	3
Low birth weight	3
Premature births	3
Pre-term births	3
Uninsured and underinsured populations	3
Violence (youth)	3

Source: Analysis of Other CHNA Reports by Verité, 2016.

A State Health Assessment also recently was published by the Ohio Department of Health. <sup>18</sup> The State Health Assessment (SHA) is a comprehensive report directed by a steering committee comprised of directors of Ohio's health-related state agencies. The Ohio Department of Health contracted with the Health Policy Institute of Ohio to facilitate preparation of the assessment. The purpose of the SHA is both to provide a template for state agencies and local partners for analysis as well as inform the identification and prioritization of community health needs for the State Health Improvement Plan (SHIP).

**State-wide needs.** The assessment found that Ohio performed worse than the U.S. overall on most measures of population health with many opportunities to improve both physical and mental health outcomes. For example:

- The average number of days Ohio residents experienced limited activity due to mental or physical difficulties increased 17 percent between 2013 and 2014.
- Over the same period, adult asthma, child asthma, and diabetes also increased by 10 percent.
- Drug overdose deaths increased 18 percent and were significantly higher in Ohio than the United States (24.7 per 100,000 compared to 14.6).
- Infant mortality also is a significant issue in Ohio, and is particularly problematic for black and Hispanic (or Latino) infants.
- Ohio ranks particularly poorly for the number mothers who smoke during pregnancy. Only 59 percent of black mothers in Ohio receive prenatal care in the first trimester, compared to 70.8 percent in the U.S. overall.
- Per-capita health spending has been higher in Ohio than in other states.
- The percentage of hospital inpatients with opiate-related diagnoses increased substantially from 2012 to 2014 (from 25.2 percent to 37.0).
- Ohio has experienced rates of avoidable emergency department visits for Medicare beneficiaries, admissions for pediatric asthma, and admissions for diabetes long-term complications that exceed United States averages.
- Access to mental health services and drug treatment services is particularly problematic, and a comparatively high percentage of Ohio residents live in areas underserved for dental care.
- Ohio has 9.9 public health agency staff per 100,000, a number substantially below the national average of 30.6.
- Infection rates for a number of communicable diseases exceed national averages, including chlamydia. The state's child immunization and HPV vaccination rates have been below average.
- Based on national comparisons, other concerns with children are also present in Ohio, including: childhood poverty rates, number of children in single-parent households, percent of children with adverse childhood experiences, and children exposed to secondhand smoke.
- There are also significant needs related to the physical environment in Ohio. The average amount of particulate matter and cases of lead poisoning are both higher in Ohio than the

<sup>&</sup>lt;sup>18</sup> Available at: http://www.healthpolicyohio.org/sha-ship/

United States. Food insecurity is higher in the state as well, and Ohio residents have less access to exercise opportunities than the country on average.

The SHA reviewed 211 local health department and hospital community health assessments that covered 94 percent of counties to evaluate what the most significant needs were. That review found ten most commonly identified significant community health needs: obesity, mental health, access to health care, drug and alcohol abuse, maternal and infant health, cancer, cardiovascular disease, diabetes, tobacco, and chronic diseases.

More than 400 stakeholders provided input into the SHA. Ten priority areas were identified based on this input: obesity, access to behavioral health care, drug and alcohol abuse, mental health, employment/poverty/income, equity and disparities, access to dental care, cardiovascular disease, and nutrition.

**Northeast Ohio.** The northeast Ohio region also had particularly significant needs identified in the SHA. Concerns about the physical environment (air pollution and lead poisoning) are particularly prevalent in northeast Ohio. Other health assessments reviewed as part of the SHA process most frequently identified the following community health needs:

- Access to health and medical care (76 percent)
- Obesity (63 percent)
- Mental health (57 percent)
- Drug and alcohol abuse (47 percent)
- Maternal and infant health (41 percent)
- Diabetes (40 percent)
- Coverage and affordability (32 percent)
- Cardiovascular disease (29 percent)
- Cancer (29 percent)
- Tobacco use (29 percent)

Stakeholders from northeast Ohio most frequently identified the following as significant community health needs: obesity, drug and alcohol abuse, mental health, access to behavioral health care, employment/poverty/income, equity and disparities, maternal and infant health, nutrition, coverage and affordability, and diabetes.

