



Lower Extremity Wound Clinic

The Sydell and Arnold Miller Family Heart & Vascular Institute



The Miller Family Heart & Vascular Institute at Cleveland Clinic is the recognized world leader in the diagnosis and treatment of cardiovascular disease and has been ranked best in the nation for cardiac care by *U.S. News & World Report* every year since 1995.

Lower Extremity Wound Clinic

Do you have an open sore, also called a wound or ulcer, on your leg or foot that won't heal or keeps returning? Cleveland Clinic offers specialized treatment for leg and foot wounds through our Lower Extremity Wound Clinic.

At Cleveland Clinic, patients with wounds on the leg or foot can be treated by a team of world-class experts. This team works together to find the cause of the problem, to heal the wound and to get patients back to everyday living. Patients also are educated about preventing wounds from returning, an important aspect of comprehensive care.

What causes wounds?

Leg and foot wounds are a common problem and may be caused by one or a combination of the following:

- Poor circulation
- Venous insufficiency (veins that do not work properly)
- Lymphedema (buildup of fluid that causes swelling in the legs or feet)
- Diabetes
- Pressure (lying in one position for too long)
- Cancer
- Inflammatory disease
- Infection
- Certain medications
- Other medical problems

Treatment Options

You can expect to receive state-of-the-art treatment at the Wound Clinic. Treatment plans are designed with the whole patient in mind to relieve pain, speed recovery and heal the wound. Each treatment plan is based on your personal health and well-being and on your ability to care for the wound. Treatment plans may include:

- Advanced technologies for diagnosis and treatment
- Topical wound care therapies
- Compression garments
- Prosthetics or orthotics, which can restore or improve everyday function

Treating Non-Healing Wounds

The team of professionals within the Lower Extremity Wound Clinic specializes in treating many types of non-healing foot and leg wounds.

If you have chronic leg or foot ulcers, you may need to be seen in the Wound Clinic on a regular basis.

Easy Access to Medical Specialists

Being a patient at Cleveland Clinic gives you easy access to many specialists. Although we customize your treatment plan to your needs, you may require care from another medical expert, such as a physician in:

- Vascular surgery
- Vascular medicine
- Infectious disease
- Plastic surgery
- Dermatology
- Orthopaedics

Road to Recovery

Once the care plan is developed, you and your family members or caregivers are given instructions for caring for the wound at home. Experienced wound care nurses will show you how to care for your wound, and you will be given written instructions, too.

You are encouraged to take an active part in your care plan by:

- Keeping the wound clean
- Changing the dressing as directed
- Taking prescribed medications

You also will be educated about lifestyle changes that can help prevent the wound from coming back. These lifestyle changes may include:

- Exercising regularly under a physician's guidance
- Wearing appropriate footwear and/or compression garments
- Stopping smoking

If you have chronic leg or foot ulcers, you may need to be seen in the Wound Clinic on a regular basis.

Appointments

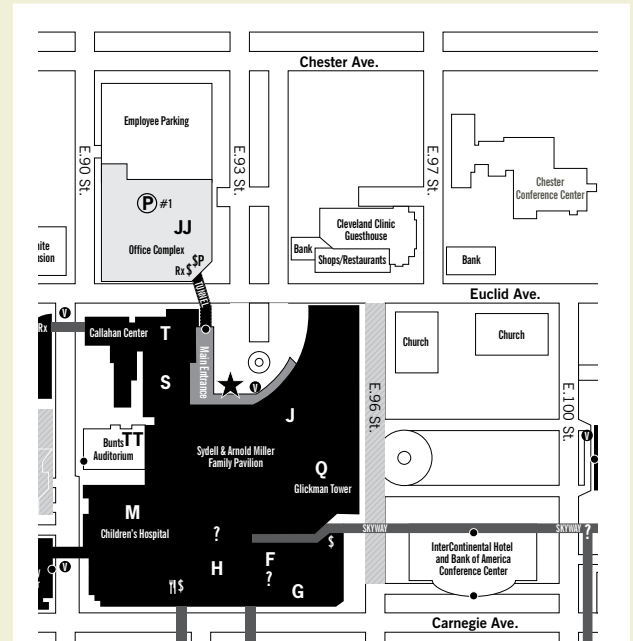
Call 216.444.4420 for an appointment.

Patients may call directly; no physician referral is necessary. The Wound Clinic is open Monday through Friday, 8 am to 4:30 pm. For more information or to speak to a Wound Clinic nurse, call **216.444.8930**.

Patients also may make appointments with the Wound Clinic located at the Cleveland Clinic Independence Family Health Center located at 5100 Rockside Road, Independence, by calling **216.986.4000**. The Wound Clinic is located within the offices of Vascular Medicine on the 2nd floor.

Getting Here

The Lower Extremity Wound Clinic at the Miller Family Heart & Vascular Institute is at Desk J3-5, third floor of the J Building. Parking is available in the East 93rd Parking Garage (Parking #1), located between Chester and Euclid avenues. Enter the hospital from the garage via the underground tunnel or by crossing Euclid Avenue. Valet parking is available at Cleveland Clinic's main entrance on Clinic Drive (at East 93rd and Euclid Avenue).



The Lower Extremity Wound Clinic is on Cleveland Clinic's main campus at Desk J3-5, third floor of the J Building.



9500 Euclid Avenue, Cleveland, OH 44195

Cleveland Clinic is a nonprofit multispecialty academic medical center. Founded in 1921, it is dedicated to providing quality specialized care and includes an outpatient clinic, a hospital with more than 1,000 staffed beds, an education institute and a research institute.

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