

## **GENOVA GI EFFECTS STOOL INSTRUCTIONS**

STEPS	INSTRUCTIONS
Cost:	Cost is \$ out of pocket, after insurance.
Billing and Invoicing Questions:	<ul> <li>Contact Genova at 1-800-522-4762 (option 2)</li> <li>If you are mailed a Yellow invoice: Disregard</li> <li>If you are mailed a Blue invoice: Contact Genova</li> </ul>
1) PREPARATION (prior to collection)	<ul> <li>✓ Please note specimens can ONLY be shipped Monday through Thursday.</li> <li>✓ If you are taking any probiotics please follow instructions given by physician before testing.</li> <li>✓ Continue taking all other medications as prescribed.</li> </ul>
2) DAY of COLLECTION	<ul> <li>✓ Collect stool and fill each colored screw top tube with multiple portions from different areas of the stool collection to the "fill line". Fill white top tube to 40ml mark.</li> <li>✓ Mix and mash the specimen in the tube, replace the top lid and shake the tube vigorously for 30 seconds.</li> <li>✓ Record stool consistency on requisition form and label tubes with legal name, date and time that matches requisition.</li> </ul>
3) PREPARATION of SPECIMIN for SHIPMENT	<ul> <li>✓ Place tubes into biohazard bag provided.</li> <li>✓ Staple check payments to the test requisition.</li> <li>✓ Place materials into the specimen collection box and seal.</li> </ul>
4) SHIPMENT of COLLECTION Monday – Thursday ONLY	<ul> <li>✓ Ship specimen within 24 hours of collection.</li> <li>✓ Call Fedex at 800-463-3339 to schedule pick-up time, or prepare to drop the package at a Fedex shipping center.</li> <li>✓ Place specimin collection box in the provided prelabeled, prepaid Fedex package and ship.</li> </ul>
Results:	You can access results by going to gdx.net. Do not be alarmed if some test results are high or low. Your physician will address the findings at the time of your next appointment. * Please note: lab results cannot be interpreted via MyChart.