# **APPENDIX C - COMMUNITY INPUT PARTICIPANTS**

Individuals from a wide variety of organizations and communities participated in the interview process (shown in **Exhibit 36**). Organizations listed in italics indicate that the interviewee has public health expertise.

**Exhibit 36: Interview Participants** 

Organization	Description	Populations Represented	
ADAMHSCC	Alcohol, drug addiction, and mental health services	Mentally ill, substance abuse	
American Heart and Stroke Association	National voluntary health agency	General population	
Bedford Heights Fire Department	Fire department	General population	
Care Alliance Health Center	Non-profit community health center	Homelessness, low-income	
City of Warrensville Heights	City government representative	General population	
Cuyahoga County Board of Health	County board of health	General population	
Cuyahoga County Office of Health and Human Services	County health office	General population	
Cuyahoga County Office of Reentry	County re-entry services program	Formally incarcerated persons	
Esperanza	Ohio's only nonprofit organization dedicated to the promotion and advancement of Hispanic educational achievement	Minority populations, youth	
Greater Cleveland NAMI	Mental health agency	Mentally ill	
Harvard Community Services Center	Social services organization	General population, youth, seniors, low-income	
Maple Heights Senior Center	Senior center	Aging population	
Montefiore	Non-profit nursing home	Aging population, disabled	
Northeast Ohio Black Health Coalition	Non-profit addressing the health needs of the black community	Minority populations	
Ohio Legislature	State government	General population	
State of Ohio	State government	General population	
Tri-C College	Community college	General population, students	
Twinsburg Public Library	Public library	General population	
Warrensville Heights Area Chamber of Commerce	Chamber of commerce	General population	
Warrensville Heights Civic and Senior Center	Senior services	Aging population	

<sup>\*</sup>Two individuals from Greater Cleveland NAMI participated in the interview process.

# APPENDIX D – ACTIONS TAKEN SINCE THE PREVIOUS CHNA

South Pointe Hospital uses evidence-based approaches in the delivery of healthcare services and educational outreach with the aim of achieving healthy outcomes for the community it serves. It undertakes periodic monitoring of its programs to measure and determine their effectiveness and ensure that best practices continue to be applied.

Given that the process for evaluating the impact of various services and programs on population health is longitudinal by nature, significant changes in health outcomes may not manifest for several community health needs assessment cycles. We continue to evaluate the cumulative impact.

Each identified health need and action items in our 2013 CHNA Implementation Strategy are described below with representative impacts.

1. Identified Need: Chronic Diseases and Health Conditions, Heart Related Diseases Action: South Pointe Hospital continues to offer patient care and outreach services relating to heart diseases, including hypertension, congestive heart failure and strokes. The hospital continues to provide inpatient and outpatient care through its Congestive Heart Failure Clinic and is designated by the Joint Commission as a Primary Stroke Center. In addition to its clinical activities, South Pointe Hospital continues to conduct health screenings, nutrition services, and outreach activities geared toward cardiovascular health and promotion of disease management.

# **Highlighted Impact:**

- The Cleveland Clinic health system reduced heart failure 30 day readmission rates from 2013 through 2015.
- South Pointe Hospital provided blood pressure screenings and heart health education at community events and senior centers, reaching over 3,000 community members.
- South Pointe Hospital provided stroke awareness classes to 225 sixth and seventh graders at Warrensville Heights Middle School.

# 2. Identified Need: Chronic Disease and Health Conditions, Adult Asthma

**Action:** South Pointe Hospital continues to provide acute inpatient care, outpatient care, and pulmonary rehabilitation services to patients suffering from Adult Asthma. **Highlighted Impact:** 

• Community Outreach program managers took American Heart and Lung Association training and hosted tobacco classes.

## 3. Identified Need: Chronic Disease and Health Conditions, Diabetes

**Action**: South Pointe Hospital continues to provide patient care and outreach activities for patients suffering from diabetes and its long-term complications. In addition, the hospital continues to provide acute inpatient and outpatient clinical services, nutrition services, and hosts education activates and other community events on disease management. The hospital has a Diabetes Education Center with an accredited self-

#### APPENDIX D – ACTIONS TAKEN SINCE THE PREVIOUS CHNA

management program through which patients learn about meal planning, weight control, and diet modification over a three-month period.

