



Acupuncture and Integrative Medicine to Enhance Libido **Web Chat**

Chat Live

Wednesday, Feb. 1, 2012
Noon – 1 p.m.

With Integrative Medicine Physician
Brenda Powell, MD

and Licensed Acupuncturist
Jamie Starkey, LAc

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Studies estimate that more than 40 percent of American women have some form of sexual dysfunction, from low desire to painful intercourse. Many women are embarrassed to express their sexual desires and often are reluctant to seek help for problems in the bedroom.

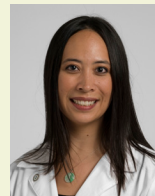
According to both Western and Eastern Medicine, there are many causes of low libido. It is important to identify the cause in order to address and improve sexual desire. According to Western Medicine, there are many psychological, organic, and prescription medication side effects and even lifestyle factors that can cause a low libido. In contrast, Eastern Medicine is more abstract and looks for imbalances of Qi, (pronounced “chee”), to determine the cause of lack of desire, lack of arousal, failure to orgasm, over thinking, or painful intercourse. Acupuncture has an effect on various physiological systems in the body which are involved in sexual response.

Clinical studies have shown acupuncture and other forms of complementary therapy to be beneficial for the treatment for sexual dysfunction and increasing a low libido.

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Brenda Powell, MD devotes her practice to Integrative Medicine at the Center for Integrative Medicine in Cleveland Clinic’s Wellness Institute, Lyndhurst Campus and provides consultations in the Travel Clinic at the Beachwood Family Health & Surgery Center.



Jamie Starkey, LAc offers acupuncture in both group and individual settings at Cleveland Clinic, with a focus on women’s health, sports-related injuries, oncology, acute/chronic pain management, stress-related disorders and acupuncture clinical research.