## 5 Cleveland Clinic

## Chocolate-Cherry Heart Smart Cookies

## Ingredients:

- 1/3 cup all-purpose flour
- $1 / 3$ cup whole wheat flour
- $11 / 2$ cups quick-cooking oats
- 1 teaspoon baking soda
- $1 / 2$ teaspoon salt
- 6 tablespoons unsalted butter
- 1/3 cup packed light brown sugar
- $1 / 3$ cup artificial sweetener blend brown sugar
- 1 cup unsweetened dried cherries
- 1 teaspoon vanilla extract
- 1 large egg, lightly beaten
- 3 ounces bittersweet chocolate, coarsely chopped
- Cooking spray



## Directions:

1) Preheat the oven to 350.
2) Lightly spoon flours into dry measuring cups, level with a knife. Combine flours, oatmeal, baking soda, and salt in a large bowl, stir with a whisk.
3) Melt butter in a saucepan over low heat. Remove from heat; add brown sugar, stirring until smooth.
4) Add sugar mixture to flour mixture; beat with a mixer at medium speed until well blended.
5) Add cherries, vanilla, and egg, beat until combined. Fold in chocolate.
6) Drop dough by tablespoonfuls 2 inches apart onto baking sheets coated with cooking spray.
7) Bake at 350 for 12 minutes. Cool on pans 3 minutes of until almost firm. Remove cookies from pans, cool on wire racks.

Nutritional Analysis: (per serving / 1 cookie)

- Calories: 90
- Fat: 4 g
- Saturated Fat: 2 g
- Cholesterol: 10 mg
- Sodium: 85 mg
- Protein: 1 g
- Carbohydrate: 12 g
- Sugars: 4 g
- Dietary Fiber: 2 g


## Source:

Used with permission from Cooking Light - www.cookinglight.com/food/recipe-finder/
*This recipe has been modified to meet Go! Foods® criteria.