# **Highlighted Impact:**

- South Pointe Hospital supported a Diabetes Health Fair in collaboration with YMCA in Warrensville Heights and Diabetes Partnership of Cleveland to offer education, cooking demonstrations, exercise, and screenings for over 400 community members per year.
- South Pointe Hospital sponsored community health education talks to provide glucose screenings, information, and education to 2,230 community residents from 2013 through 2015.

# 4. Identified Need: Chronic Disease and Health Conditions, Kidney Disease

**Action:** South Pointe Hospital continues to provide acute inpatient and outpatient care services, including dialysis services and nutrition services to patients suffering from kidney disease. In 2013, the hospital opened a kidney transplant evaluation clinic in conjunction with the Cleveland Clinic main campus.

# **Highlighted Impact:**

• South Pointe Hospital provided education classes and for patients and families transitioning from stage 5 chronic kidney disease treatment to dialysis.

# 5. Identified Need: Low Birth Weight

**Action:** South Pointe Hospital continues to provide basic family medicine and nutrition services to patients and their children. The hospital works with Hillcrest Hospital to treat pediatric patients in need of more specialized care, including care affiliated with low birth weight babies.

# **Highlighted Impact:**

• Health education materials for community members were developed, focusing on care for the entire family, from birth to geriatrics.

### 6. Identified Need: Access to Health Services

**Action:** South Pointe Hospital continues to provide medically necessary services to all patients regardless of race, color, creed, gender, country of national origin or ability to pay. South Pointe Hospital has a financial assistance policy that is among the most generous in the region and covers both hospital services and physician services provided by physicians employed by Cleveland Clinic

# **Highlighted Impact:**

• In 2015, Cleveland Clinic health system provided \$69.3 million in financial assistance to the communities served by its main campus, family health centers, and NEO Regional Hospitals.

South Pointe Hospital continues to work to improve its scheduling and support service model to provide consistent experience, improve metrics, and increase efficiency including providing Internet scheduling, accelerating technology implementation and scheduling training.

#### APPENDIX D – ACTIONS TAKEN SINCE THE PREVIOUS CHNA

The hospital continues to offer transportation services to its patients residing within a five mile radius of the hospital for their outpatient appointments.

## 7. Identified Need: Research

Cleveland Clinic health system conducts clinical research activities throughout the system, including regional hospitals. In 2015, Cleveland Clinic scientists conducted more than 2,000 clinical trials and generated 54 invention disclosures, 14 new licenses, and 76 patents.

**Action:** Clinical trials and other clinical research activities continue to occur throughout the Cleveland Clinic health system including at the community hospitals. **Highlighted Impact:** 

• South Pointe Hospital participated in a prostate cancer clinical trial in 2015 with 96 patients.

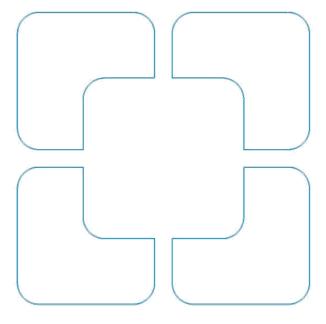
## 8. Identified Need: Education

Cleveland Clinic and all regional hospitals provide education of medical professions. In 2015, Cleveland Clinic trained over 1,700 residents and fellows, and provided over 1,800 student rotations in 65 allied health education programs.

**Action:** South Pointe Hospital continues its affiliation with the Ohio University College of Osteopathic Medicine, one of the largest osteopathic teaching hospitals in Ohio. Medical students, interns and residents from across the country are trained at South Pointe. Cleveland Clinic and Ohio University opened a medical school extension on the South Pointe Hospital campus. The goal of the extension campus is to address the growing shortage of primary care physicians in Ohio.

## **Highlighted Impact:**

• The Ohio University Heritage College of Osteopathic Medicine on the South Pointe Campus was completed in May 2015. The college welcomed its first class of 51 students in July 2015.



 ${\it clevel} and {\it clinic.org/} \textbf{CHNAReports}$