



Caring for the **Care Partner**

Virtual Support Series

If you are caring for a loved one with cancer, you are not alone. We are here to support you. We've created an **online series** where you can connect with other care partners and learn about supporting yourself and your loved one. Each session will include a presentation by one of our cancer center experts, followed by a question and answer session. Join us for some or all of the five-part series, which runs from January - May, and then again from July - November.

Care Partner 101

This session will provide general support, information, and resources for care partners

Virtual Reiki and Mindfulness Meditation

Participate in a virtual demonstration of reiki and mindfulness meditation

Navigating Financial Distress

Review common financial issues related to cancer care and discover ways to reduce financial distress

Cancer Nutrition

Join a registered dietician for a presentation about cancer nutrition

Supporting a Loved One with Cancer

A cancer center social worker will present on a rotating topic related to coping and wellbeing

To register or learn more about our Virtual Support Series, visit clevelandclinic.org/taussigcarepartnersupport or call **216.445.CARE (2273)**

Zoom details and login information will be sent to you prior to each session.



2024 Series

Wednesdays 2024	Time EDT	Series Name
Jan. 17	12 - 1 p.m.	Care Partner 101
Feb. 21	12 - 1 p.m.	Virtual Reiki and Mindfulness
Mar. 20	12 - 1 p.m.	Navigating Financial Distress
Apr. 17	12 - 1 p.m.	Cancer Nutrition
May 15	12 - 1 p.m.	Supporting a Loved One with Cancer
Jul. 17	12 - 1 p.m.	Care Partner 101
Aug. 21	12 - 1 p.m.	Virtual Reiki and Mindfulness
Sep. 18	12 - 1 p.m.	Navigating Financial Distress
Oct. 16	12 - 1 p.m.	Cancer Nutrition
Nov. 20	12 - 1 p.m.	Supporting a Loved One with Cancer

Cleveland Clinic Cancer Center offers many helpful education and support services for patients, family members and care partners. To learn more, visit clevelandclinic.org/cancerservices