



## Center for Spine Health

Whether your goal is to get back to work, sports, hobbies or just enjoying life, the specialists at Cleveland Clinic Center for Spine Health can help.

The Center for Spine Health brings together the expertise of nationally recognized Cleveland Clinic specialists in orthopaedic spine surgery, neurosurgery, physical medicine and rehabilitation, rheumatology and primary care to offer patients with back and neck problems the most innovative, most effective medical and surgical treatment options.

### Treatment for All Conditions

At the Center for Spine Health, the conditions we treat include, but are not limited to:

- Chronic back and neck pain
- Degenerative back and neck disorders
- Spondylolisthesis
- Spinal stenosis
- Disc herniation
- Chiari malformation
- Spinal fracture
- Deformities, including scoliosis and kyphosis
- Primary and metastatic spinal tumors

### A Full Scope of Services

We provide state-of-the-art management for back and spine problems.

Among the many therapeutic options we offer are:

- Medical spine evaluation and treatment
- Spine surgery
- Mature spine care
- Spine wellness
- Spine injury prevention
- Interventional spine therapies
- Rehabilitation and physical therapy

### Medical Management

We emphasize conservative management and minimally invasive approaches whenever feasible. Our medical and surgical spine specialists work closely with physical therapists, occupational therapists, specialized nurses, psychologists and other professionals.

### Conservative Treatment

Whenever possible, Center for Spine Health physicians will prescribe nonsurgical treatment first. Available options include (but are not limited to) medication, manipulation, injection therapy, bracing, acupuncture and physical therapy. In every case, our goal is to provide effective symptom relief and to facilitate an active, exercise-oriented rehabilitation program.

### Surgical Treatment

For some problems, surgery is the best possible solution. Although spinal surgery is often delicate and complex, our skilled Cleveland Clinic Center for Spine Health surgeons offer a range of solutions for even the most difficult spine conditions. Moreover, we are skilled in the latest minimally invasive surgical techniques and can offer this option when appropriate.

## Spine Research Laboratory

As a hub for spine-related treatment and research, the Center for Spine Health is developing unique technologies, new subspecialties, and collaborative approaches for managing back and neck disorders. Much of this research originates within the Spine Research Laboratory. This state-of-the-art facility, housed at Lutheran Hospital, is dedicated to improving quality of life for people with spinal disorders through innovation, translation of promising basic science research to clinical application, and education of aspiring spine researchers and clinicians.

## Convenient Locations

Cleveland Clinic Center for Spine Health is located on the main Cleveland Clinic campus, 9500 Euclid Ave., in Cleveland. Many of our Center for Spine Health specialists also have office hours at Cleveland Clinic family health centers and hospitals, which are conveniently located in surrounding communities. If you require surgery, the operation will be performed either at our main campus or at Lutheran Hospital or Hillcrest Hospital. Preoperative and postoperative appointments may be scheduled at one of our surrounding locations.

## ADULT SPINE PATIENTS ARE SEEN AT:



- Cleveland Clinic's main campus, Hillcrest, Lutheran, Marymount and Medina hospitals
- Our Broadview Heights, Solon, Strongsville, Willoughby Hills and Wooster family health centers and our Richard E. Jacobs, Strongsville and Twinsburg family health and surgery centers

## Contact Us

Cleveland Clinic Center for Spine Health offers same-day appointment availability. If you have questions or wish to schedule an appointment, please call **216.636.5860** or **866.588.2264**.

Visit us on the Web at [clevelandclinic.org/spine](http://clevelandclinic.org/spine)

## CENTER FOR SPINE HEALTH STAFF

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### Spine Research Laboratory

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