

## Quick Reference

Appointments: 877.463.2010

Dr. Rosenthal's and Dr. Szomstein's coordinator: 954.659.5239

Nurses: 954.659.5239

Dietitians: 954.659.5824 / 954.659.5874

Psychologist: 954.659.5267

Insurance Specialist: 954.659.6195

Hospital coordinator: 954.689.5398

In case of an emergency, ask for your doctor by calling 954.689.5000

**Call your insurance company to confirm  
Bariatric Surgery is a covered procedure.**

### My appointments:

Initial appointment with surgeon \_\_\_\_\_

Psychologist appointment \_\_\_\_\_

Nutrition class \_\_\_\_\_

Pre-op appointment \_\_\_\_\_

7-10 days post-op \_\_\_\_\_

2 months post-op \_\_\_\_\_

6 months post-op \_\_\_\_\_

1 year post-op \_\_\_\_\_



### Bariatric & Metabolic Institute

2950 Cleveland Clinic Blvd.  
Weston, FL 33331  
954.659.5249  
clevelandclinicflorida.org



## Bariatric Surgery

How do I get started?  
Just **FOLLOW** the **FOOTSTEPS...**





FOOTSTEPS to your FUTURE...

- 1 **Orientation**   
Tuesday & Thursday  
8:00 AM - 10:00 AM
- 2 **Appointment with Surgeon**   
Meeting with insurance specialist
- 3 **Medically Supervised Diet Begins**   
If requested by insurance company
- 4 **Pre-Op Consults and Clearances**
- 5 **Pre-Op Testing**
- 6 **Patient Calls Nurses When All Consults and Testing Are Complete**

- 7 **Insurance Authorization**   
Can take up to 6 weeks
- 8 **Office Coordinator Calls Patient With Surgery Date After Insurance Authorization**
- 9 **Pre-Op Appointment with Primary Care Physician**   
Must be within 30 days of surgery date
- 10 **Pre-Op Appointment at Clinic**   
Patient will see anesthesiology and receive all pre-op instructions  
**Liquid Diet Begins**
- 11 **Office Coordinator Will Call Patient the Day before Surgery with Arrival Time**

- 12 **Pre-Op Clinic Will Call the Day Before Surgery to begin Pre-Hospitalization Assessment**
- 13 **Surgery Day**
- 14 **First Post-Op Visit 7-10 Days**   
Please call to schedule
- 15 **2 Month Post-Op Visit**   
Please call to schedule
- 16 **6 Month Post-Op Visit**   
Please call to schedule
- 17 **1 Year Post-Op Visit**   
Please call to schedule
- 18 **Annual Visit to Surgeon, and Bloodwork for Life**