

Quick Reference

Appointments: 877.463.2010

Dr. Rosenthal's and Dr. Szomstein's coordinator: 954.659.5239

Nurses: 954.659.5239

Dietitians: 954.659.5824 / 954.659.5874

Psychologist: 954.659.5267

Insurance Specialist: 954.659.6195

Hospital coordinator: 954.689.5398

In case of an emergency, ask for your doctor by calling 954.689.5000

**Call your insurance company to confirm
Bariatric Surgery is a covered procedure.**

My appointments:

Initial appointment with surgeon _____

Psychologist appointment _____

Nutrition class _____

Pre-op appointment _____

7-10 days post-op _____

2 months post-op _____

6 months post-op _____

1 year post-op _____



Bariatric & Metabolic Institute

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Bariatric Surgery

How do I get started?
Just **FOLLOW** the **FOOTSTEPS...**





FOOTSTEPS to your FUTURE...

- 1 **Orientation**
Tuesday & Thursday
8:00 AM - 10:00 AM
- 2 **Appointment with Surgeon**
Meeting with insurance specialist
- 3 **Medically Supervised Diet Begins**
If requested by insurance company
- 4 **Pre-Op Consults and Clearances**
- 5 **Pre-Op Testing**
- 6 **Patient Calls Nurses When All Consults and Testing Are Complete**

- 7 **Insurance Authorization**
Can take up to 6 weeks
- 8 **Office Coordinator Calls Patient With Surgery Date After Insurance Authorization**
- 9 **Pre-Op Appointment with Primary Care Physician**
Must be within 30 days of surgery date
- 10 **Pre-Op Appointment at Clinic**
Patient will see anesthesiology and receive all pre-op instructions
Liquid Diet Begins
- 11 **Office Coordinator Will Call Patient the Day before Surgery with Arrival Time**

- 12 **Pre-Op Clinic Will Call the Day Before Surgery to begin Pre-Hospitalization Assessment**
- 13 **Surgery Day**
- 14 **First Post-Op Visit 7-10 Days**
Please call to schedule
- 15 **2 Month Post-Op Visit**
Please call to schedule
- 16 **6 Month Post-Op Visit**
Please call to schedule
- 17 **1 Year Post-Op Visit**
Please call to schedule
- 18 **Annual Visit to Surgeon, and Bloodwork for Life**