

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>	<b>2</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am Nutrition Support Group 5:00-7:00 pm	<b>3</b>	<b>4</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> Nutrition Support 9:00-11:00 am Emotional Wellness 11:00 am -11:45 am	<b>9</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>10</b>	<b>11</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> Back On Track 9:00-11:00 am	<b>16</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>17</b>	<b>18</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b> Bariatric Orientation 8:00-10:00 am <i>AND</i> 6:00-8:00 pm Psychology Orientation 10:00-11:30 am <i>AND</i> 4:30-6:00 pm	<b>24</b>	<b>25</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b> Emotional Wellness Support Group For Post-Op 4:00-5:00 pm For Family 5:00-6:00 pm Excercise Support Group 4:00-5:00 pm CCF Chat Group 5:00-6:00 pm Speaker 6:00-7:00 pm	<b>30</b> Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	<b>31</b>	<b>Notes:</b>		