Cleveland Clinic

Sleep Requisition

FAX COMPLETED FORM TO 216-445-6205

*Please provide most recent **history and physical** including **current medication** and **demographic sheet** with insurance information. If you have any questions, please call 216-444-2165.*

Today's Date: _____

Patient First Name: _____ **Patient Last Name:** _____

Referring Physician:_____ **D.O.B.** _____

Office Phone:_____ **Fax**_____

Referring Physician Signature: _____

Please answer the following questions:

1. **Does the patient have special behavioral, physical or medical needs?** □ **Yes** □ **No**
   *If the patient is **under** 18 years of age, a parent or guardian MUST accompany the patient for the duration of the test(s).*
2. **Can the patient fall asleep *before* midnight?** □ **Yes** □ **No**
3. **Is the patient on oxygen?** □ **Yes** □ **No**
4. **Is this patient a shift worker?** □ **Yes** □ **No**

Polysomnograms with EEG, additional EMG, full night EEGs and MSLT/MWTs are routinely performed at the Fairhill Sleep Center. Contact (216)444-2165 for special scheduling requests.

LOCATION

□ Fairhill (main campus) □ Beachwood □ Marymount □ North Olmsted □ Hillcrest
□ Twinsburg □ Willoughby Hills □ Medina □ Lorain/Elyria □ Any Location

SLEEP HISTORY *(please check all applicable)*

□ Daytime Sleepiness (780.54)
□ Snoring (786.04)
□ Witnessed apneas (780.56)
□ Awakenings due to gasping or choking (780.56)
□ Unexplained awakenings at night (780.56)
□ Unusual behaviors in sleep (780.59)
□ Sleepwalking/talking (307.46)
□ Difficulty initiating or maintaining sleep (307.42)
□ Legs uncomfortable at night/leg jerks/kicking in sleep (780.56)
□ Nocturnal seizure (780.39)
□ Bruxism (327.53)
□ Obstructive sleep apnea previously confirmed (327.23)
□ Central sleep apnea previously confirmed (327.21)
□ Currently using PAP Setting _____cm H_20
□ Currently using oxygen _____ LPM during sleep

PROCEDURES

□ Polysomnogram (PSG)
□ CPAP (Continuous Positive Airway Pressure) Titration Study
□ Bilevel PAP (Positive Airway Pressure) Titration Study
□ PSG with EEG (Electroencepahlogram)
□ PSG with EEG with additional EMG
□ PSG with Esophageal pressure monitoring

PROCEDURES

□ Night EEG
□ MSLT (Multiple sleep latency test)
□ MWT (Maintenance of wakefulness test)
□ PAP Demonstration and Fitting
□ Actigraphy
□ Sleep Consultation w/Cleveland Clinic Sleep Consultant

COMMENTS/SPECIAL INSTRUCTIONS:

Cleveland Clinic

Sleep Requisition

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Please include a copy of the patient's most recent history and physical / clinical note with a list of current medications. If you have any questions, please call 216.444.2165.

STUDIES AND PROCEDURES:

Polysomnogram (PSG):
A baseline study that monitors sleep stages, respiratory events, oxygen saturation, muscle tone, and limited ECG.

CPAP (Continuous Positive Airway Pressure) Titration Study:
Should be ordered after a baseline study is completed; CPAP settings are adjusted to eliminate or greatly reduce respiratory events.

Bilevel PAP (Positive Airway Pressure) Titration Study:
Should be ordered after a baseline study is completed. Bilevel PAP settings are adjusted to eliminate or greatly reduce respiratory events.

PSG with EEG (Electroencephalogram):
A baseline study with a full 10-20 montage seizure detection.

PSG with EEG with additional EMG:
A baseline study with a full 10-20 montage seizure detection and extra EMG leads to better monitor muscle tone.

PSG with Esophageal pressure monitoring:
A baseline study with an esophageal balloon manometer to measure upper airway resistance.

PSG with EEG with additional EMG:
A baseline study with a full 10-20 montage seizure detection and extra EMG leads to better monitor muscle tone.

PSG with Esophageal pressure monitoring:
A baseline study with an esophageal balloon manometer to measure upper airway resistance.

PSG with Nocturnal penile tumescence test:
A baseline study with monitoring of sleep related erections.

Night EEG:
Overnight EEG with a full 10-20 montage.

MSLT (Multiple sleep latency test):
A daytime test considering of 5 nap trials done the day after a baseline study. MSLT is used to help diagnose narcolespy.

MWT (Maintenance of wakefulness test):
A daytime test consisting of 4 trials to assess the ability to stay awake.

PAP Demonstration and Fitting

Actigraphy:
A tool using activity as a means to determine wake and sleep times.

Sleep Consultation:
A sleep consult is not automatically scheduled with all requested sleep studies. A consult is needed for a sleep medicine physican to initiate PAP therapy.

COMMENTS / SPECIAL INSTRUCTIONS: