

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am Nutrition Support Group 5:00-7:00 pm	6	7 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	8	9
10	11 Nutrition Support 9:00-11:00 am Emotional Wellness 11:00 am -11:45 am	12 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	13	14 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	15	16
17	18 Back On Track 9:00-11:00 am	19 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	20	21 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	22	23
24	LAST MONDAY Emotional Wellness Support Group For Post-Op 4:00-5:00 pm For Family 5:00-6:00 pm Excercise Support Group 4:00-5:00 pm CCF Chat Group 5:00-6:00 pm Speaker 6:00-7:00 pm	25 Bariatric Orientation 8:00-10:00 am <i>AND</i> 6:00-8:00 pm Psychology Orientation 10:00-11:30 am <i>AND</i> 4:30-6:00 pm	26	27	28 Bariatric Orientation 8:00-10:00 am Psychology Orientation 10:00-11:30 am	29
31						

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