

BARIATRIC AND METABOLIC INSTITUTE

Dr. Karen Cooper



Karen Cooper, DO, is a primary care physician and member of the American Society for Bariatric and Metabolic Surgeons. She practices as a Bariatrician at the Cleveland Clinic Health Systems in the Department of General Surgery.

As the medical weight management specialist of the bariatric surgery program, Dr. Cooper evaluates the patients both pre-operatively and post-operatively. She also attends to patients who are overweight or obese, but for whom surgical weight management is not a choice or an option. Dr. Cooper utilizes a team approach which includes dietitians, psychologists and medical specialists (for high-risk patients) as part of her evaluation for medical and surgical weight management. She also monitors and/or manages associated comorbidities seen with excess weight gain.

In addition to bariatric medicine, Dr. Cooper's specialty interests include exercise physiology, nutrition sciences and preventive medicine. She has previously taught group exercise classes and hopes to tailor similar programs specifically for obese patients. After receiving her medical degree from the New York College of Osteopathic Medicine, Dr. Cooper completed her residency in primary care medicine at University Hospitals Health System in Cleveland, Ohio.
